

**An Najah National University**  
**Faculty of Graduate Studies**

**Molecular Characterization of Methicillin Resistant  
*Staphylococcus aureus* Strains Isolated from Hospitals  
Surfaces, Equipments and Patients in Northern Palestine**

**By**  
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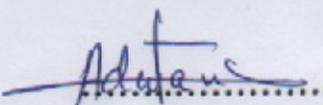
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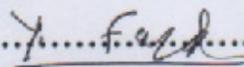
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## **Dedication**

I dedicate This Thesis to my Mother, Father, Sisters, Brothers, all the family members and friends, my fiancé Ahmad and SITTCO team for their help and support to accomplish this work.

To my Grandmother's Soul ...

## **Acknowledgements**

I wish to express my deepest gratitude to my thesis supervisor, Dr. Ghaleb Adwan for his supervision, constant encouragement, indispensable guidance throughout this work, constructive comments and for his valuable criticism. Special thanks goes to Dr. Ali Barakat for his statistical consultations.

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I would thank my family, specially my mother and father for their continuous love and support in my decisions and my life.

Thank you all ...

## الإقرار

أنا الموقع أدناه، مقدم الرسالة التي تحمل العنوان:

### **Molecular Characterization of Methicillin Resistant *Staphylococcus aureus* Strains Isolated from Hospitals Surfaces, Equipments and Patients in Northern Palestine**

أقر بأن ما شملت عليه هذه الرسالة إنما هو نتاج جهدي الخاص، باستثناء ما تمّت الإشارة إليه حينما ورد، وأنّ هذه الرسالة ككل، أو أيّ جزء منها لم يقدّم من قبل لنيل أيّ درجة أو لقب علميّ لدى أيّ مؤسسة تعليمية أو بحثية أخرى.

### **Declaration**

The work provided in this thesis, unless otherwise referenced, is the researcher's own work, and has not been submitted else where for any other degree or qualification.

**Student's Name:**

اسم الطالب:

**Signature:**

التوقيع:

**Date:**

التاريخ:

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## Abbreviations

<b><i>agr</i></b>	accessory gene regulator
<b>CA-MRSA</b>	Community Acquired Methicillin Resistant <i>Staphylococcus aureus</i>
<b>CPAP</b>	Continuous positive airway pressure
<b>dNTPs</b>	deoxynucleotide triphosphates
<b>EDTA</b>	Ethylendiaminetetraacetic acid
<b>ERIC PCR</b>	Enterobacterial Repetitive Intergenic Consensus PCR
<b>HA-MRSA</b>	Health Acquired Methicillin Resistant <i>Staphylococcus aureus</i>
<b>MHA</b>	Meuller Hinton Agar
<b>MLST</b>	Multilocus Sequence Typing
<b>MRSA</b>	Methicillin Resistant <i>Staphylococcus aureus</i>
<b>MSA</b>	Mannitol Salt Agar
<b>MSSA</b>	Methicillin Susceptible <i>Staphylococcus aureus</i>
<b>NA</b>	Nutrient Agar
<b>NB</b>	Nutrient Broth
<b>PBP</b>	Penicillin-binding protein
<b>PCR</b>	Polymerase Chain Reaction
<b>PFGE</b>	Pulsed-Field Gel Electrophoresis
<b>PVL</b>	Panton-Valentine leukocidin
<b>REP</b>	Repetitive Extragenic Palindromic
<b><i>S.aureus</i></b>	<i>Staphylococcus aureus</i>
<b>SCC<i>mec</i></b>	Staphylococcal Cassette Chromosome <i>mec</i>
<b><i>Spa</i></b>	<i>Stapylococcus</i> protein A
<b>TSB</b>	Tryptone Soy Broth

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**Abstract**

*Staphylococcus aureus* is considered one of the most important pathogens to humans and animals. Infections of this pathogen can be acquired through both hospital and community settings.

This study aimed to investigate the contamination of environmental surfaces with MRSA in two hospitals in Northern Palestine, Rafidia Hospital (Nablus) and Thabet Thabet hospital (Tulkarm). In addition, to investigate molecular characterization of MRSA strains isolated from the patients and their environment in these hospitals and to use molecular methods to study the identity among these strains.

Two hundred sixty five swabbed samples were collected from two hospitals (Rafidia Hospital, 100 environmental samples and 34 clinical and nasal swab samples; Thabet Thabet Hospital, 96 environmental samples and 35 clinical and nasal swab samples).

Results showed that, 71 and 79 samples were mannitol fermenters from Rafidia hospital and Thabet Thabet hospital, respectively. Incidence of *S. aureus* in Rafidia hospital and Thabet Thabet hospital was 23.1% and

37.4%, respectively. The number of MRSA among *S. aureus* in both hospitals was 13 strains, Rafidia hospital 29% (n=9) and Thabet Thabet hospital 8.2% (n=4).

Results of this research showed that these 13 strains were resistant to oxacillin using Disk diffusion method. All strains showed *mecA* gene by PCR technique. These strains carried different antibiotic resistance genes including *aacA-aphD* (Gentamicin), *erm(C)* (Erythromycin and clindamycin), *tetK* (Tetracyclin).

SCC*mec* typing identified that the majority (84.6%) of isolates carried SCC*mec* type II ( $n = 11$ ), which is traditionally associated with HA-MRSA. Types I and III were not detected in this study. Strain No. 64T (7.7%) harbored SCC*mec* type IVa, which is traditionally associated with CA-MRSA. Strain 3HPR (7.7%) was non-typeable. Pantón–Valentin leukocidin (PVL) was detected in 2 (14.3%) samples (3HPR and 4HPR) isolated from patients; PVL that was detected in 4HPR sample was associated with SCC*mec* type II while that was detected in 3HPR SCC*mec* was non-typeable. PVL genes of these positive samples were sequenced.

The results also showed that ERIC PCR analysis revealed to that all the 13 MRSA had 12 different patterns. Samples 48BT and 99AT had the same pattern that were no bands under these conditions of ERIC PCR. Both samples were isolated from Thabet Thabet Hospital from environment

(patient bed) and patient (nasal swab) for strains 48BT and 99AT, respectively. Three clinical and nasal swab isolates (3HPR, 4HPR and 99AT), were investigated by *spa* typing, indicating that the 3 isolates were clonally non related. Strains 4HPR and 99AT were belonged to clones t044 and t386, respectively, while the third strain 3HPR is new clone. The nucleotide sequences reported in this study were further registered at the GenBank database under the accession numbers ( KJ544514, KJ544515, KJ544516, KJ544517 and KJ544518).

This study characterized MRSA burden in environmental surfaces, clinical samples and nostrils of some patients using conventional environmental sampling methods (e.g., swab cultures). Special attention to infection control policies, work practices, and cleaning techniques are necessary to reduce the risk potential of MRSA transmission in hospital staff and patients. The association between environmental contamination and the epidemiology of *S. aureus* nosocomial infections is complex and thus further investigations are needed to reach a better understanding of this relationship.

# **Chapter One**

## **Introduction**

## 1.1 General Background

Bacteria of the *Staphylococcus* genus comprise various species and subspecies that are widely distributed in nature and found mostly in the skin and mucous membranes of birds and mammals. They are Gram-positive cocci, grapelike structures. These bacteria are non spore-former, and most of the species are facultative anaerobic organisms. Species of the *Staphylococcus* genus are the most common pathogens in hospital environments, and they are the etiological agents of a wide variety of infections (Tenover, 2000). *Staphylococcus aureus* (*S. aureus*) is considered one of the most important pathogen to humans and animals. *S. aureus* infections can be acquired through both hospital and community settings. This pathogen causes the majority of all hospital-acquired infections. It is the most common cause of surgical wound infections and pneumonia, and the second most common cause of bacteraemia. Other infections caused by this pathogen include endocarditis, septicaemia, osteomyelitis, meningitis, various types of skin infections, gastroenteritis, and toxic shock syndrome (Elliot *et al.*, 2001; Hartmann *et al.*, 2004). However, many of these infections are difficult to treat because of evolved resistance to antimicrobial drugs. About 30% of individuals carry this organism in the anterior nares at any given time (Ryan, 2004). Carriage occurs mostly on the skin and the organism is found in large quantities on the mucous membranes of the anterior nares and vagina. Carriers serve as a source of infection to themselves and others via direct contact or contamination of fomites (Elliot *et al.*, 2001).

## 1.2 Polymerase Chain Reaction (PCR)

Polymerase chain reaction (PCR) is a scientific technique in molecular biology to amplify a single or a few copies of a piece of DNA across several orders of magnitude, generating thousands to millions of copies of a particular DNA sequence. It is a common and often indispensable technique used in medical and biological research labs for a variety of applications. There are three major steps involved in the PCR technique: denaturation, annealing, and extension. PCR is useful in the investigation and diagnosis of a growing number of diseases (Joshi *et al.*, 2011).

