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Environmental Influences on the Sign Tracking of Ethanol: A Rodent Model of Alcohol Addiction

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Environmental influences on the metabolism of ethanol:

A rodent model of alcohol addiction

by

John Casachahua

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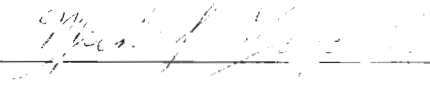
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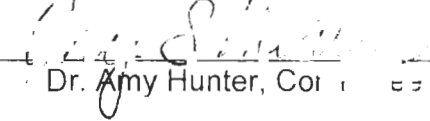
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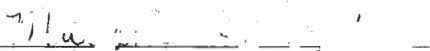
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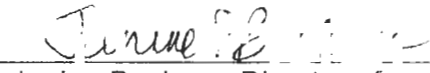
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Abstract

Rodent models of alcoholism provide a means for exploring the factors that contribute to alcoholism. The rodent sign tracking procedure using a bottle (with ethanol or water) as the conditioned stimulus and a sugar pellet as the unconditioned stimulus has several components that appear related to drug abuse. In this study, the environmental influences of rearing condition and bacterial infection were explored as possible contributory factors to the abuse of alcohol. In Experiment 1, Sprague-Dawley rats reared in an enriched environment showed faster acquisition of sign tracking behavior and consumed more ethanol than rats reared in a standard environment, but neither group developed a preference for ethanol. A negative-feature discrimination task revealed that the enriched- and standard-reared rats were not impulsive since they readily reduced sign tracking behavior on trials when the sugar pellet was omitted. Although, the enriched rats were more vulnerable to the effects of ethanol than the standard rats because they were sign tracking the bottle more, increased impulsivity does not adequately explain their “addiction to alcohol”. In Experiment 2, Long-Evans rats were trained in the sign tracking procedure with or without ethanol in the bottles as in the first experiment, but all rats were also given 24-hr access to ethanol in their home cage. Treatment with the bacterial endotoxin lipopolysaccharide (LPS) significantly increased the rats’ preference for ethanol, nevertheless this greater liking for ethanol did not affect the sign-tracking of ethanol. Therefore the compulsive ethanol drinking in the Long-Evans rats as in the Sprague-Dawley rats in Experiment 1, appeared to be due to sign tracking procedure, rather than the rewarding properties of the ethanol. However, in contrast to the Sprague-Dawley rats the negative-feature discrimination task revealed substantial impulsivity of

sign tracking behavior in the Long-Evans rats. The results of both experiments suggest that environmental influences appear to have a significant impact on sign tracking performance and the responsiveness to ethanol but further research is needed to further evaluate the usefulness of the sign tracking paradigm as an animal model of alcoholism and the underlying mechanisms that contribute to the alcoholic phenotype.

The influence of environmental experience on the signaling of ethanol:

A rodent model of alcohol addiction

Alcohol, otherwise known as ethanol (EtOH), is frequently consumed for enjoyment and the reduction of social anxiety within social situations (Enoch, 2006). Alcohol typically affects 5 main neurotransmitter systems in the brain. These five systems are the glutamate, GABA, dopamine, serotonin, and opioid systems. With glutamate, alcohol typically affects the NMDA receptor which binds this neurotransmitter. Alterations of this receptor during light drinking affect memory, but persistent heavy drinking will cause brain damage. GABA is partially responsible for the visible behavior effects of intoxication, and is important in developing the tolerance of alcohol. Serotonin contributes to arousal and is responsible for consummatory behavior, which includes alcohol consumption. Dopamine and the opioid systems contribute to the pleasurable feeling of alcohol consumption and are thought to increase during consumption while decreasing during withdrawal. Since the pleasurable feelings depart when the alcohol departs, this leads some people to abuse alcohol (Chastain, 2006).

Alcohol abuse and addiction have been found to typically develop while a person is in adolescence and later continue throughout adulthood (Enoch, 2006; Walker & Ehlers, 2009). There are three stages to the addiction cycle. These stages are the anticipation, binge drinking, and withdrawal stages. The anticipation stage is characterized by the fixation or sensitization to a drug due to the intermittent presentation of the drug. The binge drinking stage occurs when the individual drinks to the point of intoxication due to dependence on the drug or due to other motivating

pressures, like stress. The withdrawal stage is characterized by a negative affect due to the body's desire to re-experience the drug (McGee, 2000).

