

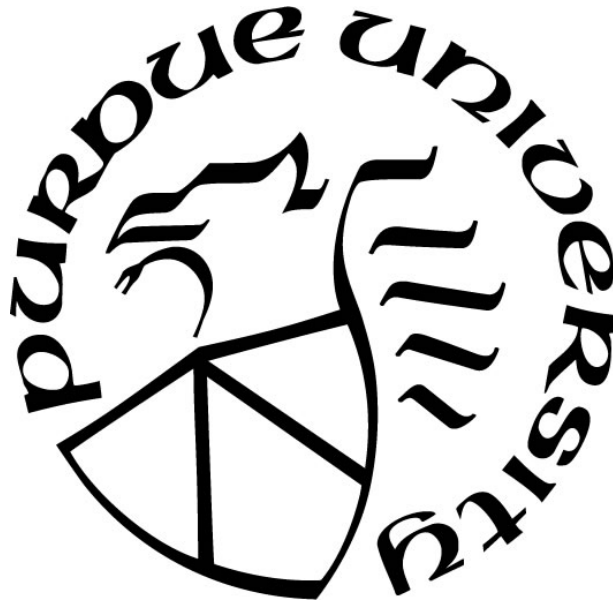
**INFLAMMATION IN THE EARLY PATHOGENESIS OF DIABETIC
RETINOPATHY**

by
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A Thesis

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LIST OF ABBREVIATIONS

- ADA– American Diabetes Association
- AGE's – Advanced glycation end products
- AIF or IBA – Allograft Inflammatory Factor
- AKITA or AK – Ins^{Akita}
- AKT – AKR Mouse Transforming
- ANOVA – One-Way Analysis of Variance
- ARAF or MNK – Serine/Threonine Protein Kinase
- B2M – β -2 Microglobulin
- BAD – BCL-2-Associated Death Promoter
- BCL-2 – B-Cell Lymphoma 2
- BIM – BCL-2-Like Protein 11
- BRB – Blood-Retinal Barrier
- CCL – Chemokine Ligand
- CCL2 – Chemokine (C-C) Ligand
- CD – Cluster of Differentiation
- CHC22- Clathrin Heavy Chain on Chromosome 22
- CNS – Central Nervous System
- CRP – C Reactive Protein
- CSF – Colony Stimulating Factor
- DAG – Diacylglycerol
- DB or db/db – Lepr^{DB}
- DNA-PK – DNA-Dependent Protein Kinase
- DR – Diabetic Retinopathy
- ECM – Extracellular Matrix
- EGFR – Epidermal Growth Factor
- ELK-1 – ETS Domain Containing Protein
- ER – Endoplasmic Reticulum
- ERK – Extracellular Signal-Regulated Kinases
- FOXO – Forkhead Box O
- GEF – Guanine Nucleotide Exchange Factor
- GFAP – Glial Fibrillary Acid Protein
- GLAST – Glutamine Aspartate Transporter
- GM-CSF – Granulocyte Macrophage Colony Stimulating Factor
- GRB2 – Growth Factor Receptor Bound Protein 2
- Gs – Glutamine Synthetase
- GSK3 – Glycogen Synthase Kinase 3
- HDAC6 – Histone Deacetylase 6
- IAP – Inhibitor of Apoptosis
- IB4 – Isolectin B4

- IFN – Interferon
- IFN- γ – Interferon- γ
- IL – Interleukin
- IRF – Interferon-Regulating Factor
- IRMA – Intraretinal Microvascular Abnormality
- JAK – Janus Kinase
- JNK – C-JUN N-Terminal Kinase
- MAP3K – MAP Kinase Kinase Kinase
- MAPK – Mitogen Activated Protein Kinase
- MCL-1 – Induced Myeloid Leukemia Cell Differentiation Protein
- MEK – Mitogen Activated Protein Kinase Kinase
- MHC – Major Histocompatibility Complex
- MMP – Matrix Metalloproteinase
- MSK – Stress Activated Protein Kinase
- mTORC2 – Mammalian Target of Rapamycin complex 2
- NCAN – Neurocan Core Protein
- NG2 – Neural/Glial Antigen 2
- NK – Natural Killer cells
- NF- κ B – Nuclear Factor Kappa-Light-Chain Enhancer of Activated B Cells
- pAKT – Phosphorylated AKT
- PBB – PDGF-BB
- PCAN – Phosphacan
- PCNA – Proliferating Nuclear Antigen
- PDGF – Platelet-Derived Growth Factor
- PDGF-BB – Platelet-Derived Growth Factor Homodimer BB
- PDGFR β – Platelet-Derived Growth Factor Receptor β
- PDR – Proliferative Diabetic Retinopathy
- pERK – Phosphorylated ERK
- PHLPP – H Domain and Leucine-Rich Repeat Protein Phosphatase
- PI3K – Phosphoinositide 3-Kinase
- PIP₂ – Phosphatidylinositol 4,5 Bisphosphate
- PIP₃ – Phosphatidylinositol 3,4,5-Triphosphate
- PKC – Protein Kinase C
- PLA2 – Phospholipase A2
- PP2A – Protein Phosphatase 2A
- pPDGFR β – Phosphorylated PDGFR β
- PRR – Pattern Recognition Receptor
- PtdIns – Phosphatidylinositol
- PTEN – Phosphatase and Tensin Homolog

- PVDF – Polyvinylidene Fluoride
- RAF – Rapidly Accelerated Fibrosarcoma
- RAF1 or CRAF – RAF-1 Proto-Oncogene
- RAGE – Receptor for Advanced Glycation End Products
- RANTES – Regulated on Activation, Normal T Cell Expressed and Secreted
- ROS – Reactive Oxygen Species
- RPE – Retinal Pigmented Epithelium
- RSK – Ribosomal S6 Kinase
- RT-qPCR – Reverse-Transcriptase Quantitative Polymerase Chain Reaction
- S100 – S100 Calcium Protein-Binding B
- SDHA – Succinate Dehydrogenase Complex Subunit A
- SH2 – SRC Homology 2
- SH3 – SRC Homology 3
- SHP-1 OR SHIP-1 – SRC Homology Domain 2 Containing Inositol-5-Phosphatase
- SOX2 – Sex Determining Region Y (SRY) – Box2
- SPRY – Sprouty
- SRP14 – Signal Recognition Particle 14 kDa
- STAT – Signal Transducer and Activator of Transcription Protein
- TGF – Transforming Growth Factor
- TGF- β – Transforming Growth Factor β
- TH1 – Helper Type 1 Thymus Cell
- TH2 – Helper Type 2 Thymus Cell
- THBS – Thrombospondin
- TIMP – Tissue Inhibitor of Metalloproteinase
- TLR – Toll-Like Receptor
- TNF – Tumor Necrosis Factor
- TSC2 – Tuberous Sclerosis Protein 2
- VEGF – Vascular Endothelial Growth Factor
- VIM – Vimentin
- WHO – World Health Organization
- WT – Wild type or C57BL/6

ABSTRACT

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Title: Inflammation in the Early Pathogenesis of Diabetic Retinopathy
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Introduction – Diabetes is a growing health concern. Diabetic retinopathy (DR), is a complication resulting from long-term diabetes and is currently the leading cause of blindness in the US. The cause of pericyte loss, an early indicator of DR progression, is currently unknown. Inflammation, increased in diabetes, could play a role in the progression of DR and be one of the causes of pericyte loss.

Methods and Materials- Retinas from 3, 6, 12, 18, and 24 week Akita (AK) and DB mice were taken and cell counts, vasculature, and mRNA expression were examined. Pericytes treated with IFN- γ and PDGF-BB in chronic and acute conditions and PDGFR β signaling was determined using Western blot analysis. Apoptosis and proliferation were examined using western blots and immunohistochemistry of IFN- γ treated pericytes.

Results- Pericytes numbers were changed as 3 weeks in DB and Akita models. Proinflammatory markers increased at 6 weeks and displayed their maximum expression at 12 and 18 weeks. Chronic treatments with IFN- γ changed AKT and PKC δ activation and increases pericytes apoptosis.

Discussion- Pericyte loss appears to begin prior to an increase in pro-inflammatory factors indicating that perhaps retinal inflammation may not initiate pericyte loss or that loss of pericyte numbers at 3 weeks may be due to reduced numbers of neural crest cells migrating to vasculature or a reduced number of neural crest cells differentiating into pericytes. Proinflammatory changes occur between 3-6 weeks in both Akita and DB models of diabetes; however, the peak levels in expression of proinflammatory markers differs between Akita and DB models.

One of the markers that increased very early in the progression of diabetic retinopathy, IFN- γ , triggered apoptosis in isolated retinal pericytes by increasing protein kinase C δ activation, which then reduced activity of AKT.

1. INTRODUCTION

1.1 Diabetes

Diabetes is a prevalent and growing health concern in the United States and across the world. As of 2014, 30.3 million Americans and 422 million people worldwide have diabetes (American Diabetes Association, World Health Organization, 2017). Of those 30.3 million people (9.4% of US population), 23.1 million are diagnosed with about 7.2 million people being undiagnosed (ADA, 2017). It is estimated that 5% of those have type 1 diabetes and around 90-95% of all diabetics are type 2 (ADA, 2017). In the world, the rate of diabetes has currently doubled from 4.7% in 1980 to 8.5% in 2014 (WHO, 2017). It is said globally that 1.6 million deaths can be directly linked to diabetes and 2.2 million can be linked indirectly to high blood glucose (WHO, 2017).

Hyperglycemia, an excessive amount of blood glucose, is one of the major characteristics of diabetes. Hyperglycemia is the result of a loss of insulin production, secretion, insulin resistance, or a combination of all three (ADA, 2017). There are two main types of diabetes, type 1 and type 2. Type 1, also known as insulin-dependent and formerly juvenile-onset diabetes, is an autoimmune condition in which the immune system attacks the pancreatic beta cells leading to a loss in insulin production (CDC, 2011). Type 2, formerly known as adult-onset, is often attributed to insulin resistance, low insulin production, or a combination of both (CDC, 2011). Insulin resistance is when the cells in the body do not respond to the insulin produced, often leading to an overproduction of insulin. A third smaller type of diabetes is gestational diabetes in which 2-10% pregnant mothers have high blood sugar (CDC, 2011). This can cause development of type 2 diabetes later in life of both the child and the mother. One of the complications of diabetes is diabetic retinopathy (DR). It is currently the leading cause of

blindness in American adults, with around 9 million Americans over the age of 40 suffering from DR and related diseases (Saadine, 2008). In order to discuss the effect of diabetes on the eye, basic information concerning the eye will be introduced in the next section.

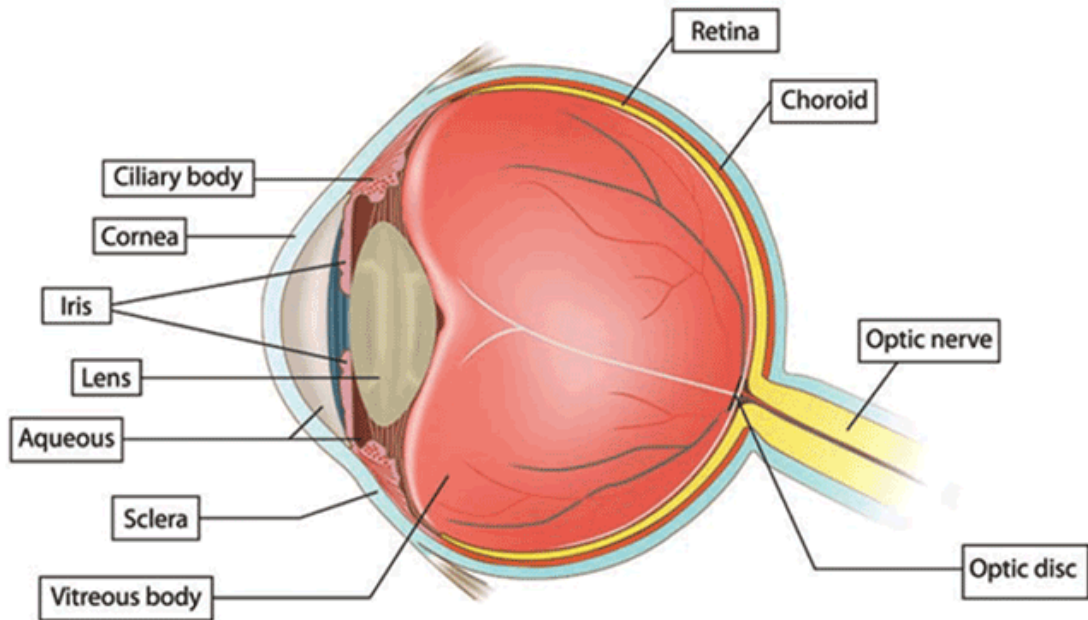


Figure 1 Image of major eye structures. Image from Glaucoma Research Foundation. (Eye Anatomy, 2017)

1.2 Retina and Eye

As shown in Figure 1, the affected area in patients suffering from DR lies in the retinal area, located in the back of the eye. The function of the eye is to convert light into signals for the brain to produce images and pictures. The retina contains photoreceptors that transform light into electrochemical impulses.

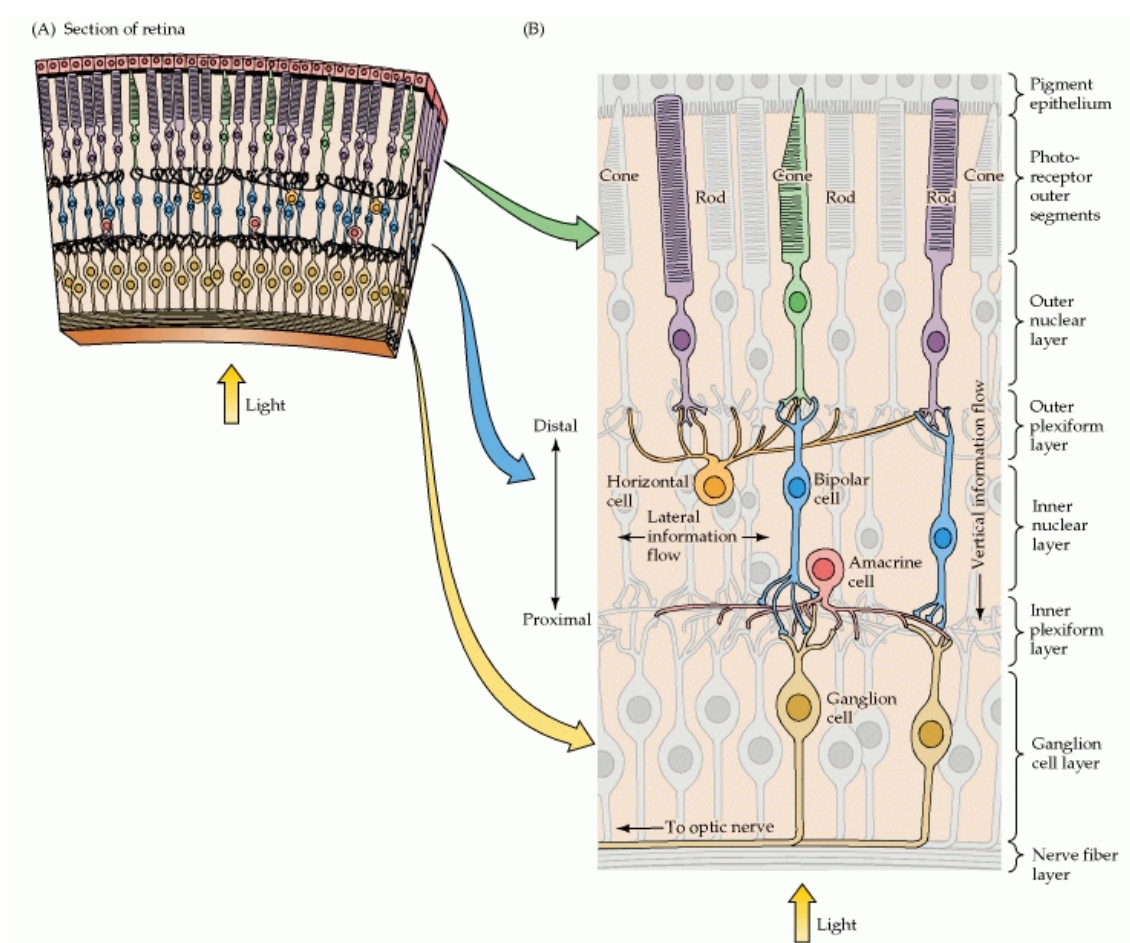


Figure 2 Light transmission in the retina. The 6 retinal layers along with information processing cells. Image from Purves et al., 2001.

Light is absorbed by the rods and cones in the photoreceptor layer, as shown in Figure 2 (Purves et al., 2001). Following phototransduction, neurotransmitter is released onto the bipolar cells (and some horizontal cells) (Purves et al., 2001). These bipolar cells transfer information through graded potentials to the ganglion cells (Purves et al., 2001). The ganglion cells, whose

axons form the optic nerve along with glial cells, send vital information directly to the other areas of the central nervous system (CNS) (Purves et al., 2001). Amacrine and horizontal cells are mostly used for lateral inhibition (Purvers et al., 2001). The horizontal cell helps integrate and regulate information from multiple photoreceptors to the bipolar cells while amacrine cells do the same for the ganglion cells (Masland, 2012). However, these are not the only cell types located in the retina.

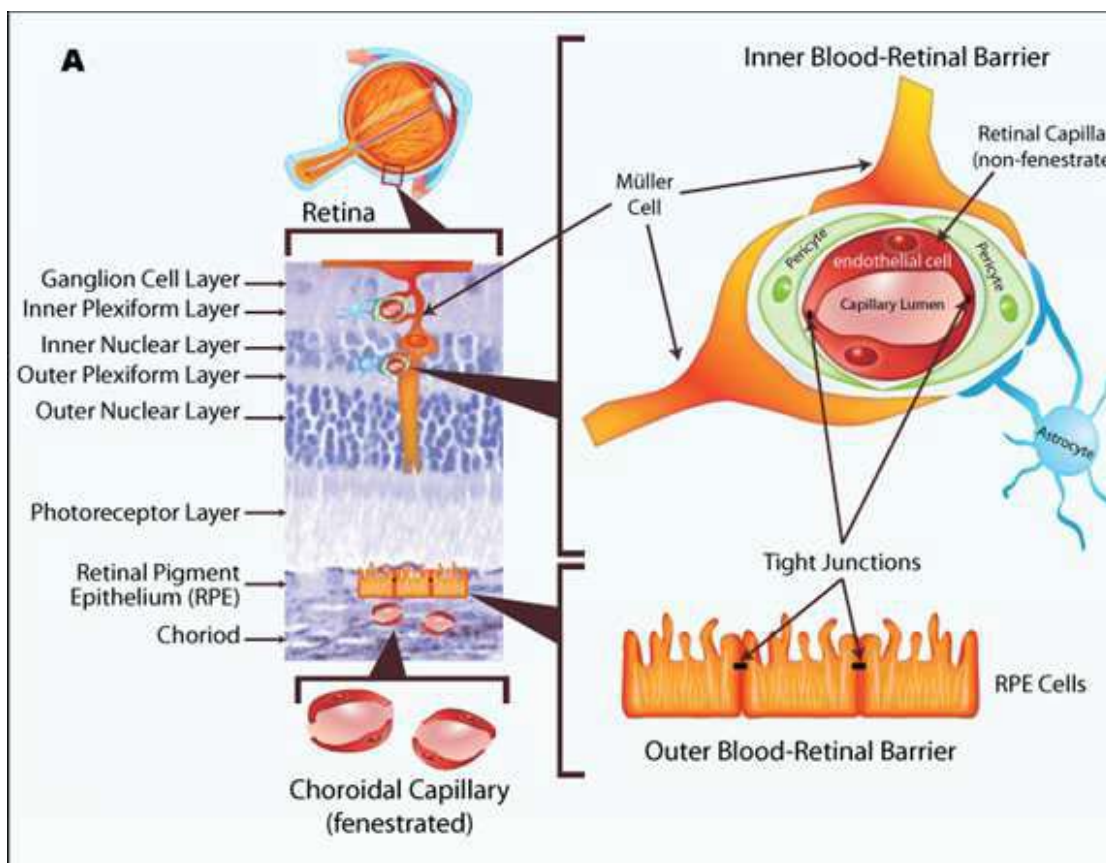


Figure 3 The location of retina within the eye. The 6 different retinal layers. Also, the location of blood-retinal barriers and how the barriers are perceived. Image from Kaur et al., 2008.

As shown in Figure 3, the retina contains six layers with the two blood-retinal barriers (BRBs). The BRB is a tight barrier that regulates ions, protein, and water flux inside and outside the retina (Cunha-Vaz et al., 2011). The outer blood-retinal barrier (oBRB) is made up of tight junctions from retinal pigmented epithelium (RPE) while the inner BRB (iBRB) is made up

of tight junctions between endothelial cells. Some of the important cells types besides the neurons and endothelial cells are the Müller glial, astrocytes, pericytes, and microglia. The Müller glia cell bodies are located in the inner nuclear layer, but they project their cellular processes through much of the other retinal layers, while the retinal astrocytes are located in the nerve fiber layer and their processes in the ganglion cell layer. The macroglia, which includes astrocytes and Müller glia, act as support cells and their main functions are maintaining homeostasis and providing structural support (Hoz et al., 2016). The microglia are located within the plexiform and nerve fiber layers and the microglia project their processes throughout the entire retina. The microglia act as the innate immune cells of the central nervous system (CNS).