## 1.3 Resistance to Antibiotic and SCC $mec$ Types

Antibiotic resistance occurs when a microbe acquires a gene, which allows the microbe to inactivate the antimicrobial agents by a different mechanisms. Acquisition of these genes may occur spontaneously, due to genetic mutation or involve acquisition of a mobile genetic element such as a plasmid, transposon, integron, or gene cassette (Muto *et al.*, 2003). Methicillin Resistant *Staphylococcus aureus* (MRSA) are resistant to all penicillins, including semi synthetic penicillinase-resistant congeners, penems, carbapenems, and cephalosporins. The most important mechanism of resistance to penicillin is caused by the acquisition of an exogenous gene, *mecA*, that encodes an additional  $\beta$ -lactam-resistant penicillin-binding protein (PBP), termed PBP-2' (or PBP-2a). Another gene involved in penicillin resistance in staphylococci is *blaZ* which encodes  $\beta$ -lactamase (Malachowa and DeLeo, 2010). *mecA* gene, which is located on

Staphylococcal cassette chromosome *mec* (SCC*mec*). Eight different types of SCC*mec* (I–VIII) have been defined up to date, but only type I–V are globally distributed. SCC*mec* typing accompanied with overall genotyping has already provided strong evidence for the independent origins of health-care associated MRSA and community-acquired (Ghaznavi-Rad *et al.*, 2010). The emergence of MRSA strains has become a major concern, especially in the hospital environment due to few therapeutic options, MRSA increases length of hospitalization, hospital costs, attributable morbidity and mortality as compared with those associated with methicillin sensitive *S. aureus* (MSSA) (Sydnor and Perl, 2011). The prevalence of methicillin resistance among clinical *S. aureus* isolates in Palestine was 56.4% (Adwan *et al.*, 2009).

#### **1.4 Panton-Valentine leukocidin (PVL) Acquisition**

Practically all of the emerging community-associated MRSA (CA-MRSA) strains, carry Panton-Valentine leukocidin (PVL) virulence genes and possess a novel small mobile staphylococcal cassette chromosome *mec* (SCC*mec*) type IV or V genetic element which harbors the methicillin resistance (*mecA*) gene and which is more easily transferred to other strains of *S. aureus* than the larger SCC*mec* types (types I to III) that are prevalent in hospital-acquired MRSA (HA-MRSA) strains. The PVL is a bicomponent leukocidin encoded by two cotranscribed genes, namely, *lukS-PV* and *lukF-PV* (*lukS/F-PV*), which cause leukocyte destruction and tissue necrosis. The presence of PVL virulence genes in *S. aureus* is

associated with increased disease severity, ranging from cutaneous infection to severe chronic osteomyelitis and deadly necrotizing pneumonia (McClure *et al.*, 2006).

### **1.5 Molecular typing of *S. aureus***

Numerous molecular typing methods have been developed for *S. aureus*, including Pulsed-Field Gel Electrophoresis (PFGE), MultiLocus Sequence Typing (MLST), but also typing based on sequence polymorphisms of the following loci: the Staphylococcal Cassette Chromosome *mecA* (SCC*mec*), the accessory gene regulator (*agr*) and the X region encoding protein A (*spa* gene) (Harmsen *et al.*, 2003; AL-Tam *et al.*, 2012). In the last ten years, the *spa*-typing based on the X region of the protein A gene has become a standard method for *S. aureus* (Valentin-Domelier *et al.*, 2011; Basset *et al.*, 2012; ). The X region of *spa* locus is composed of variable numbers of repeats of 21 to 27 base pairs (24-bp repeat being the most common one). Its diversity is attributed to deletions or duplications of these repeats and, more seldom, to point mutations (Shopsin *et al.*, 1999; Kahl *et al.*, 2005). Numerous papers showed the usefulness of this region to characterize both micro- and macro-variation in *S. aureus*. Nowadays more than 500 repeats and more than 10000 *spa*-types were described according to the sequence and organization of repeats, considering repeat polymorphism, association of repeats and number of repeats. The *spa* typing can be used to investigate both the molecular evolution and hospital outbreaks of MRSA. The main advantage of *spa* typing over MLST is its

simplicity, since it involves sequencing of only a single locus (AL-Tam et al., 2012).

ERIC PCR is a PCR-fingerprinting technique but it is not arbitrary because the primer was designed to known target sequence. The primers used in ERIC PCR are complementary to repetitive sequence that highly conserved in the genome DNA. There are few repetitive sequences have been reported in bacteria genome include enterobacterial repetitive intergenic consensus (ERIC) sequences, repetitive extragenic palindromic (REP) sequences, and BOX elements. The enterobacterial repetitive intergenic consensus (ERIC) sequences are present in many copies in the genomes of different enterobacteria such as *Escherichia coli*, *Salmonella typhimurium* (Hulton et al., 1991; Zulkifli et al., 2009). These elements are highly conserved at the nucleotide level, 126 bp long, and include a central core inverted repeat. The position of ERIC elements in enterobacterial genomes varies between different species and has been used as a genetic marker to characterize isolates within a bacterial species (Versalovic et al., 1991; Son et al., 2002). In ERIC-PCR a band pattern is obtained by amplification of genomic DNA located between ERIC elements or between ERIC elements and other repetitive DNA sequences. This technique uses consensus primers in the PCR to amplify DNA sequences located between successive repetitive elements such as ERIC sequence for subtyping Gram-negative enteric bacteria (Hulton et al., 1991; Zulkifli et al., 2009).

## 1.6 Literature Review

The major reservoirs for MRSA are colonized or infected patients and, occasionally, personnel in the hospital (Boyce, 1992). Environmental surfaces frequently touched by health care workers are commonly contaminated in the rooms of patients colonized or infected with MRSA. Nosocomial infections result in severe health and financial difficulties for patients and healthcare facilities. Multidrug-resistant strains of *S. aureus*, particularly MRSA, pose a major clinical and epidemiological problem in hospitals, as they are easily transferred among hospital staff and patients (Neely *et al.*, 2005). It was also found that contamination of the inanimate environment with MRSA occurred when either infected or colonized individuals were present in hospital rooms. It was demonstrated how the hands (gloved or otherwise) of healthcare workers can become contaminated, presumably by touching surfaces in the immediate vicinity of an infected patient (Boyce, 1997; Bhalla *et al.*, 2004). More clearly, it was found that 65% of nursing staff that had directly treated an infected individual contaminated their gowns/uniforms with the organism. MRSA contamination of gloves was also observed in 42% of personnel who had no direct contact with the patient, but had touched surfaces in infected patient's rooms (Boyce *et al.*, 1997). The proportional of hospital surfaces contaminated with MRSA has varies considerably in published studies, ranging from 1%-27% surfaces in patient rooms or regular hospital wards, and from a few percent to 64% of surfaces in burn units with MRSA patient (Boyce, 2007). Rates of environmental contamination also vary on

the basis of the site of infection in source patients: contamination is more common in the rooms of patients with infected urine or wounds than it is in the rooms of patients with bacteremia only (Boyce *et al.*, 1997). In other study, contamination is more common in the rooms of patient with heavy gastrointestinal colonization by MRSA and concomitant diarrhea than it is in the rooms of patients with MRSA at other body sites, but not in their stool (Otter *et al.*, 2006). Also, The inanimate environment of burn units tends to be more heavily contaminated than that of non-burn units: MRSA contamination rates range from 1% to 18% in non-burn wards and up to 64% in burn units (Boyce *et al.*, 1997). Hydrotherapy rooms associated with burn units have a particularly high contamination rate (Boyce *et al.*, 1992). *S. aureus* has been isolated from hospital mattresses during an outbreak. Moist mattress padding and leaks in mattress covers are common findings during outbreaks (Ndawula *et al.*, 1991).

It was found that at least 16% of patients were colonized with MRSA. A significant factor contributing to the transmission of microorganisms is their ability to survive on environmental surfaces (Hails *et al.*, 2000). It also found that keyboards and mice might serve as a source for the transmission of microorganisms. Computer keyboards and mice might serve as a source for the transmission of microorganisms in the intensive care unit (ICU) (Hartmann *et al.*, 2004; Anastasiades *et al.*, 2009). Qualitative bacteriological sampling was used to show that the colonization rate for keyboards and mice with potentially pathogenic bacteria was greater than that of other surfaces in the ICU (Hartmann *et al.*, 2004).

Studies have shown contamination of common hospital surfaces such as room door handles (Oie et al., 2002), sterile packaging (Dietze et al., 2001), gowns and gloves (Boyce et al., 1997), mops (Oie and Kamiya, 1996), ward fabrics and plastics (Neely and Maley, 2000), healthcare workers pens (Banerjee et al., 1999), keyboards and taps (Bures et al., 2000; Hartmann *et al.*, 2004; Anastasiades et al., 2009), curtains (Trillis et al., 2008), stethoscopes (Cohen et al., 1997), ultrasonic nebulizers (Schultsz et al., 2003), ventilation grills (Cotterill et al., 1996; Kumari et al., 1998), blood pressure cuff (de Gialluly et al., 2006) and telephones and mobiles (Ciragil et al., 2006; Trivedi et al., 2011) by MRSA. In addition to this, there is mounting indirect evidence of a link between contaminated surfaces and nosocomial infection (Boyce et al., 1997; Talon, 1999; Bhalla et al., 2004). It was shown by molecular methods that identical or closely related isolates were recovered from the patient and their environment, suggesting possible environmental contamination of the isolation rooms, possibly contributing to endemic MRSA (Sexton et al., 2006).

In Palestine, molecular characterization of MRSA strains isolated from the patients and their environment in hospitals and to use molecular methods to study the identity among these strains and to identify the identity between clones of *S. aureus* circulating in hospitals including environmental surfaces in Northern Palestine has not been investigated previously.

