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Cytoplasmic nucleophosmin (cNPM) in acute myeloid leukaemia: Relation to disease characteristics

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KEYWORDS

Cytoplasmic nucleophosmin (cNPM); NPM1; AML; Normal karyotype AML (AML-NK); Prognostic factors in AML; Immunohistochemistry **Abstract** *Background:* Nucleophosmin/B23 (NPM) is a 38 kDa molecular phosphoprotein involved in ribosome assembly and transport. Findings have revealed a complex scenario of NPM functions and interactions, pointing to proliferative and growth-suppressive roles. NPM appears to be more abundant in tumour cells than in normal cells.

Objective: The aim of the work was to identify cytoplasmic localization of NPM using bone marrow clot biopsy and correlate it with disease and patient characteristics and the known prognostic factors, induction chemotherapy response and survival after 12 months of follow up.

Methods: The present work was undertaken on 50 cases of normal karyotype acute myeloid leukaemia classified according to modified FAB system. Bone marrow aspirates were obtained, clotted and a formalin-fixed, paraffin embedded cell block was prepared. Sections were immunostained for NPM.

Results: Twenty-six cases (52%) had cytoplasmic positivity (cNPM +) while the remaining 24 cases (48%) had nuclear restricted NPM (cNPM-). cNPM positivity was significantly variable among the different FAB subtypes being the most prevalent among M5 and M2 cases, was associated with high blast and white blood cell count at diagnosis. It was significantly correlated with CD34

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negativity, CD14 positivity but not with FLT3 mutations. Clinically no relation between cNPM positivity and age, sex nor extramedullary involvement of the studied patients was proven. The cytoplasmic positivity for NPM was significantly correlated with increased survival and better outcome after cycles of chemotherapy. So it can be regarded as a good prognostic marker. FLT3 positivity affected the survival of the cNPM negative group of patients remarkably, denoting the importance of combining both their statuses to predict outcome of therapy and survival. *Conclusion:* Our data confirm that cytoplasmic NPM1 immunoreactivity is predictive of NPM1 mutations and can be included in the routine diagnostic and prognostic workup of AML.

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1. Introduction

Acute myeloid leukemia (AML) is clinically, cytogenetically, and molecularly heterogeneous.¹ About 30% of cases carry recurrent chromosomal abnormalities that identify leukemia entities with distinct clinical and prognostic features,² and 10–15% of AMLs have nonrandom chromosomal abnormalities. In cytogenetic analysis, 40–50% of AMLs show normal karyotype (AML-NK) and, biologically and clinically, are the most poorly understood group.^{1,3,4} Attempts to stratify AML-NK using gene microarrays succeeded in associating gene-expression patterns with differences in response to treatment, but no specific genetic subgroups emerged.^{5,6}

Molecular analyses of AML-NK identified several mutations that target genes encoding for transcription factors (AML1 and CEBPA: 2–3% and 15–20% of cases, respectively),^{7–10} receptor tyrosine kinases (FLT3 and KIT: 25–30% and 1%, respectively),^{11–13} and the RAS genes (10%),¹⁴ as well as a partial tandem duplication of MLL gene (MLL-PTD: 5–10%).^{15–17}

Our understanding of acute myeloid leukemia (AML) has improved dramatically in the past years with the discovery by Falini et al.¹⁸ that Nucleophosphamin 1 (NPM1) is mutated in around half of cases with a normal karyotype, making it the most common molecular lesion identified in this disease to date.