The role of the endothelial cells is to form the vasculature of the retina while the pericytes are important in helping maintain the vasculature by acting as the support cells for the endothelial cells (Bergers and Song, 2005). These cells all communicate with each other to keep homeostasis inside the retina. Endothelial cells release platelet-derived growth factor homodimer subunit BB (PDGF-BB) which is important for the attraction and survival of pericytes. Pericytes, likewise, release transforming growth factor beta (TGF- β) which is important for iBRB maintenance and endothelial cell survival.

1.3 Diabetic Retinopathy Stages

There are 4 different stages which, in order of increasing intensity, are mild nonproliferative DR, moderate nonproliferative DR, severe nonproliferative DR, and proliferative diabetic retinopathy (PDR) (Wilkinson et al., 2003). In the mild nonproliferative DR, pericyte loss leads to endothelial cell loss and areas of swellings (microaneurysms), which can then lead to fluid leakage and eventually fluid buildup within the retina (macular edema) (Wilkinson et al., 2003). In the moderate nonproliferative DR, there is the addition of bleeding in the eye (intraretinal hemorrhaging), neuronal loss, inflammation, gliosis, dead cell debris buildup (cotton wool spots), and lipid buildup from leaky blood vessels (hard exudates) (Wilkinson et al., 2003). In the severe stage, there is the addition of formation of intraretinal microvascular abnormality (IRMA's) and the weakening of the blood vessel walls (venous beading) (Wilkinson et al., 2003). In PDR, the hallmark of development is the formation of new, leaky blood vessels that can eventually lead to blindness (Wilkinson et al., 2003).

It is estimated that 35.4% of all diabetic patients worldwide get some form of DR while 7.24% eventually develop PDR (Yau et al., 2012). There are also differences in the occurrence of DR between type 1 and type 2 as 77% of all type 1 develop DR while only 25% of type 2 get DR (Yau et al., 2012). This is magnified by the duration of diabetes as 86% of all type 1 diabetics with over 20 years of having diabetes develop DR while only 52% of all type 2 diabetics get DR with the same length of time (Yau et al., 2012). Type 1 diabetics that have diabetes over 20 years have 40.36% chance of getting PDR, while type 2 diabetics with over 20 years of diabetes only have a 15.13% chance of getting PDR (Yau et al., 2012). This could be due to differences in blood pressure, diabetes duration, and cause of disease. In order to study differences between the two types of diabetes, there are two main mouse models.

1.4 Diabetic Mouse Models

This study employs two different mouse models to emulate the two different diabetes types $Ins2^{Akita}$ (AK or Akita) and the $Lepr^{db}$ (db/db or DB) model. The diabetes that develops in Akita mice is similar to type 1 diabetes in humans, while the homozygous DB mice develop diabetes that is similar to type 2 diabetes in humans (Robinson et al., 2012). The Akita mice have a missense mutation in the insulin 2 gene that results in pancreatic beta-cell toxicity and dysfunction (Wang et al., 1999). A mutation in the leptin receptor gene which results in a dysfunction in signaling to the hypothalamus, resulting in obesity, mild diabetes, islet hyperplasia, and hyperinsulinemia in the DB mice (Coleman, 1978). Both models are maintained on a C57BL/6J background (WT). As is the case with the different types of DR, the two mouse models have different progression of diabetes and DR.

The Akita mice are not obese and the disease develops due to an autosomal dominant trait. The Akita mice develop hyperglycemia and hypoinsulinemia around 4 to 6 weeks of age along with extreme thirst (polydipsia) and extreme urination (polyuria) (Yoshioka et al, 1997; Katsuda et al, 2013). Around 6 months there is increased albumin excretion and glomerular hypertrophy (Katsuda et al, 2013). The hyperglycemia can also cause oxidative stress and kidney injury in these animals (Ueno et al, 2002). At 4 months of age, the Akita mice display increased vascular permeability (Barber et al., 2005). Around 6 months of age the Akita mice develop the early retinal abnormalities like vascular leakages, decreased retinal blood flow, and pericyte loss while at 9 months there are symptoms like microaneurysms, and neovascularization (Zongchao et al., 2013; Alistar et al., 2005, Wright et al, 2012). Around 5-10 months, altered astrocyte and microglial morphology along with the apoptosis of retinal cells has been described (Zongchao et al, 2013; Alistar et al., 2005). The average life span of the male

Akita mice however is 305 days or around 10 months while the average life span of the female Akita mice is the same as the C57BL/6J, so many of these retinal changes do not develop until near death for these mice (Yoshioka et al., 1997).

In the DB mice, there is a severe increase of blood glucose and insulin levels 4-6 weeks of age (Coleman, 1978). At even 3-4 weeks of age, the mice are bigger than their WT litter mates. These mice can range from transient to progressive hyperglycemia and these are correlated with pancreatic β cell necrosis and islet atrophy like their type 2 counterparts in humans (Katsuda et al, 2013) At around 5 months the DB mice have decreased creatinine clearance and increased albumin in the urine (albuminuria) (Allen et al., 2004; Sharma et al., 2003). Like the Akita mice, DB mice also have pericyte and endothelial cell loss, increased blood flow, and basement membrane thickening at 6 months of age (Midena et al., 1989; Clements et al., 1998; Tadoyoni et al., 2003). The earliest time point found for formation of acellular capillaries is at 34 months as described by Chou et al., and around 15 months, there is BRB breakdown, and possible neovascularization (Chou et al., 2014; Cheung et al., 2005). However, the average life span of male DB mice is around 349 days or 12 months while the female DB mice life span is around 487 days or 16 months and thus, like the Akita mice, many of the retinal changes do not develop until near death (Sataranatarajan et al., 2016).

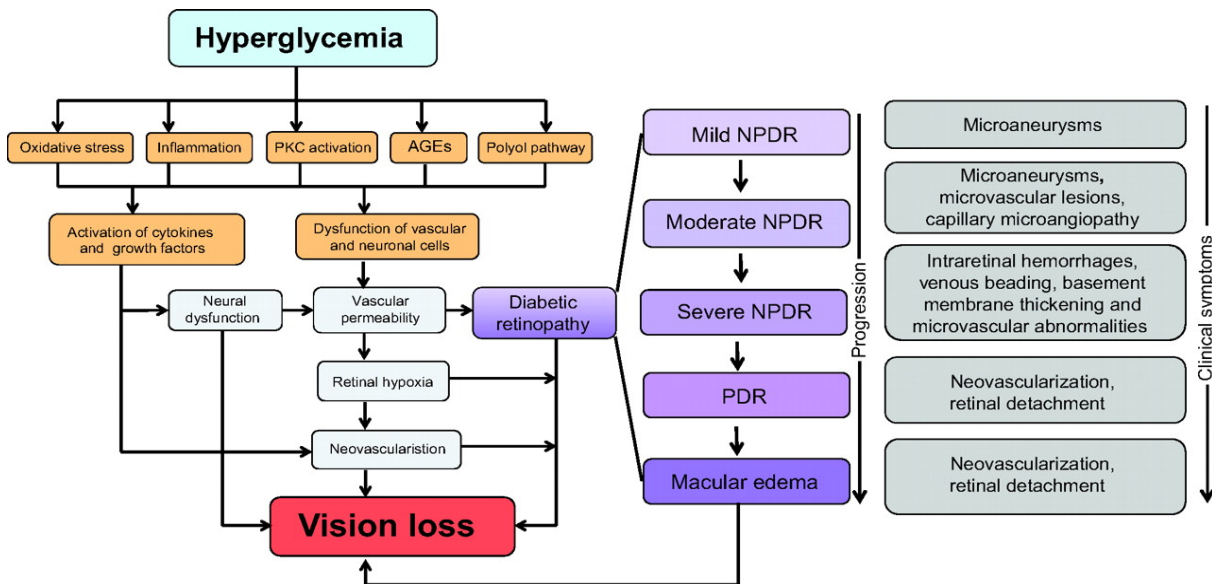


Figure 4. Chart of relation between hyperglycemia and effects upon DR. Hyperglycemia effects upon factors that lead to endothelia cell loss and eventually vision loss. The stages of DR along in relation to the cellular dysfunction. Taken from Robinson et al., 2012.

1.5 Hyperglycemia effects upon DR

The exact mechanism whereby increased blood glucose (hyperglycemia) initiates vascular and neuronal alterations is not well understood. Figure 4 shows some proposed mechanisms (Curtis et al., 2009, Villarroya et al., 2009, Robinson et al., 2012). Hyperglycemia can induce many things like; oxidative stress, advanced glycation end products (AGEs), protein kinase C (PKC) activation, increased flux through the polyol pathway, and inflammation, though there has been no human studies examining these yet (Robinson et al, 2012; Frank, 2004; Cheung et al., 2010). These different mechanisms can then eventually lead to pericyte apoptosis.

Hyperglycemia causes the activation of the polyol pathway. Polyol initiates the reduction of glucose to sorbitol and then is metabolized to fructose (Oates, 2002). The fructose produced can then be converted to fructose-3-phosphate and 3-deoxyglucosone, both of which are powerful glycosylating agents, which increases the formation of AGEs (Szwergold et al., 1990). The increase of glycosylating agents along with the glucose itself forming covalent bonds with

the protein (glycation) results in AGEs formation. This glycosylation, along with the non-enzymatic glycosylation of proteins often results in disrupted function including the alteration of enzyme activity, decreased receptor recognition, molecular conformation changes, and can lead to a non-functional protein (Hsieh et al., 2007). The increase of fructose and sorbitol along with the formation of AGEs can increase the amount of reactive oxygen species (ROS) (Drummond et al., 2011; Lassègue et al., 2003). Glycation has been shown to decrease platelet derived growth factor homodimer subunit BB (PDGF-BB) activity in-vitro, which may eventually lead to pericyte cell death (Nass et al., 2010; Stitt et al., 2004).

Receptor for advanced glycation end products (RAGE) is present on many cells in the body, including some pericytes, endothelial cells, microglia, and Müller glia cells. AGEs and the increase of ROS are toxic to pericytes and can cause cell death (apoptosis) (Chibber et al., 1997). AGEs can also cause more oxidative stress, inhibition of protein kinase B (AKT) phosphorylation, and reduced platelet derived growth factor $\beta\beta$ (PDGF β) signaling (Stitt et al., 2004). AGEs can also cause an upregulation of VEGF leading to an increase of neovascularization and angiogenesis (Singh et al., 2014).

These different mechanisms can cause release or alter activation of growth factors like vascular endothelial growth factor (VEGF) and platelet derived growth factor (PDGF), cytokines like interferon gamma (IFN- γ) or interleukin 6 (IL-6) or directly cause dysfunction of cells like pericytes or astrocyte activation. The loss of pericyte is often the first sign of DR. Pericyte loss can then lead to vascular permeability which then can start the DR cascade chain of events.

1.6 PDGFR β Signaling Pathway

One of the important factors altered by hyperglycemia are growth factors, including platelet-derived growth factors (PDGFs).

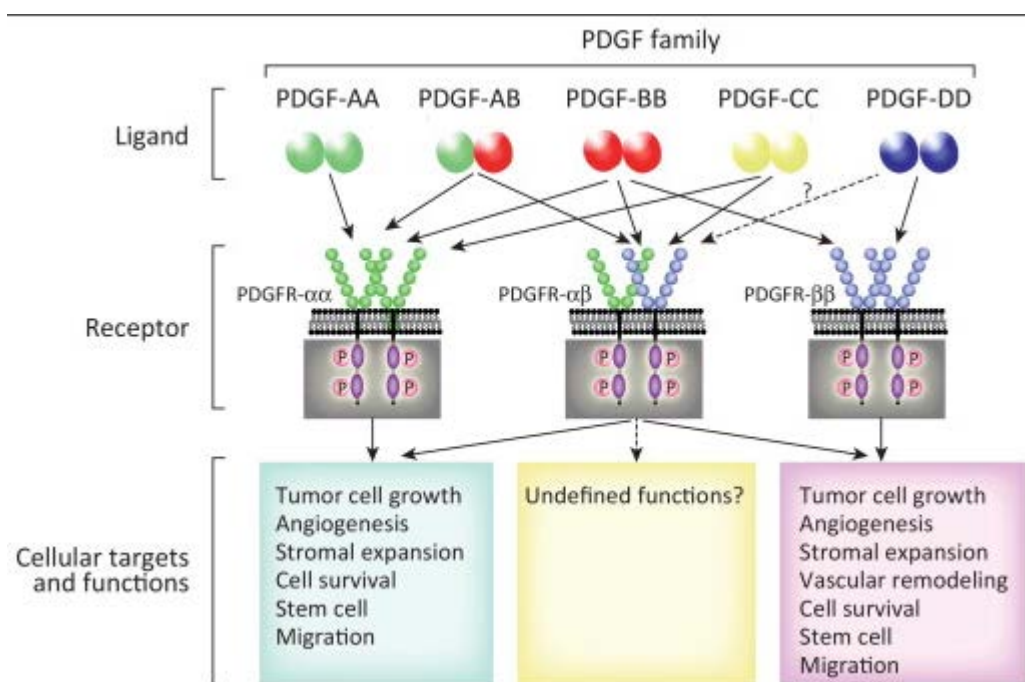


Figure 5 Chart of all PDGF ligands, receptors, and functions of the receptors. PDGF homo and heterodimers along with the homo and hetero receptors and the downstream functions. Taken from Cao, 2013.

As seen from Figure 5, PDGF are a family of polypeptides that can form homo or heterodimers (Cao et al., 2013). The homo or hetero dimers, like PDGF-AA can then bind to the homodimerized receptor, PDGFR $\beta\beta$ or PDGFR $\alpha\alpha$, or heterodimerized receptor PDGFR $\alpha\beta$ (Cao et al., 2013). Not all cells contain all receptors. Pericytes express PDGFR β ; however, astrocytes express only PDGFR α . Platelet derived growth factor homodimer subunit BB (PDGF-BB) is important for the not only pericyte viability but important for maintaining the vasculature of the eye. Loss of PDGF-BB in mice often results in vascular abnormalities, increased pericyte loss, capillary dilation, and endothelial cell hyperplasia (Leveen et al., 2004; Lindahl et al., 1994; Hellstrom et al., 1999; Hellstrom et al., 2001, Hammes et al., 2002). Hyperglycemia can induce src homology domain 2 containing inositol-5-phosphatase (SHP-1) resulting in de-

phosphorylation of the receptor and leading to increased pericyte apoptosis (Geraldes et al., 2009). PDGFR β signaling results in activation of two major pathways the phosphoinositide 3-kinase (PI3K) / protein kinase B (AKT) pathway and the mitogen-activated protein kinase (MAPK)/ extracellular signal-regulated kinases (ERK) pathways that results in the proliferation and survival signaling in pericytes as seen in Figure 6.

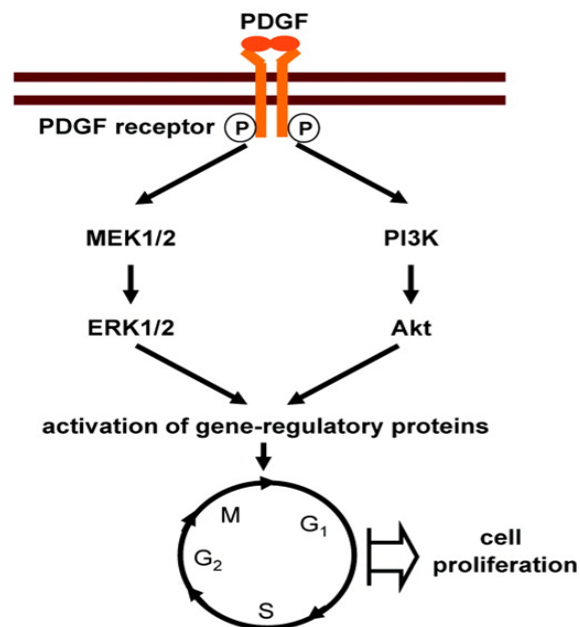


Figure 6 PDGF-BB Downstream activation of ERK and AKT pathways. PDGF-BB phosphorylation leads to activation of ERK and AKT which regulate cell proliferation and survival. Taken from Deuse et al., 2010.

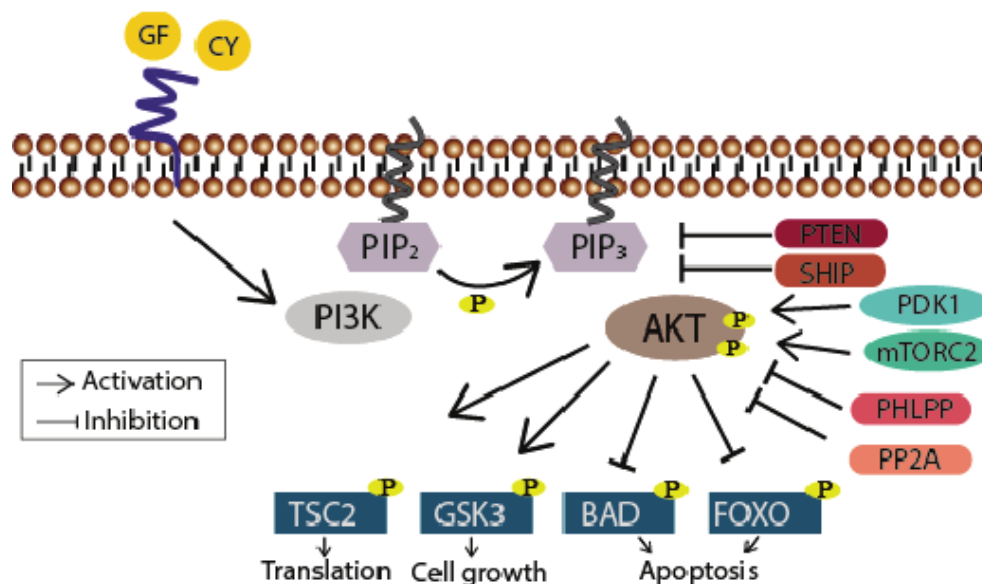


Figure 7. PI3K/AKT signaling pathway. Taken from Diehl and Schall 2013

1.7 PI3K/AKT Signaling Pathway

Ligand binding to the PDGFR β results in the activation of PI3K, leading to phosphorylation of membrane bound phosphatidylinositol (PtdIns), in this case phosphatidylinositol 4,5-bisphosphate (PIP₂), converting it into phosphatidylinositol-3,4,5-trisphosphate (PIP₃). This can cause cytosolic AKT to dock to PIP₃ and opening of the tyrosine phosphorylation site to phosphoinositide-dependent kinase (PDK1) and serine phosphorylation site by mammalian target of rapamycin complex 2 (mTORC2) (Diehl and Schall, 2013). AKT can also be stimulated through a PI3K-independent pathway using DNA-dependent protein kinase (DNA-PK) (Diehl and Schall, 2013). The phosphorylation of AKT then causes it to translocate to the cytosol and nucleus where many of the downstream targets are found (Nicholson and Anderson, 2002).

AKT can upregulate proliferation signaling, and also downregulate apoptotic signaling (Brunet et al., 2001). The downstream target phosphorylation tuberous sclerosis protein 2 (TSC2) which leads to a deactivation of TSC2 and upregulation of mTORC1, which then results

in increased transcription and increased mitochondrial activity (Zarogoulidis et al, 2014). AKT also inactivates glycogen synthase kinase 3 (GSK3), resulting in the prevention of cyclin D1 degradation, and thus causing promotion of the cell to undergo G1 phase progression (Alao, 2007). AKT inhibits Bcl-2-associated death promoter (BAD) and transcription factor Forkhead Box O (FOXO), both which promote apoptosis. AKT can also be deregulated directly or indirectly. Phosphatase and tensin homolog (PTEN) and src homology domain 2 containing inositol-5-phosphatase (SHIP1) both can dephosphorylate PIP₃ while protein phosphatase 2A (PP2A) or the H domain and leucine-rich repeat protein phosphatase (PHLPP) can dephosphorylate AKT directly (Diehl and Schall, 2013).

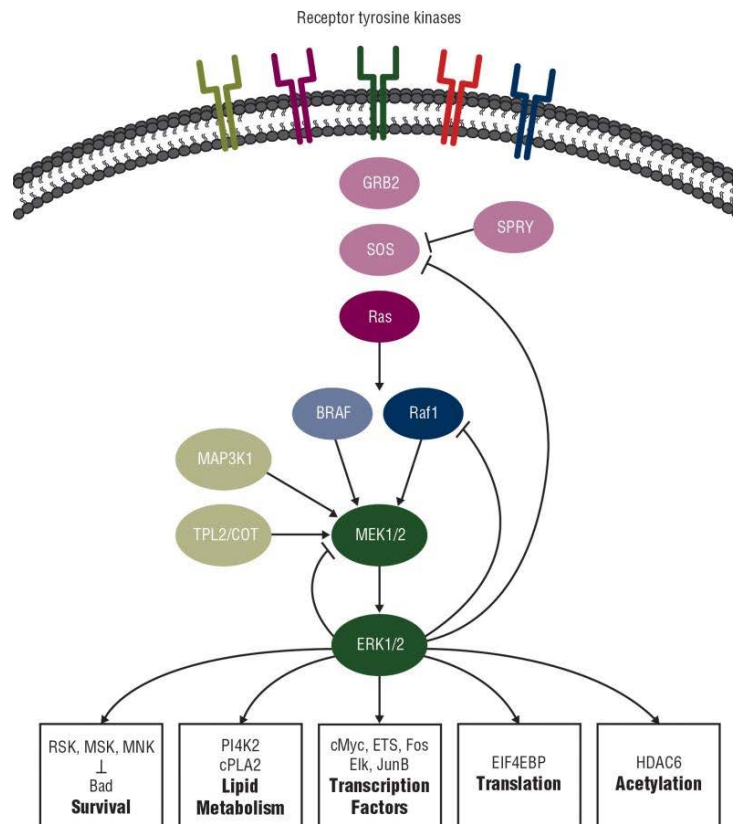


Figure 8 RAS-RAF-MEK-ERK pathway. Taken from Johnson et al., 2014.