## **1.7 Objectives**

This study aims to:

1. Investigate the contamination of environmental surfaces with MRSA in two hospitals in Northern Palestine.
2. Investigate molecular characterization of MRSA strains isolated from the patients and their environment in hospitals and to use molecular methods to study the identity among these strains.

**Chapter Two**  
**Materials and Methods**

## **2.1 Study area and site of samples analysis**

The Samples were collected from Two government hospitals in northern West Bank which are Rafidia Hospital-Nablus and Thabet Thabet Hospital-Tulkarm.

The collected Samples were cultured, identified and analyzed in Department of Biology and biotechnology, Science college, An-Najah National University, Nablus-Palestine.

## **2.2 Media preparation**

### **2.2.1 Tryptone Soy Broth (TSB):**

Tryptone Soy Broth (OXOID) was prepared according to manufacturer's instructions labeled on the bottle. In a 0.5 L bottle, 250 ml deionized water were mixed and boiled with 7.5 gm TSB to dissolve. The broth was then distributed into tubes to have 5 ml each and plugged with cotton. The tubes were autoclaved at 121 °C for 15 minutes, allowed to cool and then refrigerated.

### **2.2.2 Nutrient Broth (NB):**

Nutrient broth (ACUMEDIA) was prepared according to manufacturer's instructions labeled on the bottle. In a 0.5 L bottle, 250 ml deionized water were mixed and boiled with 2 g of NB to dissolve. The broth was then distributed into tubes to have 5 ml each and plugged with cotton. The tubes

were autoclaved at 121 °C for 15 minutes, allowed to cool and then refrigerated.

### **2.2.3 Nutrient Agar (NA):**

Nutrient agar (ACUMEDIA) was prepared according to manufacturer's instructions labeled on the bottle. In a 1 L bottle, 500 ml deionized water were heated and mixed with 11.5 g NA until the agar dissolved. The solution was allowed to boil for 1 minute, and then autoclaved at 121 °C for 15 minutes. After that it was allowed to cool to about 45 °C. The agar was poured into sterile Petri dishes to have 20 ml each and left overnight at room temperature. The following morning the Petri dishes were turned upside down and refrigerated.

### **2.2.4 Mannitol salt agar (MSA):**

BBL™ Mannitol agar (BD) was prepared according to the manufacturer's instructions labeled on the bottle. In a 0.5 L bottle, 250 ml deionized water were heated and mixed with 27.75 g MSA until the agar dissolved. The solution was allowed to boil for 1 minute, and then autoclaved at 121 °C for 15 minutes. After that it was allowed to cool to about 45 °C, and poured into sterile Petri dishes to have 20 ml each, then left overnight at room temperature. The following morning the Petri dishes were turned upside down and refrigerated.

### **2.2.5 Meullar Hinton agar (MHA):**

Meullar agar (BD) was prepared according to manufacturer's instructions labeled on the bottle. In a 2 L bottle, 1 L of deionized water were mixed with 38 g MHA and 20gm NaCl, heated and stirred until the agar dissolved. The solution allowed to boil for 1 minute, and then autoclaved at 121 °C for 15 minutes. After that it was allowed to cool to about 45 °C, and the agar was poured into sterile Petri dishes to have (25-30) ml each that was left overnight at room temperature. The following morning the Petri dishes were turned upside down and refrigerated.

### **2.3 Samples collection and Bacterial identification**

Samples were collected between October and November 2013. Collection of samples was performed from two hospitals in Northern Palestine. Rafidia hospital in Nablus City (Table 2.1) and Thabet Thabet hospital in Tulkarm City (Table 2.2), with total number of beds 215 and 114, respectively, for the year 2013. A total of 196 samples from different environmental surfaces and equipments (n=100 from Rafidia hospital and n=96 from Thabet Thabet hospital) have been collected. Other 69 samples from Patients (n=34 from Rafidia hospital and n=35 samples from Thabet Thabet hospital) have been also collected. The surfaces included in this study were incubators of new born, breathing masks, bed side cabinets, floors, door knobs, bed rails, faucets, light buttons and other items are mentioned in Tables 2.1 and 2.2. These surfaces were sampled with a saline moistured sterile cotton swab, immediately transferred into 5 mL TSB and

incubated for 18-24 h at 37°C. Thereafter, 10 µL from each TSB tube were subcultured on MSA using platinum loop to get isolated colonies. Yellow colonies (mannitol fermentors) were then subcultured on NA and furthermore they were identified by Gram Stain, Catalase test and Coagulase test both slide & tube methods.

Samples from patients were obtained by swabbing nares and processed as mentioned before.

**Table 2.1: Hospital wards, source and number of samples collected from Rafidia Hospital**

<b>Hospital ward</b>	<b>Sample source</b>	<b>Number of samples</b>
<b>Neonatal</b>	Baby incubator	7
	Water tap	2
	Medication trolley	1
	Ambu bag buff	3
	Masks	2
	CPAP machine (tubes)	1
	Patient monitors	2
	Ventilator	2
	Floor	1
	Window	1
	Milk preparing trolley	1
	Refrigerator door handle	2
	Door	1
	Chairs	1
	Staff keyboard	2
	Staff mouse	1
	Staff telephone	1
<b>Pediatric</b>	patients beds	15
	Floor	2
	Door handle	6
	Masks	5
	Light button	2
	TV button	1
	Pulse oximeter sensor	1
	Water tap	5
	Bed side cabinet	1
	Window	2
	Wall	1
	Food trolley	1
	Drug trolley	1
	Staff keyboard	1
	Staff mouse	1
	Linen trolley	1
	Chairs	2
	Refrigerator door handle	1
	patients	9
<b>Men's and Urology</b>	Patients (males and females)	20
	Patients beds	20
<b>Hospital Lab</b>	Patients	5
<b>Total number of the collected samples</b>		<b>134</b>

**Table 2.2. Hospital wards, source and number of samples collected from Thabet Thabet Hospital.**

<b>Hospital Ward</b>	<b>Sample source</b>	<b>Number of samples</b>
<b>Neonatal</b>	Baby closed incubator	5
	Water tap	2
	Floor	2
	Chair	1
	Door handle	1
	Balance	1
	Window	1
	Drug trolley	2
	Phototherapy unit	3
	Bed Side cabinet	1
	Nurse telephone	1
	table	1
	Light button	1
	Drug cabinet	1
	New born mask	2
	Infusion pump	1
<b>Pediatric</b>	Bed	11
	Bed side cabinet	5
	Water tap	4
	Door Handle	4
	Floor	1
	Wall	1
	Light button	1
	Window	1
	Bed side table	1
	Patient female	1
	Mask	5
	TV button	1
	Patient monitor/button	1
	Drug trolley	1
	Nurse central telephone	1
	Chair	1
	Scale	1
	Patient archiving trolley	1
	Cleaning trolley	1
<b>Surgical and Internal Medicin</b>	Beds of clinical patients	28
	Patients	28
<b>Hospital Lab</b>	Patient samples	6
<b>Total number of the collected samples</b>		<b>131</b>

### **2.3.1. Identification of *S. aureus*:**

*S. aureus* isolates recovered in this study were identified and confirmed by the following tests:

#### **2.3.1.1. Mannitol fermentation:**

Aseptically a single line of inoculation of test organism was cultured on MSA. The plate culture was incubated for 24 hours at 37°C (Cappiccino and Sherman 1996).

#### **2.3.1.2. Gram staining:**

Gram staining of bacteria was performed from NA as described by Cappiccino and Sherman (1996).

#### **2.3.1.3. Catalase test:**

Catalase test was carried out by addition 1-2 drops of 3% hydrogen peroxide (3 ml of 30% Stock hydrogen peroxide concentration with 97 ml sterile water) on bacterial colony cultured on NA (Cappiccino and Sherman 1996).

#### **2.3.1.4. Slide coagulase test:**

One Staphylococcal colony from NA and one drop of diluted citrated plasma (1 ml citrated plasma with 3 ml sterile normal saline) were mixed on a slide. Agglutination or clumping of cocci within 1 minute was

considered as positive (Cappiccino and Sherman 1996). Negative samples were further tested by tube coagulase test.

#### **2.3.1.5. Tube coagulase test:**

This test was done by inoculating 1 ml of diluted (1:4) fresh citrated human plasma with a catalase positive colony from NA in a tube. The tube was then incubated for 18-24 hours at 37°C and inspected from time to time for the presence of clumping or agglutination (Cappiccino and Sherman 1996).

### **2.4. Antibiotic resistance**

#### **2.4.1 Oxacillin disk diffusion test**

Oxacillin (1 µg) antibiotic disks (Oxoid) was used to detect methicillin resistant *S. aureus*. Zones of inhibition was determined in accordance with procedures of the Clinical and Laboratory Standards Institute (CLSI, 2011), isolates were categorized as susceptible and resistant. According to Oxacillin, *S. aureus* isolates were considered susceptible if inhibition zones were  $\geq 13$  mm after incubation on 2% NaCl MHA at 35°C for 24 hours.

### **2.5. DNA extraction and polymerase chain reaction**

#### **2.5.1. DNA extraction:**

*S. aureus* DNA was prepared for PCR according to method described previously (Adwan et al., 2013a). Briefly, cells were scraped off an overnight nutrient agar plate with a sterile loop, washed twice with 1 ml of

1X Tris-EDTA buffer (10 mM Tris-HCl, 1 mM EDTA [pH 8]), then the pellet was resuspended in 0.5 ml of sterile distilled H<sub>2</sub>O, and boiled for 10-15 min. The cells then were incubated on ice for 10 min. The debris pelleted by centrifugation at 11,500 X g for 5 min. DNA concentration was determined using spectrophotometer and the samples stored at -20°C until use for further DNA analysis.