Nucleophosmin is a highly conserved phosphoprotein that is ubiquitously expressed in tissues.¹⁹ It is one of the most abundant of the approximately 700 proteins identified to date in the nucleolus by proteomics.^{20,21} Although the bulk of NPM resides in the granular region of the nucleolus,^{22,23} it shuttles continuously between nucleus and cytoplasm,^{23,24} as proven by interspecies heterokaryon assays. NPM nucleocytoplasmic traffic is strictly regulated, since important NPM functions, including transport of ribosome components to the cytoplasm and control of centrosome duplication, are closely related to its ability to actively mobilize into distinct subcellular compartments.²⁵

The NPM1 gene, mapping to chromosome 5q35 in humans, contains 12 exons.²⁶ It encodes for 3 alternatively spliced nucleophosmin isoforms: B23.1, B23.2, and B23.3.^{27,28}

Functions of NPM1 are not completely understood, it is thought to play an important role in centrosome assembly, and has RNA binding and chaperone activity. It regulates the Arf-p53 pathway, suggesting that NPM1 has tumorsuppressor activity, a hypothesis supported by murine models of NPM1 loss of function.²⁹ NPM1 mutations occur in 50–60% of adult acute myeloid leukemia with normal karyotype (AML-NK) and generate NPM mutants that localize aberrantly in the leukemic-cell cytoplasm, hence the term NPM-cytoplasmic positive (NPMc AML).³⁰

The various NPM1 mutations identified in AML are heterozygous and involve the C-terminal region encoded by exon 12. These not only disrupt key tryptophan residues that are required for localization to the nucleolus, but also generate a nuclear export signal leading to delocalization of mutant NPM1 to the cytoplasm where it sequesters residual wild-type protein from the nucleus. As an alternative to sequence analysis, the presence of an underlying NPM1 mutation can be inferred by immune-histochemistry, which shows an abnormal cytoplasmic localization of the protein in leukemic blasts.³¹

NPM1 mutations are reliably identified by various molecular biology techniques,^{32,33} which also allow simultaneous detection of NPM1 and FLT3-ITD or CEBPA mutations^{34,35} (all prognostically relevant in AML-NK).¹⁰

Immunohistochemical detection of cytoplasmic NPM in AML is predictive of NPM1 mutations.³⁶ The main advantages of immunohistochemistry are simplicity, low cost, and ability to correlate cytoplasmic NPM with morphology and topographic distribution of leukemic cells. It is the first-choice technique for detecting NPM1 mutations in cases of dry-tap or small biopsies (e.g., skin involvement in myeloid sarcoma),³⁷ and also helps rationalize cytogenetic/molecular studies in AML.³⁶

2. Methods

The present study was conducted on 50 newly diagnosed (de novo) patients with Acute Myeloid Leukemia with normal karyotype of all FAB subtypes except M3. Subjects were taken from the Medical Research Institute hospital in Alexandria. Consent of the patient was required for participation in the study.

Cases of AML were taken consecutively, only adult cases were included, i.e., 18 years and above, both sexes were included in the study. AML secondary to MDS, AML therapy related, and cases that have received any type of chemotherapy were excluded.

The treatment schedule for newly diagnosed patients consisted of induction cycle(s) using the (3 + 7 protocol) consisting of a combination of Cytosine arabinoside (Ara C), and an anthracyclin. Patients less than 50 years of age received late consolidation cycles with a high dose Ara-C regimen with or without novantrone. Patients more than 50 years received either low dose or high dose regimens for consolidation according to their general conditions. Some patients above 60 years of age did not take any chemotherapy along the course of the disease; only supportive measures were administered to them. Patients not responding to 2 cycles of the conventional (3 + 7) protocol were treated with high dose Ara-C and mitoxantrone (novantrone) (HAM regimen) and were then filed for bone marrow transplant if possible.

2.1. Follow up of patients

For all patients in the study, a follow up of 12 months was included to detect the effect of cNPM on response to therapy. Cases that died during induction therapy, or cases who did not receive chemotherapy were non-evaluable cases and were excluded from the follow up study.