1.8 ERK Signaling Pathway

The other pathway that PDGFR β can activate is the MAP kinase kinase kinase (MAP3K) pathways seen in Figure 8. There are multiple different MAPK pathways, each containing a cascade of kinases. For the ERK pathway, the binding of PDGF-BB to the receptors causes phosphorylation by docking proteins such as growth factor receptor-bound protein 2 (GRB2) using the Src Homology 2 (SH2) domain. The docking protein will then use SRC Homology 3 (SH3) to bind to guanine nucleotide exchange factor (GEF) SOS that assists the small GTPase RAS in exchanging GDP for GTP, a step that activates the RAS. RAS then binds to and activates rapidly accelerated fibromatous sarcoma (RAF). There are 3 different RAFs, Raf-1 proto-oncogene (RAF1/CRAF), B-Raf proto-oncogene, and Serine/threonine-protein kinase (A-Raf), all of which activate mitogen activated protein kinase kinase (MEK). This MEK can then directly phosphorylate the MAPK or ERK1/2. The two isoforms of ERK, ERK1 or 2 phosphorylate or activate important transcription factors ETS domain-containing protein (Elk-1) and tumor suppressor protein (p53) (Shaul and Seger, 2007).

Ribosomal S6 kinase (RSK), mitogen and stress activated protein kinase (MSK), MAPK interacting serine/threonine-protein kinase (MNK) are other kinases that can inactivate BAD and inhibit apoptosis. ERK1/2 can directly activate transcription factors such as cMYC, ETS, and ELK, translation factors such as EIF-43BP, change chromatin modification such as histone deacetylase 6 (HDAC6), or activate lipid phosphatases such as PI4K2A and phospholipase A2 (PLA2) (Treisman, 1996; Williams et al., 2013). The ERK pathway can self-regulate by using sprouty (SPRY), an inhibitor of RAS, or directly inhibit RAF, MEK, and RAS through negative feedback loops (Johnson et al., 2014). The ERK pathway is self-contained as RAF1, MEK1/2, and other kinases loops can activate other MAPK pathways such as c-jun N-terminal kinases

(JNK) or Janus kinase (JAK)/ Signal transducer and activator of transcription protein (STAT) pathways or these other pathways can also activate ERK.

1.9 Mechanisms of Pericyte Apoptosis

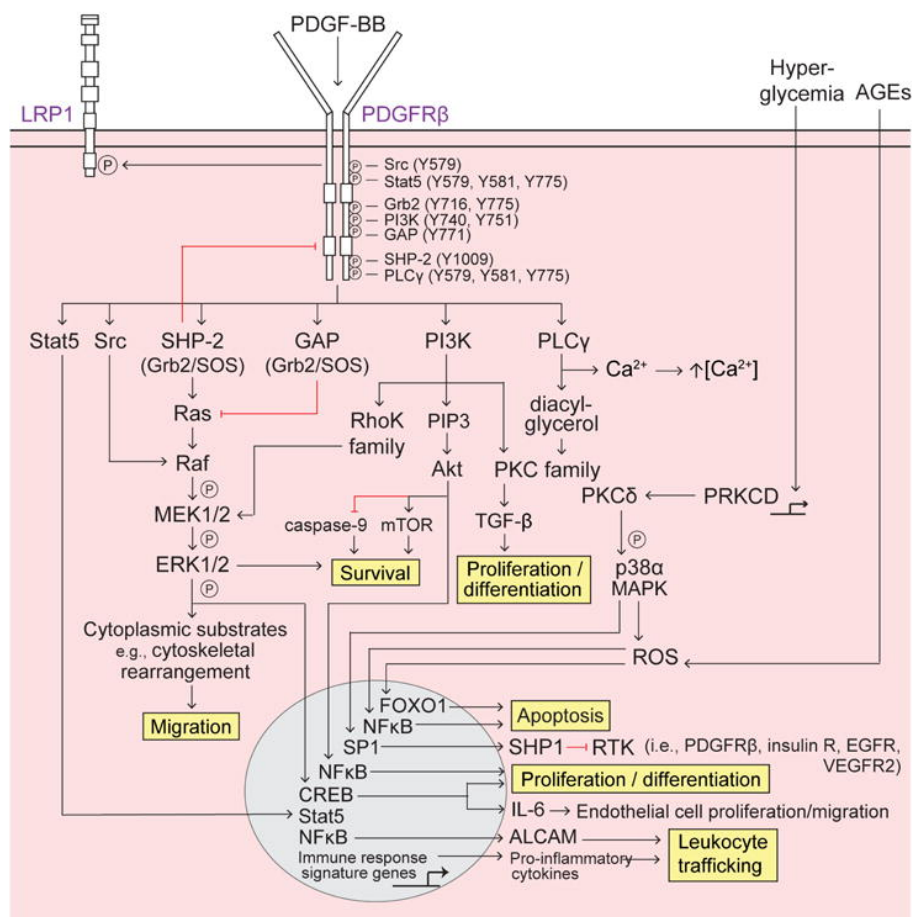


Figure 9 PDGF-BB receptor activation and inactivation. Sweeney et al., 2016.

Figure 9 displays normal PDGF signaling in pericytes and what happens in diabetes. A decrease in PDGFRβ signaling leads to pericyte apoptosis (Sweeney et al., 2016). AGEs from hyperglycemia can directly increase ROS which can then activate the FOXO pathway and lead to apoptosis. AGEs can also decrease AKT signaling through the increase of SHP1 and also decrease PDGFRβ signaling overall. Increases in SHP1, a phosphatase, leads to not only increases in the dephosphorylation of both ERK/AKT pathways but also inactivation the

PDGFR- $\beta\beta$ phosphorylation itself (Geraldes et al., 2009). There is also increased ROS from other sources that can lead to apoptosis through the nuclear factor kappa-light-chain-enhancer of activated B cells (NF κ B) activation (Romeo et al., 2002). NF κ B, a transcription factor, when activated can induce production of cell survival and proliferation (Ben-Neriah and Karin, 2011). Although NF κ B can lead to proliferation, in type 2 diabetics with nonproliferative retinopathy NF κ B leads to pericyte apoptosis (Romeo et al., 2002).

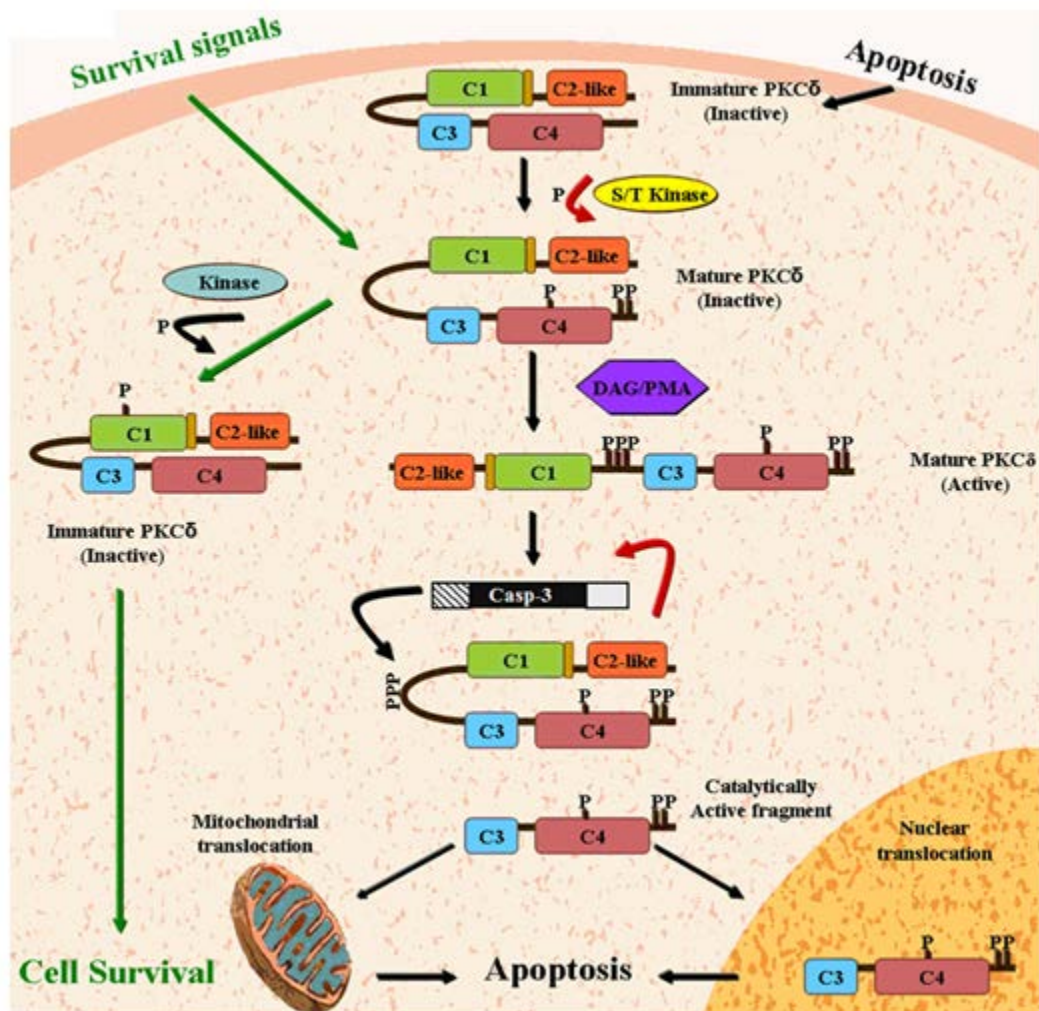


Figure 10 PKC δ inactivation and activation by caspase 3. Taken from Malvez et al., 2009.

1.10 PKC δ Signaling Pathway

Another mechanism of apoptosis is through the PKC δ activation as shown in Figures 9 and 10. PKC δ and other isoforms are normally inactive in the cell and require activation by diacylglycerol (DAG). After phosphorylation at the threonine and serine sites, PKC δ undergoes a conformational change exposing the regulatory unit and catalytic unit (Steinberg, 2004). This change can allow caspase 3 to cleave the PKC δ and separate it into two units, a regulatory and catalytic unit (Malvez et al., 2009). The catalytic unit translocates into the nucleus where it can activate transcription factors regarding apoptosis (Malvez et al., 2009). This unit can also be activated without translocation to the membrane (Steinberg, 2004). Caspase 3 not only cleaves PKC δ , but caspase 3 is also a substrate of active PKC δ , thus this system can operate in a feedback loop to regulate apoptosis (Basu, 2003). The translocation of PKC δ into the nucleus can cause the inactivation of proteins, like nuclear DNA-dependent protein kinase (DNA-PK) (Brodie and Blumberg, 2003). The inactivation of DNA-PK through PKC δ can result in the inhibition of DNA repair and enhanced DNA fragmentation (Brodie and Blumberg, 2003).

1.11 Reactive Gliosis

Reactive gliosis, the activation of macroglia, astrocytes and Müller glia, and microglia, can also play a role in inflammation and DR. Reactive gliosis can often include proliferation, extracellular matrix (ECM) remodeling, hypertrophy, and expression patterns. At first, this change is positive as it induces activation of proliferation signaling (Burda et al., 2014). However, chronic gliosis can result in scar formation, remodeling of the vasculature, and neuronal cell death (Burda et al., 2014). Gliosis can have a wide range of changes involving different proteins. For Müller glia and retinal astrocytes, glial fibrillary acidic protein (GFAP), toll like receptor 4 (TLR-4), vimentin (VIM), epidermal growth factor receptor (EGFR),

glutamine synthetase (GS), matrix metalloproteinase (MMP), tissue inhibitor of metalloproteinase (TIMP), neurocan core protein (NCAN), phosphacan (PCAN), glutamate aspartate transporter (GLAST), and many others (Dharmarajan, et al., 2017; Zamanian et al., 2012).

Intermediate filaments, like GFAP and VIM, help support the structure of cells and provide mechanical support for the cell membrane (Lodish et al., 2000). Other proteins are involved in extracellular matrix homeostasis including; NCAN, PCAN, MMPs, and TIMPs (Frantz et al., 2010). Growth factors, like EGF and colony stimulating factors (CSF), help maintain cell growth and function. GLAST and GS mediate neurotransmitter, specifically glutamine, release and reuptake (Derouiche and Rauen, 1995). Pattern recognition receptors (PRRs), like TLR-4, are important for mediating innate and humoral immunity in the body and retina (Lee and Kim, 2007).

Astrocytes play a big role in reactive gliosis, as they are the main glial cell that undergoes changes when reactive gliosis happens in DR. In astrocytes, GFAP, VIM, GS, and S100 calcium-binding protein- β (S100 β) are the major markers that get upregulated in the event of reactive gliosis (Rideta et al., 1997). Other markers like ECM chondroitin sulfate proteoglycans (NCAN/PCAN), MMP, TIMP2, GLAST, and have also been found to be increased in reactive gliosis in astrocytes (Sofroniew, 2009). The proteoglycan production (NCAN/PCAN) in astrocytes following reactive gliosis inhibits axonal outgrowth and regeneration (Silver and Miller, 2004). MMPs also exhibit increased expression by astrocytes, resulting in glial scar formation through breakdown and remodeling of the ECM along with attraction of astrocytes to the injured area (Hsu et al., 2008). TIMP2, a regulator of MMPs, is highly expressed in reactive astrocytes suggest that they help with MMP regulation while also possibly separating damaged

retinal areas from undamaged areas (Agapova et al., 2003). The GFAP and VIM are important intermediate filament proteins for astrocytes and the upregulation of GFAP and VIM in astrocytes can cause hypertrophy, activate the astrocyte and can slow down the regeneration of the injured area (Pekney and Nilsson, 2005). GLAST and GS maintain glutamine regulation and an increase of GLAST and Gs can lead to decreased glutamate excitotoxicity (Maragakis and Rothstein, 2006). There is an increase in growth factor release (EGF) and increased expression of growth factor receptors (EGFR), thus causing increased proliferation and survival signaling (Sardar et al., 2017). Many inflammatory cytokines and chemokines are also released during reactive gliosis by the astrocytes (Sofroniew, 2009).

Müller glia, like astrocytes, undergo proliferation, change ion transport properties, change in intermediate filament production, and can secrete molecules like VEGF through many of the same mechanisms (Dyer and Cepko, 2000). GFAP and VIM upregulation in Müller glial cells causing cell shape alterations is one of the hallmarks of reactive gliosis, as there is little GFAP and VIM before reactive gliosis (Lewis and Fisher, 2003). Müller glia also, like astrocytes, can undergo proliferation, change ion transport properties, and can secrete molecules like VEGF (Dyer and Cepko, 2000). This is mostly likely induced by either the loss breakdown of the BRB or hyperglycemia induced apoptosis (Bringmann et al., 2006). The growth factor release of VEGF, along with other angiogenic cytokines, can cause the increase of MMP's by endothelial cells (Bringmann et al., 2006). Changes in Müller glia can also not only increase inflammatory cytokine release, but it can also increase the production of nitric oxide (Bringmann et al., 2006). Müller glia cells can have decreased ion and water transport resulting in serum leakage and increased glutamate in the environment (Bringmann et al., 2006).

Changes in Müller glia and astrocytes during reactive gliosis can also cause changes in microglia (Dharmarajan et al., 2017). Besides cell number, morphology, movement, and surface molecular changes, microglia can release cytotoxic substances, ROS, excitatory amino acids, and an increase in proteases, thus causing neuronal death (Kreutzberg, 1996). The microglia have been shown to precede many macroglia changes and upon activation macroglia can then feedback to the microglia (Zeng et al., 2008). Microglia changes can be seen 4 weeks before even the first change in GFAP in Müller cells (Barber et al., 2005).

In early reactive gliosis, microglia act in a protective manner to help clean up debris and secrete wound healing factors (Kreutzberg, 1996). However, in prolonged gliosis, microglia can bring about neuronal demise and other important cells (Streit et al., 1999). The activation of microglia in DR can be seen to be caused by AGE, inflammatory signals, growth factors such as bone morphogenetic protein, generation of oxidative stress, or even by hyperglycemia itself (Grisby et al., 2014, Dharmarajan, et al., 2017).

1.12 Inflammation

Hyperglycemia, glycation, oxidative stress, AGE, reactive gliosis, and pericyte death can lead to an increase in inflammation in the retina, which may trigger gliosis (Tang and Kern, 2011). Inflammation is the body's non-specific immune response to injury and often results in elevated metabolism, vasodilation, increased blood flow, release of cytokines and chemokines, cellular influx, and extravasation of fluids and cellular influx (Ferrer-Milani et al., 2007). It is normally an acute response and self-limiting, but in some cases these processes can become continuous and thus become known as chronic inflammation (Ferrer-Milani et al., 2007). Changes in chemokine and cytokine release as seen in Figure 11 can often be the differentiation factors between acute and chronic inflammation. The interleukins (IL) have a split role with IL-

8, IL-16 along with granulocyte-colony stimulating factor (G-CSF) mainly playing a major role in acute inflammation while IL-1, 6, 11, 17 play an important role in both. IL-2 through 5, IL-7, IL-9, IL-10, IL-12 through 15 along with interferons (IFN) gamma and alpha, tumor necrosis factors (TNF) alpha and beta, transforming growth factor (TGF) beta, and granulocyte macrophage stimulating factor (GM-CSF) all play an important role in chronic inflammation. There are some factors that affect both acute and chronic inflammation and may serve as mediators of acute versus chronic, like IL-1 (Feghali and Wright, 1997). There are other factors that affect inflammation like interferon regulatory factor 8 (IRF8), cluster of differentiation 68 (CD68), allograft inflammatory factor 1 (AIF-1/IBA-1), thrombospondin (THBS), and chemokine ligand 5 (CCL5) or better known as regulated on activation, normal T cell expressed and secreted (RANTES).

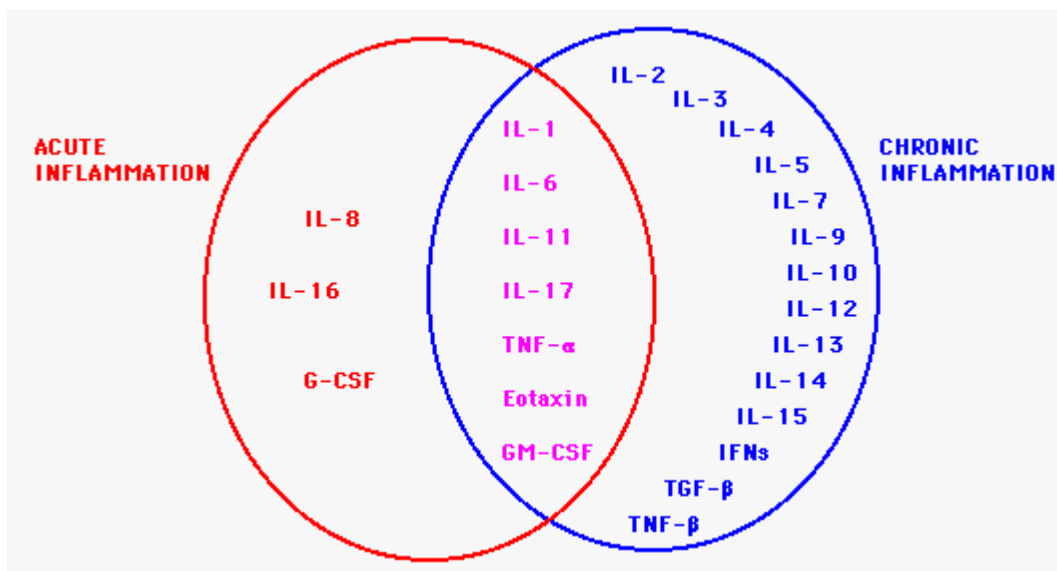


Figure 11 Cytokines involved in acute versus chronic inflammation. Taken from Feghali and Wright (1997).

