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Original Article

The possible protective effect of lactoferrin on lipopolysaccharide-induced memory impairment in albino rats

Nermin M. Madi, Mervat H. El-Saka*

Physiology Department, Faculty of Medicine, Tanta University, Egypt



1. Introduction

Generally, there are large number of people suffer from cognitive impairment, including impairment of learning, memory and attention.¹ However, the exact mechanisms for cognitive dysfunction have remained unclear, oxidative stress and neuroinflammation may be in part, responsible for memory and learning impairment.² In particular, the elderly people are most susceptible to cognitive impairment that may result from infection,³ in addition, the process of aging itself is associated with neuroinflammation involving production of proinflammatory cytokines and microglial activation.⁴ Also, neuroinflammation occurs in other conditions that may lead to pathological changes in the brain as postoperative dysfunction, ischemic stroke, Alzheimer disease (AD), multiple sclerosis or Parkinson disease.⁵ In some animal models, exposure to bacterial endotoxins, or viral coat proteins, will stimulate immune system resulting in memory and learning deficits.⁶

Lipopolysaccharide (LPS) is a component obtained from the outer cell membrane of gram-negative bacteria.⁷ It is a potent endotoxin that inducing inflammation in experimental studies, and it highly resist the degeneration by enzymes and hence it provides an inflammatory stimulus that can persist for long time.⁸ It can promote the production of proinflammatory cytokines with subsequent production of free radicals and oxidative stress.⁹

Lactoferrin (LF) is a non-heme iron-binding glycoprotein of transferrin family.¹⁰ It is present in milk, tears, saliva, and other external secretions, and in the secondary granules of neutrophils.¹¹ Normally, low concentrations of LF are present in the blood.¹² LF is a multifunctional protein that is involved in a large number of physiological functions including anti-inflammatory, anti-stress, anti-nociception, antioxidant, cell proliferative, and immunoregulatory properties,¹³ regulation of iron absorption,¹⁰ anticarcinogenic, and antimicrobial activity.¹⁴ In addition, LF is produced in the brain, its levels in aging and neurodegenerative disorders are found to be increased in central nervous system, suggesting that it may have endogenous role in neuroprotection.¹⁵ Dietary LF

relatively resist degradation in gastrointestinal tract (GIT) and is actively transported into the brain.¹⁶

However, to our knowledge, there were no published studies to date the effect of LF on memory impairment in adult rats. So, in the present study, we examined possible protective effect of LF on LPS-induced memory impairment in albino rats. Also, possible mechanisms would be discussed.

2. Materials and methods

2.1. Animals

Thirty male albino rats of local strain, aged 12–16 weeks old, weighing 200–240 g. They were obtained from the animal house of Tanta University of Medical Sciences. The animals were housed in clean cages, five rats per each cage, and had free access to food and water. They are maintained at suitable temperature ($22 \pm 2^\circ\text{C}$ room temperature) under controlled 12–12 h light dark cycle. This study was conducted in accordance with the guidelines for the animal experimental protocols of Tanta Faculty of Medicine.

2.2. Drugs and chemicals

LPS was dissolved in saline and injected in rats. It was purchased from Sigma-Aldrich chemical Company (Co.), LF was purchased from Meivo International Pharmaceutical Industries Co., in the form of sachet freshly prepared in distilled water.

2.3. Experimental protocols

Animals were divided into three groups (n = 10 per group).

- (1) The normal control group: the animals received saline (1ml/kg/day) intraperitoneal (i.p.), as a vehicle, for 12 weeks.
- (2) LPS-group: the animals received saline (1ml/kg/day) intraperitoneal (i.p.) for 11 weeks. From the start of the 12th week, the animals received LPS (1mg/kg/day i.p.)¹⁷ for one week, and 2 h prior to passive avoidance (PA) test.
- (3) LF-treated group: the animals received LF (500 mg/kg/day)¹⁸ orally via intragastric tube for 12 weeks. From the start of the first week, the animals received LPS (1mg/kg/day i.p.)

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* Corresponding author.

E-mail address: mervat.elsaka1@med.tanta.edu.eg (M.H. El-Saka).

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for one week, and 2 h prior to passive PA test. LPS was given 30 min after LF.

2.4. Passive avoidance (PA) test

At the end of the 12th week of experiment, PA test was done as following:

Light-dark apparatus was used to evaluate the emotional memory depending on fear-conditioning learning. The animals of all studied groups learned to avoid a place that associated with repulsive stimulus. The learning index in this experiment would be the reduction of latency. The PA apparatus consisted of two compartments. One was illuminated and the other was dark. The two compartments were separated by a door.