The introduction of alcohol to an individual for the sake of research would be a questionable practice, so rodent models are typically used to learn more about alcohol. Rodent models are often used because there are many common physiological elements they share with humans. The stages of addiction are replicated in rat models to learn more about the underlying processes of alcohol addiction, provided that rats can overcome the aversive taste of alcohol (Kooft, 2010). One promising model of alcohol addiction is the sign tracking model, which provides a good model of the anticipatory stage of alcohol addiction. In the sign tracking model, rats are trained to consume ethanol by pairing brief presentations of a bottle with food pellets. Sign tracking will be described in further detail later in this introduction.

Through research with animals and humans, many factors have been found to contribute to alcohol use and abuse. These factors include stress, genetic behavioral (sensitization or impulsivity), and environmental factors like rearing conditions and exposure to potentially harmful substances. In human studies of adolescents, stress was found to diminish the reward system, affect the prefrontal cortex of the brain, and impair hippocampal development which in turn makes adolescents more responsive to addictive drugs. Three factors that contribute to the enhanced alcohol addiction of adolescents are the physiological changes within the prefrontal cortex during this time period which promotes risk taking behavior, neurobiological vulnerability, and the stress-induced sensitization of the hypothalamic pituitary axis (HPA). (Andersen & Scher, 2009; Enoch, 2006) Additionally, addictive drugs such as opiates share neural mechanisms with

natural rewards. There is strong evidence that the pharmacologic effects of FICL induce changes in the experience of rewarding stimuli, such as social and physical pleasure, to make these positive experiences feel more enjoyable (Tomie, Grimes, & Bohorecky, 2008).

Genetic factors responsible for alcohol abuse include the MET158 variant of the Catechol-o-methyl transferase (COMT) gene which was found to be linked with susceptibility to alcohol. However, an individual with the alcohol vulnerability COMT gene is not doomed to abuse alcohol, because the environment that a subject is raised in (rearing conditions) interacts with the potential to develop addiction. This interaction is affected by many neurotransmitters. Specifically, the neurotransmitter serotonin has been implicated in the control of impulsivity, which is one of the many behavioral factors that contribute to alcohol abuse. Impulsivity is described in further detail later in this introduction. Additionally, early environments (rearing conditions) diverse impact on behavior is described in further detail later in this introduction.

Finally, immune system activation is a potential factor of alcohol addiction. Although there is not much research on the role of the immune system in alcohol addiction, several observations suggest a potential role for neuro-immune interactions in drug abuse. Research with humans has found that there is a high prevalence of HIV positive individuals that abuse drugs (Ferrando, 2001). Research with rats has found that HIV transgenic rats show a greater methamphetamine-induced behavior sensitization than control F344 rats. Although HIV-1 transgenic rats do not have HIV-1 infection, the HIV genes that have been inserted into the rat genome produce HIV proteins (e.g., gp120) that affects immune system functioning (e.g., elevated cytokine levels) which in

turn affects neuronal functioning. Greater sensitivity of 129/SvEv Tg rats to methamphetamine may be due to the greater dopamine expression in the prefrontal cortex of the HIV rats (Liu, Chang, Vigorito, Kass, Li, & Ehling, 2009). Research with alcohol preferring mice found that an intraperitoneal injection of 1mg/kg of lipopolysaccharide (LPS) promoted higher alcohol consumption, with effects lasting three months after the injection (Blednov, Benavidez, Geil, Perra, Crabbe, & Harris, 2011). LPS is a protein found in bacterial walls that when detected by the immune system activates an innate immune defense. The Blednov et al study suggests that a single immune system activation is sufficient to cause long term changes in neuronal functioning and subsequent EtOH consumption.

The purpose of the following experiments was to explore the effects of two environmental factors on the sign tracking of D₂ in rats: learning condition (Experiment 1) and exposure to bacterial insult (Experiment 2). Additionally, modifications of the sign tracking procedure were introduced to further evaluate sign tracking as an animal model of compulsive alcohol use and abuse. Several studies suggest that like compulsive alcohol use, sign tracking behavior is associated with impulsivity (Tomie et al, 2008). Thus, in the following experiments modifications of the sign tracking procedures were included as potential measures of impulsivity.