IL-1, IL-6, TNF- α , and maybe IL-8 are thought to be the more major initiators and mediators of acute inflammation, though they can be active in chronic inflammation as well (Gabay and Kushner, 1999). IL-1 and its two isoforms, alpha and beta, trigger fever, increase

prostaglandin synthesis, activate T-cells, activate B cells and antibody production, initiate neutrophil activation and influx, and cause fibroblast proliferation (Keyel, 2014). IL-6 is thought to be the main stimulator of many of the acute phase proteins (Gabay and Kushner, 1999). IL-6 is more thought to be a systemic activator of inflammation (Gabay, 2006). IL-6 can be anti-inflammatory in early acute inflammation, and can cause reduction in the pro-inflammatory markers, like IL-1 β and TNF- α (Tilg et al., 1994). Later during the inflammatory process, IL-6 is thought to be pro-inflammatory (Scheller et al., 2011). IL-6 can activate and recruit neutrophils, but IL-6 also can recruit monocytes, like macrophages (Gabay, 2006). IL-6 induces humoral responses, like T-cell activation and B-cell differentiation (Gabay, 1999). TNF α , like IL-6, is an important homeostatic regulator of pathogen defense, apoptosis, tissue regeneration, and necrosis (Kalliolias and Ivashkiv, 2015). TNF α can recruit inflammatory cells (causing release of growth factors, adhesion molecules), induce necroptosis, induce other inflammatory cytokine release, and cause proliferation of immune cells (Kalliolias and Ivashkiv, 2015).

Interferons, pro-inflammatory cytokines, are another major family that mediates inflammation. There are two major groups of interferons, type 1 (IFN α and IFN β) and type 2 (IFN- γ). Type 1 interferons are thought to be involved in maintaining T-cell regulation and regulating apoptosis (Akbar et al., 2000). IFN α helps prolong T-cell activation and prevents apoptosis of T-cells, thus possibly providing memory in T and B cells (Akbar et al., 2000). IFN- γ has been shown to enhance major histocompatibility complex (MHC) class I and II expression while also priming and activating macrophages for phagocytosis (Feuerer et al., 2006). MHC's are important for the regulation of the innate and humoral immunity, specifically the response of the different T cells (Swain, 1983). IFN- γ has been shown to transition the immune response to helper type 1 (Th1) rather than helper type 2 (Th2) while affecting TNF α response (Farrar and

Schreiber, 1993). Th1 signals innate immune system responses recruiting and activating macrophage and cytotoxic T cells while producing a pro-inflammatory environment by releasing factors like IFN- γ and TGF- β (Singh et al., 1999). Th2 signals the adaptive immune system recruiting CD4⁺ T cells and B cells and producing an anti-inflammatory response by releasing factors like IL-10 and IL-4 (Singh et al., 1999).

Different growth factors, like VEGF, GM-CSF, and G-CSF, have a role in the immune response of inflammation. The CSF family are involved in the activation and generation of leukocytes from the bone marrow (like macrophages and granulocytes) (Becher et al., 2016). After T and often B cell infiltration caused by IL-6 or IFN- γ , GM-CSF is often released and stimulates the production of monocytes (macrophages and dendritic cells) and granulocytes (neutrophils, eosinophils, and basophils) (Becher et al., 2016). G-CSF; however, produces and activates only granulocytes, primarily neutrophils (Campbell et al., 2016). VEGF is involved in the formation and maintenance of blood vessels (angiogenesis) and the release of VEGF increases leukocyte penetration through increased vascular permeability (Zimmermann and Issekutz, 2006). TGF- β plays a different role in inflammation and the immune response. TGF- β maintains self-tolerance of immune cells while initiating and regulating lymphocytes, natural killer (NK), and macrophages (Ming, 2006).

Along with growth factors, there are a variety of other factors that get either upregulated or downregulated in inflammation. CCL5, chemotaxis marker, is released by macrophages to recruit T cells to the injured area (Marques et al., 2013). THBS is a regulatory marker, not only activating TGF- β but also mediating IL-10, an anti-inflammatory agent (Lopez-Dee et al., 2011). Interferon regulatory factor (IRF) is regulator marker that regulates the activation or repression of the IFN's (Taniguchi et al., 2001). IRF8 is induced by IFN- γ and important for myeloid cell

and lymphoid cell differentiation (Taniguchi et al., 2001). CD68 and IBA1 are markers for activated microglia and macrophages during the inflammatory process (Chiu et al., 2009).

Diseases, like diabetes and arthritis, often result in a chronic inflammatory state. Pro-inflammatory factors, such as IL-6 and TNF- α , often are elevated in diabetic patient when compared to their non-diabetic counterparts and correlate with insulin resistance (Navarro and Mora, 2006). Obesity, associated with type 2 diabetes, impacts inflammation as adipocytes may cause the release of IL-6, C reactive protein (CRP), and TNF α (Dandona et al., 2004). Inflammation can be attributed to continuous pancreatic β cell death in type 1 diabetics (Eizirik et al., 2009). The activation of pattern recognition receptors (PRR), like TLR-4, activates the innate immune response and increases in IFN, IL-1, and TNF (Eizirik et al., 2009). These different chemokines and cytokines attracts macrophages and neutrophils which then release factors like Chemokine (C-C Motif) Ligand 2 (CCL2). The increase of ER stress from activation of TLR may cause β cell apoptosis, which along with macrophages activation, can eventually lead to the activation of the adaptive immune system (Eizirik et al., 2009). This loop continues and eventually leads to suppression of β cell function and proliferation, thus leading to β cell death (Eizirik et al., 2009).

Apoptosis is only one of the causes of inflammation (Tang and Kern, 2011). Hyperglycemia produces a pro-inflammatory environment (Tang et al., 2011). Increases in fatty-acid composition can cause chronic inflammation in the retina (Byeon et al., 2010). Oxidative stress causes increases IL-1 β and NF- κ B (Kowluru and Odenbach, 2004). AGE/RAGE increase the proinflammatory environment while also decreasing anti-inflammatory effects (Li et al., 2011).

Inflammation changes affect the retina and eye differently than in other parts of the body. CCL-2, IL-1 β , TNF- α , and VEGF are just some of the inflammatory factors that have been found to be increased in DR (Tang and Kern, 2011). Increases in VEGF production results in increases in vascular permeability and genesis of new capillaries, leading to breakdown of BRB (Tang and Kern, 2011). Leukocyte migration to the BRB may trigger endothelial cell apoptosis (Joussen et al., 2003). Microglia become activated in high glucose states and the microglial activation releases proinflammatory and cytotoxic factors (Tang et al., 2011). Müller glia, through activated RAGE signaling, leads to VEGF and other cytokines release (Du et al., 2004). Pericytes, in hyperglycemia conditions, releases factors like IL-1 β , NF- κ B, VEGF, TNF- α , and TGF- β , and these factors stay increased even when there is a loss of high glucose environment (Kowluru et al., 2010).

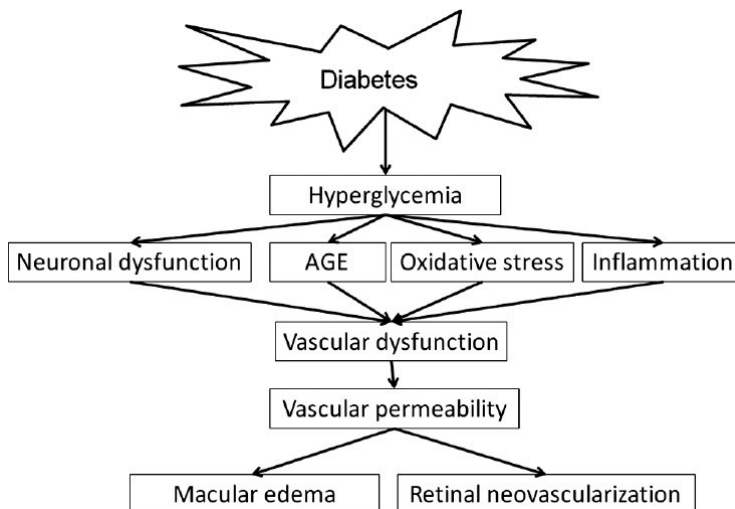


Figure 12 Hypothesis on how diabetes and hyperglycemia causes DR. Taken from Shin et al., 2014.

1.13 Focus for study

The inflammatory changes, along with AGE/RAGE and ROS, can often lead to the progressive nature of DR as seen from Figure 12. However, the relationship between pericyte

loss and inflammation is not well established (Tang and Kern, 2011). The cause of pericyte loss could be due to inflammation, AGE/RAGE, and/or oxidative stress. All these changes will affect PDGFR β signaling and the downstream pathways. These changes are hard to see in humans, as most people who get early symptoms of DR often already the moderate to late stage DR. However, even with animal models, most studies are done with animals presenting after hyperglycemia and pericyte loss are complete. This study addresses when various pro-inflammatory molecules are present in relation to pericyte loss, gliosis, and vascular changes and directly tests a role for γ - γ in pericyte health.

2. MATERIALS AND METHODS

2.1 Isolation and Culture of Pericytes

Pericyte cells were cultured in DMEM Sigma medium containing [a mixture of DMEM (D5523 Sigma), penicillin/streptomycin, glutamax, 10% FBS and 44 U/ml of interferon- γ (IFN- γ ; R&D systems)]. In acute treatments, pericytes were grown to confluence with 5% CO₂ at 33 °C and passaged every 2-3 days using trypsin-EDTA. After the plating on 6 well-plates, cells were treated with ranging from 1-100 ng/ml mouse interferon-gamma (IFN- γ ; R&D systems), 1 μ l/ml vehicle (4 mM HCL), 1 μ l/ml of PBS, or 40-80ng/ml of PDGF-BB (recombinant human PDGF-BB; R&D systems). After 24 hours of incubation, pericytes were either treated with IFN- γ or PBS for 24 hours. Then PDGF-BB or 4mM HCL was added for 30 minutes before harvesting for RNA isolation and protein extraction. In chronic treatments, pericytes were plated and incubated between 24-48 hours. After incubation, media was removed and washed with DMEM + 10%FBS before the addition of media containing IFN- γ or PBS. Pericytes were treated with IFN- γ for 24 hours for 3 days. After 72 hours of treatment, 50 ng of PDGF-BB or vehicle (4mM HCL) was added and incubated for 30 minutes before harvesting and for protein extraction, RNA isolation, or immunocytochemistry.

2.2 Western Blotting

Cells were washed and before being scraped and centrifuged for 10 mins at 4⁰C at 12,000 RPM. After incubation on ice in lysis buffer (150 mM NaCl, 50mMTris pH 8.0, 2 mM EDTA, 5% TritonX-100; 100 mM PMSF, protease inhibitor cocktail (p50700-1, RPI corp) and phosphatase inhibitor cocktail (P0044, Sigma) for 15 mins protein was then for 10 mins at 4⁰C at

12,000 RPM. Total protein concentration was then determined using BCA protein Assay reagent (Thermo Scientific). Five μ l of sample was mixed with 500 μ l of working reagent (prepared by mixing Pierce BCA Reagent A and B in 50: 1 ratio) and 495 μ l of water. This solution was incubated at 65 °C for 30 min, followed by colorimetric analysis using a NanoDrop 2000c spectrophotometer (Thermo Scientific). 50 μ g of total protein mixed with the loading dye at a 3:1 ratio was then loaded and run on a 4%–20% SDS polyacrylamide gel (Expedeon, San Diego, CA) at 125 V for 1 h. Proteins were transferred to a polyvinylidene fluoride (PVDF) membrane (Bio-Rad) via a wet transfer at 4°C for 90 mins at 100V and subjected to immunoblotting. Prior to immunoblotting, some membranes was subject to Western Blot Enhancer Signal treatment kit (Thermo Scientific 46641). This involved washing the membrane 3X with ultrapure water then incubation with Antigen Pretreatment Solution for 10 mins at room temperature (RT) before washing 5X with ultrapure water. The membrane was then blocked with either 5% milk in tris buffered saline tween 20 (TBST) or 10% BSA in TBST (TBST; composition – 20 mM Tris base, 137 mM sodium chloride, 1 M HCl, 0.1% Tween-20, at pH 7.6) at RT for 1 h on a shaker. The blots were incubated with primary antibody-diluted TBST at 4 °C overnight on a shaker. The following day, the blots were washed 3X at 10 minutes and 1X at 5 minutes with TBST and incubated with HRP conjugated secondary in TBST for 1 hr at RT. Blots were washed 3X for 10 minutes and 1X for 5 minutes in TBST, incubated with super signal west femto or super signal west pico plus chemiluminescent substrate (Thermo Scientific), and visualized on x-ray films.

Table 1 List of Western Blot Antibodies

Antibody	WB concentration	Catalog #	Vendor	RRID #
Phospho-PDGFRB	1:1000	MAB9027	R&D Systems	AB_2162777
PDGFRB	1:1000	3169	CST	AB_2162497
Phospho-p44/42 MAPK	1:1000	9101	CST	AB_331646
P44/42 MAPK	1:1000	9102	CST	AB_330744
Phospho-Akt	1:1000	4060	CST	AB_2315049
Akt	1:1000	2920	CST	AB_1147620
PKC- δ Antibody	1:1000	Gtx50605	Gene Tex	AB_11162869
B-tubulin	1:1000	T0198	Sigma	AB_477556
Peroxidase-Conjugated Goat anti-Rabbit	1:4000	32460	Thermo Scientific	AB_1185567
Peroxidase-Conjugated Goat anti-Mouse	1:4000	32430	Thermo Scientific	AB_1185566
Goat anti-Rabbit IgG, HRP- linked antibody	1:8000	7074	CST	AB_20999233
Horse anti-Mouse IgG HRP-Linked antibody	1:8000	7076	CST	AB_330924

2.3 Flat Mount Immunohistochemistry

Preparation of retinal flatmounts and immunolabeling was done as described in (Dharmarajan et al., 2017). Briefly, enucleated eyes were washed in 1 \times PBS, fixed in 4% PFA, transferred to 2 \times PBS on ice, and followed by retina isolation, four to five radial incisions were made to create a petal shape (Dharmarajan S. et al., 2017). Retinas were transferred to cold methanol (-20 °C). The tissue was washed with 1 \times PBS before and blocked in Perm/Block solution (1 \times PBS, 0.3% TritonX-100, 0.2% bovine serum albumin, and 5% donkey or goat serum) for 1hr at RT. The tissue was then washed in PBSTX (0.3% TritonX-100 diluted in 1X PBS) and incubated with primary antibody made in Perm/Block solution (Table 2) overnight at 4 °C. On the following day, the tissue was washed with 2X for 10 minutes each time with PBSTX,

incubated with secondary antibody for 3 hours, washed with 3X for 15 minutes each time with PBSTX, incubated with Hoechst solution, and mounted onto a slide with Aqua Polymount (Polysciences, Inc).

Table 2 List of Immunohistochemistry Antibodies

Antibody	Flatmount Concentration	Catalog #	Vendor	RRID#
GFAP	1:150	Z0334	Dako	AB_10013382
Sox2	1:150	SC17320	Santa Cruz	AB_22686684
IBA1	1:150	019-19741	Wako	AB_839504
NG2	1:200	05-710	Millipore	AB_309925
IB4	1:300	I21411	Thermo Scientific	AB_2314662
Cleaved Caspase 3	1:100	AF835	R & D Systems	AB_2243952
PCNA	1:200	2586	Cell Signaling	AB_2160343
Alexa Flour	1:500	A-11034, A-11055	Thermo Scientific	AB_2576217, AB_142672

2.4 Immunocytochemistry

Methods were followed as described Dharmarajan et al., 2017. Briefly, the cells were washed with 1X PBS and then fixed for 1hr in 4% paraformaldehyde (PFA). After washing with 1X PBS, cells were permeabilized in methanol, incubated with 1% SDS in 0.01M PBS, and washed in 1X PBS. The cell were then incubated in 5% serum with 0.25% TritonX-100 in 1X PBS for 1 hour at room temperature. Following removal of blocking solution, cells were incubated at 4°C overnight in 2% serum in 0.025% Triton-X in 1XPBS with the appropriate primary antibody. Following overnight incubation with the primary antibodies, the cells were washed with 1X PBS and incubated 1hr at RT with appropriate

secondary antibody. The slides were then washed with 1X PBS, counterstained with Hoechst solution, and mounted with Aqua polymount.

2.5 Reverse Transcriptase-quantitative Polymerase Chain Reaction

Reverse Transcriptase-quantitative Polymerase Chain Reaction (RT-qPCR) was done following the procedure done by Dharmarajan et al., 2014, 2017. Using a SYBR green mix (Roche), the reactions were carried out using the LightCycler480 system (Roche). The change in RNA levels was measured using the $2^{-\Delta\Delta C_t}$ method, where C_t is the crossing threshold/crossing point (C_p) value (Dharmarajan et al., 2017). Relative RNA levels were compared to the control animal and normalized using the geometric means from the C_t value derived from three housekeeping genes: β - 2 Microglobulin (B2M), succinate dehydrogenase complex subunit A (SDHA), and signal recognition particle 14 kDa (SRP14).

Table 3 List of Gliosis Markers

Gene	Primer	Sequence	Product length
Gfap2	Forward	TAGCCCTGGACATCGAGATCGCC	141
	Reverse	GGTGGCCTTCTGACACGGATTTGG	
Vim	Forward	AGGAAGCCGAAAGCACCCCTGC	78
	Reverse	TCCGTTCAAGGTCAAGACGTGCC	
Gs	Forward	GCGCTGCAAGACCCGTACCC	145
	Reverse	GGGGTCTCGAAACATGGCAACAGG	
Egfr-1	Forward	ACCTATGCCACGCCAACTGTACCT	82
	Reverse	TGAACGTACCCAGATGGCCACACTT	
Tlr-4	Forward	TGCCTGACACCAGGAAGCTTGA	102
	Reverse	AGGAATGTCATCAGGGACTTTGCTG	
Pcan	Forward	ATCCCTGAGTGGGGAAGGCACA	96
	Reverse	AGCAGGGGATGCTGGGTGATGA	
Ncan	Forward	CCTGACAAGCGTCCATTCGCCA	90
	Reverse	ACTGTCCGGTCATTCAGGCCGAT	
Timp2	Forward	GCAACAGGCGTTTTGCAATG	71
	Reverse	CGGAATCCACCTCCTTCTCG	
Mmp14	Forward	TGGGCCAAGGCAGCAACTT	89
	Reverse	CGTTGTGTGTGGGTACGCAGGT	

Table 4 List of Inflammatory Markers

Gene	Primer	Sequence	Product length
Gm-Csf	Forward	AGTCGTCTCTAACGAGTTCTCC	178
	Reverse	AACTTGTGTTTCACAGTCCGTT	
Csf1	Forward	ACCAAGAAGTCAACAACAGC	91
	Reverse	GGGTGGCTTTAGGGTACAGG	
Inf- α	Forward	CAAGCCATCCCTGTCCTGAG	131
	Reverse	TCATTGAGCTGCTGGTGGAG	
Inf- γ	Forward	CAACAGCAAGGCGAAAAAGGA	90
	Reverse	AGCTCATTGAATGCTTGGCG	
Il-1 β	Forward	TGTCTGAAGCAGCTATGGCAA	141
	Reverse	GACAGCCCAGGTCAAAGGTT	
Il6	Forward	ACTTACAAGTCGGAGGCTT	111
	Reverse	TGCAAGTGCATCATCGTTGT	
VEGF	Forward	ACTGGACCCTGGCTTTACTG	74
	Reverse	CTCTCCTTCTGTCGTGGGTG	
CC15	Forward	TGCCACGTC AAGGAGTATTT	111
	Reverse	ACCCACTTCTTCTCTGGGTTG	
Thbs1	Forward	GCCACAGTTCCTGATGGTGA	149
	Reverse	TTGAGGCTGTACAGGAACG	
Thbs2	Forward	GGGAGGACTCAGACCTGGAT	105
	Reverse	CGGAATTTGGCAGTTTGGGG	
Cd68	Forward	AAGGGGGCTCTTGGGAACTA	139
	Reverse	AAGCCCTCTTTAAGCCCCAC	
Iba1	Forward	ACGAACCCTCTGATGTGGTC	118
	Reverse	TGAGGAGGACTGGCTGACTT	
Irf8	Forward	CGGATATGCCGCCTATGACA	73
	Reverse	CTTGCCCCCGTAGTAGAAGC	
B2M	Forward	AGATGAGTATGCCTGCCGTG	120
	Reverse	TCATCCAATCCAAATGCGGC	
Sdha	Forward	GGACAGGCCACTCACTCTTAC	130
	Reverse	CACAGTGCAATGACACCACG	
Srp14	Forward	CCTCGAGCCCGCAGAAAA	134
	Reverse	CGTCCATGTTGGCTCTCAGT	

2.6 Statistics

Flatmounts of all cell counts were imaged using Olympus Fluoview FV 1000 with N=4 or 5. Area was subdivided into two regions up to 1500 μm^2 from the optic nerve, or 2) the area from 1500-300 μm^2 and 3-5 pictures were taken of each area. Quantification was done using NIH image J (Scheinder et al., 2012) and was graphed using scatter dot function of GraphPad Prism. For IB4 vascular staining, the percentage area and branches were determined using AngioTool software (Zudaire et al., 2012). The RT-qPCR results were calculated using the method described by Pfaffl (Pfaffl, 2010) and the values were normalized to a geometric mean of 3 housekeeping genes (N=3). Log₂ expression levels were calculated and graphed using Microsoft Excel. In western blots (N=3), densitometry was done using ImageJ and the results were graphed using Microsoft Excel (Scheinder et al., 2012). Immunocytochemistry results were collected and graphed using the scatter dot plot function of GraphPad Prism with the average and error bars shown in black. All statistical significance was determined using a one-way analysis of variance (ANOVA) with a Tukey's multiple comparison test with probability levels of 0.05, 0.001, and 0.001.

