

Accuracy and Precision of Die Spacer Thickness with Combined Computer-Aided Design and 3-D Printing Technology

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ACCURACY AND PRECISION OF DIE SPACER THICKNESS WITH COMBINED
COMPUTER-AIDED DESIGN AND 3-D PRINTING TECHNOLOGY

by

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ABSTRACT
ACCURACY AND PRECISION OF DIE SPACER THICKNESS WITH COMBINED
COMPUTER-AIDED DESIGN AND 3-D PRINTING TECHNOLOGY

Lisa Hoang, D.M.D.

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Purpose: The purpose of this study was to evaluate the accuracy and precision of die-spacer thickness achieved by the combination of computer aided design and 3-dimension printing technology.

Materials and Methods: An ivorine maxillary central incisor was prepared for an all ceramic crown. The prepared tooth was duplicated by using poly (vinyl siloxane) duplicating silicone and 80 die-stone models were produced using type IV dental stone. Dies were randomly divided into 5 groups with assigned die spacer thickness of (25 μm , 45 μm , 65 μm , 85 μm , 105 μm) (n=16/group). The printed resin copings, obtained from 3D Systems ProJet DP 3000 printer, were cemented onto their respective die-stone models with Relyx Unicem 2 and stored at room temperature until sectioning into two halves, in the bucco-lingual direction. The internal gap was measured at 5 defined locations per side of the sectioned die: (A) facial chamfer, (B) facial mid-axial, (C) incisal, (D) lingual mid-axial, and lingual (E) chamfer. Images of the printed resin coping/die-stone model internal gap dimension were obtained with an inverted bright field metallurgical microscope at 100x magnification. The acquired digital image was calibrated and measurements were made using image analysis software. The results were compared using the mixed models ANOVA with repeated measurements to analyze the paired data and the level of significance was set at .05. The coefficients of variation (CV) were obtained by standard deviation divided by the mean and multiplied by 100.

Results: The accuracy expressed in term of mean differences between prescribed die spacer thickness and measured internal gap width (standard deviation) were 50 μm (10) for the 25 μm group simulated die-spacer thickness, 30 μm (11) for the 45 μm group, 15 μm (14) for the 65 μm group, 3 μm (24) for the 85 μm group, and - 10 μm (32) for the 105 μm group. The precision mean of the measurements, expressed in percentages, ranged between 14 - 33% per the groups.

Conclusions: The accuracy of die spacer thickness showed statistically significant difference for all the groups. The precision of the all groups was above 10% of CV.

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CHAPTER I

INTRODUCTION & Literature Review

Venting [1], axial grooves [2], and provision of axial cement space [3,4] are methods that have been used to create space between the intaglio surface of crowns and the tooth preparation. The application of paint-on die spacer prior to waxing is the most popular method for providing this space. [4,5] The use of die spacer can reduce the hydraulic pressure between the cement and restoration; hence it allows better seating of a cast restoration, decreases seating time and allows excess cement to escape. [6-9] In addition, die spacer has been shown to improve the marginal fit between the restoration and tooth preparation, decreasing the risk of cement dissolution, plaque accumulation, recurrent decay, and periodontal problems. [10] Holmes et al defined the internal gap as the perpendicular measurement from the internal surface of the casting to the axial wall of the preparation; the same measurement at the margin was referred to as the marginal gap. [11] According to Tuntiprawon and Wilson [12], all ceramic crowns displayed a greater fracture strength when the mean internal gap at the axial wall was $< 73 \mu\text{m}$. A lower failure strength was reported when the mean internal gap was $> 122 \mu\text{m}$ without any significant improvement in seating. [12] A possible explanation is the inability to minimize stress concentration on the tensile surface of the restoration, leading to greater viscoplastic deformation of the adhesive under cyclic loading. [12,13] Also, it is extremely important for all ceramic restorations, brittle in nature, to have good prep design and appropriate cement space thickness to prevent crown fractures. [14,15]

McLean et al. suggested an ideal die-spacer thickness of 25 to 40 μm , which corresponds to the film thickness of zinc phosphate cements Type I and Type II, respectively. [16] Die spacers have been used in fixed dental prostheses for many years. [4,17-20] Many products are available, and one of the most commonly used die spacers is Tru-fit. According to its manufacturer (Tru-fit, Georg Taub Products & Fusion Co), four thin layers of Tru-fit die spacer equal 25 μm internal spacing. However, previous studies have reported on the thickness variations with two layers of Tru-fit die spacer ranged from 13.3 to 26.5 μm . [6,20,21] Applying four product layers resulted in an even greater range from 37.5 to 79.2 μm . [21,22] Single layer thickness discrepancies between a new and a 6-month old die-spacer varied from 15 to 36 μm and 23 to 29 μm for the gold-colored and the silver-colored materials, respectively. [4,6] With four layers of die spacer, the marginal gap ranged from 29 to 45 μm . [3,4] Variations in the marginal gap between the presence and absence of die spacers have been reported [6]; without die spacer, the marginal gap was between 333 to 649 μm . [4,23] According to Campagni [20], paint on die spacer tends to flow away from the sharp line angles and cusp tips because of the increased surface tension. The marginal gap improvement is seen with adding an additional layer of die spacer thickness at the axio-occlusal line angles. [24] Obviously, the inability of manual methods to produce die spacer layers of defined thickness and uniformity is of great concern to dental practitioners.