Sign Tracking, Incentive Sensitization, and Drug Abuse

Sign Tracking

Sign tracking procedures are characterized by the pairing of a conditioned stimulus (CS) with the prompt delivery of an appetitive (e.g. food) unconditioned

stimulus (US). These procedures represent a variation on the Pavlovian “classical” conditioning paradigm because the CS and the food US occur independent of the subjects’ behavior. After animals have learned to associate the CS with the US, conditioned responses (CR) of anticipatory behavior develop that are classified as *goal tracking* or *sign tracking*. Goal tracking, which is a typical response in a Pavlovian conditioning paradigm, refers to the animals’ use of the signal CS solely as a means of tracking the impending arrival of the reward US, with the anticipatory behavior being directed at the US. For example, goal tracking has been monitored by counting the number of breaks in an infrared beam that occur when the animal inserts its head in the food tray. Sign tracking is distinguished from goal tracking by the animals’ tendency to primarily track and direct its anticipatory behavior at the signal instead of the goal US (Robinson & Flagel, 2009). In sign tracking studies with birds, for example, investigators measure anticipatory pecks that birds direct at a key-light CS. Rats will also show anticipatory approach and investigatory behavior toward a light CS. Sign tracking behavior was originally erroneously called *autoshaping* by Brown and Jenkins (1962) because they believed that the behavioral fixation on the signal for food was due to superstitious (operant) conditioning. This superstitious conditioning implies that the animal fixates on the signal because its interaction with the signal seemed to produce the US, and satisfy a perceived operant behavioral requirement. Several sign tracking studies have demonstrated that the animal’s behavior will persist even when the USs are omitted on a substantial percentage of the trials, which suggests that the animal responding is not an operant response (Monterosso & Ainslie, 1981). The term “autoshaping” is more often referred to as sign tracking to reflect a more conceptually accurate representation of

its relationship to classical conditioning, i.e. sign tracking predicting US. Unfortunately, some investigators continue to use the conceptually incorrect term “autoshaping” when describing this procedure.

Sign tracking behavior can be manipulated to produce more profound ST in rats by using a signal that rats may interact with using their hands and mouth rather than a light that can only be observed by the rat. Replacing a light CS with a retractable lever CS, for example, causes many rats to direct their anticipatory behavior towards the lever. Some investigators have even added bars to the testing chamber. With the bar addition, the rats will direct their anticipatory (sign tracking) behavior of sniffing, biting, or pressing to the bar. Often the rat will press the bar sufficiently strongly to close a switch. With this modification, investigators will typically count the number of bar presses as an index of sign tracking behavior.

Sign tracking behaviors reveal that once a neutral signal gets associated with the positive stimulus of food the neutral signal gains its own motivational qualities or incentive salience for the animal. Not long after the neutral signal has gained incentive salience, most rats develop compulsive behaviors with the signals. These compulsive-like behaviors, also known as incentive sensitization, which emerge through conditioning in a sign tracking procedure, can also occur in the partial operant or instrumental conditioning procedures (Robinson & Berridge, 2008).

The concept of incentive sensitization is embedded in an addiction model in which a distinction is made between drug liking (the *liking*) and drug wanting, i.e., the craving (Robinson & Berridge, 2008). This model parallels the finding that over the course of

developing addiction and with repeated exposure, there is a marked increase in drug wanting while there is either no change or a small decrease in drug liking. This may be due to different neural mechanisms being responsible for the two components of drug reward, and because repeated use causes a sensitization of the “wanting” system but no sensitization or even tolerance in the “liking” system. It is theorized that the mesolimbic dopamine system can be sensitized by repeated administration of many abused drugs and that this neural circuit may be more important in cue wanting than in drug liking (Robinson & Berridge, 2008).