3. RESULTS

3.1 Pericyte loss was evident as early as 3 weeks in the Akita and DB model systems.

The progression of retinal pericyte loss in the Akita and DB models has not been described. Further, there have been few comparative analyses using models of type 1 and type 2 diabetes. To investigate the loss of pericytes in a model of type 1 and type 2 diabetes, retinal flatmounts were immunolabeled for pericyte marker neural/glial antigen 2 (NG2) at 3, 6, 12, 18, and 24 weeks of age in both the Akita and DB models (Figure 13A). A comparative analysis of NG2+ cells indicates there were fewer cells in the Akita and DB retinas in comparison to the wild type (WT) as early as 3 weeks of age (Figure 13B). Both the Akita and DB models lost pericytes at 12 weeks of age (Fig 13B). The number of pericytes in the DB retinas leveled out at the 18 and 24 week time points; however, the number of pericytes in the Akita retina appeared to rebound at 18 weeks and then returned to a lower level at 24 weeks (Figure 13B).

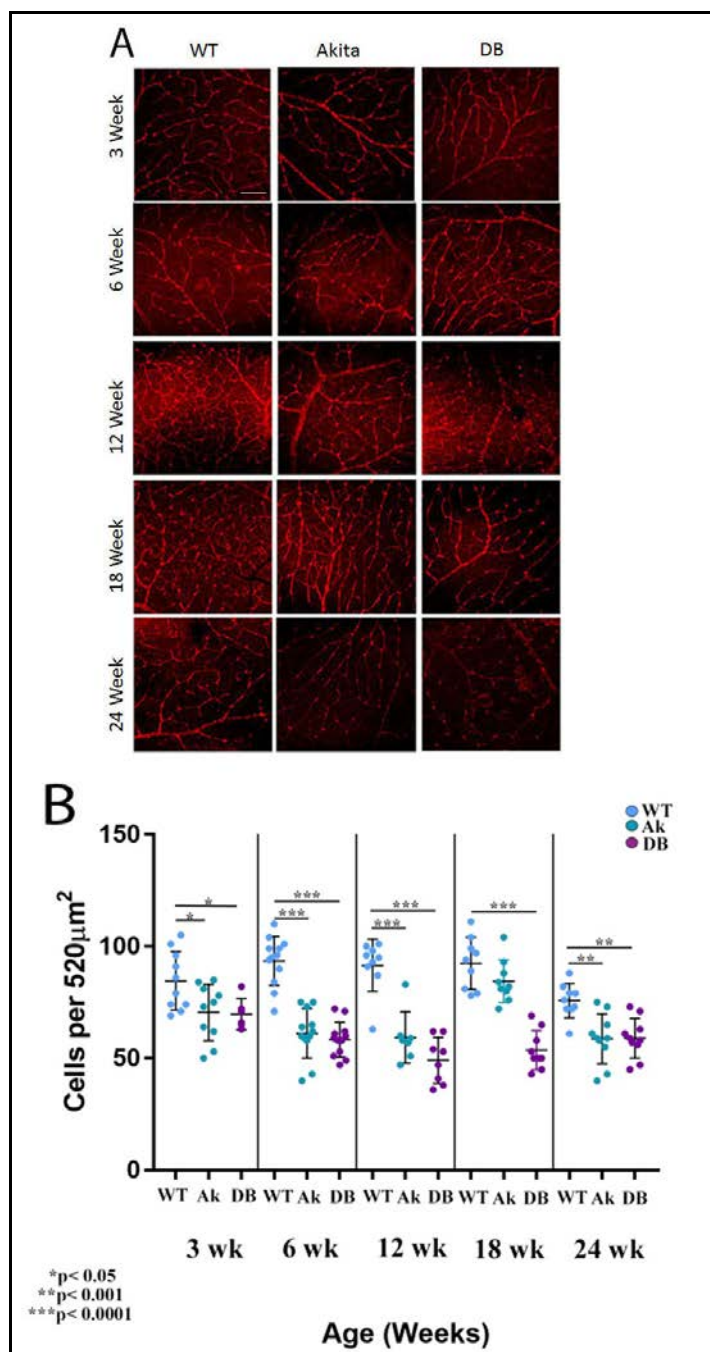


Figure 13 Pre-retinal pericyte numbers decrease in 2 models of DR. A) Retinal flatmounts from 3, 6, 12, 18, and 24 week mice from WT, Akita, and DB mice were immunolabeled with neural/glia antigen 2 (NG2), a pericyte cell marker (Ozerdam et al., 2001). Each retina was subdivided into two regions; 1) the area up to 1500 μm^2 from the optic nerve, or 2) the area from 1500-3000 μm^2 from the optic nerve. Within each region, 3-5 counts were taken using NIH image J (Schneider et al., 2012) and the numbers averaged together (N=5 retina/stage/genotype).

Magnification bar = 50 μm B) Quantification of NG2⁺ cells were graphed using the scatter dot plot function of GraphPad Prism with the average and error bars shown in black. Statistical significance were determined using a one-way analysis of variance (ANOVA) with a Tukey's multiple comparison test (* p<0.05; ** p<0.001; *** p<0.0001).

3.2 Retinal microvasculature showed changes early in DB model system that correct with time

Generally speaking, neovascularization has been proposed to occur late in the progression of changes that accompany DR in humans and other species (Alistar et al., 2005; Cheung et al., 2005). Neovascularization, if it occurs at all, has been shown to occur very late in both DB and Akita mice (Cheung et al., 2005, Robinson et al., 2012). No studies to date have done a careful quantitative analysis of the retinal microvasculature in a type 1 or a type 2 model of diabetes throughout the development of the disease. To investigate the retinal vasculature, retinal flat mounts from 3, 6, 12, 18 week-old mice were immunolabeled with the endothelial cell marker isolectin B4 (IB4) (Figure 14A). Images of the retina were analyzed for the percentage of the retinal area labeled with IB4 and the number of branches using AngioTool software (Zudaire et al., 2012). In regards to percentage of area covered by IB4⁺ vasculature, there were significant increases in vessel area in the DB mice at 3 and 6 weeks in comparison to the WT littermate controls (Figure 14B). The percentage of area covered by the IB4⁺ cells decreased to control levels in the 12 week DB retinas and remained at the same level in the 18 week retinas. In the Akita retina, total area covered by the IB4⁺ vasculature did not deviate from those of the WT littermates at any of the ages examined (Figure 14B). A quantitative analysis of branching in the DB retina indicated an increase in branching at all time points examined in comparison to WT retinas (Figure 14C). However, the Akita mice had increased branching only at 6 weeks but no increased vascular area or branching at the other time points (Figure 14C).

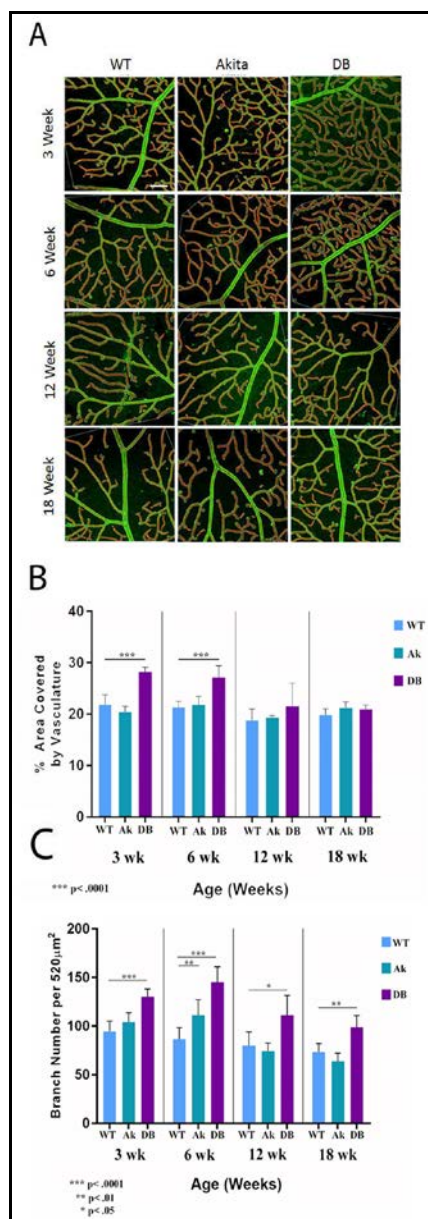


Figure 14. Pre-retinal microvasculature changes occur early in DB model A) Retinal flatmounts at 3, 6, 12, 18, and 24 week WT, Akita, and DB mice were immunolabeled with isolectin B4 (IB4), an endothelial cell marker (Ernst et al., 2006). Magnification bar = 50 μm B) To perform measurements on the retinal vasculature, the retina were again subdivided into two sections (0-1500 μm^2 and 1500-3000 μm^2 from the optic nerve) and the percentage of retinal area covered by vasculature were determined using AngioTool software (Zudaire et al., 2012) (N=4 retinas/stage/genotype). C) Using the same regions of the retina, vascular branch numbers were determined using AngioTool software (Zudaire et al., 2012). Graphs in B and C were plotted using GraphPad Prism and the statistical significance were determined using a one-way ANOVA with a Tukey's multiple comparison test (* p,0.05; ** p<0.01; *** p<0.0001).

3.3 Gliosis was present early in the progression of the disease

In addition to pericyte loss, DR is also accompanied by retinal astrocyte and Müller cell gliosis (Fletcher et al., 2007). Some studies have indicated that gliosis may occur prior to changes in the vasculature (Fletcher et al., 2007, Roque et al., 1990). To determine what stages gliosis might be occurring in each model system in comparison to WT controls, expression patterns of molecules that have been associated with gliosis were examined using RT-qPCR (Dharmarajan et al., 2014 and references therein). As can be seen in Figure 15, mRNA encoding epidermal growth factor receptor (*Egfr*), toll-like receptor 4 (*Tlr4*), phosphacan (*Pcan*), and tissue inhibitor of metalloproteinase 2 (*Timp2*) are upregulated more than 1.5 fold (0.58 in log₂ scale) at 3 weeks in the Akita retinas. Increases in gene expression appear to peak at the 12 week time point and are reduced thereafter (Figure 15).

In comparison, some of the gliosis markers, including glutamine synthetase (*Gs*), *Egfr*, neurocan (*Ncan*) and matrix metalloproteinase 14 (*Mmp14*) were actually downregulated in the DB retinas in comparison to control levels (as indicated by levels below 0). By 6 weeks, many markers were expressed at levels well above the controls, including glial fibrillary acidic protein (*Gfap*), *S100b*, vimentin (*Vim*), *Egfr*, *Pcan*, and *Mmp14*. In the DB samples, the gliosis appeared to peak between 6 and 12 weeks, and by 18 the levels were reduced (Figure 16).

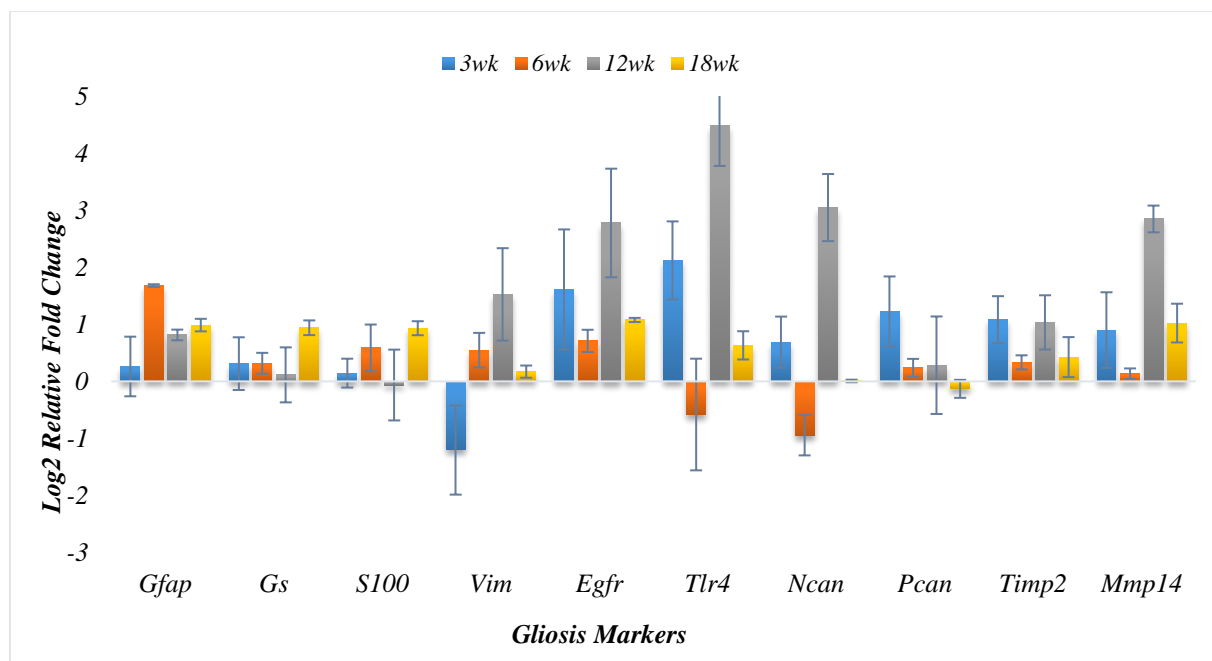


Figure 15 Gliosis in Akita mice increase as early as 3 weeks. Expression levels of a panel of gliosis markers were analyzed by RT-qPCR in RNA samples from retina samples in 3, 6, 12, and 18 week aged mice. Retinas were isolated and 2.5ng of original RNA was used. Quantitation was done using the method by Pfaffl, 2010 (Pfaffl, 2010). Expression levels were normalized to a geometric mean of 3 housekeeping genes, β -2 Microglobulin (*B2m*), succinate dehydrogenase complex subunit A (*Sdha*), and signal recognition particle 14 kDa (*SRP14*). RNA levels of Akita mice were compared relative to WT littermates. Bars above a level of 0.58 represent an increase of over 1.5 fold change (significant increase) in mRNA levels while bars below the level of 0 represent a decrease in mRNA levels relative to the corresponding vehicle control. At 3 weeks, there is a significant decrease in *Vim* and *Ncan* while *Mmp14*, *Timp2*, *Tlr4*, and *Egfr*. At the 6 week time point, there is a significant increase in mRNA expression in *Gfap*. At the 12 week mark, many gliosis markers have significant increased expression, with only *S100*, *Gs*, *Pcan*, not showing increased levels when compared to their WT counterparts. At the 18 week mark, there is a decrease in mRNA levels of many markers, although have over 1.5 fold change when compared to their WT counterparts. Abbreviations: *Gfap* glial fibrillary acidic protein, *Gs*-glutamine synthetase, *S100*-calcium-binding protein B, *Vim*-Vimentin, *Egfr*- epidermal growth factor receptor, *Tlr4*-toll like receptor 4, *Ncan*-neurocan, *Pcan*-phosphocan, *Timp2*- tissue inhibitor of matrix metalloproteinases 2, *Mmp*- matrix metalloproteinase.

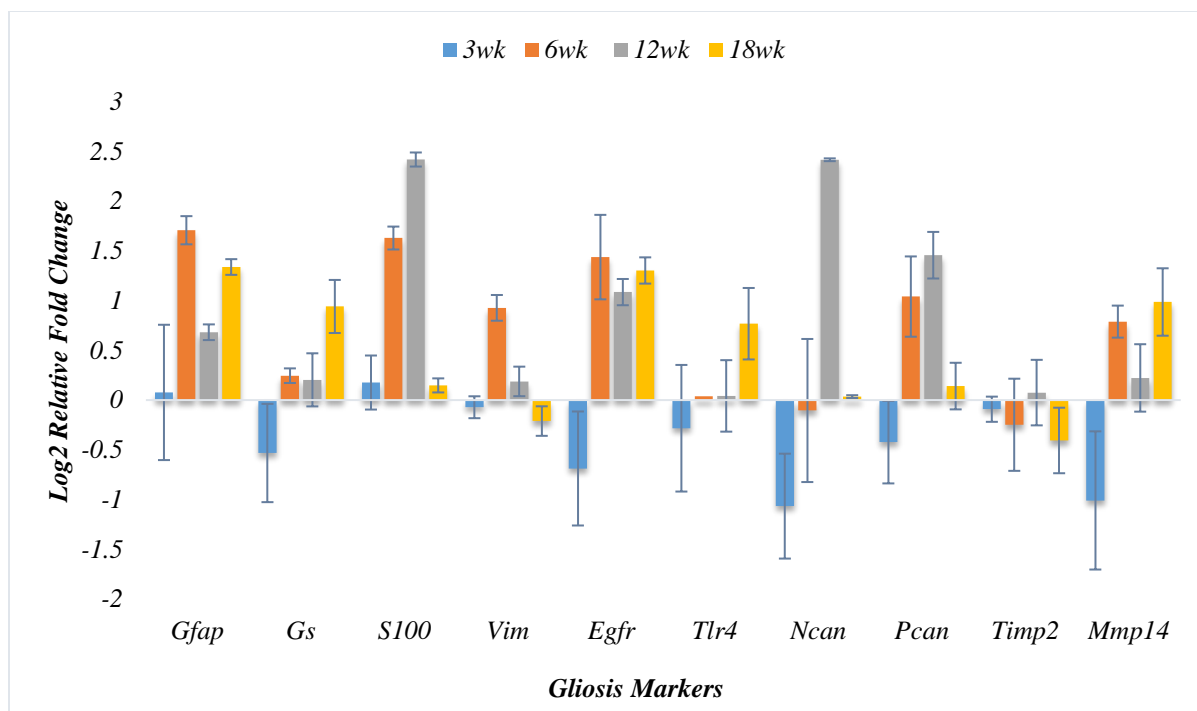


Figure 16 Gliosis in DB mice increase as early as 6 weeks. Expression levels of a panel of gliosis markers were analyzed by RT-qPCR in RNA samples from retina samples in 3, 6, 12, and 18 week aged mice. Retinas were isolated and 2.5ng of original RNA was used. Quantitation was done using the method by Pfaffl, 2010 (Pfaffl, 2010). Expression levels were normalized to a geometric mean of 3 housekeeping genes, β -2 Microglobulin (*B2m*), succinate dehydrogenase complex subunit A (*Sdha*), and signal recognition particle 14 kDa (*SRP14*). RNA levels of DB mice were compared relative to WT littermates. Bars above a level of (0.58) represent an increase of over 1.5 fold change (significant increase) in mRNA levels while bars below the level of 0 represent a decrease in mRNA levels relative to the corresponding vehicle control. At 3 weeks, there is a significant decrease in *Ncan* and *Mmp14*. At the 6 week time point, there is a significant increase in mRNA expression in *Gfap*, *S100*, *Vim*, *Egfr*, *Pcan*, and *Mmp14*. At the 12 week mark, many of these markers stay increased along with *Ncan*, although *Vim* does almost reach WT levels. At the 18 week mark, there is an increase in *Gs* and *Tlr* while *Vim*, *Ncan*, and *S100* decrease back to the control mRNA levels. Abbreviations: *Gfap* glial fibrillary acidic protein, *Gs*-glutamine synthetase, *S100*-calcium-binding protein B, *Vim*-Vimentin, *Egfr*- epidermal growth factor receptor, *Tlr4*-toll like receptor 4, *Ncan*-neurocan, *Pcan*-phosphocan, *Timp2*- tissue inhibitor of matrix metalloproteinases 2, *Mmp*- matrix metalloproteinase.