Computer-aided design (CAD) technology provides the ability to virtually design a wax-up and program the die spacer thickness. The virtual coping can be produced by rapid prototyping (RP) technology or milling technology. The average internal gaps obtained from CAD/milling technology have been previously investigated. Kokubo et al,

investigated the internal gaps of 82 In-ceram crowns produced by CAD/milling technology where the programmed die spacer thickness was set at 50 μm . The average internal gaps obtained ranged from 165.9 - 200.3 μm which was 3 - 4x greater than the expected values. [25] Moldovan et al, reported on the internal gap of zirconia copings produced by CAD/Cercon and CAD/Cerec technologies. The programmed die spacer thickness for CAD/Cercon was 10 - 20 μm and CAD/Cerec was -100 μm ; the average internal gaps obtained were 100 - 130 μm and 60 - 70 μm , respectively. [26] RP technology uses the layer-to-layer fabrication of 3-dimensional physical models directly from CAD data. [27] RP technology is further subdivided into stereolithography (SLA), selective layer sintering (SLS), fused deposition modeling (FDM), laminated object manufacturing (LOM), or 3-Dprinting technology (3-DPT). [17] 3-DPT is used for copings, fixed partial dentures and full anatomy pressable patterns, and removable partial denture framework which are available in either wax or acrylic plastic. According to Silva et al [28], layer-to-layer printing process produces a "stair stepped" surface which is a function of the nozzle diameter used for printing. Bhaskaran et al, a pilot study, reported on the marginal and internal gap of Co-Cr copings casted from 3D printed resin patterns to be 27.22 μm and 36.15 μm , respectively. [29] Further investigation has been suggested to determine the optimal value for the programmed die spacer thickness. [29,30] No studies have been published to date that assessed the achievable level of accuracy and precision when using CAD/3-DPT technology. Accuracy is used to assess the degree of closeness of the measurements to the reference programmed die spacer thicknesses. Precision is used to assess the ability of CAD/3-DPT technology to produce

the same die spacer thickness for all the samples within an assigned die spacer thickness group.

Therefore, the purpose of this study was to evaluate accuracy and precision of the die spacer thickness achieved by the combination of CAD and 3-DPT. The internal gap width, a measureable parameter, was used in this experiment to compare the congruency between the virtual die-spacer thickness and the internal gap width (cement gap) between the resin coping and its corresponding stone die. The null hypotheses were 1) the accuracy null hypothesis for this investigation was that the programmed die spacer thickness would be the same as the measured internal gap and 2) the precision null hypothesis was that the internal gaps produced would be the same at all locations for all 16 specimens within the same assigned group.

Mixed models ANOVA with repeated measurements were used to analyze paired data. The compound symmetry structure was used for the covariance matrix of errors. The coefficients of variation (CV) were obtained by standard deviation divided by the mean and multiplied by 100. False discovery rate (FDR) control at level .05 was employed to account for multiple testing. All analyses were performed in SAS 9.3 (SAS 9.3; SAS Institute Inc).

CHAPTER II

MATERIALS AND METHODS

A power analysis was completed prior the experiment, the total sample size of 80 was determined to be sufficient for the detection of an effect size $f = 0.4$ with 80% power and at a 5% significance level.

An ivorine maxillary central incisor (T1560; Columbia Dentoform Corporation) was prepared to receive an all-ceramic crown restoration. The preparation consisted of the following features: 1) a total convergence angle of 12 degrees (30), 2) incisal reduction of 2 mm 3) uniform axial reduction of 1.5 mm, and 4) deep chamfer (Fig. 1).



Figure 1: Ivorine tooth preparation

Before duplication the prepared tooth was attached to a circular base with 3 rectangular extensions fabricated from a light cured urethane dimethacrylate tray material (Triad; Dentsply). The material increased the diameter of the ivorine tooth shaft to prevent breakage of tooth during separation from the silicone mold (Fig. 2). The base addition was also necessary for the sectioning process in the low speed saw (IsoMet low speed saw, Buehler Ltd).



Figure 2. Triad base with Ivorine tooth

The poly (vinyl siloxane) duplicating silicone (Double Take; Ivoclar Vivodent) was used to generate 16 molds of the prepared tooth in a duplicating flask (Fig. 3,4). Type IV dental stone (Resin Rock; Whip Mix) was used to cast 80 die stone models from the 16 silicone molds (Fig. 5). The stone models were randomly divided into 5 groups for the 5 die spacer thickness levels: 25 μm , 45 μm , 64 μm , 85 μm , and 105 μm ($5 \times 16 = 80$).

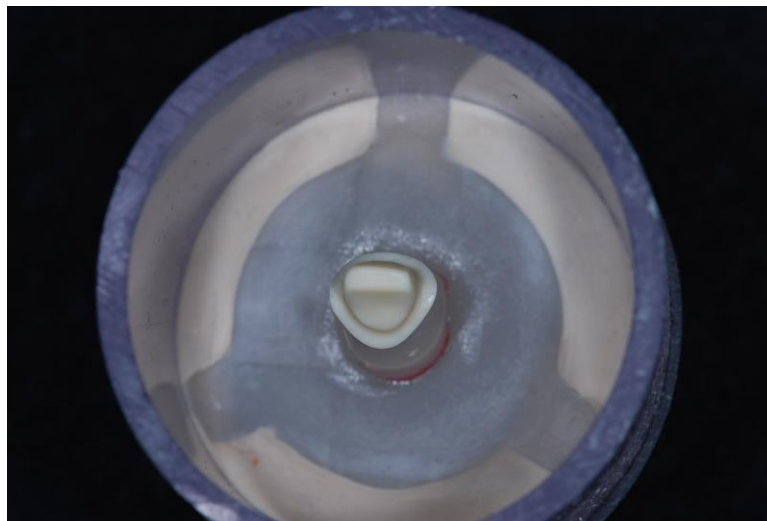


Figure 3. Duplicating flask



Figure 4. Duplicating silicone molds



Figure 5. Die-stone model

The stone dies were shipped to a laboratory for the fabrication of the resin copings. Each die was scanned with a 3Shape scanner (D700 3D scanner; 3Shape) following the manufacturer's instructions to record the external die form (Fig. 6). The 3Shape CAD design system was used to locate the margin, assign the die spacer thickness which was uniform throughout and terminated 0.5 mm from the finish line (6, 9, 31), and coping thickness of 1.0 mm. Each resin coping was digitally marked so that it could be paired with its corresponding stone die. The acrylic copings were printed with the ProJet DP 3000 (ProJet DP 3000; 3D Systems) (Fig.7,8). The supporting wax was removed from the bottom of the resin copings by heating the samples in a convection oven for 5 mins (Fig. 9). Thereafter, the softened supportive wax was removed and the resin copings were ultrasonically cleansed with corn oil for 15 minutes (Fig. 10,11). The resins

copings were removed from the oil and placed into a tea drainer which was dipped into a mild solution containing dish soap and ran under running warm water faucet until all the residual oil droplets were removed (Fig. 12-15). All of the laboratory processes were completed by the same dental technician at a commercial laboratory.