Research indicates that individual differences in the tendency to sign-track (focused anticipatory behavior) are connected with different tendencies to attribute incentive salience to distinct reward-related cues (Dingel, Watson, Akil, & Robinson, 2008). This suggests that sign-trackers are prone to a form of plasticity (addictive phenotype) that may contribute to the development of addiction (Robinson and Berridge, 2000, 2001; Saunders & Robinson, 2010), which in turn parallels the finding that drug abusers are individuals predisposed to develop pathological levels of incentive salience attributable to reward-related cues (Tomie et al, 2000).

Within a different exploration of compulsive behavior, Tomie (1996) introduced the concept of “Cue and Manipulandum” (CAM). Cue refers to the object or the positive object, and manipulandum refers to an interactive object. Essentially, CAM presents an alternative method of describing incentive motivation. In the typical operant conditioning experiment the subject is required to act on a manipulandum to obtain a reward. The reward (and cues associated with it) is usually located at a distance from the manipulandum. CAM occurs when the experimenter puts a reward cue very near or on an

object that must be manipulated during an instrumental response. The close spatial relationship between the manipulandum and reward also facilitates a compulsive response toward the manipulated object. The compulsive and excessive behaviors persist even though they serve only to delay or prevent the delivery of reward. Tomie found that although the operant procedure required that the subjects simply make a response then retrieve the reward, the close proximity of reward to the manipulandum induced sign tracking of the manipulandum which interfered with the simple operant requirement. This finding indicates that the sign-tracking (or persistence) is not under strict voluntary control. Furthermore, Tomie's findings suggest that animals' maladaptive behavior in the CAM situation is due to conditioning and not poor self-regulation (Tomie, 1996). Tomie (1995) suggests that the exaggerated responses to objects can also be found in humans that consume drugs (a reward) using only one method of administration (like an alcoholic to a beer glass) or when the object that delivers the drug is directly related to the drug's reinforcing effects (like the consumption of a drug in pill form). These compulsive behaviors are also acknowledged by some addiction researchers as being reminiscent of the fixated behavior that drug addicts exhibit toward their desired paraphernalia of administration. Additionally, addiction researchers suggest that these behaviors are typically activated by subjective or emotional motivational states that contribute to the impulse use of the drug, which in turn enhances the likelihood of drug consumption (Tomie et al, 2008).

Tomie suggested that the sign tracking procedure can be modified to more closely model the acquisition of compulsive behaviors directed toward drug-delivering paraphernalia in humans by replacing the manipulandum in the sign tracking procedure

with a bottle. Thus, a rat sign tracking a bottle will lick at the spout and therefore self administer any drug contained within the bottle.

Tomie's (2005) study found that repeated intermittent presentations (sign tracking procedures) of an ethanol sipper tube induced more ethanol intake than did continuous access to the EtOH sipper tube. Also more gross motor activity was found in an intermittency condition than in a continuous access condition, which is perhaps indicative of higher levels of arousal. Therefore, one factor causing excessive responding in sign tracking is the experience with repeated insertions and retraction of the sipper tube which induces a state of arousal or sensitization, increasing the likelihood that an active rat would contact and drink EtOH from a sipper tube. Tomie also found that although random presentations of the bottle and food US do not generate sign tracking behavior, paired bottle-US presentations produce sign tracking behavior. This indicates that behavior directed toward the bottle increases when the bottle becomes a signal for the US. Thus, EtOH intake in the sign tracking procedure appears to be due to intermittency-induced arousal plus Pavlovian CS-elicited responding (Tomie, Gittleman, Dranoff, & Pohorecky, 2005; Krank, 2003).

Thus, the sign tracking procedure using a bottle as the CS has three components that appear related to drug use and abuse. First, individuals prone to drug abuse (addictive phenotype) are more likely to respond to the intermittent presentations of the bottle, resulting in compulsive responding toward the bottle that approximates addictive behavior. Second, the presence of a Pavlovian relationship between the bottle CS and food US attaches incentive salience to the bottle by linking the reward US further increasing bottle-directed behavior. Finally, when the bottle contains a drug, it

compulsive behavioral interaction with the bottle could further contribute to the maintenance of the compulsive behavior since the interaction with the bottle is a cue in administration of a drug (e.g. alcohol).