### **2.5.2. PCR assay for PVL detection:**

The primer sequences for the PVL gene were described previously (McClure et al., 2006), for *luk-PV-1*, (5-ATC ATT AGG TAA AAT GTC TGG ACA TGA TCCA-3); for *luk-PV-2*, (5-GCA TCA AGT GTA TTG GAT AGC AAA AGC-3). The PCR reaction mix with a final volume of 25 µL, was performed with 12.5 µL of PCR premix with MgCl<sub>2</sub> (ReadyMix™ 1.5 U Taq PCR Reaction Mix with 0.2 mM dNTP and 1.5 mM MgCl<sub>2</sub>, Sigma), 0.4 µM of each primer and 2 µL of template DNA. The amplification was carried out using the thermal cycler (Mastercycler personal, Eppendorf, Germany) according to the following thermal conditions: denaturation at 94 °C for 30 s, annealing at 50 °C for 30 s, extension at 72 °C for 1 min (30 cycles), with a final extension step at 72°C for 2 min. The PCR products were resolved by electrophoresis through 1.5% agarose gels to determine the size of amplified fragment (433 bp) after ethidium bromide staining (0.5 µg/ml).

### **2.5.3. Multiplex PCR assay for SCC*mec* typing:**

The primer sets used for SCC*mec* typing were described previously (Ghaznavi-Rad et al., 2010), Table 2.3. Each PCR reaction mix (25  $\mu$ L) was performed using 12.5  $\mu$ L of PCR premix with MgCl<sub>2</sub> (ReadyMix™ 1.5 U Taq PCR Reaction Mix with 0.2 mM dNTP and 1.5 mM MgCl<sub>2</sub>, Sigma), 0.2  $\mu$ M of each primer, and 2  $\mu$ L DNA template. DNA amplification was carried out using the thermal cycler (Mastercycler personal, Eppendorf, Germany) according to the following thermal conditions: initial denaturation for 4 min at 94°C was followed by 35 cycles of denaturation 94°C for 30 s, followed by annealing at 48°C for 30 s and extension at 72°C for 2 min, with a final extension step at 72°C for 4 min. The PCR products were analyzed by electrophoresis on 1.5% agarose gel after ethidium bromide staining (0.5  $\mu$ g/ml). The SCC*mec* type was determined on the basis of the band pattern obtained. The expected fragments size for the subtypes I, II, III, IVa, IVb, IVc, IVd, IVh and V would be 613, 287, 243, 776, 1000, 677, 1242, 663 and 325 bp, respectively.

**Table 2.3. Primers used for the simultaneous identification and SCC<sub>mec</sub> typing of MRSA by multiplex PCR (Ghaznavi-Rad et al., 2010).**

Primer	Orientation	sequence	Size (bp)
Type I	Forward	5-GCT TTA AAG AGT GTC GTT ACA GG-3	613
	Reverse	5-GTT CTC TCA TAG TAT GAC GTC C-3	
Type II	Forward	5- GAT TAC TTC AGA ACC AGG TCA T-3	287
	Reverse	5- TAA ACT GTG TCA CAC GAT CCA T-3	
Type III	Forward	5- CAT TTG TGA AAC ACA GTA CG-3	243
	Reverse	5- GTT ATT GAG ACT CCT AAA GC-3	
Type IVa	Forward	5- GCC TTA TTC GAA GAA ACC G-3	776
	Reverse	5- CTA CTC TTC TGA AAA GCG TCG-3	
Type IVb	Forward	5- AGT ACA TTT TAT CTT TGC GTA-3	1000
	Reverse	5- AGT CAT CTT CAA TAT GGA GAA AGTA-3	
Type IVc	Forward	5- TCT ATT CAA TCG TTC TCG TAT T-3	677
	Reverse	5- TCG TTG TCA TTT AAT TCT GAA CT-3	
Type IVd	Forward	5- AAT TCA CCC GTA CCT GAG AA-3	1242
	Reverse	5- AGA ATG TGG TTA TAA GAT AGC TA-3	
Type IVh	Forward	5- TTC CTC GTT TTT TCT GAA CG-3	663
	Reverse	5- CAA ACA CTG ATA TTG TGT CG-3	
Type V	Forward	5- GAA CAT TGT TAC TTA AAT GAG CG-3	325
	Reverse	5- TGA AAG TTG TAC CCT TGA CAC C-3	

#### 2.5.4. PCR assay for ERIC:

ERIC (Enterobacterial repetitive intergenic consensus) PCR was performed using Primer ERIC1: 5`-ATG TAA GCT CCT GGG GAT TCA C-3 and Primer ERIC2: 5-AAG TAA GTG ACT GGG GTG AGC G-3 according to Zulkifli *et al* (Zulkifli *et al.*, 2009). Each PCR reaction mix (25 µL) was performed using 12.5 µL of PCR premix with MgCl<sub>2</sub> (ReadyMix™ 1.5 U Taq PCR Reaction Mix with 0.2 mM dNTP and 1.5 mM MgCl<sub>2</sub>, Sigma), 1 µM of each primer, 3 µL DNA template. In addition, the master mix was

modified by increasing the concentration of dNTPs to 400  $\mu$ M , 3 mM MgCl<sub>2</sub> and 2 U of Taq DNA polymerase. DNA amplification was carried out using the thermal cycler (Mastercycler personal, Eppendorf, Germany) according to the following thermal conditions: initial denaturation for 2 min at 94°C was followed by 30 cycles of denaturation 94°C for 1 min, annealing at 25°C for 2 min and extension at 72°C for 3 min, with a final extension step at 72°C for 8 min. The PCR products were analyzed by electrophoresis on 1.5% agarose gel after ethidium bromide staining (0.5  $\mu$ g/ml), and photographed for further analysis. Fingerprints were compared visually.

#### **2.5.5. *Spa* amplification:**

The primer sequence for amplification *Staphylococcus* protein A (*spa*) repeat region were described previously (Prosperi et al., 2013). The primers used for amplification are *spa*-1113f (5'- TAA AGA CGA TCC TTC GGT GAG C-3') and *spa*-1514r (5'- CAG CAG TAG TGC CGT TTG CTT-3'). Each PCR reaction mix (25  $\mu$ L) was performed using 12.5  $\mu$ L of PCR premix with MgCl<sub>2</sub> (ReadyMix<sup>TM</sup> 1.5 U Taq PCR Reaction Mix with 0.2 mM dNTP and 1.5 mM MgCl<sub>2</sub>, Sigma), 0.2  $\mu$ M of each primer, and 2  $\mu$ L DNA template. DNA amplification was carried out using the thermal cycler (Mastercycler personal, Eppendorf, Germany) according to the following thermal conditions: initial denaturation (4 min at 94°C), followed by 35 cycles of denaturation 94°C for 40 s, annealing 55°C for 40 s, and extension 72°C for 90 s, with a final extension 72°C for 5 min. Amplified

PCR products were purified from gel by the MinElute PCR purification kit (Qiagen, Hilden, Germany) and sequenced by dideoxy chain termination method using ABI PRISM sequencer, model 3130 (Hitachi Ltd, Tokyo, Japan), Bethlehem University, Bethlehem, Palestine. Sequence information was further submitted for accession number in primary bioinformatics web servers.

### **2.5.6. Multiplex PCR For the detection of selected antibiotic resistance genes**

The PCR primers used to detect 9 antibiotic resistant genes in a multiplex PCR approach are listed in Table 2.4 (Strommenger et al., 2003). Multiplex PCR amplifications were carried out in a 25 $\mu$ l volume contained approximately 3 $\mu$ l of template DNA, 1X PCR buffer, 4 U Taq DNA polymerase, 0.2  $\mu$ M of each of the 18 primers, 4 mM MgCl<sub>2</sub>. The DNA amplification was carried out using the thermal cycler (Mastercycler personal, Eppendorf), after initial denaturation step at 94°C for 2 min, followed by 30 cycles of initial denaturation 94°C for 30 s, 55 °C for 30 s and 72°C for 30 s ending with a final extension step at 72 °C for 4 min. Amplification Products (15  $\mu$ l) were analyzed on a 2.0% agarose gel.