2.2. Methods

- All newly diagnosed AML cases in the study were subjected to: Detailed history taking and complete clinical examination. Laboratory investigations including:
 - (a) Diagnostic investigations:
 - 1. Complete blood picture,³⁸ bone marrow aspiration and examination³⁹ and cytochemical stains.⁴⁰
 - 2. Immunophenotyping⁴¹: B lymphoid markers: CD19, CD10 and cytoplasmic CD22, T-lymphoid markers: CD2, CD7, myeloid markers: CD13, CD33, CD117 and cytoplasmic myeloperoxidase, non-lineage specific markers which are expressed in haematopoietic progenitor cells: CD34, HLADr (commonly positive) in AML M3 and TdT. A second line of mAb were used to further classify AML cases such as CD14 to lineate monocytic differentiation for all AML cases, CD41, CD42 and CD61 for cases of megakaryocytic leukemia and antiglycophorin A and CD36 for erythroid leukemia and expression of CD19 in M2 AML.
 - (b) Routine investigations: For all patients the following was done at diagnosis: Blood chemistry including liver function test (AST, ALT),⁴² serum uric acid, kidney function tests (urea and creatinine),⁴³ serum albumin and LDH.⁴³ ESR and C-reactive protein. CSF examination for blast cells and culture, ultrasonographic examination of the abdomen and chest X-ray were done to all patients.
 - (c) Conventional cytogenetics: Cytogenetic study was done; the karyotype of the blast cells was determined by banding techniques to detect visually accessible aberrations. G banding either direct or after 24 h culture in RPMI without stimulation with methylacetic acid fixation was done to cases. Cases with any visible abnormality in karyotype were excluded from the study.⁴⁴
 - (d) FLT3 mutational status was retrieved from patients' records.

2.3. Morphologic examination and NPM immunostaining of bone marrow clot biopsy^{18,45}

Cell blocks of bone marrow clot biopsy obtained from each patient were processed. They were routinely fixed in 10% neutral buffered formalin and embedded in paraffin. Tissue

sections $(4 \ \mu m)$ were routinely stained with Haematoxylin and Eosin (H&E) stain to confirm the diagnosis.

Similar sections were deposited on SuperFrost Plus Slides (Menzel-Gläser, Braunschweing, Germany). Immunostaining was performed using a standard avidin-biotin-peroxidase complex method. Antigen retrieval was accomplished by boiling in 10 mM citrate buffer, pH 6 for 10–20 min. The slides were incubated with anti-NPM antibodies (mouse monoclonal immunoglobulin (Ig)G/ κ ; NA24; ready to use; Lb Vision Corporation, USA). Negative controls included omitting the primary antibody and substituting it with a normal mouse IgG. A section of NPM positive chronic tonsillitis was used as a positive control.

Interpretations were performed blind to patient background information. The sub cellular distribution of NPM (i.e., restriction to the nucleus or presence in the cytoplasm) was assessed without knowledge of the FAB subtype, or molecular and immunophenotyping characteristics. Cases were classified as either NPMc + (positive for cytoplasmic NPM) or NPMc- (negative for cytoplasmic NPM). No grading system for the intensity of immunostaining was adopted.

The aim of the present work is to identify the presence of cNPM in 50 primary diagnosed AML cases with normal karyotype. The NPM cytoplasmic localization is correlated with: the FAB typing, the known prognostic factors, induction chemotherapy response and survival after a follow up period of 12 months.

2.4. Methods of statistical analysis

After data entry into a specially designed sheet using Microsoft Excel, a print out of the data was thoroughly revised and data entry mistakes were corrected. Then the file was transferred into Statistical Package for Social Science (SPSS) version 17 format and data explore was carried out. Descriptive statistics were carried out for scale variables and they were compared using independent Student's *t*-test, while categorical variables were tested for association using cross-tabulation with χ^2 testing. Survival analysis using Kaplan–Meier statistics and comparison of factors was carried out by Log Rank (Mantel–Cox). Survival and hazard functions were also plotted with cytoplasmic NPM as a comparison factor. The study adopted a 0.05 level of significance (alpha error) and beta error was set to be 20%.

3. Results

3.1. Characteristics of the total cohort of AML patients

The present study included 50 newly diagnosed adult patients with de novo AML. The ages of the patients ranged from 19 to 85 years with a mean of 52.44 ± 17.96 years. Of all AML patients in the study, 31 (62%) were females and 19 (38%) were males. Sixteen cases (32%) cases show extra-medullary infiltrations.