Behavioral Sensitization and Drug Abuse

Another way that sign tracking behavior is related to drug abuse is through behavioral sensitization. Behavioral sensitization is characterized as an increase in the locomotor-stimulating effects of a drug, such as amphetamine, after repeated exposure to a consistent drug dose. The increased sensitivity to the drug with repeated experience is believed to be a determinant factor of addictive behavior in rats and humans, and may be a result of direct changes in the circuitry of the brain. Neuroimaging studies describe prefrontal activity alterations and striatal activity changes resulting from behavioral sensitization. It is believed that altered prefrontal activity as evidenced by problems with emotional stress regulation and inhibitory control along with heightened striatal responses to addicted drug and drug-related salient stimuli perpetuate habitual drug seeking (Li & Sinha, 2008; Feil et al, 2010). Sign tracking responses and the psychomotor activation syndrome appear to be similar behavior because both behavior types are skeletal-motor responses. Skeletal motor responses include forward locomotion actions as well as directed approaches that include contact and manipulation responses, which culminate in consummatory-like responses, such as gnawing, licking, sniffing, chewing, and swallowing (Tomie et al, 2008). The acute increase of sign tracking behavior as a result of repeated exposure to paired cues and drugs may be related to the increase in drug induced behavior (sensitization) as a result of repeated drug exposure.

Evidence of a relationship between sign-tracking and psychomotor sensitization has also been reported. In rats, sensitization has been shown with highly stimulant drugs (e.g. cocaine) as well as with morphine. Although it is often more difficult to demonstrate behavior sensitization with EtOH, cross-sensitization has been shown between EtOH and morphine (Nestby et al., 1995; Nestby, 1997). Cross-sensitization is the experience in which an individual is initially sensitized to one substance (morphine) that consequently sensitizes the individual to a different substance (EtOH). This is usually due to a relationship between substances, such as shared neurobiological effects. The cross-sensitization between EtOH and morphine may be mediated by a common interaction on the opioid system. Evidence that there is a “cross-sensitization” between sign tracking and stimulant induced sensitization comes from a study reporting that rats that develop predominant sign-tracking behavior show an enhanced tendency to exhibit psychomotor sensitization to cocaine, when compared to rats that develop predominant goal-tracking behavior (Flagel et al., 2008).

Previous studies of the nucleus accumbens core (NAC) of the brain demonstrated that the crucial structure for sign tracking is the same structure that is implicated in drug relapses within addiction. Flagel et al suggest that sign-trackers are susceptible to a form of plasticity that may contribute to the development of addiction. In support of this, Flagel et al also reported that predominant sign-trackers exhibited higher levels of D1 mRNA in the NAC relative to predominant goal-trackers after the first day of training with sign-tracking procedures (Flagel, Watkinson, & Akil, 2007), but after 5 days of training, sign-trackers showed dulled dopamine expression patterns relative to goal-trackers, including lower levels of tyrosine hydroxylase, dopamine transporter, and

dopamine D2 mRNA relative to goal-trackers (Crombag et al., 2007). These data are consistent with the hypothesis that behavioral deficits induced by sign-tracking procedures are related to changes in the dopamine system, in a manner well-known by addiction researchers. Furthermore, levels of the D1 receptor was found to be integral for sign track learning (Dalley et al, 2005) and levels of the D2 receptor have been associated with increased reports of "drug-liking" in humans (Crombag et al., 2002).

Impulsivity and Drug Abuse

Impulsivity is closely related to drug use and abuse, both as a contributor to use and as a result of use. Impulsivity has been used to refer to a wide range of seemingly unrelated maladaptive or inappropriate behaviors including the inability to wait, difficulty in withholding responses, excessive presence of reflexive and responses, and insensitivity to negative or delayed consequences (e.g., Dalley et al., 2005). Impulsivity is a risk factor for drug experimentation, problematic drug use, and contributes to the inability to refrain from drug use. Brief fluctuations in decision-making or inhibition may have especially negative consequences for drug abusers who are trying to abstain from drug use, because momentary lapses in control or inhibition could increase the risk of drug use. Extended exposure to a drug may also result in impaired inhibitory capacity, which may be due to long-term neurological damage from chronic drug use (de Wit, 2009).