Proliferation of astrocytes can sometimes accompany gliosis (Sardar et al., 2017; Selmaj et al., 1990). To determine if retinal astrocytes were proliferating in either model, retinal flat mounts from 3, 6, 12, 18, and 24 week DB and Akita retinas were immunolabeled with astrocyte and progenitor marker SOX2 (Figure 17A). Quantitative analysis of astrocyte numbers indicated there was no increase to the number of SOX2⁺ cells in the DB or Akita samples in comparison to WT controls (Figure 17B)

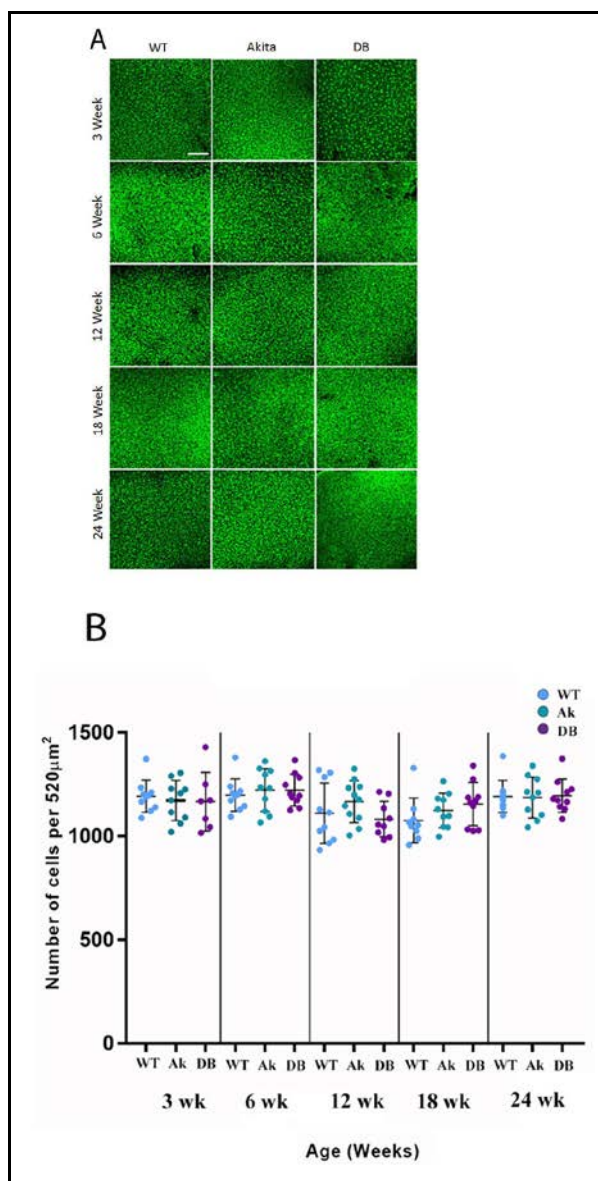


Figure 17 Pre-retinal astrocyte numbers do not change in Akita or DB model system in comparison to WT littermates. A) Retinal flatmounts at 3, 6, 12, 18, and 24 week from WT, Akita, and DB mice were immunolabeled for sex determining region y (SRY) -box 2 (SOX2), an astrocyte and progenitor cell marker (Ellis et al., 2004). Each retina was subdivided into two regions; 1) the area up to 1500 μm^2 from the optic nerve, or 2) the area from 1500-300 μm^2 from the optic nerve. Within each region, 3-5 counts was taken using NIH image J (Schneider et al., 2012) and the numbers averaged together (N=5 retina/stage/genotype). Magnification bar = 50 μm

B) Quantification of SOX2⁺ cells was graphed using the scatter dot plot function of GraphPad Prism with the average and error bars shown in black. Statistical significance was determined using a one-way analysis of variance (ANOVA) with a Tukey's multiple comparison test.

3.4 Proinflammatory mRNA levels are increased as early as 6 weeks in Akita and DB models

Clearly, there are changes to pericyte number in both Akita and DB models by 3 weeks (Figure 16). It is unclear when inflammatory changes occur to the retina of each model system; however, there are known to be increases in proinflammatory markers, particularly at later stages of DR (Tung and Kern, 2011; Tang et al., 2011, Byeon et al., 2010). To determine when increases in proinflammatory markers were present in the retina of Akita and DB models mRNA levels of specific markers were investigated using RT-qPCR at 3, 6, 12, and 18 weeks.

In the Akita retina, pro-inflammatory mRNA levels at the 6 week time point significantly increase in *Csf*, *Ifn γ* , *Il6*, *Vegf*, *Ccl5*, and *Thbs1*. Expression of many those markers increased or stayed at a similar level at the 12 week time point and was joined by increases in *Gmcsf*, *Ifn α* , *Il1 β* , *Thbs2*, and *Iba1* (Figure 18). Twelve weeks appears to have been the peak in changes to mRNA levels, thereafter there was a decrease in mRNA levels.

The DB model differed from the Akita model in that several mRNAs appeared to have mRNA levels below that of WT controls at 3 weeks, including *Csf*, *Ifn α* , *Ifn γ* , *Vegf*, and *Thbs1* (Figure 19). At 6 weeks, there were moderate increases in levels of *Ifn α* , *Ifn γ* , *Il1 β* , *Vegf*, *Ccl5*, *Thbs1*, and *Iba1*. The mRNAs for the proinflammatory markers appeared to peak around 12-18 weeks (Figure 19). Three markers (*Ifn γ* , *Ccl5*, and *Cd68*) showed a decrease at 12 weeks, followed by an abrupt increase at 18 weeks.

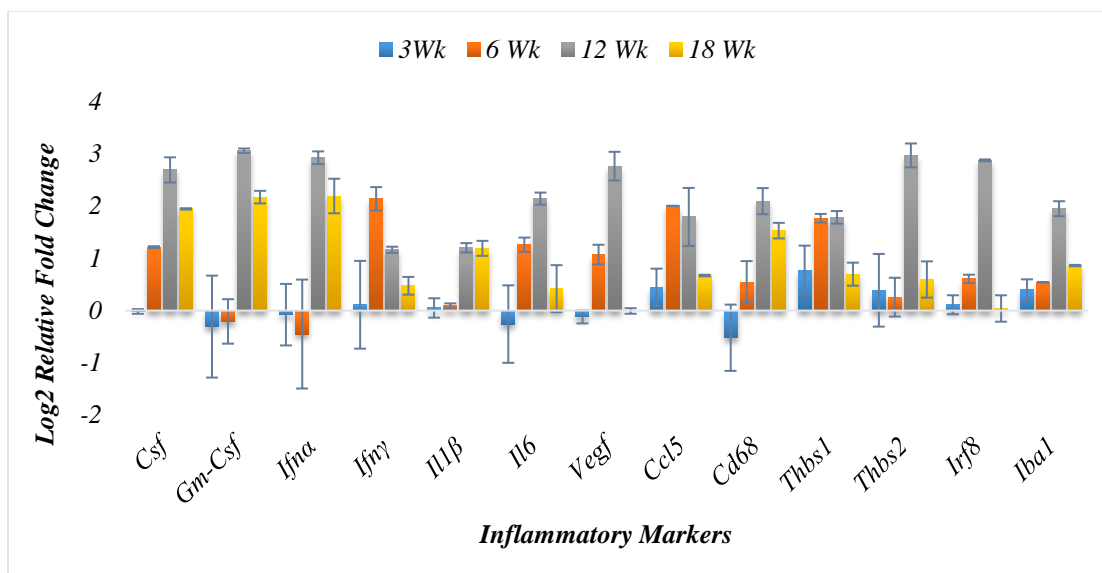


Figure 18 Proinflammatory markers increase at 6 weeks for Akita mice. Expression levels of a panel of inflammatory markers were analyzed by RT-qPCR in RNA samples from retina samples in 3, 6, 12, and 18 week aged mice Akita and WT. Retinas were isolated and 2.5ng of original RNA was used. Quantitation was done using the method by Pfaffl, 2010 (Pfaffl, 2010). Expression levels were normalized to a geometric mean of 3 housekeeping genes, β - 2 Microglobulin (*B2m*), succinate dehydrogenase complex subunit A (*Sdha*), and signal recognition particle 14 kDa (*Srp14*). RNA levels of Akita mice were compared relative to WT littermates. Bars above a level of (0.58) represent an increase of over 1.5 fold change (significant increase) in mRNA levels while bars below the level of 0 represent a decrease in mRNA levels relative to the corresponding vehicle control. At 3 weeks, there no major increases or decrease of proinflammatory mRNA expression. Abbreviations: *CD*; cluster of differentiation, *Csf*; colony stimulating factor, *Gm-csf*; granulocyte macrophage colony stimulating factor, *Ifn*; interferon, *Il*; interleukin, *Tnf- α* ; tumor necrosis factor alpha, *Thbs*; thrombospondin, *Vegf*; vascular endothelial growth factor, *Irf*; interferon regulating factor, *Iba1*; ionized calcium-binding adaptor molecule 1.

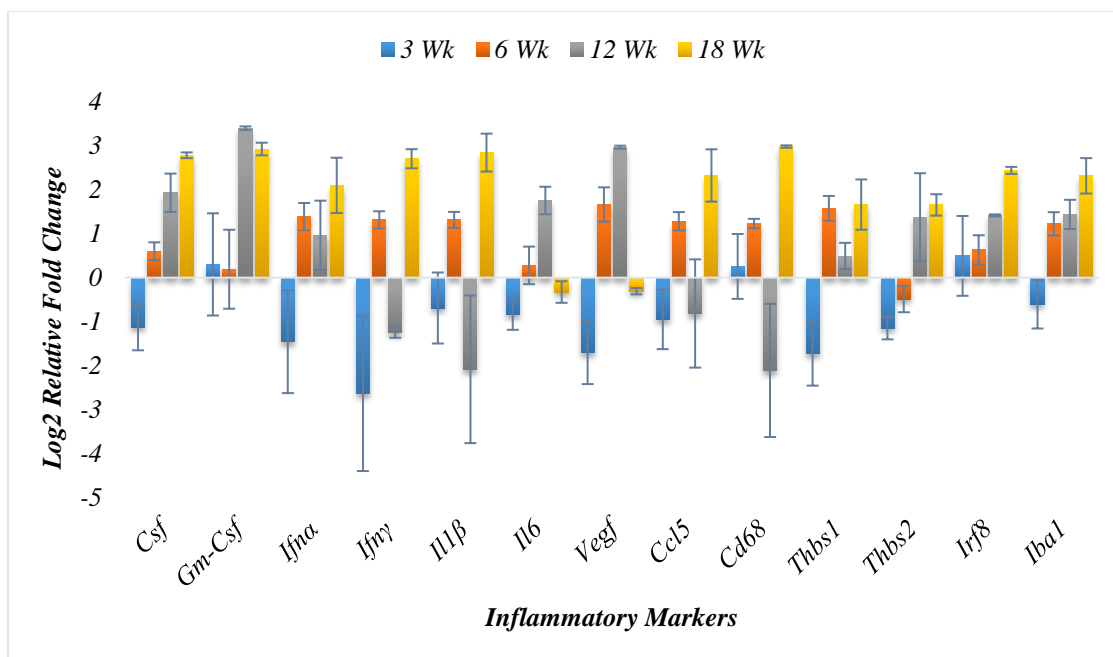


Figure 19 Proinflammatory markers increase at 6 weeks for DB mice. Expression levels of a panel of inflammatory markers were analyzed by RT-qPCR in RNA samples from retina samples in 3, 6, 12, and 18 week aged DB and WT mice. Retinas were isolated and 2.5ng of original RNA was used. Quantitation was done using the method by Pfaffl, 2010 (Pfaffl, 2010). Expression levels were normalized to a geometric mean of 3 housekeeping genes, β -2 Microglobulin (B2m), succinate dehydrogenase complex subunit A (Sdha), and signal recognition particle 14 kDa (SRP14). RNA levels of DB mice were compared relative to WT littermates. RNA levels of DB mice were compared relative to WT littermates. Bars above a level of (0.58) represent an increase of over 1.5 fold change (significant increase) in mRNA levels while bars below the level of 0 represent a decrease in mRNA levels relative to the corresponding vehicle control. Abbreviations: *CD*; cluster of differentiation, *Csf*; colony stimulating factor, *Gm-csf*; granulocyte macrophage colony stimulating factor, *Ifn*; interferon, *Il*; interleukin, *Tnf- α* ; tumor necrosis factor alpha, *Thbs*; thrombospondin, *Vegf*; vascular endothelial growth factor, *Irf*; interferon regulating factor, *Iba1*; ionized calcium-binding adaptor molecule 1.

As tight junctions fail during DR, cells from the immune system have been shown to infiltrate the blood-retinal barrier, and some of those cells are capable of differentiating into macrophage and microglial cells (Streit et al., 1996). To investigate whether any of the changes in mRNA or protein levels of proinflammatory proteins was due to an increase in myeloid lineage cells, retinal flat mounts from Akita and DB mice were immunolabeled at 3, 6, 12, 18, and 24 weeks with antibody specific for myeloid-lineage specific protein IBA1 (Figure 20A). IBA1⁺ cells were quantified in images taken from these samples (Figure 20B). In the Akita retinas, there were similar numbers of IBA1⁺ cells in comparison to WT at each age examined;

however, in the DB samples there was a small decrease at 3 weeks, followed by an increase at 12 weeks in comparison to WT retinas (Figure 20B).

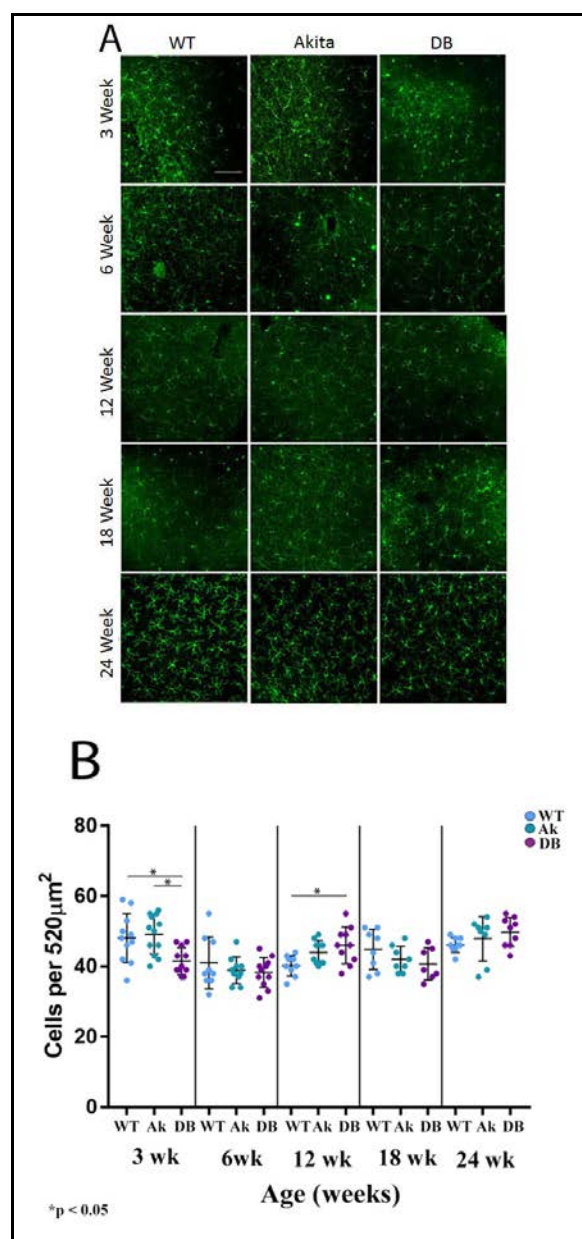


Figure 20 Numbers of pre-retinal IBA1⁺ microglial cells. A) Retinal flatmounts at 3, 6, 12, 18, and 24 week from WT, Akita, and DB mice were immunolabeled for myeloid lineage marker IBA1 (Ito et al., 1998). Each retina was subdivided into two regions; 1) the area up to 1500 μm^2 from the optic nerve, or 2) the area from 1500-300 μm^2 from the optic nerve. Within each region, 3-5 counts was taken using NIH image J (Schneider et al., 2012) and the numbers averaged together (N=5 retina/stage/genotype). Magnification bar = 50 μm B) Quantification of IBA1⁺ cells was graphed using the scatter dot plot function of GraphPad Prism with the average and error bars shown in black. Statistical significance was determined using a one-way (ANOVA) with a Tukey's multiple comparison test (* p<0.05).

3.5 PDGFR β signaling is not altered in pericytes acutely treated with IFN- γ .

Our previous results indicated there was an increase in IFN- γ at the mRNA level for Akita and DB models as well as protein levels in the DB model. IFN- γ is of interest for several reasons; 1) it is a potent proinflammatory factor that communicates with cells of the immune system to encourage their infiltration into the nervous system (Feuerer et al., 2006; Singh et al., 1999;), 2) it has been shown to decrease PDGFR β signaling in human pericytes obtained from epileptic patients (Jansson et al., 2016), and 3) it has been shown to increase activation of PKC δ in some cell types (Deb et al., 2003; Shen et al., 2003). Although a reduction in PDGFR β signaling and an activation of PKC δ would be consistent with changes described in pericytes of diabetic retinas that lead to apoptosis, neither of these changes have been associated specifically with inflammation in DR.

To investigate whether IFN- γ can trigger changes in survival associated with PDGFR β signaling and/or PKC δ , isolated pericytes were treated with increasing levels of IFN- γ . Furthermore, we devised a system in vitro in which the effects of acute or chronic exposure to IFN- γ could be tested. In the acute trials, pericytes were treated with various concentrations of IFN- γ for 24 hours, followed by treatment with PDGFBB, while in the chronic trials pericytes were treated with IFN- γ for 72 hours, followed by PDGFBB. This paradigm was used to determine the effect of IFN- γ on PDGFR β signaling or its downstream pathways. In order to determine differences between total protein levels and activated levels, antibodies specific to the phosphorylated AKT (pAKT), ERK (pERK), and PDGFR β (pPDGFR β) along with antibodies specific to the protein AKT, ERK, and PDGFR β . In the acute treatments, pericytes were treated with 24 hours with 25, 50, and 100ng of IFN- γ and then for 30 mins with 50 ng of PDGFBB (Figure 21, 22, 23). IFN- γ treated pericytes decreased pAKT levels in 1 day treatments as seen

in Figure 21B. At the highest concentration, pAKT activity was decreased. The total protein levels were not changed. Even at early stages of pericyte treatment, IFN- γ decreased the activity of AKT while not changing the total protein levels in the cells. IFN- γ treatment at higher concentration only slightly decreased total PDGFR β levels but did not change the activity pPDGFR β levels (Figure 22 B and Figure 22C). Acute IFN- γ treatment increases total ERK levels, but did not change pERK levels (Figure 23B, 23C).

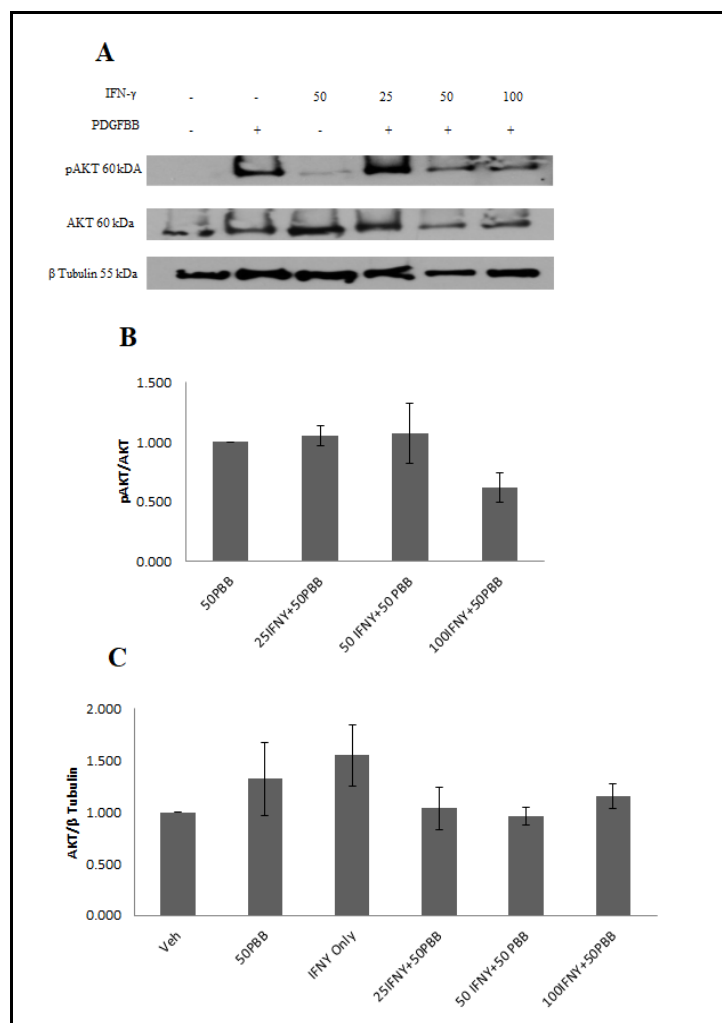


Figure 21 Acute exposure to IFN- γ does not change levels of AKT or pAKt. A) Retinal pericytes were treated for 24 hours with 0 (veh), 25, 50, or 100ng of IFN- γ . After 24 hours of exposure to vehicle or IFN- γ , cells were treated with 50ng of PDGF BB for 30 minutes and protein lysates were examined for levels of pAKT, total AKT, and β tubulin levels (N=3) Densitometric measurements were performed on the immunoblots using NIH image J (Scheinder et al., 2012). B) Densitometric analysis of pAKT normalized to levels of total AKT. C) Densitometric analysis of AKT normalized to levels of β tubulin. Abbreviations: Veh-Vehicle, PBB- PDGF-BB, IFN- γ -Interferon Gamma, pAKt- phosphorylated AKT.