A training trial was done.¹⁹ A pre-training trial was done on the first day of training, in that trial, rats were placed individually into the light compartment. The door between the two compartments was opened after 30 sec and the animal was able to move freely into the dark compartment.

60 min after the pre-training trial, a training trial was done. Rats were again placed in the light compartment. After 30 s, the door between the two compartments was opened. When the animal entered the dark compartment completely, the door was closed and 3–5 electric shock (0.5 mA) was applied to the floor of the compartment. The time taken to enter the dark compartment was estimated as the training latency. If the animal failed to enter the dark compartment within 300 sec, it was excluded from the experiment. After the training trial, the animals were removed from the dark compartment and returned back to their cages.

24-h after the training trial, a retention trial was done. Evaluation of recall of this inhibitory stimulus was done by placing the animals in the light compartment and recording their latency to enter the dark compartment. No electric shock was applied in this trial. If the animal did not enter the dark compartment within 300 sec, it was returned to its cage, and a latency of 300 sec was recorded. So, the latency is a measure for retention performance of the PA response.

2.5. Biochemical measurements

At the end of experiments, the animals were sacrificed by cervical decapitation. The brains were collected, they were homogenized followed by centrifugation. The supernatants were stored at -80°C until measurement of the following: malondialdehyde (MDA) was measured spectrophotometrically according to the method of Csallany et al.,²⁰ which resulting in formation of a red compound. The maximum absorbance of this compound was measured at 532 nm, reduced glutathione (GSH) was measured spectrophotometrically according to the method described by Hissin and Hilf²¹ according to the instructions of the assay kit. Also, tumor necrosis factor- α (TNF- α), interleukin- 1β (IL- 1β), nuclear factor kappa-B (NF- κB) and brain derived neurotrophic factor (BDNF) were determined by were determined using commercial ELISA kits according to the instructions of the manufacturer. Finally, acetylcholinesterase activity was estimated colorimetrically according to the method of Ellman et al.²² and expressed as percentage of control. The protein content in the supernatant was measured according to the method of Bradford.²³

3. Statistical analysis

The data were shown as the mean \pm standard deviation. Data from the study were analyzed using one-way ANOVA. All the analyses were performed using SPSS for windows (Version 21.0).

4. Results

4.1. Effect of LF on first day latency and retention latency of PA test in albino rats

As shown in Table 1, as regard the first day latency, there was no significant differences between all studied groups ($P > 0.05$). However, retention latency significantly reduced in LPS-group as compared to the normal control group. LF treatment for 12 weeks significantly increased retention latency as compared to the LPS-group. It was observed the retention latency returned back to the normal control value by LF treatment.

4.2. Effect of LF on brain levels of MDA and GSH

Compared to the control rats, LPS injection significantly increased MDA level in the brain. Administration of LF, significantly decreased MDA level as compared to the LPS-group. The levels of MDA returned back to the control values after LF treatment Fig. 1(A).

As regard GSH, there was significant decrease in GSH level in LPS-group as compared to the normal control group. While, LF treatment significantly increased GSH levels as compared to LPS-group. Its levels returned back to the normal control values by LF treatment Fig. 1(B).

Table 1
Effect of LF on first day latency and retention latency of PA test in albino rats.

Parameters	Control group	LPS-group	LF-group
First day latency (sec)	42.2 \pm 4.61	45.0 \pm 3.80	46.5 \pm 3.69
Retention latency (sec)	261.0 \pm 27.57	46.10 \pm 4.43 ^a	244.4 \pm 25.43 ^b

Data are given as mean \pm SD.

^a $P < 0.05$ vs control group.

^b $P < 0.05$ vs LPS-group.