Drug addiction has specifically been related to impulsivity by studies reporting that rats that are intolerant of reward delays subsequently self-administer more EtOH than do delay tolerant rats (Poulos, Le, & Parker, 1995; Poulos, Parlato, & Le, 1998). Poulos et al have shown that rats, exhibiting intolerance to reward delay by choosing small

immediate rewards over larger delayed rewards, subsequently consumed more EtOH than rats that were less delay-intolerant. Their work revealed that impulsivity and EtOH drinking are linked phenomena (Poulos, Park, & 2011, 2017), and provide support for the hypothesis that rats that perform more sign-tracking CRs tend to be more impulsive and drink more EtOH (Tomie et al, 2008).

Impulsivity's link to sign tracking was tested by Tomie through the use of a delay-discounting (impulsive choice) test. In our study, it was tested by using a two-choice lever-press operant procedure. In this procedure, the subject had a choice between two levers that could be pressed. The left lever would be readily available and if pressed would generate an immediate small reward of one pellet, while the right lever would be available less frequently but if pushed would generate a three to five pellet reward. Rats that demonstrated prior predominant sign tracking behavior were more impulsive-like and would respond to both levers, while goal tracking primarily responded on only one lever. Additionally, during sign tracking sessions the adaptive (impulsive) group acquired sign tracking faster, and with more CR than the goal strategy group. Impulsivity was also reported after injections of dopamine agonist-like compounds such as cocaine, amphetamine, and methamphetamine (Tomie, Angold, Chhorecky, & Benjamin, 1998).

There have not been too many studies on the strain differences in impulsivity, but one study did explore how Lewis (LEW) and Fisher (F344) rat strains differ on a number of physiological characteristics, such as hypothalamic-pituitary-adrenal (HPA) axis activity, as well as on behavioral tasks, including the sign tracking task (Cicciocioppo, Gomez-Serrano, Weiss, & Riley, 2006). Since sign tracking has been linked to HPA axis functioning, impulsivity and drug taking, Keane et al compared LEW and F344 rats on

their rate of attainment and presentation of the sign tracking response. Rats were trained on a *negative automaintenance* procedure. In the *negative automaintenance* procedure, the rat was first trained on the sign tracking procedure. Later, the sign tracking procedure was changed so that the sign tracking responses toward the manipulandum (interactive object) were then punished by the cancellation of the food pellet delivery. While sign tracking behaviors were diminished in the *negative automaintenance* procedure, they were usually not eradicated entirely (Monterosso & Ainslie, 1997). The animals that were affected the least by the “punishment” were found to be more impulsive. While there were not significant differences between strains under the *negative automaintenance* procedure, LEW rats did acquire the sign tracking response faster and performed the sign tracking response at a superior rate to the F344 rats. This is consistent with existing research that indicates that LEW rats behave more impulsively, are more sensitive to the rewarding effects of drugs, and more readily acquire the habit of drug abuse than F344 rats. These findings also indicate that the HPA axis may have a modulatory impact on sign tracking behavior.

Measures of Impulsivity

Impulsivity is a multi-dimensional construct, with various impulsivity measures reflecting separate underlying processes. One process is impulsive choice which is measured by the delay discounting procedure and measures impulsive choice and behavior disinhibition as described above (de Wit, 2009). Another process includes impulsive response-inhibition, such as responding on a schedule which measures the inability to withhold a response (e.g. Differential Reinforcement of Low Rates procedure) (de Wit, 2009; Monterosso & Ainslie, 1999). A third potential impulsive process is

impulsive action, which is measured in the negative automaintenance procedure also described previously (Killeen, 2003). A different impulsive procedure is non-discriminated appetitive conditioning which is measured by conditioned locomotor activity that demonstrates behavior disinhibition (de Wit, 2002; Winstanley et al, 2004). In non-discriminated appetitive conditioning, rats are fed at the same time each day and their locomotor activity is assessed. Typically, an increase in activity is found to be present prior to the expected delivery of food which represents a lack of behavioral inhibition. This increase in activity is due to the association between the specific time of day and the food delivery (Winstanley et al, 2004). In both of these paradigms impulsivity is implicitly or explicitly associated with the effort required to obtain the value of reward. (Monterosso & Ainslie, 1999).