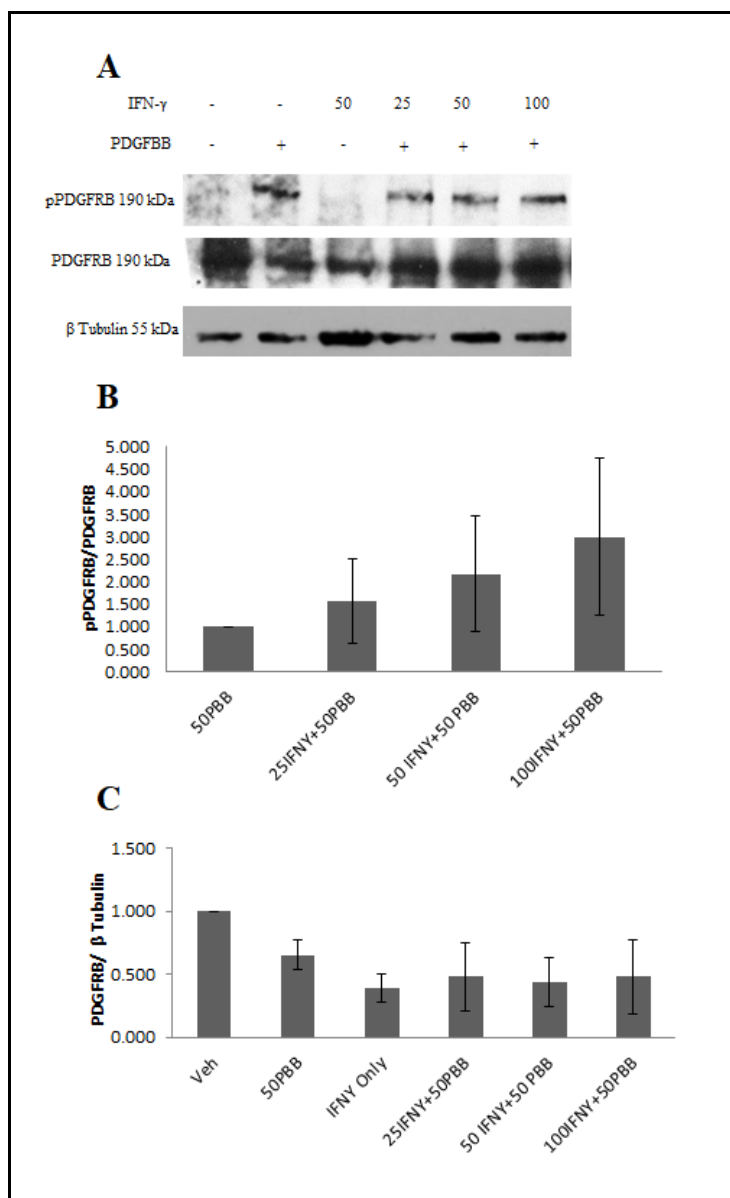


Figure 22 Acute exposure to IFN- γ does not change levels of total PDGFR β or pPDGFR β . A) Retinal pericytes were treated for 24 hours with 0 (veh), 25, 50, or 100ng of IFN- γ followed by 30 minute exposure to veh or 50 ng of PDGF-BB. Protein lysates were probed with antibodies specific to pPDGFR β , total PDGFR β , or β tubulin. (N=3) Densitometric measurements were performed on the immunoblots using NIH image J (Scheinder et al., 2012) and the statistical significance was analyzed by one-way ANOVA on the resulting normalized densitometric measurements.

B) Densitometric analysis of pPDGFR β normalized to total PDGFR β . C) Densitometric analysis of PDGFR β normalized to β tubulin. Abbreviations: Veh-Vehicle, PBB- PDGF-BB, IFN- γ -Interferon Gamma, PDGFR β -platelet-derived growth factor β , pPDGFR β - phosphorylated platelet-derived growth factor β .

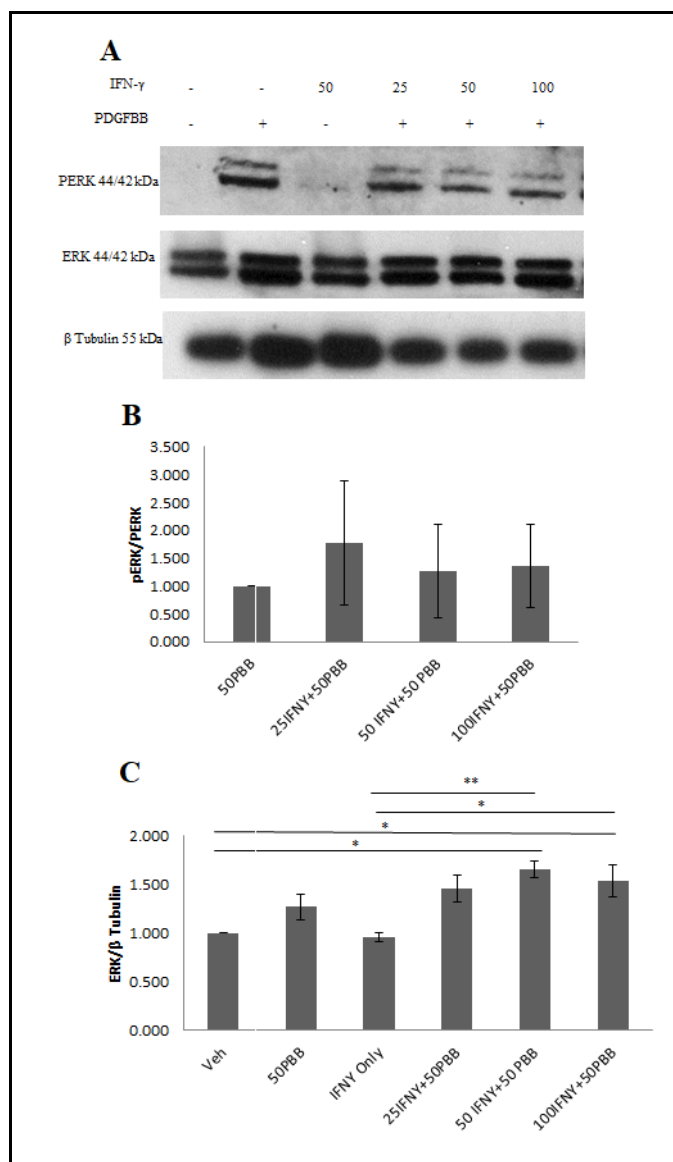


Figure 23 Acute exposure to IFN- γ increases total ERK levels but does not increase pERK levels. A) Retinal pericytes were treated for 24 hours with 0 (veh), 25, 50, or 100ng of IFN- γ followed by 30 minute exposure to veh or 50 ng of PDGF-BB. Protein lysates were probed with antibodies specific to pERK, total ERK, or β tubulin (N=3). Densitometric measurements were performed on the immunoblots using NIH image J (Scheinder et al., 2012) and the statistical significance was analyzed by one-way ANOVA on the resulting normalized densitometric measurements. B) Densitometric analysis of pERK normalized to total ERK. C) Densitometric analysis of total ERK normalized to β tubulin. (* $p < 0.05$; ** $p < 0.01$). Abbreviations: Veh-Vehicle, PBB- PDGF-BB, IFN- γ -Interferon Gamma, ERK-extracellular signal-regulated kinases, pERK- phosphorylated ERK.

3.6 pAKT levels were decreased following chronic treatments with IFN- γ

Diabetes can cause a chronic inflammatory state and this can cause angiogenesis seen in DR (Dandona et al., 2003; Jackson et al., 1997). It has also been shown that chronic inflammation have produce different responses can acute inflammation (Gabay and Kushner, 1999; Byeon et al., 2010). Even though there was very little change in the activity and amount of protein expression PDGFR β or the downstream targets of ERK and AKT, there has been studies done that have shown in chronic conditions IFN- γ does affect PDGFR β (Jansson et al., 2016). In order to mimic chronic conditions, pericytes were treated with IFN- γ instead every 24 hours for a total of 72 hours of 1, 25, and 50 ng. PDGFBB was then added for 30 mins and the cells were collected for protein analysis (Figure 24, 25, 26). PDGFR β , AKT and ERK, both total protein levels and active protein levels were looked at to see if the chronic IFN- γ treatments had different effects than the acute treatments.

pAKT signaling significantly decreased in chronic IFN- γ treatment as seen in Figure 25, unlike the acute conditions. In the 1 and 25 ng chronic IFN- γ treatments with PDGF-BB there was very little change in pAKT signaling at 1 and 25 ng levels, but in the 50 ng IFN- γ and PDGFBB there was a significant decrease in AKT activity when compared to the PDGF-BB treated pericytes alone. There were no changes in normal protein expression levels across the treatments, however, as seen in Figure 24B suggesting that IFN- γ only changes activity of the receptor.

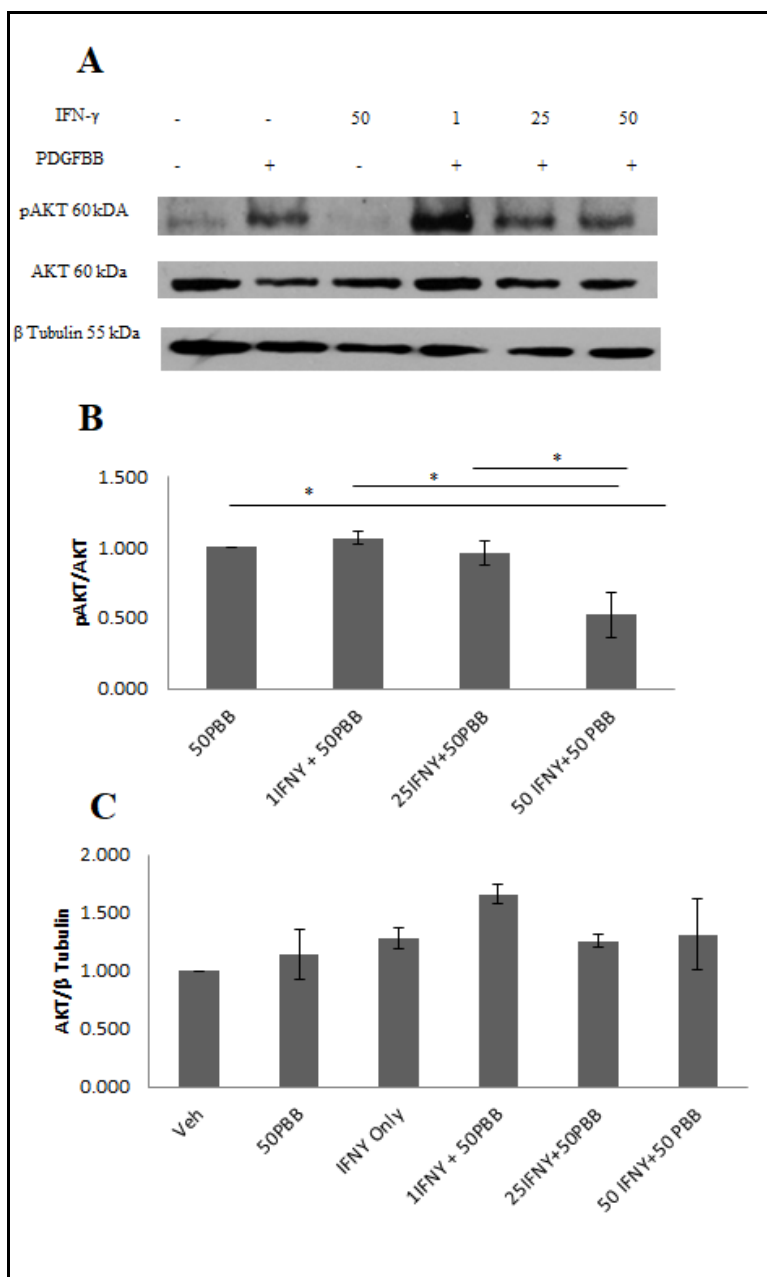


Figure 24 Chronic exposure to high levels of IFN- γ decreases levels of pAKT. A) Retinal pericytes were treated for 72 hours with 0, 1, 25, or 50ng of IFN- γ . After 72 hours of exposure to vehicle or IFN- γ , cells were treated with 50ng of PDGF BB for 30 minutes and protein lysates were examined for levels of pAKT, total AKT, and β tubulin levels. (N=3) Densitometric measurements were performed on the immunoblots using NIH image J (Scheinder et al., 2012) and the statistical significance was analyzed by one-way ANOVA on the resulting normalized densitometric measurements. B) Densitometric analysis of pAKT normalized to levels of total AKT. (* p< 0.05) C) Densitometric analysis of AKT normalized to levels of β tubulin. Abbreviations: Veh-Vehicle, PBB- PDGF-BB, IFN- γ -Interferon Gamma, pAKT- phosphorylated AKT.

3.7 PDGFR β and ERK signaling do not change following chronic treatment with IFN- γ

pPDGFR β expression did not change in chronic IFN- γ treatments as seen in Figure 25B.

There was a slight but statistically insignificant decrease in total PDGFR β seen Figure 25C but the activity of the protein did not change. IFN- γ treatments chronically, like the acute treatments, did not change the activity of the receptor or amount of receptor.

There was also no change in pERK or normal ERK expression levels in chronic treatments as seen from Figure 26 B and C. The addition of IFN- γ and PDGF-BB did not change the total or phosphorylated protein expression in pericytes.

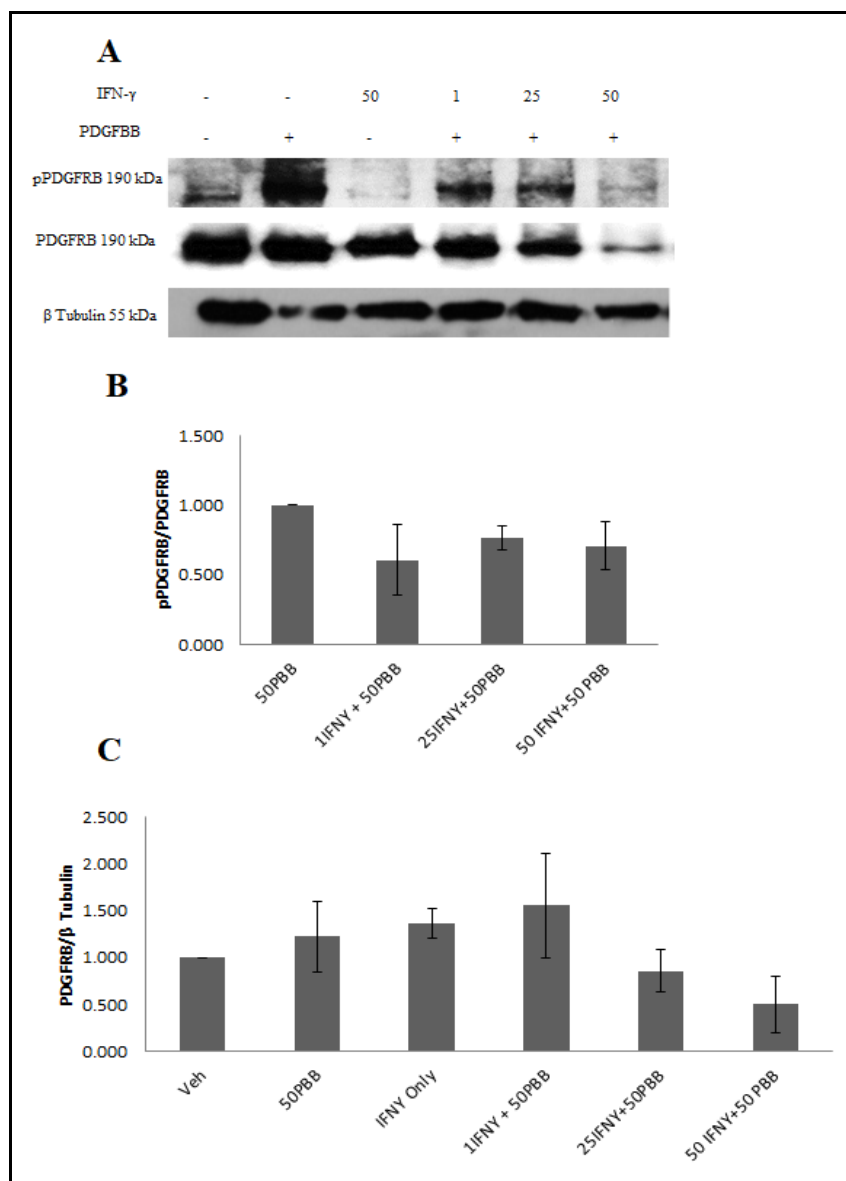


Figure 25 Chronic exposure to IFN- γ does not change levels of total PDGFR β or pPDGFR β . . A) Retinal pericytes were treated for 72 hours with 0 (veh), 25, 50, or 100ng of IFN- γ followed by 30 minute exposure to veh or 50 ng of PDGF-BB. Protein lysates were probed with antibodies specific to pPDGFR β , total PDGFR β , or β tubulin. (N=3) Densitometric measurements were performed on the immunoblots using NIH image J (Scheinder et al., 2012) and the statistical significance was analyzed by one-way ANOVA on the resulting normalized densitometric measurements.

B) Densitometric analysis of pPDGFR β normalized to total PDGFR β . C) Densitometric analysis of PDGFR β normalized to β tubulin. Abbreviations: Veh-Vehicle, PBB- PDGF-BB, IFN- γ -Interferon Gamma, PDGFR β -platelet-derived growth factor β , pPDGFR β - phosphorylated platelet-derived growth factor β .

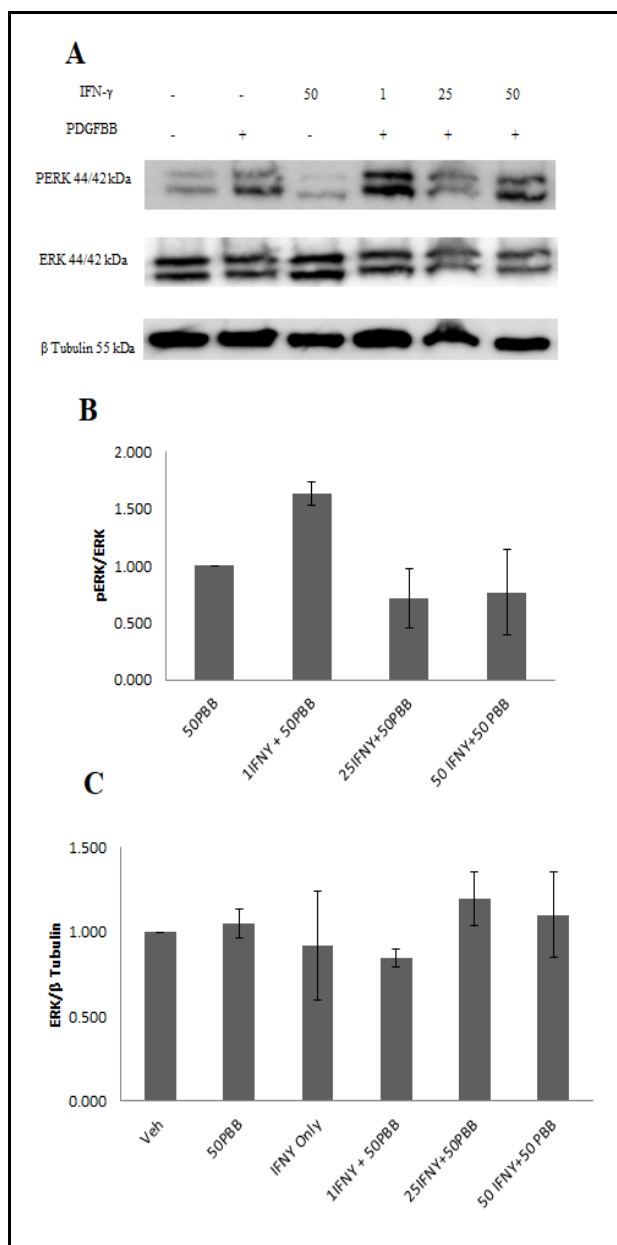


Figure 26. Chronic exposure to IFN- γ does not change levels of ERK or pERK. A) Retinal pericytes were treated for 72 hours with 0 (veh), 25, 50, or 100ng of IFN- γ followed by 30 minute exposure to veh or 50 ng of PDGF-BB.

Protein lysates were probed with antibodies specific to pERK, total ERK, or β tubulin (N=3). Densitometric measurements were performed on the immunoblots using NIH image J (Schneider et al., 2012) and the statistical significance was analyzed by one-way ANOVA on the resulting normalized densitometric measurements. B) Densitometric analysis of pERK normalized to total ERK. C) Densitometric analysis of total ERK normalized to β tubulin. Abbreviations: Veh-Vehicle, PBB- PDGF-BB, IFN- γ -Interferon Gamma, ERK-extracellular signal-regulated kinases, pERK- phosphorylated ERK.

3.8 IFN- γ induces PKC δ cleavage in chronic treatments

Increased levels of active PKC δ in relation to DR have been described by other investigators (Geraldles and King, 2010). However, increased PKC δ activity was not assessed at early stages of DR when pericytes were undergoing apoptosis (Geraldles and King, 2010), and no inflammatory pathways have been specifically connected to the rise in PKC δ activity. There is some evidence that IFN- γ can increase PKC δ activity in some cells (Uddin et al., 2002, Gumina et al., 1991); however it has not been investigated in pericytes. PKC δ has been found to be activated in hyperglycemic conditions and negatively regulates AKT activity (Li et al., 2006; Robinson et al., 2012). PKC δ increases SHP-1 activity, which can in turn dephosphorylate ERK, AKT, and even PDGFR β (Geraldles et al., 2009). To determine if IFN- γ treatment can alter either total PKC δ levels or levels of active PKC δ , pericytes treated chronically with 1, 25, or 50ng of IFN- γ followed by vehicle or PDGFBB. Protein lysates were then investigated using an antibody which will recognize the full c-terminus of the length protein as well as the cleaved activated form of the protein PKC δ (Oh et al., 2004). There is an increase in both total PKC δ levels and cleaved PKC δ when IFN- γ is added in chronic conditions as seen from Figure 27.