Figure 6: D700 3Shape Scanner



Figure 7. ProJet DP 3000

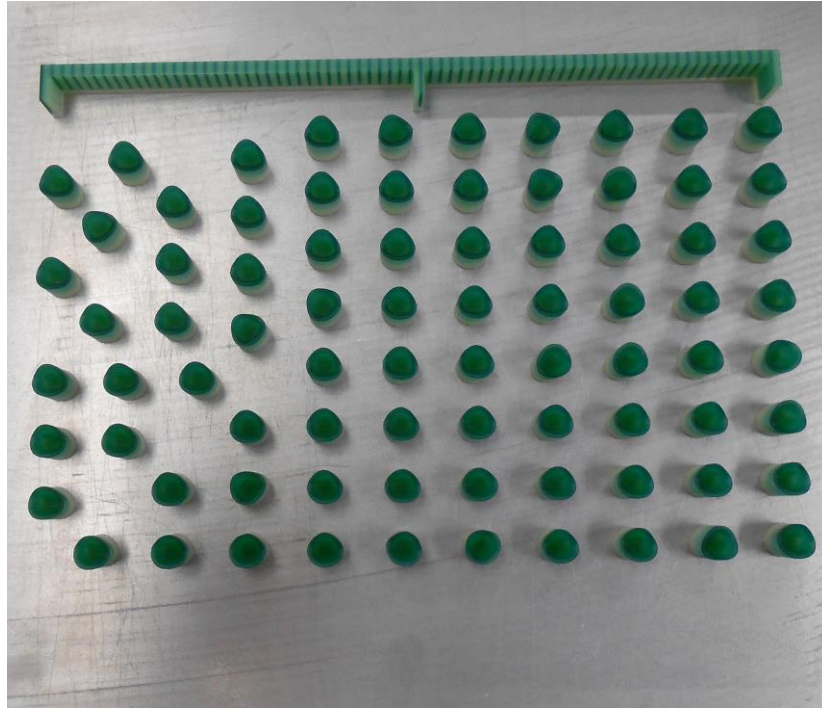


Figure 8. Printed resin patterns with the supportive wax



Figure 9. Convection Oven

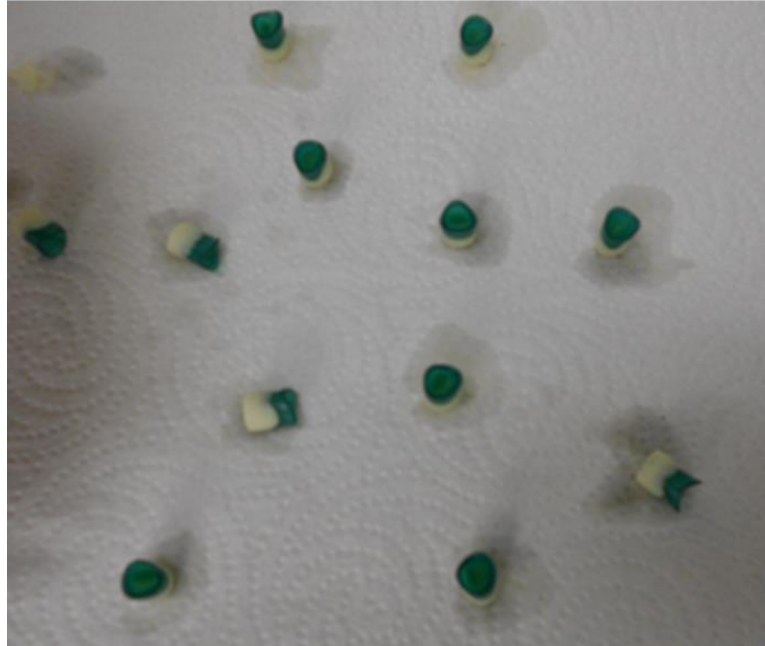


Figure 10. Softened supportive wax



Figure 11. Ultrasonic cleansing in 100% corn oil



Figure 12. Removal of resin copings from the corn oil solution



Figure 13. Removing residual corn oil from copings



Figure 14. Final resin coping

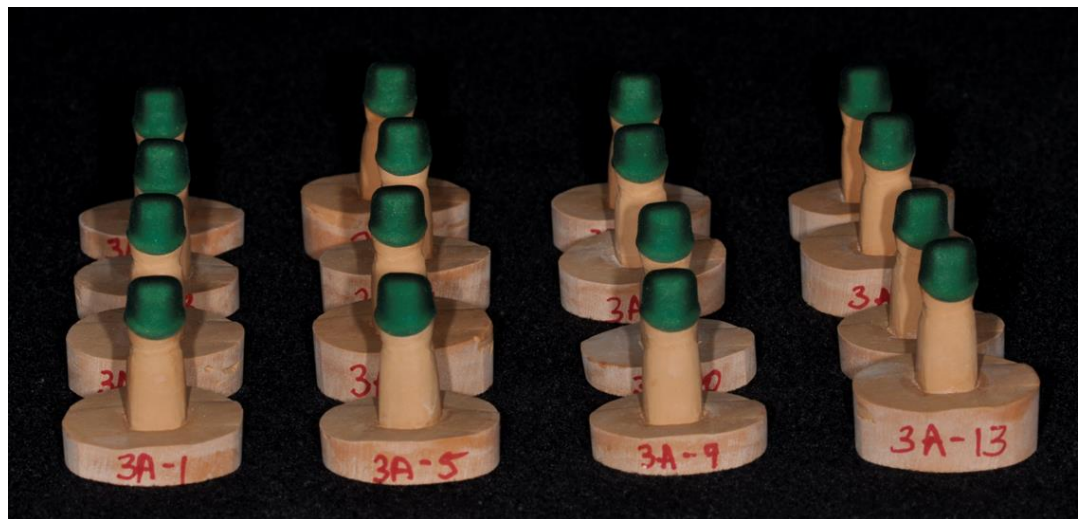


Figure 15. Resin copings and their respective stone dies for the 65 μm group

Each resin coping was rinsed under warm running water for 20 seconds, air dried for 20 seconds and sealed in a plastic bag until it was time for cementation (Fig.16). One click of self-cured (RelyX Unicem 2; 3M ESPE) was used to cement each printed resin coping to its corresponding die (Fig. 17). For the test samples, the coping was seated with a rocking motion until it was completely seated onto the die. The cemented coping-

die assembly was placed under an apparatus capable of maintaining a static deadweight load of 5 kg (32) and excess cement was removed with a fine microbrush (Fig. 18). The Mesial, Distal, Buccal, Lingual surfaces were light cured (Demiplus; Kerr) for 20 seconds each, for a total of 80 seconds. The cemented coping-die assembly was kept under the weighted-base apparatus for 6 minutes. The samples were stored at room temperature for at room temperature until sectioning. The cement film thickness was checked with the ADA Specification No. 8 protocol, section 4.3.4, however, the recommended seating force was reduced to resemble the load used within this experiment (5 kg) (Fig 19,20).