**Table 2.4. Features of the primers used for the detection of antibiotics resistance genes (Strommenger et al., 2003).**

Primer pair	Target gene	Resistance phenotype <sup>a</sup>	Sequence (5' → 3')	Amplicon size (bp)
mecA 1 mecA 2	<i>mecA</i>	P, OX	AAA ATC GAT GGT AAA GGT TGG C AGT TCT GCA GTA CCG GAT TTG C	532
aacA-aphD 1 aacA-aphD 2	<i>aacA-aphD</i>	CN	TAA TCC AAG AGC AAT AAG GGC GCC ACA CTA TCA TAA CCA CTA	227
ermA 1 ermA 2	<i>erm(A)</i>	E, CLI	AAG CGG TAA ACC CCT CTG A TTC GCA AAT CCC TTC TCA AC	190
ermC 1 ermC 2	<i>erm(C)</i>	E, CLI	AAT CGT CAA TTC CTG CAT GT TAA TCG TGG AAT ACG GGT TTG	299
tetK 1 tetK 2	<i>tetK</i>	TE	GTA GCG ACA ATA GGT AAT AGT GTA GTG ACA ATA AAC CTC CTA	360
tetM 1 tetM 2	<i>tetM</i>	TE	AGT GGA GCG ATT ACA GAA CAT ATG TCC TGG CGT GTC TA	158
vatA 1 vatA 2	<i>vat(A)</i>	QD	TGG TCC CGG AAC AAC ATT TAT TCC ACC GAC AAT AGA ATA GGG	268
vatB 1 vatB 2	<i>vat(B)</i>	QD	GCT GCG AAT TCA GTT GTT ACA CTG ACC AAT CCC ACC ATT TTA	136
vatC 1 vatC 2	<i>vat(C)</i>	QD	AAG GCC CCA ATC CAG AAG AA TCA ACG TTC TTT GTC ACA ACC	467

<sup>a</sup>P, penicillin; OX, oxacillin; CN, gentamicin; E, erythromycin; CLI, clindamycin; TE, tetracycline; QD, quinupristin-dalfopristin

## **2.6. Data analysis**

### **2.6.1. Statistical analysis:**

Statistical analysis was done using Minitab software, version 15 by applying Chi Square dependency Test to check if the prevalence of *S.aureus* is depending on site or not in the two hospitals. A *P* value of <0.05 was considered to be dependent.

### **2.6.2. Spa Sequence Analysis**

The software spaTyper software (<http://fortinbras.us/cgi-bin/spatyper/spaTyper.pl>) was used for spa sequence analysis to determine the clonal types.

## **Chapter Three**

### **Results**

Two hundred sixty five swabbed samples were collected from two hospitals (Rafidia Hospital, 100 environmental samples and 34 clinical samples; Thabet Hospital, 96 environmental samples and 35 clinical samples). Results showed that, 71 and 79 samples were mannitol fermenter from Rafidia hospital and Thabet Thabet hospital, respectively. Incidence of *S. aureus* in Rafidia hospital and Thabet Thabet hospital was 23.1% and 37.4%, respectively. The number of MRSA among *S. aureus* in both hospitals was 13 strains, Rafidia hospital 29% (n=9) and Thabet Thabet hospital 8.2% (n=4). Data are presented in Tables 3.1 and 3.2. Statistical analysis showed that the prevalence of *S. aureus* is depending on the site, in the two hospitals using Chi Square Test (Minitab software, version 15) and the *P*-value was less than 0.05.

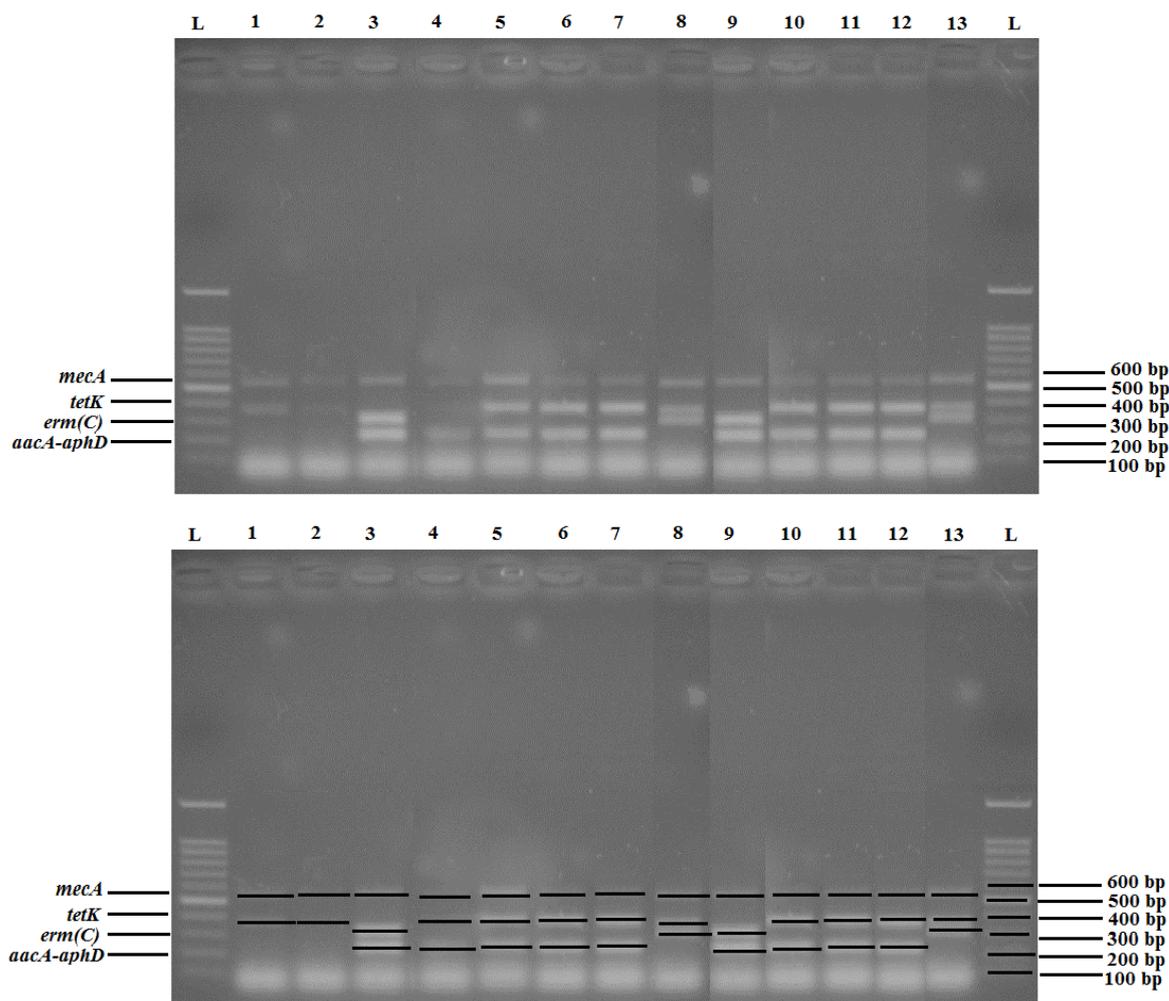
**Table 3.1. Number of mannitol fermenter isolates, *S. aureus*, MRSA isolates recovered from Rafidia hospital and Thabet Thabet hospital.**

<b>Samples Category</b>	<b>Rafidia Hospital</b>	<b>Thabet Hospital</b>	<b>Total</b>
Environmental	100	96	196
Clinical and nasal swab	34	35	69
Mannitol fermentor isolates	71	79	150
Coagulase +ve ( <i>S. aureus</i> )	(23.1%)	(37.4%)	
Environmental	22	36	58
Clinical and nasal swab	9	13	22
MRSA	(29.0%)	(8.2%)	
Environmental	4	3	7
Clinical and nasal swab	5	1	6

**Table 3.2. Source of MRSA isolates, SCCmec type, PVL gene for MRSA isolates recovered from both Rafidia hospital and Thabet Thabet hospital.**

Ward	Hospital	Type of sample	Sample No.	SCCmec type	PVL
Neonatal	Rafidia	Environment (Medication Trolley)	39R	II	-ve
Pediatric	Rafidia	Environment (Patient bed)	8R	II	-ve
	Rafidia	Environment (Light button)	18R	II	-ve
	Thabet Thabet	Environment (Bed side cabinet)	64T	IVa	-ve
	Thabet Thabet	Environment (Bed side table)	40AT	II	-ve
Men and Urology	Rafidia	Nasal swab	70AR	II	-ve
	Rafidia	Nasal swab	70BR	II	-ve
	Rafidia	Environment (Patient bed)	102R	II	-ve
Hospital Lab	Rafidia	Clinical	2HPR	II	-ve
	Rafidia	Clinical	3HPR	Non-typeable	+ve
	Rafidia A	Clinical	4HPR	II	+ve
Surgical and Internal Medicin	Thabet Thabet	Environment (Patient bed)	48BT	II	-ve
	Thabet Thabet	Nasal swab	99AT	II	-ve

Results showed that these 13 strains were resistant to oxacillin using Disk diffusion method. All strains showed *mecA* gene by PCR technique. These strains carried different antibiotic resistance genes including *aacA-aphD* (Gentamicin), *erm(C)* (Erythromycin and clindamycin), *tetK* (Tetracyclin). Results are presented in Figure 3.1 and Table 3.3.



**Figure 3.1.** Profile of antibiotic resistance genes detected by multiplex PCR technique of 13 MRSA isolates recovered from environmental surfaces, clinical and nasal swabs on 1.5% agarose gel. Lanes: L, 100 bp DNA ladder. Lanes numbered with 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13 are referring to samples 8R, 18R, 39R, 40AT, 48BT, 64T, 70AR, 70BR, 102R, 2HPR, 3HPR, 4HPR and 99AT, respectively.