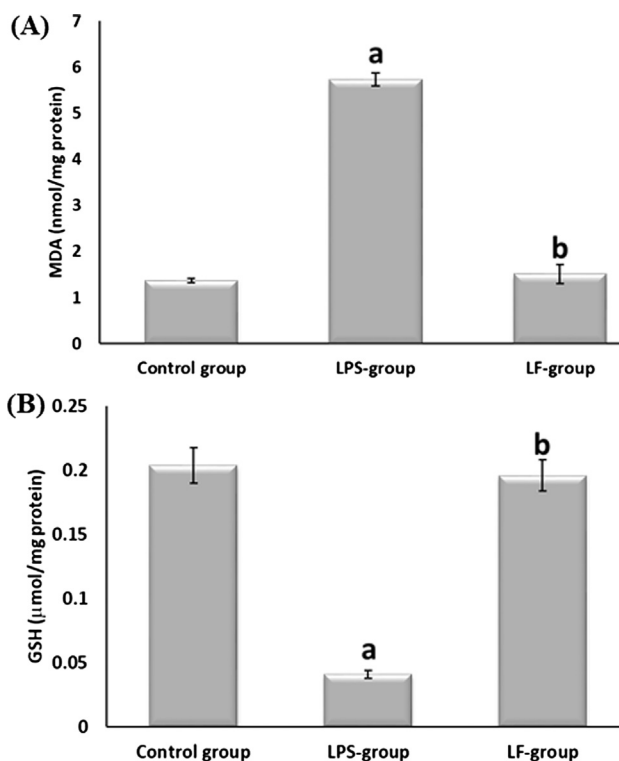


Fig. 1. Effect of LF on brain levels of MDA and GSH in albino rats. Data are given as mean \pm SD. ^a $P < 0.05$ vs control group, ^b $P < 0.05$ vs LPS-group.

4.3. Effect of LF on brain levels of TNF- α , IL-1 β , and NF- κ B in albino rats

These were presented in Table 2, the levels of TNF- α , IL-1 β , and NF- κ B significantly increased with LPS injection as compared to the normal control rats. While, LF treatment, showed significant reduction in TNF- α , IL-1 β , and NF- κ B levels compared to the LPS-group. But, their levels were still significantly higher if compared to the normal control group.

4.4. Effect of LF on brain levels of BDNF and acetylcholinesterase activity in albino rats

Fig. 2(A) showed that BDNF significantly decreased after LPS injection as compared to the control group. LF administration significantly increased BDNF levels compared to the LPS-group. It was observed that after LF treatment, BDNF returned back to the control values.

As shown in Fig. 2(B), LPS injection significantly increased levels of acetylcholinesterase activity compared to the control group. The rats treated with LF showed insignificant change in the levels of acetylcholinesterase activity compared to the LPS-group, but these levels significantly increased if compared to the normal control group.

Table 2
Effect of LF on brain levels of TNF- α , IL-1 β , and NF- κ B, in albino rats.

Parameters	Control group	LF-group	LF-group
TNF- (pg/mg protein)	131.20 \pm 10.78	471.20 \pm 15.63 ^a	269.10 \pm 15.24 ^{a,b}
IL-1 (pg/mg protein)	41.10 \pm 6.42	255.0 \pm 30.33 ^a	157.80 \pm 15.78 ^{a,b}
NF- κ B (ng/mg protein)	79.70 \pm 7.93	375.70 \pm 17.12 ^a	295.50 \pm 11.38 ^{a,b}

Data are given as mean \pm SD.

^a P < 0.05 vs control group.

^b P < 0.05 vs LPS-group.

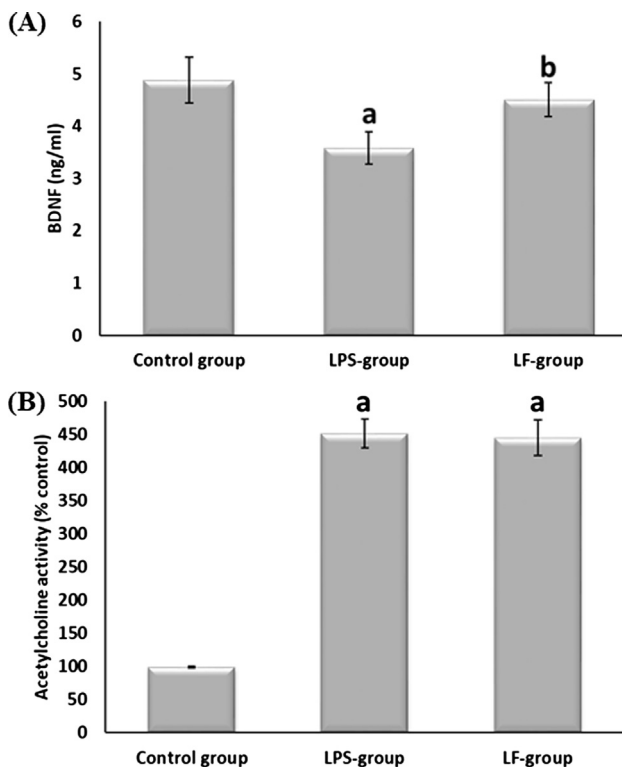


Fig. 2. Effect of LF on brain levels of BDNF and acetylcholinesterase activity in albino rats. Data are given as mean \pm SD. ^aP < 0.05 vs control group, ^bP < 0.05 vs LPS-group.

5. Discussion

In the present study, LF improved memory impairment induced by i.p. administration of LPS in the adult rats. The neuroprotective effect of LF on memory impairment may be related to its antioxidant, anti-inflammatory effects, inhibiting the increase of NF- κ B with subsequent inhibition of apoptotic pathway as well as increasing BDNF, but it had no effect on acetylcholinesterase activity in the brain.