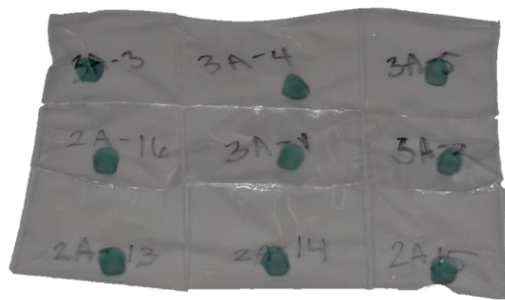


Figure 16. Sealed copings prior to cementation procedure



Figure 17. Cementation procedure armamentarium

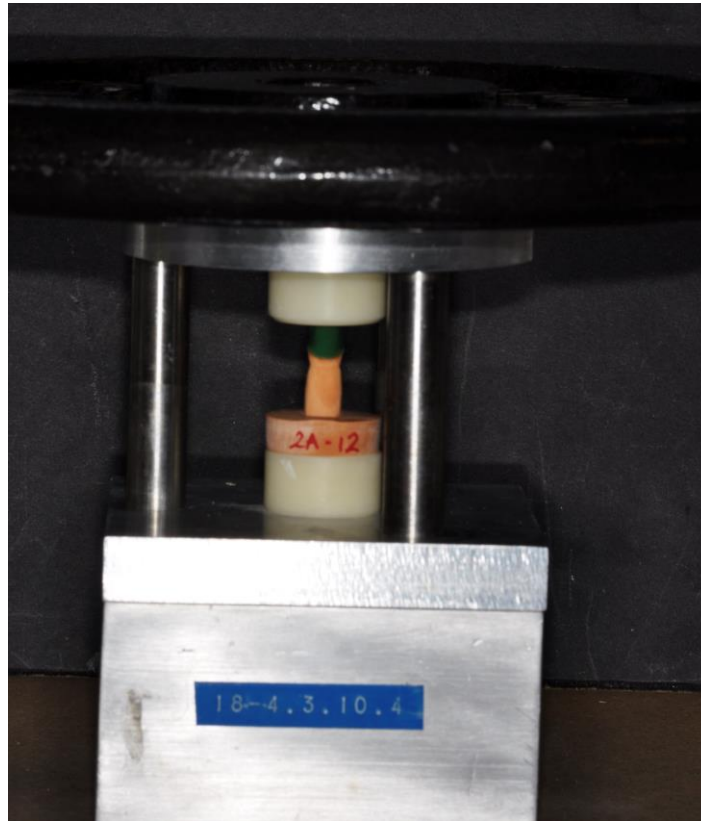


Figure 18. Static deadweight load of 5 kg

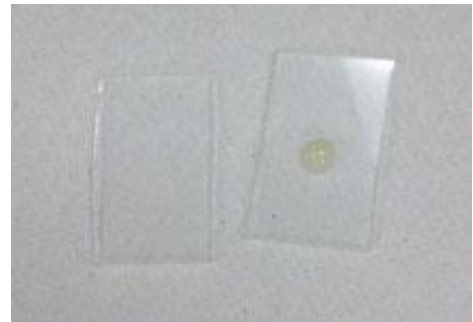


Figure 19 A. Mitutoyo digital micrometer

B. 1 click of mixed RelyX Unicem 2 cement

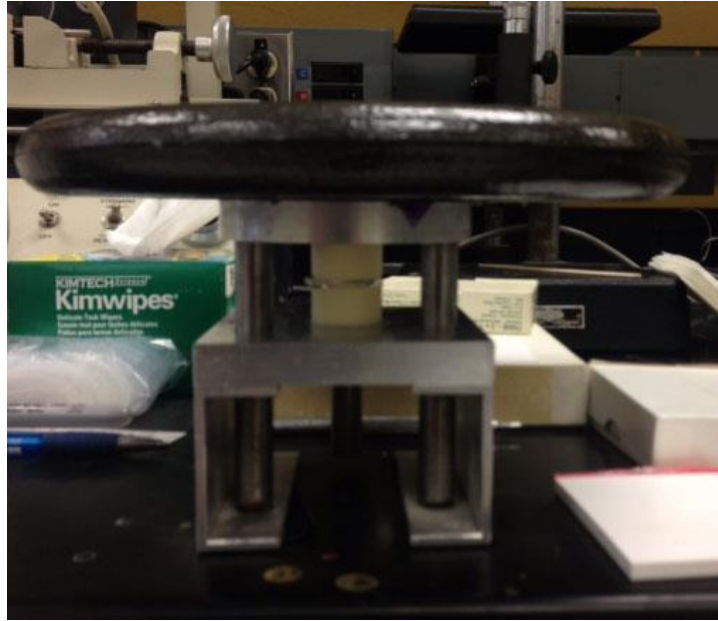


Figure 20. Tested cement under static deadweight of 5 kg

Each specimen was sectioned in a buccolingual direction using the a low speed diamond saw (IsoMet low speed saw; Buehler Ltd) with a 127 mm x 0.4 mm diamond wafering blade under wet conditions (Fig. 21,22). This resulted in two specimens for evaluation per coping and die-stone. The sectioned surface was smoothed with wet 1200 grit sandpaper (MicroCut S; Buehler Ltd) for 1 minute under light pressure.