**Table 3.3 Antimicrobial resistance patterns of 13 MRSA strains isolated from hospital environmental surfaces, clinical isolates and nasal swabs.**

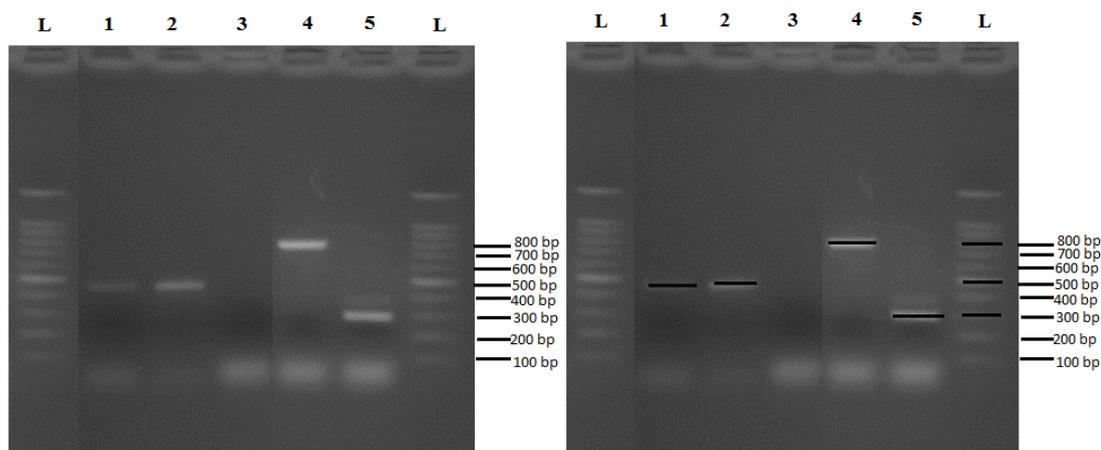
No.	Resistance pattern	Multi drug resistance
1	P, OX, TE <sup>a</sup>	2 Strains (8R, 18R)
2	P, OX, E, CLI, CN	2 Strains (39R, 102R)
3	P, OX, TE, CN	7 Strains (40AT, 48BT, 64T, 70AR, 2HPR, 3HPR, 4HPR)
4	P, OX, TE, E, CLI	2 Strains (70BR, 99AT)

<sup>a</sup>P, penicillin; OX, oxacillin; CN, gentamicin; E, erythromycin; CLI, clindamycin; TE, tetracycline.

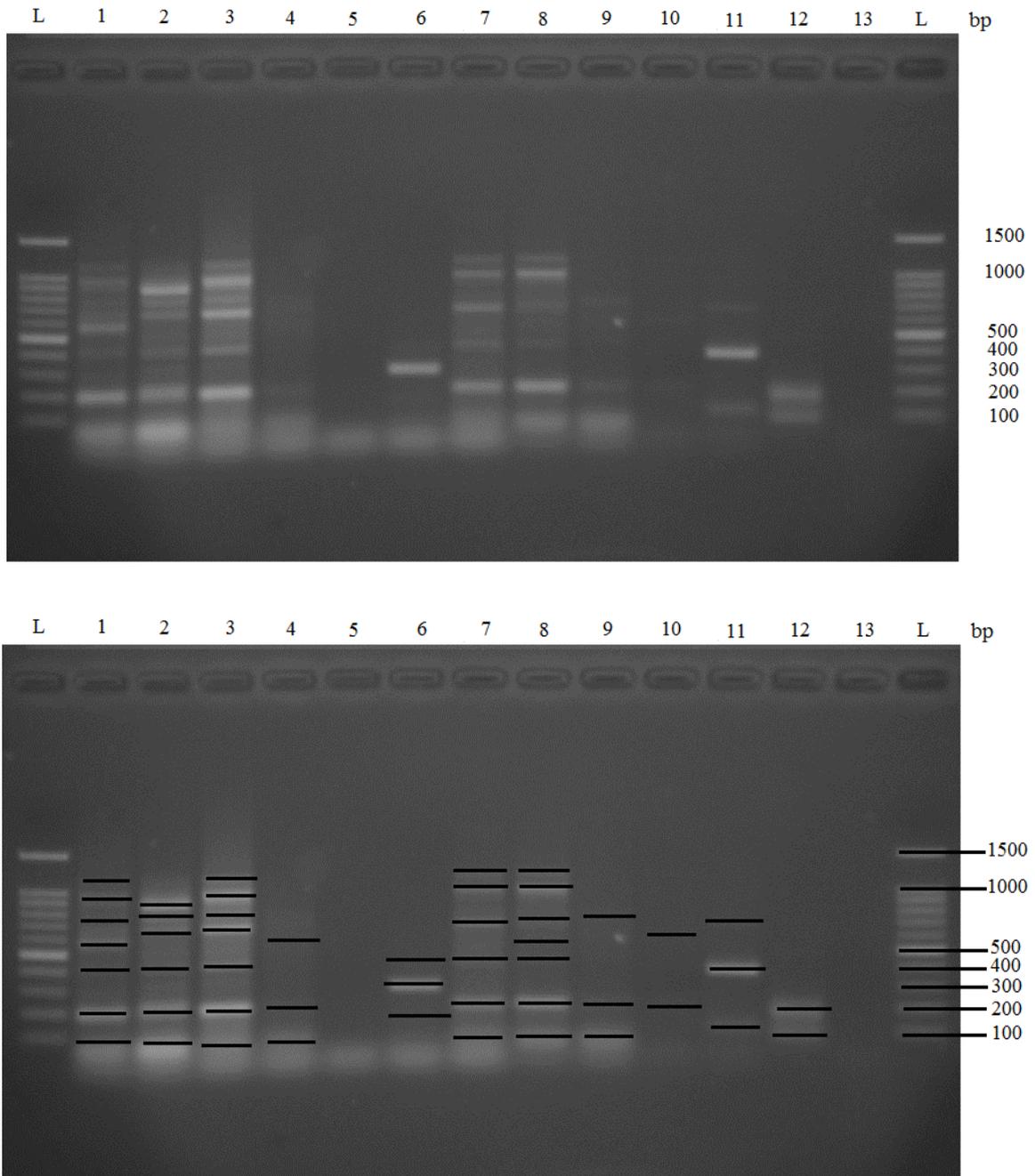
All the 13 MRSA isolates were positive for *mecA* and a certain type of *SCCmec*. *SCCmec* typing identified that the majority (84.6%) of isolates carried *SCCmec* type II ( $n = 11$ ), which is traditionally associated with HA-MRSA. Types I and III were not detected in this study. Strain No. 64T (7.7%) harbored *SCCmec* type IVa, which is traditionally associated with CA-MRSA. Strain 3HPR (7.7%) was non-typeable. Panton–Valentin leukocidin (PVL) was detected in 2 (14.3%) samples (3HPR and 4HPR) isolated from patients; PVL that was detected in 4HPR sample was associated with *SCCmec* type II, while that was detected in 3HPR *SCCmec* was non-typeable. PVL genes of these positive samples were sequenced. Representative of MRSA sample with *SCCmec* types and PVL is shown in Figure 3.2.

In this study, ERIC PCR analysis revealed that all the 13 MRSA had 12 different patterns. Samples 48BT and 99AT had the same pattern that were

no bands under these conditions of ERIC PCR (Figure 3.3). Both samples were isolated from Thabet Thabet Hospital from environment (patient bed) and patient (nasal swab) for strains 48BT and 99AT, respectively. Three clinical isolates (3HPR, 4HPR and 99AT) were investigated by *spa* typing, indicating that the 3 isolates were clonally non related. Strains 4HPR and 99AT were belonged to clones t044 and t386, respectively, while the third strain 3HPR is new clone and does not exist in this database. Data are presented in Table 3.4. The nucleotide sequences reported in this study were further registered at the the GenBank database under the accession numbers ( KJ544514, KJ544515, KJ544516, KJ544517 and KJ544518).



**Figure 3.2.** Representative image showing detection of Panton–Valentin leukocidin (PVL) and *SCCmec* types in MRSA isolates by PCR. Lanes: L, 100 bp DNA ladder; 1 and 2, PVL positive strains; 3 negative control, 4, *SCCmec* type IVa and 5, type II.



**Figure 3.3.** DNA fingerprints generated by ERIC PCR analysis of 13 MRSA isolates recovered from clinical and environmental surfaces on 1.5% agarose gel. Lanes numbered with 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13 are referring to samples 8R, 18R, 39R, 40AT, 48BT, 64T, 70AR, 70BR, 102R, 2HPR, 3HPR, 4HPR and 99AT, respectively.

**Table 3.4. Number of repeat units, length of variable number tandem repeat (VNTR), Kreiswirth, Ridom nomenclature and Ridom type name.**

sequence	start pos <sup>1</sup>	repeat units <sup>2</sup>	length in bp <sup>3</sup>	repeat seq <sup>4</sup>	ridom type <sup>5</sup>	SCC <i>mec</i> type
3HPR	51	9	216	I2:G1:E1:K1:M1:M1:J1:H2:M1 14:12:13:16:17:17:23:18:17	*	type II
4HPR	51	7	168	U1:J1:G1:B1:B1:P1:B1 07:23:12:34:34:33:34	t044	type II
99AT	75	3	72	U1:J1:E1 07:23:13	t386	type II

<sup>1</sup>Starting coordinate of repeats in sequence; <sup>2</sup> Number of repeat units; <sup>3</sup> Length of entire VNTR; <sup>4</sup> Kreiswirth, Ridom nomenclature, but where \* indicates a sequence that is a likely *spa* repeat, but does not exist in this database and <sup>5</sup> Ridom type name.