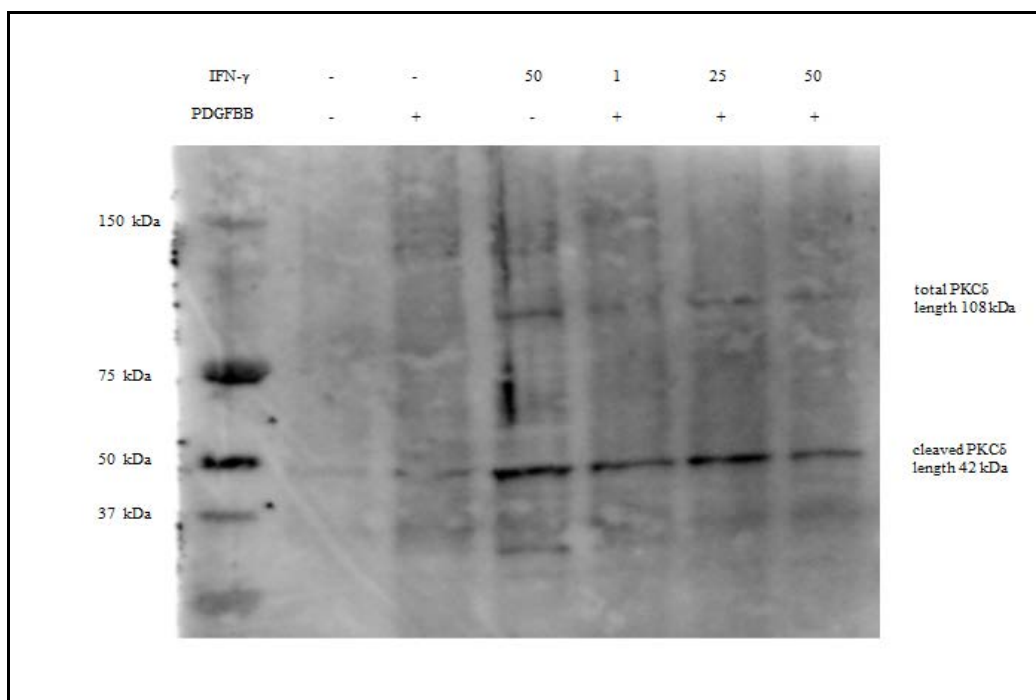


Figure 27 Levels of PKC δ appear to increase following chronic exposure to IFN- γ . Pericytes were treated for 72 hours with 0 (veh), 1, 25, or 50 of IFN- γ followed by 30 minute exposure to vehicle or 50 ng of PDGF-BB. Protein lysates were immunoblotted and probed for antibodies specific for PKC δ . Abbreviations: Veh-Vehicle, PBB-PDGF-BB, IFN- γ -Interferon Gamma.

3.9 IFN- γ increased cell death in pericytes without affecting division

Hyperglycemia has been found to decrease survival and increase cell apoptosis in other cell types (Inge et al., 2010; Krankel et al., 2005). This would be consistent with our chronic condition data. Under chronic conditions, pericytes displayed both increased PKC δ activity and decreased AKT phosphorylation, without affecting PDGFR β or ERK activity or levels. There was also increased cleaved PKC δ levels in chronic conditions. Active caspase 3 cleaves PKC δ while also being a regulator in apoptosis activity (Porter et al., 1999; Basu, 2003). AKT can both upregulate proliferation signaling and downregulate apoptotic signaling (Brunet et al., 2001). Proliferating cell nuclear antigen (PCNA) is a protein that has been associated with active proliferation (Hall et al., 1990). To determine whether there were changes to proliferation and/or apoptosis, pericytes treated chronically with 1, 25, or 50ng of IFN- γ followed by vehicle or PDGFBB. Pericyte were then labeled using an antibody specific for proliferating cell nuclear antigen (PCNA) or cleaved caspase 3.

From Figure 28, there was no change in the percentage of PCNA cells with the addition of PDGF-BB or IFN- γ . IFN- γ or PDGF-BB does affect proliferation in pericytes in chronic conditions. From Figure 29, there was significant increases in cleaved caspase 3 activity in IFN- γ treatments. As the amount of IFN- γ increased, so does the amount of caspase 3⁺ cells. At 1ng IFN- γ treatment, approximately 5% cells displayed active caspase 3 but, at the 50ng IFN- γ this number jumps to 15%. PDGF-BB does not affect caspase 3 activity, as there are no differences in PDGF-BB with IFN- γ or IFN- γ without PDGF-BB.

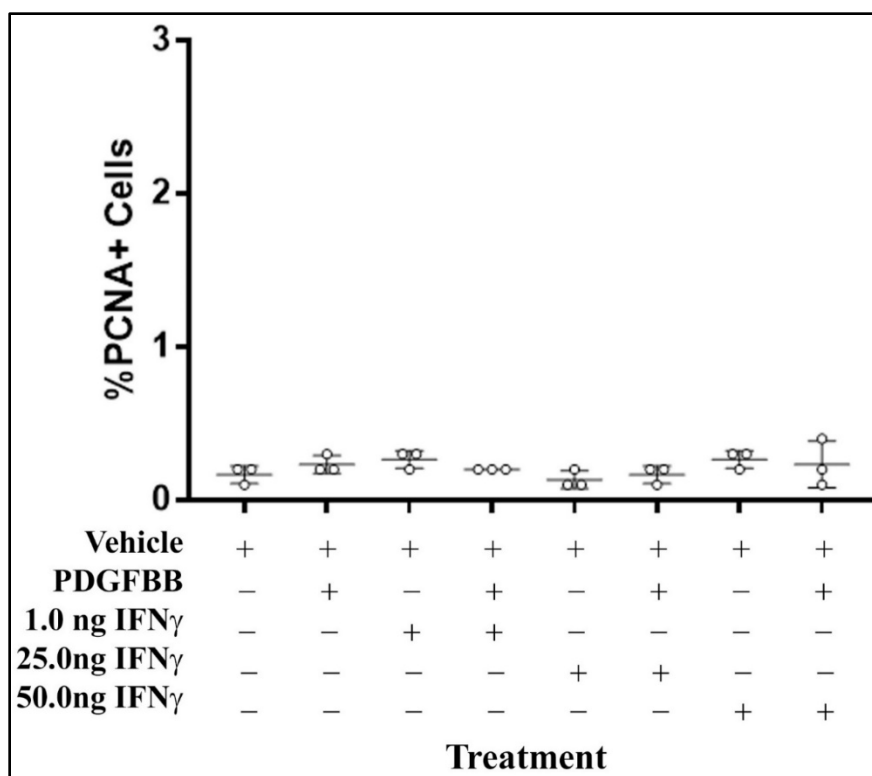


Figure 28 PCNA activity does not change with IFN- γ treatment. Pericytes were treated for 72 hours with 0 (veh), 1, 25, or 50 of IFN- γ followed by 30 minute exposure to vehicle or 50 ng of PDGF-BB. Cells were collected then immunolabeled with PCNA (N=3). Percentage of PCNA⁺ cells over total cells was graphed using the scatter dot plot function of GraphPad Prism with the average and error bars shown in black. Statistical significance was determined using a one-way analysis of variance (ANOVA) with a Tukey's multiple comparison test (* p<0.05; ** p<0.001; *** p<0.0001).

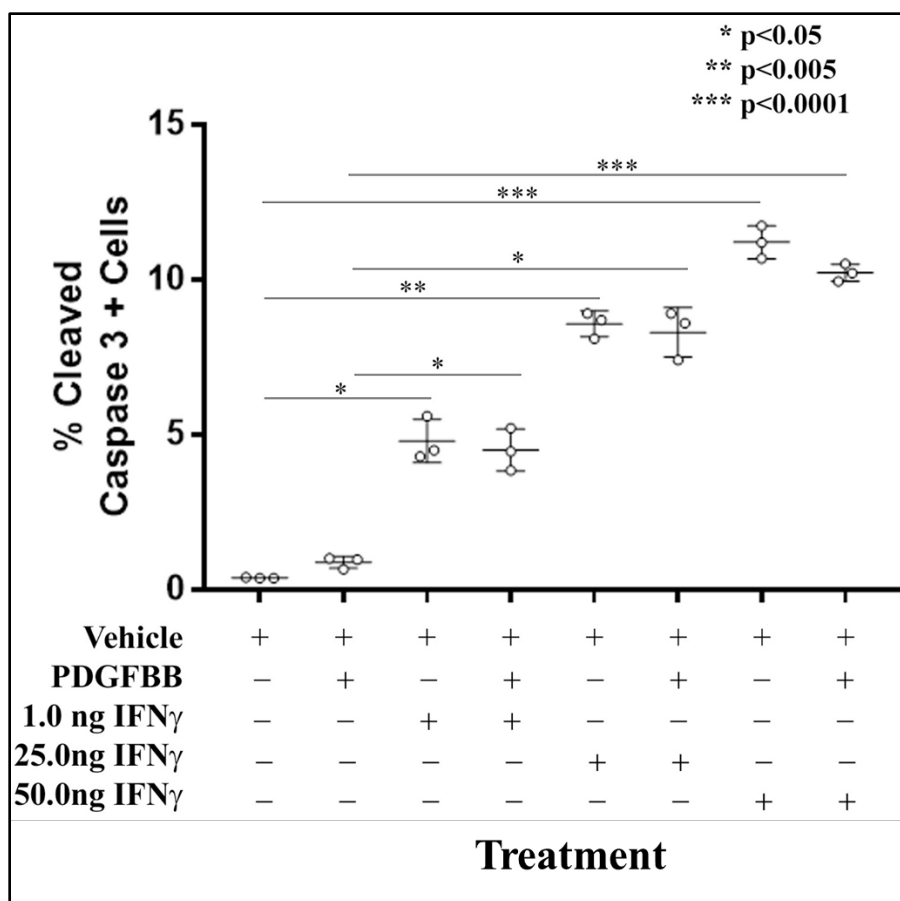


Figure 29 Cleaved caspase 3 activity increased with the addition of IFN- γ . Pericytes were treated for 72 hours with 0 (veh), 1, 25, or 50 of IFN- γ followed by 30 minute exposure to vehicle or 50 ng of PDGF-BB. Cells were collected then immunolabeled with cleaved caspase 3 (N=3). Percentage of cleaved caspase 3⁺ cells over total cells was graphed using the scatter dot plot function of GraphPad Prism with the average and error bars shown in black. Statistical significance was determined using a one-way analysis of variance (ANOVA) with a Tukey's multiple comparison test (* p<0.05; ** p<0.001; *** p<0.0001).

4. DISCUSSION

4.1 Summary

In the two mouse models, there are several early changes that have not been shown in the literature. Pericyte loss was evident as early as 3 weeks in both mouse models and there was changes in retinal vasculature of DB mice as early as 3 weeks and at 6 weeks in the Akita mice. Gliosis was present in the early progression of diabetes and many of the proinflammatory markers increase as early as 6 weeks. There were no substantial proliferation changes in astrocytes and microglia, although there were increases in activity level.

IFN- γ appeared to regulate apoptosis in isolated pericytes without regulatory mitosis. The increase in apoptosis revolved around an increase in active levels of cleaved PKC δ . At higher levels, the active cleaved PKC δ increased apoptosis by reducing the activity of AKT; however, there were no changes in the activity of ERK or PDGFR β . Lastly, changes in PCK δ and AKT were seen in chronic IFN- γ conditions, but not following acute treatments.

4.2 Two diabetic models display different disease progression

The two diabetic models have different patterns of DR disease progression. Although both mouse models have increased hyperglycemia as early as 4 weeks, the Akita mice are not obese compared to their WT counterpart throughout their lifespan while DB, even at 3 weeks, weigh more. The Akita models have decreased insulin in the blood (hypoinsulinemia) while, DB mice have increased insulin levels (hyperinsulinemia) (Yoshioka et al., 1997; Coleman, 1978). Insulin can contribute to differences seen in the reactivity of different glial cells (Gardner et al., 2002; Villacampa et al., 2013; Haurigot et al., 2009).

Both the DB and Akita mice show a decreased pericyte count as early as 3 weeks and these numbers remain at control levels. There seems to be a recovery of pericytes numbers at 18 weeks for the Akita mice, followed by a reduction in pericyte numbers at 24 weeks. The early 3 week decrease could be caused by either pericyte apoptosis or decreased pericyte recruitment signaling from the neural crest. Inflammation changes at 12 and 18 weeks in the Akita mice could allow for proliferation in pericyte numbers at 18 weeks. At the 12 week mark in the Akita mice, there are marked increases in ECM molecules like NCAN and MMP14, growth factors like CSF and GM-CSF, increase in recruitment molecules like CCL5, and an increase in regulatory factors like IRF8. There is increased gliosis in Müller glia, microglia, and astrocytes, without a corresponding increase in cell numbers of macroglia (Müller glia and astrocytes) and microglia. This increase in activity, along with the release of growth factors, has been shown to increase signaling in progenitor's cells and cause proliferation of astrocytes and endothelial cells (Burda and Sofroniew, 2014).

The differences in pericyte loss along with changes in glial activity could explain why the two models have differences in vascular structure as well. The decreased pericyte number throughout DB mice would correlate with the increased branching and some early vasculature area. Pericytes are important for the stabilization and maintenance of the retinal vasculature and their loss could result in enlarged vessels and decreased stability of these vessels, as shown from the increased branches and vasculature changes in early stage DB mice (Hellstrom et al., 2001; Sweeney et al., 2016; Bergers and Song, 2005). As the DB mice age, there might be some compensatory mechanism that helps restore vasculature area. The Akita mice only show significant branching at the 6 week mark could mean that obesity and/or the underlying metabolic disorder plays a major difference in vasculature changes.

In the two mouse models, there are few changes in microglia and astrocyte numbers, but there is significant change in astrocyte and microglia activity. There are however, small changes in microglia numbers as DB mice have increased microglia at 12 week and a decrease at 3 week while the Akita mice show no changes in microglia number at all. Activated microglia enhance phagocytosis, proliferation, migration, and can induce release of cytokines like TNFs, IL-6 (Langmann, 2007). This is consistent with the increased mRNA levels *Cd68* and *Iba1* along with *Tlr4* and *Il6*.

There are very important changes seen in DB mice that have not been the described in literature in pericytes. Most pericyte loss and vascular changes in DB mice have been shown to occur at 6 months stage, while in our study there are changes as early as 3 weeks (Linwincz et al., 1990; Chou et al., 2014). There is a decrease in mRNA levels of ECM molecules, *Mmp14* and *Ncan* at early stages and a decrease in many proinflammatory markers like *Ifny*, *Il6*, and *Vegf*. This would suggest that DB mice have an anti-inflammatory environment early in their life. It has been shown in other models that a lack of leptin function can impair immunity, through a decreased spleen and thymus function (Wellen and Hotamisligil, 2005). Starting at 6 weeks, after hyperglycemia and obesity start to increase, there is an increase in proinflammatory markers and some gliosis markers. At 12 and 18 weeks, there is a significant increase in the mRNA levels of proinflammatory and gliosis markers. The increase in activity in other cells can cause changes associated with inflammation (Burda and Sofroniew, 2014).

In the Akita mice, there are differences in disease progression in comparison to DB mice. Even though there is a decrease in pericyte numbers as early as 3 weeks, there is no corresponding vasculature change at 3 weeks. There is also pericyte recovery at 18 weeks, which was not seen in the DB mice. The inflammation pattern is very similar to DB mice after

hyperglycemia initiates, as there is an increase in many proinflammatory markers at 6 weeks. There is a concomitant increase in mRNA levels of gliosis markers at 12 weeks. This evidence suggests that glucose level is not the only factors influencing the pathology of DR, but obesity may also play a role.

4.3 Downstream effects of PDGFR β changed in IFN- γ treatments

In the in-vivo studies of pro-inflammatory markers, we determined that there was an increase in IFN- γ mRNA and protein. Further studies were focused on the role of IFN- γ in pericyte survival. PDGF-BB treatment activates PDGFR β and causes activation of ERK and AKT, which was used as our positive control (Chaudhary and Hruska, 2001). There were some major differences in acute treatments and chronic treatments in affecting PDGFR β signaling. Both treatments had small but statistically insignificant decreases in overall PDGFR β expression, though the activity of the receptor did not appear to change measurably. In the chronic treatments; however, there is decreased levels of pAKT, while the pAKT levels in the acute treatments did not appear to change. High levels of IFN- γ appear to cause an increase in apoptosis, specifically using the P13K/AKT pathway as there was no change in ERK signaling in both the chronic and acute conditions. There is an increase in the overall ERK levels at the acute treatment was not present following chronic treatment with IFN- γ .

The acute phase increase in overall ERK expression with the lack of change in phosphorylation suggests the cells could be undergoing apoptosis. While AKT has been found to be very anti-apoptotic, ERK has been found to be activated in both survival and apoptosis. ERK signaling promotes anti-apoptotic proteins, such as B-cell lymphoma 2 (BCL-2), myeloid leukemia cell differentiation protein (MCL-1), inhibitor of apoptosis (IAP) and represses pro-apoptotic proteins, BAD and BCL-2-like protein 11 (BIM) (Cagnol and Chambard, 2009).

However, ERK has also been shown to activate apoptosis through caspase-8 activation or cytochrome c release (Cagnol and Chambard, 2009).

It has been found that hyperglycemia does increase activation of both SHP-1 and PKC δ (Geraldes et al., 2009). SHP-1, a well-known phosphatase, can negatively regulate AKT, ERK, and PDGFR β signaling under some circumstances; however, we did not detect a measurable change in pERK or pPDGFR β (Lodeiro et al., 2011). PKC δ and AKT have been shown to regulate each other in other models (Li et al., 2006; Gao et al., 2008, Tanak et al., 2003). The activity and even amount of PKC δ was increased as IFN- γ was added in our pericytes. PKC δ has been shown to increase apoptosis its nuclear translocation and subsequent activation of p53 and release of cytochrome c (Coutinho et al., 2009). The release of cytochrome c increases cleavage and activity of caspase 3, which was seen in the chronic IFN- γ treatments (Liu et al., 2015). Cell proliferation; however, was not affected by chronic IFN- γ treatment. This suggests that inflammation does play a role in pericyte cell death, similar to what Jansson et al. found in their study (2016). However, Jansson et al. found a decrease in PDGFR β , AKT, and ERK signaling which we did not detect (2016). This could be due to a couple of reasons. Animal models of diseases progress differently than humans as mouse models have not been found to fully replicate chronic human inflammatory diseases (Seok et al., 2013). The pericytes used by Jansson et al. were isolated from human patients with epilepsy while our pericytes were from obtained from a diabetic mouse model (2016). Epilepsy can induce changes like increased pericyte loss, changes in astrocyte and endothelial cells, and changes in inflammation itself (Vezzani et al., 2005; Liwnicz et al., 1990; Heinemann et al., 2012).

4.5 Future Directions

IFN- γ specifically activates the janus kinase (JAK) and signal transducers and activators of transcription (STAT), specifically JAK 1 and JAK2 into STAT1. JAK1 and JAK2 along with STAT1 should be furthered studies to see the effects of their roles in apoptosis, PKC δ , and PDGFR β in pericytes IL-6 treatments should be done to see if this apoptosis and AKT signaling is STAT-1 specific or if STAT3 and other STAT's can also produce similar results (Rawlings et al., 2004). Other growth factors involved in angiogenesis, like VEGF, can also be looked at to see if this pathway is similarly affected. IFN- γ , as found in our study, does not directly affect PDGFR β signaling, but it does affect PKC δ and AKT activity. There could be other pathways that IFN- γ affects that were not examined. TNF- α has been shown to interact with IFN- γ (Gabay et al., 1999; Loddenkemper et al., 2006; Tilg et al., 1994). A combination of different pro-inflammatory factors, like TNF- α with IFN- γ , in PDGFR β signaling in pericytes as well as pericyte survival.

In-vivo studies may not have the same effect as in-vitro studies. PDGFR β signaling in both animal models should be looked at in-vivo to see if similar results as seen by in-vitro results. Pericyte loss should be further examined in 3 week mice to determine the exact cause. Cytochrome c and caspase activity should be looked at in 3 week mice to determine if pericyte loss is due to apoptosis. Assays that determine the activity of recruitment should be looked in 3 week mice to determine if this loss is due to lack of signaling, as other studies have shown that injections of PDGF-BB can cause abnormal modeling of the developing vasculature (Benjamin et al., 1998). Insulin levels play a big role in development of DR disease and the effects of insulin needs to be looked at to see if it has a role in pericyte cell death or signaling.

Although mouse models are good for early disease modeling in DR, they are not great models for late stage pathogenesis of DR. Retinal neovascularization, which does occur in humans, does not occur in mice unless induced through ischemia or having a specific targeted VEGF mutation (Grossniklaus et al., 2010). One reason could be due to mice are resistant to getting high blood pressure (hypertension) and formation of plaques in the arteries (atherogenesis) unless induced through targeted gene mutations (Breyer et al., 2004; Leong et al., 2015). Diabetic mouse models, like Akita and DB mice, lack renal failure that can be found in long-term diabetes (Breyer et al., 2004). Mouse models lack the clathrin heavy chain on chromosome 22 (CHC22) protein, which is important for glucose transport (Vassilopoulos et al., 2009). It is one or several of these differences in species why mouse models do not get the advanced stages of diabetes and DR, seen in humans. Further studies on DR and pericyte loss should be done on mouse models exhibiting both diabetes and one of the other factors, like renal failure or high blood pressure, to look at a better model for DR disease progression and more targets for drugs combating DR progression.

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