Figure 21. Sectioning of the specimen with the low speed saw

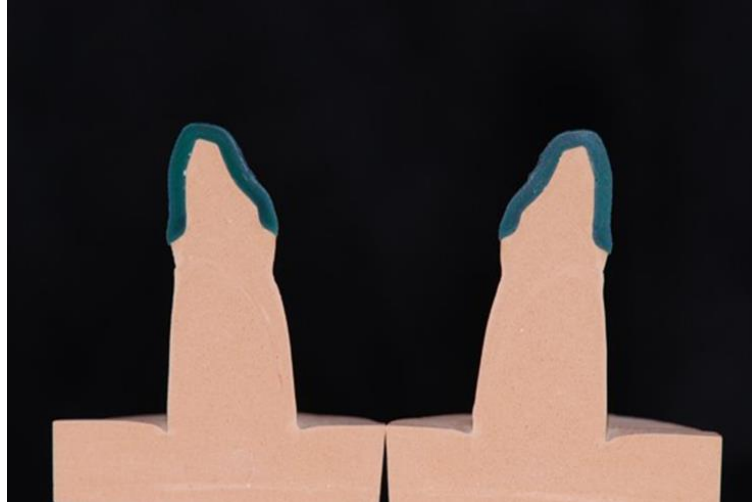


Figure 22. Sectioned specimen into two halves

The internal gap between the printed resin coping and stone die, for each sectioned specimen was measured at 5 defined locations: (A) facial chamfer, (B) facial mid-axial, (C) incisal, (D) lingual mid-axial, (E) lingual chamfer (Fig. 23).

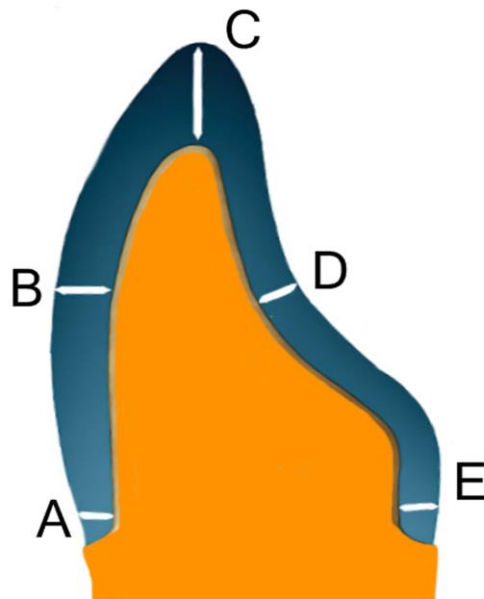


Figure 23. Locations of the internal gap measurements: A – Facial chamfer, B – Mid facial, C – Incisal, D – Mid lingual , E – lingual chamfer

Five measurements were made to create an average value at each point leading to a total of 50 measurements (5x2x5) per die. (33) Overall, 4000 measurements (50 x 80) were obtained for the entire study. The internal gap width image was obtained with an inverted bright field metallurgical microscope at 100x magnification (Metallograph/ Microscope; Leco/Olympus). The microscope was linked to a digital image acquisition device and computer software (Spot v4.5 & v5.1; Spot Image) (Fig. 24-29).



Figure 24. Metallograph/ Microscope to linked to a digital image acquisition device and computer software