3.2. FAB classification

3.2.1. Morphologic examination

Morphologic features of the neoplastic population in bone marrow aspiration cell blocks helped by the peripheral blood film, flow cytometry and genetics results classified the studied cases accurately into the following subtypes:

3.2.1.1. Undifferentiated M0, 6 cases (12%). These were cases showing no signs of maturation (Fig. 1a).

3.2.1.2. M1 AML with minimal maturation, 9 cases (18%). "Thumbprinting" – an indentation of the nuclear contour is noted (Fig. 1b).

3.2.1.3. M2 AML with maturation, 6 cases (12%). Monocytes comprise < 20% of bone marrow cells (Fig. 1c).

3.2.1.4. M4 acute myelomonocytic leukaemia, 5 cases (10%). Acute leukemia with differentiation along both myeloid and monocytic lines (Fig. 1d).

3.2.1.5. M5 AML (monocytic), 20 cases (40%). Large monoblasts and promonocytes with abundant cytoplasm. Granulocytes < 20% of cells (Fig. 1e).

3.2.1.6. M6 acute erythroid leukaemia, 1 case (2%). In acute erythroid leukemia, erythroid elements make up more than 50% of the cells in the bone marrow (Fig. 1f).



Figure 1 H&E stain: (a) M0 acute myeloid leukaemia. $\times 1000$. (b) M1, note thumbprinting (arrows). $\times 1000$. (c) M2 prominent promyelocytes (arrow) having abundant cytoplasm with variable size, markedly lobulated and invaginated nuclei. Note abnormal mitosis (arrow head). $\times 1000$. (d) M4 note giant multilobulated nuclei (arrow) with the prominent nucleoli. $\times 1000$. (e) M5 with evident hemophagocytosis (arrow heads). $\times 1000$. (f) M6 with erythroblastic differentiation and nucleated RBC (arrow heads). $\times 1000$. (g) M7 with megakaryocytes (arrows). $\times 400$. (h) Biphenotypic acute leukaemia (BAL), mixture of small and large blasts. $\times 400$.

3.2.1.7. M7 acute megakaryoblastic leukaemia, 2 cases (4%). AML with > 30% megakaryoblasts (Fig. 1g).

3.2.1.8. Biphenotypic acute leukaemia (BAL) 1 case (2%). Acute leukemias having features characteristic of both the myeloid and lymphoid lineages and for this reason are designated mixed-lineage, hybrid or biphenotypic acute leukemias (BAL) (Fig. 1h).

3.2.2. Haematologic profile

For the total cohort of AML patients, the hemoglobin concentration ranged from 3 to 10 g/dl with a mean of $6.44 \pm 1.50 \text{ g/dl}$. The platelet count ranged from $2 \times 10^9 \text{ l}^{-1}$ to $91 \times 10^9 \text{ l}^{-1}$ with a mean of $20.46 \pm 23.458 \times 10^9 \text{ l}^{-1}$, while the total leukocytic count ranged from $1.2 \times 10^9 \text{ l}^{-1}$ to $222 \times 10^9 \text{ l}^{-1}$ with a mean of $71.116 \pm 51.895 \times 10^9 \text{ l}^{-1}$. The percentage of the bone marrow blasts ranged from 22% to 98% with a mean of $59.16 \pm 24.73\%$.

3.2.3. Analysis of NPM mutation

3.2.3.1. Immunostaining of NPM. A variable pattern and subcellular localization of NPM immunostaining was noted among the 50 newly diagnosed AML patients with normal karyotype included in the study. A cytoplasmic expression (NPMc+) with or without nuclear labeling was identified in 26 cases (52%) (Fig. 2a). The NPMc+ cases were easily recognized since they exhibited strong cytoplasmic expression of NPM in most leukemic cells (Fig. 2b). Nucleus-restricted NPM expression (NPMc-) was detected in 24 AML cases (48%). These NPMc- AML specimens exhibited either heterogeneous or homogenous diffuse strong nuclear expression although in some cases nucleolar labeling became evident (Fig. 2c and d).