The present study was the first one that was done to test the neuroprotective effect of LF on adult brain in rats. All previous studies were used to demonstrate the effect of LF on brains of immature or newly born rats.

PA test was used to detect the memory impairment caused by LPS injection. The results of the present study showed that no significant differences between all the studied groups during the first day latency, but there was a significant decrease in the time of latency to enter the dark compartment in LPS group as compared to the normal control group. These results were confirmed with previous researches reporting that LPS injection induced memory retention impairment of PA.⁶

The results of our study showed that administration of LF for 12 weeks, improved the memory impairment in rats as proved by increasing the retention latency of PA as compared to LPS group. In accordance to these results, it was reported that the bovine LF administration during postnatal development of rats, improved PA test.¹⁸

The exact mechanism by which LF improved LPS-induced memory impairment in rats could not be elucidated. But, it could be explained by its direct action on the brain via antioxidant, anti-inflammatory effects, and increasing BDNF as evidenced in the results of the present study. Another possible mechanism could explain the improvement of the memory impairment might be due to transferrin-mediated iron transport of LF in the brain, it could be evidenced by that iron deficiency during early life led to the subsequent impairment of both PA and active avoidance learning in rats.²⁴ Also, it was suggested that LF treatment promoted the growth of beneficial bacteria called bifidobacteria in the gut of the treated animals, it was observed that bifidobacteria might exert antidepressant or anxiolytic effects in both human and animal models.²⁵

The brain is highly susceptible to oxidative damage that has induced by reactive oxygen species (ROS), as it produces large amounts of ROS due to its very high blood perfusion, high aerobic metabolism and its poor antioxidant defense mechanism.²⁶ Therefore, oxidative stress of the brain plays an important role in cognitive impairment and neuronal injury.²⁷ Previous studies have demonstrated that i.p. injection of LPS caused significant changes in oxidative stress markers in the brain of mice.²⁸

In the results of the present work, there was significant increase of MDA levels with concomitant significant decrease of GSH levels in the brain in LPS group as compared to the normal control group. Also, our results showed that the abnormal changes in MDA and GSH levels were prevented by LF treatment, suggesting that the neuroprotective of LF might be explained by its antioxidant effects. These results were in accordance with previous researches demonstrating that LF has ROS-scavenging properties.²⁹

Previous studies have reported that LPS caused activation of microglia with subsequent induction of pro-inflammatory cytokines as TNF- α and IL-1 β via activation of NF- κ B pathway in the mouse brain.³⁰ In fact, activation of NF- κ B leads to pathological inflammatory processes in the glial cells, hence, the transcription factor NF- κ B could be blocked or reduced by anti-inflammatory compounds.³¹

In the present study, i.p. injection of LPS significantly increase TNF- α and IL-1 β levels in rat brain. While, LF treatment for

12 weeks significantly inhibited LPS-induced production of pro-inflammatory cytokines including TNF- α and IL-1 β with concomitant reduction of NF- κ B in the brain with subsequent blunting of neuronal apoptosis. Thus, LF had the ability to block the activation of NF- κ B, suggesting that the neuroprotective effect of LF could be explained by its anti-neuroinflammatory and anti-apoptotic effects.

BDNF is one of a family of neurotrophic growth factors that widely expressed in the brain tissue.³² The reduced levels of BDNF has been implicated in pathophysiology of various CNS diseases, BDNF regulates neuronal transmission, neuronal plasticity as well as memory and learning.³³

The results of the present study demonstrated that i.p. injection of LPS significantly reduced BDNF, that was reversed by LF treatment. It is proved that activation of BDNF leads to phosphorylation and nuclear translocation of cyclic adenosine monophosphate responsive element binding protein, with subsequent gene transcription that plays an important role in enhancing memory and learning processes.³⁴ Thus, we could postulate that the increase in BDNF by LF treatment may be one of the underlying mechanisms to explain how LF improved memory impairment in rats.

Finally, the present study showed that LPS injection significantly increased the acetylcholinesterase activity in the brain tissue that could not be improved by LF treatment, suggesting that LF did not affect acetylcholinesterase activity.

6. Conclusion

As proved in the present work, LF could alleviate memory impairment induced by LPS. Its neuroprotective mechanism might be explained by antioxidant, anti-neuroinflammatory effects, its ability to inhibit NF- κ B with subsequent anti-apoptotic effect, as well as increasing BDNF levels. So further studies should be done to investigate the neuroprotective effect of LF and other possible mechanisms for its action in human brain, and take in consideration for LF treatment that can be used for prophylaxis as well as treatment of neurodegenerative diseases resulting from inflammation or oxidative damage.

Conflict of interest

We have no conflict of interest to declare.

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