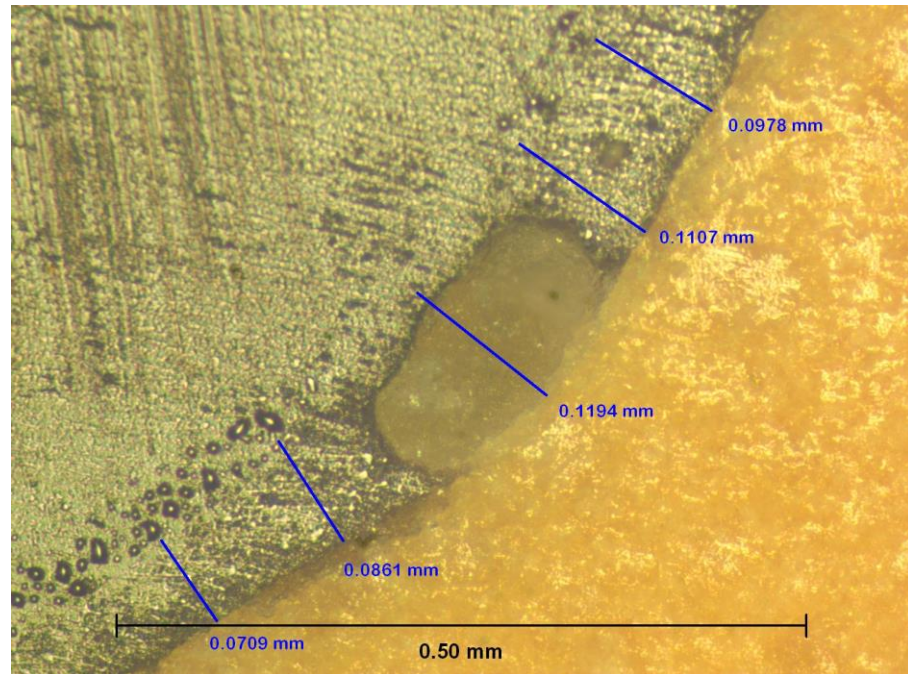


Figure 25. Digital image of location A and the 5 measurements

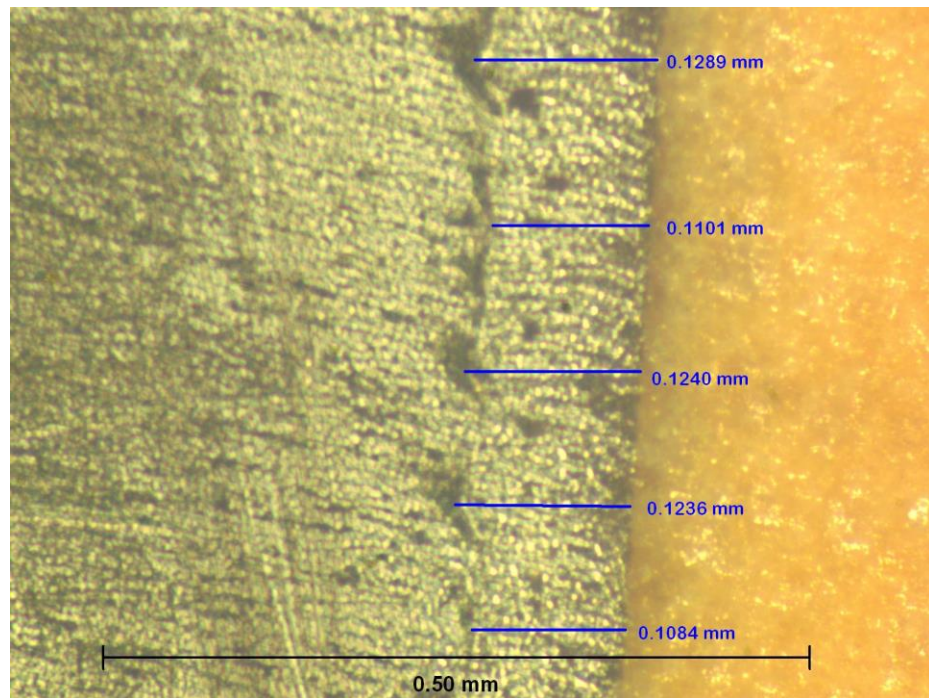


Figure 26. Digital image of location B and the 5 measurements

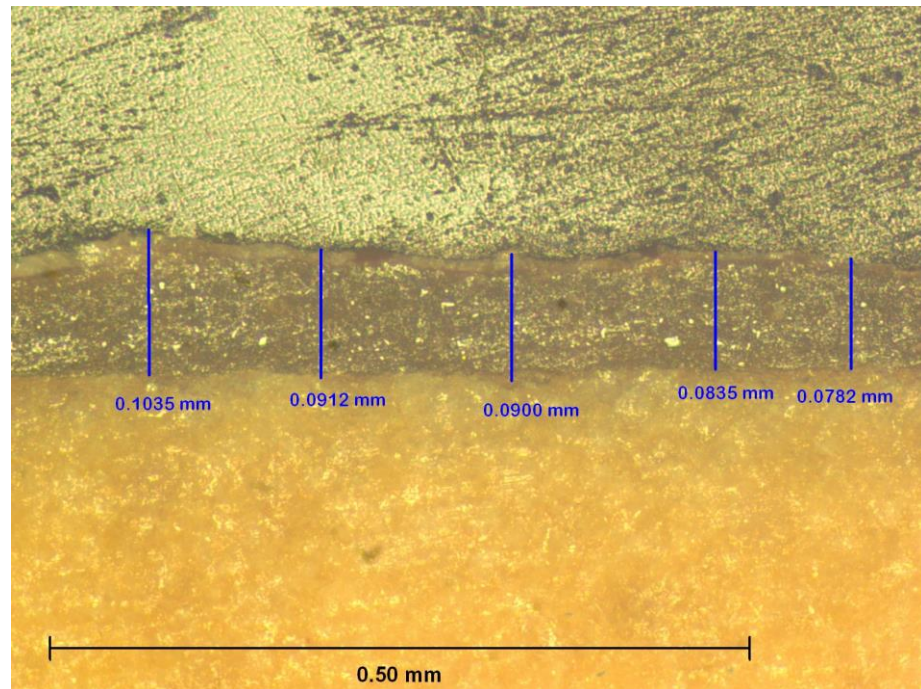


Figure 27. Digital image of location C and the 5 measurements

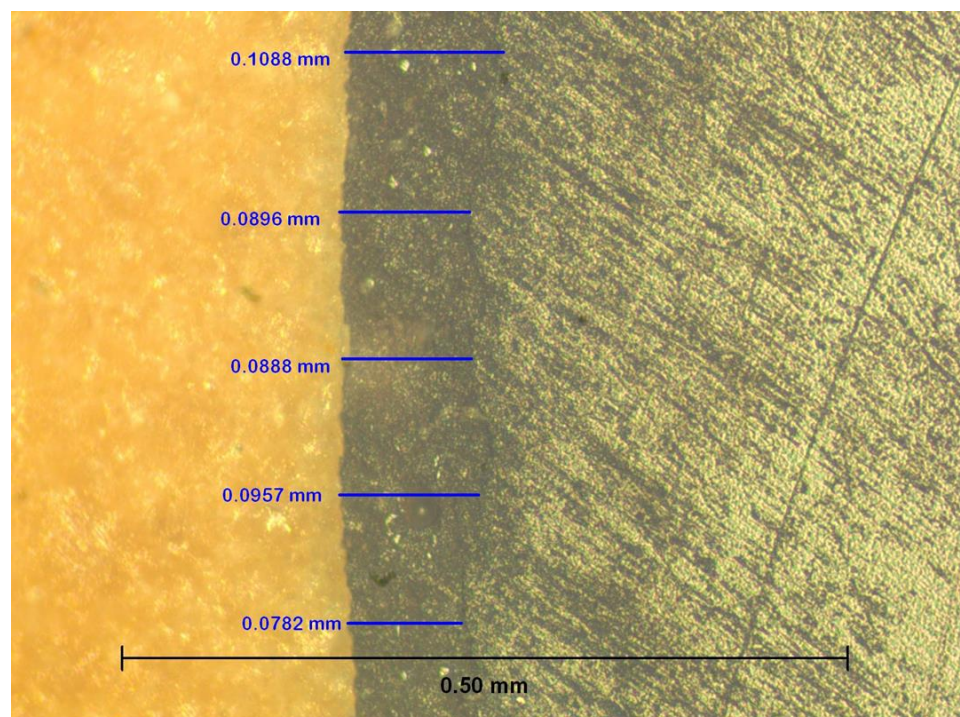


Figure 28. Digital image of location D and the 5 measurements

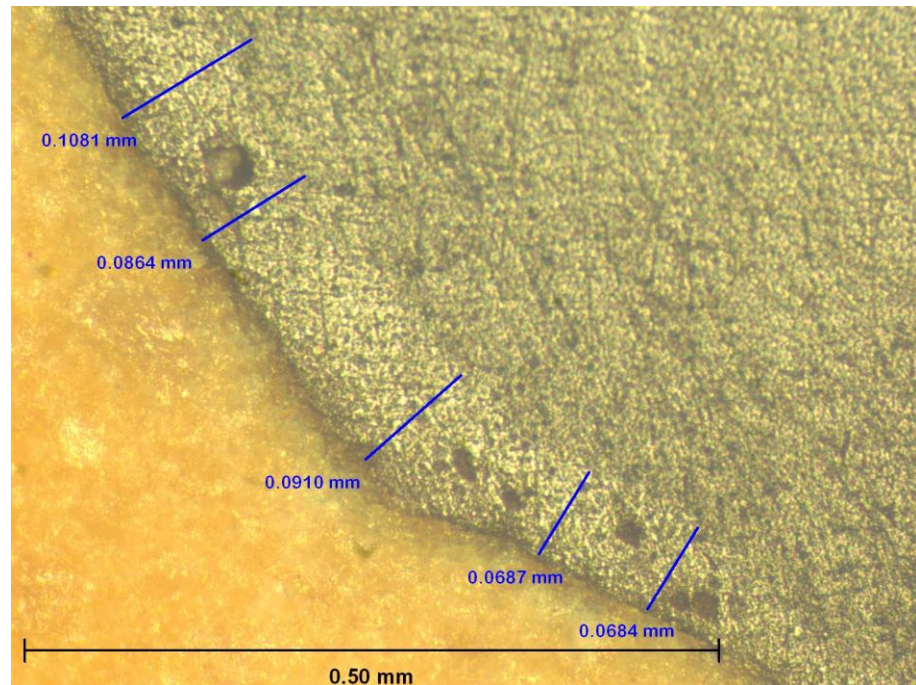


Figure 29. Digital image of location E and the 5 measurements

Mixed models ANOVA with repeated measurements were used to analyze paired data. The coefficients of variation (CV) were obtained by standard deviation divided by the mean and multiplied by 100. False discovery rate (FDR) control at level .05 was employed to account for multiple testing. All analyses were performed in SAS 9.3 (SAS9; SAS Institute Inc).

CHAPTER III

RESULTS

Table I summaries the mean internal gap measurements for the 5 groups along with their corresponding mean differences. Positive value means the internal gap value was greater than the prescribed die spacer setting thickness. Negative value means the internal gap value was smaller than the prescribed die spacer thickness. Mixed models ANOVA statistical test was used to determine if the differences were statistically significant. The differences were statistically significant for all 5 groups with $p < .05$. FDR values were all statistically significant with $FDR < .05$ for all groups. CV expressed in percentages ranged from 14 – 33%.