3.2.3.2. Correlation between subcellular localization of NPM immunostaining and acute myeloid leukaemia subtype (Table 1 and Fig. 3). Cytoplasmic NPM (NPMc+) was predominantly

observed in M2, M5a and M5b categories (15,4%, 19.2% and 46.2%) with either cytoplasmic alone or cytoplasmic in addition to the nucleus (Fig. 3a). M0, M1 and M4 categories showed predominant normal nucleus restricted pattern of immunostaining, and few cases showed cNPM (Fig. 3b). BAL and M6 cases had only an nNPM pattern (Fig. 3c and d).

Thus though most FAB subtypes expressed cytoplasmic NPM in variable ratios, yet statistically, a significant difference between the different FAB subtypes and cytoplasmic NPM expression was noted ($\chi^2 = 21.125$, with *P* value of 0.007).

White blood cell count in the NPMc negative group ranged from $1.2 \times 10^9 l^{-1}$ to $120 \times 10^9 l^{-1}$ (mean = 55.08, standard deviation = 394.50) while in the NPMc positive group ranged from $1.8 \times 10^9 l^{-1}$ to $222 \times 10^9 l^{-1}$ (mean = 88.48, standard deviation = 58.65), this was a significantly positive relation associating higher WBCs to cNPM negativity (t = 2.379, P = 0.021), and blast percentage in the NPMc negative group ranged from 22% to 90% (mean = 67.58, standard deviation = 24.99) while in the NPMc positive group ranged from 25% to 98% (mean = 51.38, standard deviation = 22.20), this was a significantly positive relation associating higher blast percent to cNPM positivity (t = 2.426, P = 0.019) were significantly higher within the cNPM negative group than the cNPM positive group, whereas no significant difference was noted as regards sex, age, platelet count, nor hemoglobin level between the studied groups. CD34 negativity was significantly highly associated with cNPM expression ($\chi^2 = 15.751$, P = 0.000), CD14 positivity was significantly associated with cNPM expression ($\chi^2 = 9.782$, P = 0.002), whereas no significant relation was detected between either FLT3 mutations $(\chi^2 = 2.891, P = 0.84)$ (Table 2) or extramedullary manifestations with cNPM positivity in the AML studied cases.

As regards outcome to therapy and survival studies, the NPMc positive group showed statistically significant higher overall survival rates in comparison to the NPMc negative group ($\chi^2 = 5.155$, P = 0.023) (Fig. 4), and the cumulative hazard was significantly higher in the cNPM negative group

Figure 2 Patterns of NPM immunostaining in AML: (a) nuclear and cytoplasmic (arrows) positivity of leukemic cells. ×1000. (b) Nuclear and cytoplasmic positivity with some leukemic cells showing only cytoplasmic staining (arrow). ×1000. (c) Nucleus restricted immunostaining majority of leukemic cells. ×1000. (d) Strong nuclear and nucleolar (arrows) positivity in leukaemic cells. ×1000.



FAB subtype	cNPM	Total	
	Negative	Positive	
M1			
Count	8	1	9
% within CNPM	33.3%	3.8%	18.0%
M4			
Count	4	1	5
% within CNPM	16.7%	3.8%	10.0%
M5b			
Count	1	12	13
% within CNPM	4.2%	46.2%	26.0%
M5a			
Count	2	5	7
% within CNPM	8.3%	19.2%	14.0%
M2			
Count	2	4	6
% within CNPM	8.3%	15.4%	12.0%
M0			
Count	4	2	6
% within CNPM	16.7%	7.7%	12.0%
Biphenotypic			
Count	1	0	1
% within CNPM	4.2%	0%	2.0%
M7			
Count	1	1	2
% within CNPM	4.2%	3.8%	4.0%
M6			
Count	1	0	1
% within CNPM	4.2%	0%	2.0%
Total			
Count	24	26	50
% within CNPM	100.0%	100.0%	100.0%

 Table 1
 The correlation between the AML subtype and cytoplasmic expression of NPM (cNPM).