In the present experiments we evaluated the negative-feature discrimination procedure as a potential measure of impulsivity. In this procedure a target conditioned stimulus (bottle) is paired with food US as usual, but in the presence of a negative-feature stimulus (a light, smell, or sound) the bottle US is not followed by the food US. The ability to use the negative-feature to predict that the food US will not occur is known as *negative-feature discrimination*. This task is used in this study as an impulsivity metric to investigate whether there are differences in the acquisition of negative-feature discrimination between sign tracking rats with different environmental experience. If sign tracking rats in one condition are more impulsive than sign tracking rats in another condition, they may show poorer acquisition of the negative-feature discrimination.

Environmental Influence on Rearing Conditions

Flagel et al (2010) have noted that rats selectively bred for high responsiveness to environmental novelty are almost exclusively sign-trackers in appetitive conditioning procedures and rats selectively bred for low responsiveness to environmental novelty are almost exclusively goal-trackers. When these rats were used in sign-tracking procedures with a cocaine US, the same results were found. High responders toward novelty all acquired predominant sign-tracking CR performance while none of the low responders did so. Thus, the high responsiveness phenotype exhibits a predominant sign tracking in procedures employing either food US or cocaine US, while the low responsiveness phenotype does not exhibit sign-tracking to signals of either food US or cocaine US.

Since high responsiveness toward environmental novelty is typical behavior of rats raised in enriched housing conditions, the investigation of rearing conditions on sign tracking behavior in the presence of EtOH provides an exciting avenue of exploration. The two main rearing conditions are the standard housing condition and the enriched rearing condition. The idealized standard rearing condition of rats often consists of the inclusion of two rats in a cage with no other stimuli that are at their disposal, while the idealized enriched environment rearing condition often consist of the housing of several rats (typically 4 or 5) in larger than average sized cages that contain various stimulating items such as running wheels, tunnels and stimulating objects that may be altered on a regular basis. Studies of enriched environments have demonstrated that the enriched condition brings on various neurobiological and behavioral modifications which may have an impact on drug sensitivity and addiction (Lalonde, Pothuizen, Macri, Solinas, & Jablon, 2008).

Findings from studies on environmental enrichment suggest that this correlation might act on precise brain regions that handle responses to novelty or conflict (such as the hippocampus, amygdala, and the cingulate). Additionally, environmental stimulation, especially applied throughout adolescent development, adjusts the neurobehavioral systems as is evident in learning, memory and decision responses (Laviola et al, 2008). The behavioral modifications include, among other things, the decrease of anxiety-like behavior. This adjustment change highlights the continued plasticity of the systems mediating emotion beyond the age of weaning, which illustrates the importance of an animal's physical environment (Holmes, Leighton, Vogel, Michonin, Leman, & Belzung, 2005). This type of adjustment places it might be the reason why environmental interventions protect against the effects of genetic and/or acquired vulnerabilities (Laviola et al, 2008).

Previous drug research with rats has shown that rats reared in an enriched condition are more sensitive to the acute effects of amphetamine (dopamine agonist) than rats reared in an isolated condition (Green et al, 2012). Yet, enriched condition rats self-administer less amphetamine than isolated condition rats (Cirenes & Fornaguera, 2008), which contrasts the results of an experiment with voluntary EtOH intake that indicated that enriched animals consumed greater amounts of EtOH than isolated animals within a two bottle (EtOH vs. water) preference task (Cicciocioppo, Gibson, & Valentini, 1999). In an effort to corroborate the different accounts, this study used cocaine to further explore the environmental enrichment behavioral phenotype. In this study, enriched condition and isolated condition rats were studied with a cocaine conditioned place preference (CPP) behavior test while cocaine self-administration was measured. Enriched condition

rats exhibited less cocaine self-administration, despite showing enhanced cocaine CRs. It appears that this is because the enriched condition can elicit a protective phenotypic plasticity against addiction (Green et al, 2010). Nevertheless, this effect is paradoxical because enriched rats are more sensitive to the receptor-activating, dopamine-releasing, and rewarding effects of drugs. Therefore, enrichment and enrichment seems to diminish addiction liability without decreasing drug sensitivity (Green et al, 2010). Essentially, rats would be expected to show the sensitization (e.g., drug effects during use (as measured by sign tracking)), without the addictive preference (e.g., drug effects as measured by self-administration procedures such as the previously mentioned procedure task).