In Table II summaries the CV values for locations A, B, C, D, and E of all the 5 groups.

Figure 30. A bar graph indicating accuracy of simulated die-spacer thickness of different locations for all 5 groups. Within each group, same alphabet represents no statistically significant difference ($FDR < .05$).

Figure 31. A scattered graph representing the relationship between the programmed die spacer thickness and the measured internal gaps. With the trendline equation indicating that even at 0 μm prescribed die spacer thickness the achievable internal gap was at 65 μm .

Table I. Statistical analysis of accuracy and precision of the internal gap measured for all 5 groups using mixed models ANOVA with repeated measurements $p = .05$, Standard Deviation (SD), False Discovery Rate (FDR) at level .05, Coefficient of Variance (CV)

Group	Mean Measured (μm)	Mean Difference (μm)	SD	p-value (.05)	FDR (.05)	CV (%)
25 μm	75	50	10	0.000	0.000	14
45 μm	75	30	11	0.000	0.000	14
65 μm	79	14	14	9.73E^{-14}	1.22E^{-13}	18
85 μm	88	3	24	0.000	0.000	27
105 μm	95	- 10	32	0.007	7.68E^{-3}	33

Table II. Coefficient of Variance of each group at locations A, B, C, D, and E.

Location/Group	Coefficient of Variance, CV (%)				
	Group 25 μm	Group 45 μm	Group 65 μm	Group 85 μm	Group 105 μm
A	12	8	10	6	16
B	13	14	8	13	13
C	14	15	20	14	14
D	14	16	15	12	18
E	8	10	17	15	10

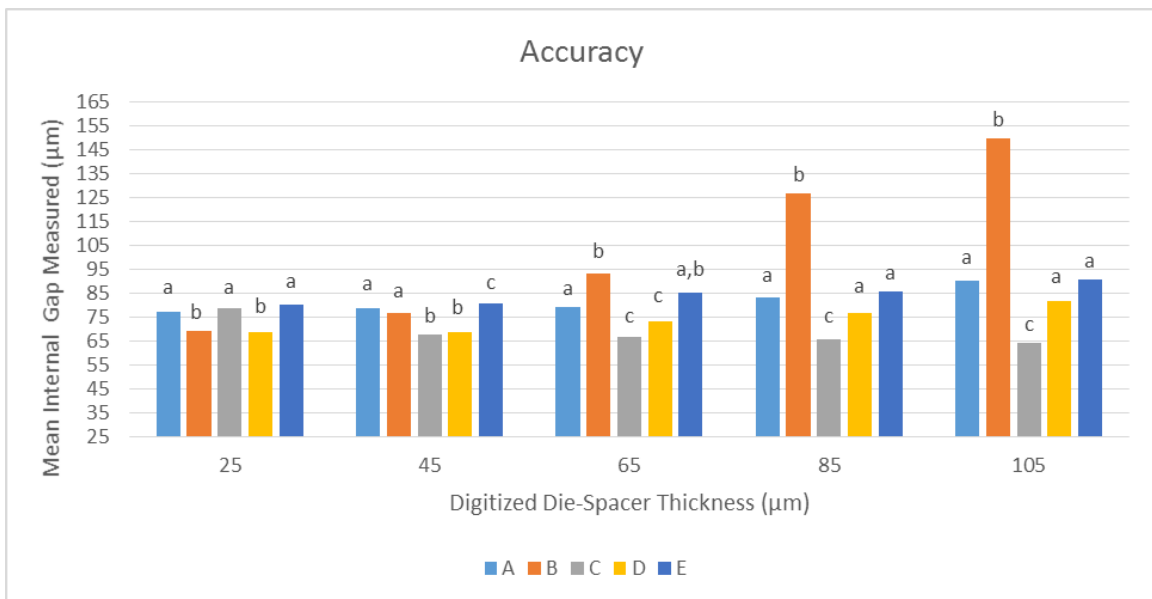


Figure 30. Mean measured internal gap at each defined location for all assigned groups