than the cNPM positive one (Fig. 5). The outcome of the first cycle was better for the cNPM positive group than the cNPM negative group ($\chi^2 = 11.917$, P = 0.008) (Table 3). Continuously, the outcome of the second cycle showed significantly better outcomes in the cNPM positive group than the cNPM negative one ($\chi^2 = 17.157$. P = 0.002) (Table 4). As regards FLT3 negativity was associated with statistically significant better survival after first cycle of chemotherapy ($\chi^2 = 5.805$, P = 0.018), and also the second cycle ($\chi^2 = 8.696$, P =0.003). overall survival for the study group as regard both cytoplasmic NPM positivity and presence or absence of FLT3 mutations showed that the worst survival lied within the NPMc-/FLT3+ group and there was a statistically significant difference between this group and the NPMc+ groups regardless of their mutational status (t = 11.725, P = 0.003) (Figs. 6 and 7).

4. Discussion

Nucleophosmin (NPM) is a ubiquitously expressed nucleolar phosphoprotein which shuttles continuously between the nucleus and cytoplasm. Many findings have revealed a complex scenario of NPM functions and interactions, pointing to proliferative and growth-suppressive roles of this molecule.⁴⁶

Remarkably, heterozygous mutations of NPM are found in \sim 35% of acute myeloid leukemias (AMLs), which make NPM the most frequently mutated gene in AML. Previous reports concluded that immunostaining serves as a highly specific predictor of all exon-12 NPM mutations.³⁶

The choice in the present study to detect nucleophosmin aberrant cytoplasmic expression on bone marrow clot biopsy was meant to overcome technical difficulties that appeared in previous studies, questions arose about which samples and techniques should be used. Falini et al. and Luo et al. proved that aberrant cytoplasmic expression of nucleophosmin is optimally detected in paraffin sections from B5-fixed/ethylenediaminetetraacetic acid-decalcified bone marrow trephines.^{47,48}

Konoplev et al. reported less reliable results in bone marrow biopsies fixed in formalin and decalcified in formic acid.⁴⁹ Falini et al. preliminarily suggested that discrepancies may result from the decalcifying agent (formic acid) rather than to formalin fixation. In the methodology used in our study, clot biopsy choice was to overcome these difficulties of choosing the right decalcifying agent, and skipping the step of decalcification which leads to denaturation or change of immunogenicity of some of the proteins which leads to false results.

Consequently, use of immune staining of bone marrow clot biopsy as surrogate for molecular analysis can serve as firstline screening in AML and should facilitate implementation of the 2008 World Health Organization classification of myeloid neoplasms that now incorporates AML with mutated NPM1 (synonym: NPMc+ AML) as a new provisional entity.

In the present study cytoplasmic localization of NPM (NPMc+) was identified in 26 out of the 50 (52%) of primary AML cases with normal karyotype studied by immunostaining in bone marrow clot biopsy cell blocks. Similarly Falini et al. found NPMc+ in one third of the primary AML cases globally. In accord with our findings they had all a normal karyotype.¹⁸ In another study, the same author working on AML-NK patients reported an incidence of NPM cytoplasmic positivity in 50% of these cases, approaching our results.³⁶ Moreover, Dohner et al.⁵⁰ and Schnittger et al.⁵¹ reported an incidence of 48% and 52.9% among the normal karyotype AML cases in their study groups, respectively, which coincides with our data.

Although in the current study the presence of cytoplasmic NPM was not confined to a specific morphologic FAB subtype, interestingly, the highest frequency of NPMc+ was found in AML-M5 (17/21, 80.9%) and the lowest cases were in M1 (1/9, 11.1%) in accord with Falini et al.,³⁰ Dohner et al.⁵⁰ and Schnittger et al.⁵¹ Falini et al.³⁰ reported that the NPMc+ pattern can be seen in AML specimens of all FAB subtypes except M4eo, and M7. However, we found the NPMc+ pattern in AML specimens of all FAB subtypes except biphenotypic leukemia and M6. Though Falini et al.³⁰ did not record the observation that cytoplasmic NPM1 is predominant in M2 specimens, we observed cytoplasmic NPM1 in high percentage in M2 (4/6 cases, 66%).