# **Chapter Four**

## **Discussion**

Results of this research showed that 3.6% (7/196) of environmental surfaces in hospitals in Northern Palestine were contaminated with MRSA. The proportion of hospital surfaces contaminated with MRSA have varied considerably in published reports, ranging from 0.5% to 44% of surfaces in patients rooms on regular hospitals wards and from few percent to 64% of surfaces in burn units with MRSA patients (Boyce *et al.*, 1997; Fitzpatrick *et al.*, 2000; Rampling *et al.*, 2001; Asoh *et al.*, 2005). It was found that 22% of hospital privacy curtains were contaminated with MRSA (Trillis *et al.*, 2008). Rates of environmental contamination also vary on the basis of the site of infection in source patients: contamination is more common in the rooms of patients with infected urine or wounds than it is in the rooms of patients with bacteremia only (Boyce *et al.*, 1997). In other study, contamination is more common in the rooms of patient with heavy gastrointestinal colonization by MRSA and concomitant diarrhea than it is in the rooms of patients with MRSA at other body sites, but not in their stool (Otter *et al.*, 2006). Environmental contamination may contribute to transmission of healthcare associated pathogens when healthcare workers contaminate their hands or gloves by touching contaminated surfaces, or when patients come into direct contact with contaminated surfaces. Transmission of healthcare-associated pathogens depend on many factors such as viability of pathogens on these surfaces, frequency of contact

between patients and healthcare workers and contaminated surfaces, and number of transmitted pathogens (Boyce, 2007). Several studies showed that nurses or volunteers who touched objects in the room of patients contaminated their gloves or hands with *S. aureus* or MRSA (Boyce et al., 1997; Bhalla et al., 2004). It was found ample evidence that a wide range of pathogens are not only present in the environment of care around the patient, but also survive for days or even months. Organism survival is related to several variables, such as the ambient temperature, relative humidity, concentration of the initial inoculum, and surface substrate (Kramer *et al.*, 2006). MRSA has been isolated from different environmental surfaces, approximately 16 sites within 51 ambulances, and 49% of the ambulances had at least one area testing positive for MRSA (Brown et al., 2010).

Methicillin-susceptible *S. aureus* (MSSA) become MRSA through the acquisition and insertion into their genomes of a large DNA fragment known as staphylococcal chromosome cassette *mec* (*SCCmec*), which contains the methicillin resistance determinant, *mecA* (Hiramatsu et al., 2001). Several variants of *SCCmec* have been described, which differ with respect to the composition of their recombinase genes and *mec* gene complex (containing the *mecA* gene) (Oliveira et al., 2006; Nickerson et al., 2009). In spite of changes in the epidemiology of MRSA strains, they

remain one of the most important causes of nosocomial infections (Durlach et al., 2012; Köck et al., 2011). Many reports have been published about the molecular epidemiology of MRSA in different geographical regions and online databases ([www.mlst.net](http://www.mlst.net), [www.spaserver.ridom.de](http://www.spaserver.ridom.de)) allow tracking their distribution. It is clear that some strains are found worldwide while others are found geographically restrained, some of these strains are more successful than others in causing outbreaks (Székely et al., 2012). Molecular epidemiologic analysis of the isolate from the environment and the patient is much more informative than simple recovery of microbes from environmental surfaces or patient care equipment or other things in hospital (Bartley and Olmsted, 2008). *SCCmec* types (I–III) were detected more usually in hospital settings or in patients with a history of hospitalization. In this study results showed that majority of isolates carried *SCCmec* type II whether these strains were isolated from hospital environmental surfaces, clinical and nasal swabs. These results were in contrast to reports published recently from Palestine (Adwan et al., 2013a, b), which showed that *SCCmec* type III were detected from clinical strains. These results were consistent with a previous report that *SCCmec* type I was not detected while both types II and IV were presented. *SCCmec* type II detected from patients Nasal swabs this may gives indication that these strains were obtained from hospital environmental surfaces. Results of this

study were in contrast to other report published recently (Sabri *et al.*, 2013), which showed that 95.5% and 4.5% of MRSA from Palestine, Jordan and Iraq were belonged to SCCmec type III and V, respectively. ERIC PCR confirmed that samples 48BT (patient bed) and 99AT (nasal swab) isolated from Thabet Thabet Hospital were belonged to the same clone. Identical or closely related isolates were recovered from the patients and their environment previously, suggesting possible environmental contamination of the isolation rooms, possibly contributing to endemic MRSA (Asoh *et al.*, 2005; Sexton *et al.*, 2006). The epidemiology of MRSA can differ from one hospital to another, even if they are from the same town. Based on these facts it seems to be important for each hospital, to assess their own epidemiological situation for the establishment of adequate infection control programmes, and to monitor their MRSA strains evolution (Székely *et al.*, 2012). The data confirms the tendency of SCCmec types IV and V which are traditionally associated with CA-MRSA to spread in hospital settings as mentioned previously (Strande'n *et al.*, 2009; Valsesia *et al.*, 2010; Adwan *et al.*, 2013b). Type IVa was isolated from bed side cabinet from Thabet Thabet Hospital.

Panton–Valentin leukocidin (PVL) was detected in 2 (14.3%) samples (3HPR and 4HPR) isolated from patients; PVL that was detected in 4HPR sample was associated with SCCmec type II while that was detected in

3HPR SCC $mec$  was non-typable. Few MRSA isolates (14.3%) carried the PVL-toxin genes, this could be explained by the fact that our MRSA isolates were originally hospital acquired (Sabri *et al.*, 2013). Detection of PVL gene in some of these strains indicate that these strains might produce a potent toxin, which is responsible for unusual virulence forming pores in leukocytes (Kaneko *et al.*, 2004). PVL-producing strains can cause complicated chronic deep-skin infections, or necrotising pneumonia with an extremely high mortality, even in young and previously healthy patients (Lina *et al.*, 1999; Boussaud *et al.*, 2003; van der Flier *et al.*, 2003, Boubaker *et al.*, 2004; Diep *et al.*, 2004; Francis *et al.*, 2005). Diagnostic procedures are needed that allow the detection of PVL-positive strains, as well as their assignment to clonal groups, in order to monitor epidemiological developments. *spA* gene from three isolates was sequenced and these showed that belonged to different clones, t386, t044 and one does not exist in this database. Clone t386 was detected in Palestine in addition to clone t932 (Sabri *et al.*, 2013).

This study characterized MRSA burden in environmental surfaces and nostrils of some patients using conventional environmental sampling methods (e.g., swab cultures). Special attention to infection control policies, work practices, and cleaning techniques are necessary to reduce the risk potential of MRSA transmission in hospital staff and patients. The

association between environmental contamination and the epidemiology of *S. aureus* nosocomial infections is complex and thus further investigations are needed to reach a better understanding of this relationship.

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## **Appendices**

**Chi-Square Test: Rafidia, Thabet**

Expected counts are printed below observed counts  
Chi-Square contributions are printed below expected counts

	Rafidia	Thabet	Total
1	31	49	80
	40.45	39.55	
	2.209	2.259	
2	103	82	185
	93.55	91.45	
	0.955	0.977	
Total	134	131	265

Chi-Sq = 6.401, DF = 1, P-Value = 0.011

**An - Najah  
National University**

Faculty of Medicine & Health Sciences  
Department of Graduate Studies

بسم الله الرحمن الرحيم



**جامعة النجاح  
الوطنية**

كلية الطب وعلوم الصحة  
دائرة الدراسات العليا

IRB Approval letter

Study title:

Molecular characterization of methicillin resistant Staphylococcus aureus strains isolated from hospitals surfaces, equipments and patients in Northern Palestine

Submitted by:

Hala "Mohammad Shuaib" Abd Alqader Shaheen

Date Reviewed:

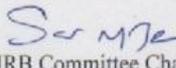
Nov 10, 2013

Date approved:

Nov 28, 2013

Your study titled: " Molecular characterization of methicillin resistant Staphylococcus aureus strains isolated from hospitals surfaces, equipments and patients in Northern Palestine " Was reviewed by An-Najah National University IRB committee & approved on Nov 28, 2013 .

Samar Musmar, MD, FAAFP

  
IRB Committee Chairman,  
An-Najah National University

Rx date/time 26-SEP-2013(THU) 09:50  
26-SEP-2013 10:04 FROM AN\_NAJAH NATIONAL UNIVERS

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Vice President Office for Academic Affairs



**جامعة**  
**النجاح الوطنية**  
مكتب نائب الرئيس للشؤون الأكاديمية

الرقم: ن ك ص / ٣١ ايلول / ٢٠١٣

التاريخ: ٢٦ / ٩ / ٢٠١٣

حضرة الدكتور أمل أبو عوض المحترمه  
ق.أ. مدير عام التعليم الصحي

تحية طيبة وبعد،

الموضوع: تسهيل مهمة

تهديكم جامعة النجاح أطيب التحيات ونعلمكم بأن الطالبة هلا شاهين طالبة ماجستير تخصص علوم بيئية ترغب في عمل بحث لإتمام رسالة الماجستير الخاصة بها والتي بعنوان الوصف الجزيئي للمكورات العنقودية الذهبية المقاومة للمثليين المعزولة عن سطح أجهزة ومرضى في مستشفيات شمال فلسطين

**Molecular Characterization to methicillin resistant Staphylococcus aureus strains isolated from hospitals surfaces equipments patients in northern Palestine**

وتحتاج الطالبة إلى جمع عينات من مستشفى رفيديا الحكومي نابلس ومستشفى ثابت ثابت في طولكرم يرجى من حضرتكم الاعاز للمعنيين في المستشفيات تسهيل مهمة الطالبة علما بأن المعلومات ستستخدم لأغراض البحث العلمي وستقوم الطالبة بتزويدكم بملخص عن الرسالة والتوصيات المطلوبة. شاكرين لكم حسن تعاونكم.