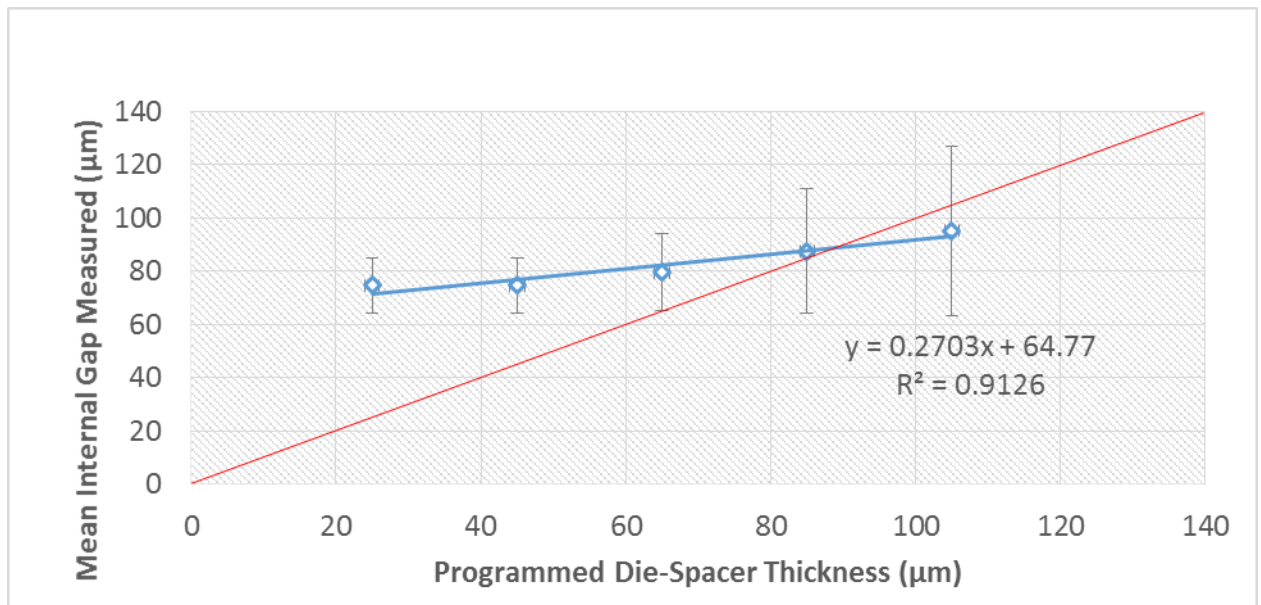


Figure 31. Scattered graph of mean internal gap measured for all groups

CHAPTER IV

DISCUSSION

This study determined that the prescribed die spacer thickness values within the CAD system differed from the measured internal gaps of the resin copings manufactured by 3DPT. Therefore, the accuracy null hypothesis for this investigation, where the programmed die spacer thickness would be the same as the measured internal gap, was rejected. The machine was unable to produce the same die spacer thickness for all the samples within an assigned group. The precision null hypothesis, where the internal gaps produced would be the same at all locations for all the 16 specimens within the same assigned group, was rejected.

All measurements of the internal gaps between printed resin coping and stone die were significantly different from prescribed die spacer thickness in all groups. Groups 25 μm , 45 μm , and 65 μm possessed the greatest internal gaps. On the other hand, groups 85 μm and 105 μm had smaller measured values (Table I). However, the magnitude of inaccuracy of the internal gap observed within this study for groups below the simulated die-spacer thickness of 85 μm was above the clinical acceptable maximum value suggested by a previous study of 73 μm for a ceramic crown.(12) The mean cement film thickness for RelyX Unicem was confirmed to be 15 μm , which is less than the smallest simulated die spacer thickness. Since the mean internal gap measured for all groups was greater than 70 μm , the influence of film thickness on incomplete seating for this experiment is unlikely. From Figure 6, using the trendline equation, at a setting where

there is no die spacer thickness (0 μm) in the CAD system, the graph indicates a 65 μm internal gap would be expected.

The accuracy of die spacer reproduction improved with larger simulated die spacer thicknesses for locations A, D, and E. However, mean internal gap difference at location B was consistently 28 - 45 μm greater than the expected value. This phenomenon might have been caused by the increase fit discrepancy between coping and die-stone at vertical location on the die. In the absence of a horizontal stop, improved fit from a seating load would not be anticipated. The opposite was observed for location C, where occlusal internal gap dimension decreased as the programmed die spacer thickness increased. A greater programmed die spacer thickness might have prevented the seating interference at the occlusal-axial line angle, leading to a better seated coping at the incisal portion.

The effect of die spacer thickness on crown retention has been reported with conflicting results.(9, 17, 34) Whereas, the die-spacer thickness has been shown to improve marginal fit of the coping by providing a physical space for the excess cement to escape, hence decreasing the hydraulic pressure.(6-10) It has been previously reported that four layers of die spacer provided marginal gap between 29-45 μm . (4,6) Without die spacer, the marginal gaps ranged between 333 – 643 μm . (4,23) The internal gap of less 73 μm has been suggested for a ceramic restoration and an internal gap of 120 μm has been shown to weaken the fracture strength of all ceramic restoration without significantly improving marginal fit. (26)

Precision, expressed as CV in percentage, was used to determine the closeness of the internal gap measurements to each other. A large CV percentage indicates low precision. Overall, the precision for all groups in this study was within the range 14 – 33%. Since a precision value less than 10% is considered reasonable (35), the precision of the CAD/3DPT combination used in this study was low. As programmed die spacer thickness increased from 25 μm to 105 μm , the precision had greater deviation. That means the larger die spacer settings were less precise. However, when considering the measurements per location and for each group, there was no discernable trend for the precision ranging from 6 - 20%. False discovery rate was less than .05 meaning the results obtained not by chance.

There are several limitations of this research with respect to measurement location, material, and technology used. Even though a total of 50 measurements per specimen was obtained in this study(33), measurements were made in 5 areas. Moreover, it is prudent to understand that the measurements obtained were specific to this software/hardware combination (CAD and 3DPT). The results may not be applicable to other software/hardware combinations. Thus, further studies will be needed to investigate the accuracy and precision for other comparing technologies. In the future, other advanced technologies with improved accuracy will be available for both the scanning and printing systems.

CHAPTER V

CONCLUSIONS

Within the limitations of this study, the following conclusions may be drawn:

1. The accuracy of programmed die spacer thickness reproduction of CAD/3DPT compared with the printed resin coping and stone die showed significant differences for all the groups.
2. Precision of the measurements obtained for each group was above 10% showing the machine inability to reproduce the same internal gap width for all locations within the same group.

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