The absence of NPMc+ in M6 category found in our study goes with accordance with Zini and d'Onofrio⁵² and it was attributed in their series to the common presence of complex karyotypes and multiple structural abnormalities in these cases reflecting their poor prognosis.⁵² However, in all our cases



Figure 3 NPM immunostaining in acute myeloid leukaemia: (a) M5 showing nuclear and cytoplasmic reactivity (arrows). ×1000. (b) M4 showing distinct but heterogeneous nuclear and cytoplasmic staining (arrows). ×1000. (c) BAL showing strong homogeneous nucleus restricted immunostaining. ×400. (d) M6 showing focal nucleus restricted immunostaining (arrow) with absent cytoplasmic staining. ×400.

Table 2 Relation between FLT3 positivity and cytoplasmic NPM expression.				
	cNPM	cNPM		
	Negative	Positive		
Count	8	15	23	
% within FLT3	34.8%	65.2%	100.0%	
% within CNPM	33.3%	57.7%	46.0%	
Count	16	11	27	
% within FLT3	59.3%	40.7%	100.0%	
% within CNPM	66.7%	42.3%	54.0%	
Count	24	26	50	
% within FLT3	48.0%	52.0%	100.0%	
% within CNPM	100.0%	100.0%	100.0%	



Figure 4 Survival of the study groups according to cytoplasmic NPM expression.



Figure 5 Hazard function of the study groups according to cytoplasmic NPM expression.

 Table 3
 Outcome of the first induction cycle.

Outcome_First_Cycle	cNPM negative	cNPM positive
Failure (IF)		
Count	11	4
% within CNPM	50.0%	17.4%
Partial remission (PR)		
Count	4	12
% within CNPM	18.2%	52.2%
Complete remission (CR)		
Count	1	5
% within CNPM	4.5%	21.7%
Induction death (ID)		
Count	6	2
% within CNPM	27.3%	8.7%
Total		
Count	22	23
% within CNPM	100.0%	100.0%

normal karyotype was proven before the inclusion in the study, so the explanation of the negativity to cytoplasmic NPM still needs to be elucidated. Moreover, the relation of M6 to cytoplasmic NPM expression cannot be evaluated in our study due to the small sample study (one case) and its association with normal karyotype, thus this entity should be examined in a more detailed study including both those with normal karyotype and others with cytogenetic abnormalities whether complex or straight forward.

Dohner et al.⁵⁰ and Verhaak et al.⁵³ in their studies correlated a significant association between mutated NPM1 and higher WBC count, blast percentage and platelet counts. In our series, the WBC count and blast percentage were significantly higher in NPMc+ group, however, the relation with a higher platelet count was not proven.

We also confirmed that in AML-NK, the majority of NPMc+ cases were associated with the absence of CD34

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Table 4 Outcome of the second induction cycle.			
Outcome_Second_Cycle	cNPM negative	cNPM positive	
Failure (IF)			
Count	7	2	
% within CNPM	43.8%	9.5%	
Partial remission (PR)			
Count	4	1	
% within CNPM	25.0%	4.8%	
Complete remission (CR)			
Count	2	15	
% within CNPM	12.5%	71.4%	
Induction death (ID)			
Count	2	0	
% within CNPM	12.5%	0%	
Relapse			
Count	1	3	
% within CNPM	6.3%	14.3%	
Total			
Count	16	21	
% within CNPM	100.0%	100.0%	

expression (22/26, 84.6%), this is in accordance with Falini et al. 18 who found that more than 95% of NPMc $^+$ AMLs are CD34 negative.

Consistent CD34 negativity in the great majority of studies raises the question of whether a minimal pool of $CD34^+/$ CD38⁻ NPM1-mutated progenitors exists. In NPM1-mutated AML, investigators^{54,55} found that the small fraction of CD34⁺ hemopoietic progenitors, including CD34⁺/CD38⁻ cells, carried the NPM1 mutation. When transplanted into immunocompromised mice, CD34⁺ cells generated a leukemia that recapitulated the patient's original disease, morphologically and immunohistochemically (aberrant cytoplasmic NPM1 and CD34 negativity).