مع الاحترام.

نائب الرئيس للشؤون الأكاديمية

أ.د. سامي جبر

نسخة: د. عميد الدراسات العليا

نسخة: الملق

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State of Palestine  
Ministry of Health - Nablus  
General Directorate of Higher & Continuing  
Education



دولة فلسطين  
وزارة الصحة - نابلس  
الإدارة العامة للتعليم الصحي

Ref.: .....  
Date: .....

الرقم: ٢٠١٣/٤٤/١٦٤  
التاريخ: ٢٠١٣/٩/٢٦

الأخ ق.أ. مدير عام الإدارة العامة للمستشفيات المحترم،،،

تعمية واحترام،،،

**الموضوع: تسهيل مهمة طلاب طب - جامعة النجاح**

تماشياً مع سياسة وزارة الصحة المتعلقة بتعزيز التعاون مع الجامعات والمؤسسات الأكاديمية بإتاحة فرص التدريب أمام الطلبة والخريجين والباحثين في المؤسسات الوطنية وإسهاماً في تنمية قدراتهم. يرجى تسهيل مهمة الطلبة هلا شاهين- ماجستير احياء/ جامعة النجاح، في عمل بحث بعنوان "الوصف الجزيئي للمكورات العنقودية الذهبية المقاومة للمثلين المعزولة عن سطح أجهزة ومرضى في مستشفيات شمال فلسطين" وذلك من خلال السماح للطلبة بأخذ عينات من المستشفيات التالية ومن مرضى بعد موافقتهم، علماً بأنه سيتم الالتزام بمعايير البحث العلمي والحفاظ على سرية المعلومات. وذلك في:

- مستشفى رفيديا / نابلس

- مستشفى ثابت ثابت / طولكرم

مع الاحترام،،،



نسخة: نائب الرئيس للزود الأكاديمية المحترم/ جامعة النجاح

جامعة النجاح الوطنية

كلية الدراسات العليا

الوصف الجزيئي للمكورات العنقودية الذهبية المقاومة للمثبيلين  
المعزولة من أسطح، أجهزة ومرضى في مستشفيات شمال فلسطين

إعداد

هلا "محمد شعيب" عبد القادر شاهين

إشراف

د. غالب عدوان

قدمت هذه الأطروحة استكمالاً لمتطلبات درجة الماجستير في العلوم البيئية بكلية الدراسات العليا في جامعة النجاح الوطنية في نابلس، فلسطين.

2014

الوصف الجزيئي للمكورات العنقودية الذهبية المقاومة للمثبيلين  
المعزولة من أسطح، أجهزة ومرضى في مستشفيات شمال فلسطين

إعداد

هلا "محمد شعيب" عبد القادر شاهين

إشراف

الدكتور غالب عدوان

الملخص

تعتبر المكورات العنقودية الذهبية واحدةً من أهم مسببات الأمراض للإنسان والحيوان. من الممكن أن تتم العدوى بهذا المرض من خلال المستشفى و العديد من الأماكن والمرافق العامة في المجتمع.

هدفت هذه الدراسة إلى البحث في تلوث الأسطح البيئية بهذه الجرثومة في مستشفيات في شمال فلسطين، مستشفى رفيديا (نابلس) و مستشفى ثابت ثابت (طولكرم). إضافةً إلى البحث في الوصف الجزيئي للكشف عن (أنواع جين SCCmec، جين PVL، ERIC ومعرفة تسلسل الحمض النووي) من سلالة الجرثومة المعزولة من المرضى وبيئتهم في هذه المستشفيات و استخدام التقنيات الجزيئية لدراسة هذه السلالات.

تم جمع مائتين وخمسة وستين عينة من هذه المستشفيات (مستشفى رفيديا، 100 عينة بيئية و 34 عينة تشمل مسحات سريرية ومن الأنف؛ مستشفى ثابت ثابت، 96 عينة بيئية و 35 عينة تشمل مسحات سريرية ومن الأنف).

وقد أظهرت النتائج أن 71 و 79 عينة كانت مخمرة للمانيتول من مستشفى رفيديا و مستشفى ثابت ثابت، على التوالي. وكانت نسب ظهور المكورات العنقودية الذهبية في كل من مستشفى رفيديا و مستشفى ثابت ثابت هي 23.1% و 37.4%، على التوالي. وقد تبين أن ثلاث عشرة عينة من عينات البكتيريا العنقودية الذهبية التي تم عزلها في كلا المستشفيات هي من البكتيريا العنقودية الذهبية المقاومة للمثبيلين بنسبة 29% (ن = 9) في مستشفى رفيديا و 8.2% (ن = 4) مستشفى ثابت ثابت.

وأظهرت نتائج هذا البحث أنّ هذه السلالات الثلاثة عشرة كانت مقاومة للأوكسيسيليين باستخدام طريقة Disk Diffusion. وقد أظهرت جميع السلالات وجود جين *mecA* بواسطة تقنية تفاعل البلمرة المتسلسل - PCR. كما تبين أنّ هذه السلالات تحمل العديد من الجينات المقاومة للمضادات الحيوية بما في ذلك جين *aacA-aphD* (جينتايميسين)، جين *erm(C)* (ايريثروميسين و كلينداميسين) وجين *tetK* (تيتراسيكلين).

في حين أنّ تجربة الكشف عن أنواع *SCCmec* قد بيّنت أنّ الغالبية 84.6 %، (ن = 11) من العزلات هي من نوع (II) *SCCmec*، الذي يرتبط تقليدياً مع المكورات العنقودية الذهبية المقاومة للمثيسيليين المكتسبة من المستشفيات. في حين أنّ الأنواع (I) و (III) لم تظهر خلال هذه الدراسة. وقد تبين أنّ السلالة رقم 64T (7.7 %) تحمل *SCCmec* من النوع (IVa)، والذي يرتبط تقليدياً مع المكورات العنقودية الذهبية المقاومة للمثيسيليين المكتسبة من الأماكن والمرافق العامة في المجتمع. في حين أنّ السلالة رقم 3HPR (7.7 %) لم تظهر تحت أي من التصنيفات المعروفة non-typable وقد تم الكشف عن جين (PVL) في عينتين (14.3 %) والتي هي (3HPR و 4HPR) المعزولة من المرضى؛ حيث كان مرتبطاً مع نوع (II) *SCCmec* في العينة 4HPR في حين أنه لم يرتبط مع أي نوع في العينة 3HPR نظراً لكون *SCCmec* فيها non-typeable. وقد تم الكشف عن التسلسل الجيني لجين (PVL) في هذه العينتين.

وأظهرت النتائج أيضاً من خلال تحليل ERIC PCR إلى أنّ جميع الثلاثة عشرة سلالة للمكورات العنقودية الذهبية المقاومة للمثيسيليين تنتمي إلى اثنتي عشرة نمطاً مختلفاً باستخدام ERIC primers. و أنّ العينتين رقم 48BT و 99AT كانتا تنتميان لنفس النمط حيث أنه لم تظهر أيّ علامة في مسار العينتين في ظل هذه الظروف من ERIC PCR. حيث تم عزل العينات من مستشفى ثابت ثابت من سرير أحد المرضى و مسحة أنف لإحدى المرضى للسلالات رقم 48BT و 99AT، على التوالي. وقد تم إجراء تسلسل النيوكليوتيدات للجين *Spa* لثلاث عزلات، والتي هي مسحات سريريّة و مسحة من الأنف (3HPR، 4HPR و 99AT)، على التوالي، حيث تبين أنّ هذه العزلات الثلاثة تنتمي كل منها إلى نمط مختلف وأنه لا يوجد صلة بينها.

وتتنمي السلالتين 4HPR و 99AT للنمطين t044 و t386، على التوالي، في حين أنّ السلالة الثالثة 3HPR تنتمي لنمط جديد. لقد تم تسجيل تسلسل النيوكليوتيدات الذي تم الكشف عنه في هذه الدراسة في قاعدة بيانات بنك الجينات تحت أرقام الانضمام (KJ544514، KJ544515، KJ544516 و KJ544517 و KJ544518).

بحثت هذه الدراسة في انتشار المكورات العنقودية الذهبية المقاومة للمثيسيليين، في السطوح البيئية ومسحات سريريّه ومن الأنف لبعض المرضى باستخدام الطرق التقليدية لأخذ العينات (مثل، زراعة المسحات). إنّ الاهتمام بسياسات مكافحة العدوى بشكل خاص، وممارسات العمل، و تقنيات التنظيف، من الأمور الواجب إتباعها للتقليل من احتمال خطر انتقال هذه الجرثومة بين العاملين في المستشفى والمرضى. إنّ العلاقة بين تلوث البيئة و دراسة عدوى المستشفيات المرتبطة بالبكتيريا المكورة العنقودية الذهبية المقاومة للمثيسيليين معقدة، لذلك هناك حاجة ملحة لعمل المزيد من الدراسات والأبحاث للتوصل إلى فهم أفضل لهذه العلاقة.