Figure 6 Survival function according to cNPM expression with FLT3 mutational status.



Figure 7 Survival function according to cNPM expression with FLT3 mutational status after exclusion NPMc-/FLT3 negative cases in which no deaths have occurred during the study time.

In our series CD14 positivity was significantly associated with cNPM positivity, with the simple explanation that this marker denotes monocytic differentiation, which coincides with the high percentage of cNPM positivity with cases with monocytic leukemia.

Understanding the mechanisms leading to leukemogenesis in NPMc+ AML may lead to more specific antileukemia therapies.⁵⁶ NPM1 belongs to a new category of genes that function both as oncogenes and tumor-suppressor genes,⁵⁷ depending on gene dosage, expression levels, interacting partners, and compartmentalization. Of the most extensively studied partners of NPM1 is the FLT3-ITD. In the present studied cases, no statistically significant positive relation could be detected between FLT3 ITD and cytoplasmic NPM positivity; this can be attributed to our smaller sample size and choice of the study group to normal karyotype AML only which might led to the bias of the statistical interpretation.

The cases showing NPMc + in the current study had a better response to induction chemotherapy, an observation that was reported by other researchers.¹⁸ Recently, Konoplev et al.⁴⁹ showed a lack of correlation between cytoplasmic NPM1 expression and the likelihood of complete remission and prolonged survival, suggesting that NPM1 mutations, at least as detected using immunohistochemical analysis, may not be a useful prognostic indicator, though in our series the immunostaining was also the methodology used, yet overall survival was statistically significantly affected by NPMc positivity.

Furthermore, analyzing our data showed that the presence of FLT3 mutation as a single factor affected survival both after the first and second cycle of chemotherapy, and also affected the overall survival, thus prognostically the presence of a FLT3 mutation lead to shortening of the overall survival in the cohort of patients. Analyzing the combined effect of cytoplasmic NPM expression with FLT3 mutational status showed that the worst prognosis was within the NPMc-/ FLT3+ group, no death occurred within the NPMc-/FLT3group throughout the time of the study, while the NPMc + iFLT3+ and NPMc+/FLT3- groups had an intermediate survival between these 2 groups. Thus, it is apparent that the FLT3 mutational status affects the survival within the NPMcgroups more than its effect on the NPMc + groups, its absence confers a more pronounced better prognosis within this group, than in the NPMc+ group. In accordance with our results, Hollink et al.⁵⁸ found similar results in their study of 297 pediatric patients with AML patients with NPM1 mutations doing significantly better than those with wild type (wt) NPM in terms of 5 year OS and EFS. However, they found that FLT3/ITD status had no significant impact on survival in patients with mutations and was only prognostically significant in patients with wt NPM1.

Controversly, Boonthimat et al.⁵⁹ could not observe a major difference in the overall survival (OS) in the Thai patients with and without NPM1 mutation (P = 0.376). Interestingly, statistical analyses according to the combined NPM1/FLT3 mutational status revealed a better outcome (P = 0.036) for the NPM1-mutated/FLT3 ITD-negative than NPM1⁺/FLT3-ITD⁺ and NPM1⁻/FLT3-ITD⁺ subgroup, implicating the negative impact of FLT3 mutations regardless of the NPM1 mutational status.

Thus, the detection of cytoplasmic NPM in the present work further supports the routine use of immunostaining on bone marrow aspirate cell blocks as a simple, inexpensive, and rapid method capable of first-line screening AML cases for NPM gene mutations and to rule out recurrent chromosomal abnormalities. It is also suggested that immunostaining for NPM may assist in the monitoring of minimal residual disease in a setting (normal karyotype and CD34 negativity) in which no molecular or immunophenotypic markers are available.

Furthermore these bone marrow aspirate cell blocks will be available for any future immunostaining required for the patient. We recommend also routine screening for NPMc immunostaining in all cases of primary AML in order to identify those cases expected to have a favourable prognosis and better response to induction chemotherapy.

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