Experiment 1

Rearing Condition

Sign tracking behavior is believed to be stronger in rats with a high propensity of assigning incentive salience to stimuli associated with rewards, as is typically found in the addictive phenotype (Tomie et al, 2008). A number of experiments sought to assess the effect of rearing condition (enriched vs. standard) on sign tracking of a bottle filled with EtOH or with water. The observation that animals reared in an enriched environment showed sign tracking performance suggests that rearing conditions do not influence the addictive phenotype (LAVICIA et al, 2008). Since groups that differ in susceptibility to sign tracking also differ in measures in impulsivity (Tomie et al, 2008), we tested the animals in a negative-feature discrimination task as a potential measure of impulsivity. Impulsive rats are expected to show poorer discrimination than less impulsive rats because discrimination tasks require that rats learn to inhibit conditioned responding (i.e., licking the water bottle) on days when the bottle is not followed by a food US.

Moreover, by comparing sign tracking of EtOH with sign tracking of water it is possible to determine if the additional consumption of the addictive drug EtOH while sign tracking further enhances sign tracking behavior. For example, it is possible that rats drinking EtOH will show greater sign tracking than rats drinking water because the EtOH has become rewarding and has motivated the rats to consume more EtOH. In addition to looking for greater sign tracking in EtOH-exposed rats, we also took advantage of the negative-feature discrimination procedure to evaluate the rewarding properties of ethanol. If the rats drinking ethanol find the ethanol to be rewarding then

they should not show discrimination because the structure in the bottle is motivating their drinking, not just the bottle as a signal for the food pellet US. Thus rats sign tracking water should show discrimination, but not rats sign tracking ethanol if the structure is itself rewarding. To evaluate the effectiveness of this methodology, some rats were given a highly preferred Polycose solution in the bottle they were tracking. It is well known that rats find Polycose highly rewarding. Therefore rats sign tracking a Polycose solution should not show discrimination since drinking from the bottle is motivated by the Polycose and not just the food pellet US.

Methods

Subjects

The subjects were 17 male Sprague-Dawley rats from Harlan (Indianapolis) that were born on November 3, 2009 and were previously used in other experiments. All rats within this experiment were previously used in fear conditioning and moraine conditioned place preference experiments. All rats had previously experienced moraine treatment in the previous experiment, thus it was not necessary to counterbalance this when assigned to the present experiment. Eight rats had previously been housed in enriched environments in groups of four since rats were 6 weeks of age. The enriched environments consisted of weekly toy rotation and 15 minute rodent handling. The other seven standard rats were housed in pairs within shoebox cages. These housing conditions were maintained throughout the experiment except the last 2 weeks, when the enriched environment rats were transferred in pairs to shoe box cages to free up enrichment cages for other experiments. All rats were maintained on a 12 hr light-dark cycle, with the light

turning on at 8 am. All rats were given water *ad libitum*, with one exception. Standard rats experienced a 7 day food deprivation via daily 1 hour food access during the first 7 days of EtOH's introduction into the sign tracking paradigm. One standard rat was dropped from experiment prior to EtOH introduction to reduce running time of experiment. This experiment was approved by University of Illinois' Institutional Animal Care and Use Committee. All guidelines for the care and use of rats set by the United States Public Health Service were firmly followed.

Apparatus

Sign Tracking Chambers

Rats were trained in four standard (23 x 26 x 23.5 cm) operant conditioning chambers that were modified to accommodate a 250 ml bottle. The four tracking chambers were constructed similarly, but there were some differences. All chambers had cue lights and a lever that were located on the same wall as the food tray, but they were not used for these experiments. Additionally, there were speakers located between the two pairs of sign tracking cages that provided background white noise for these experiments. All equipment was controlled by programs written in MedPC (Med Associates Inc., St. Albans, Vermont).

Chambers 1 and 2 have cue lights for are located on the top part of one of the metal walls 10 cms above the grid floor. The lever is located in the middle of the same metal wall as the cue lights 9.5 cms above the grid floor. The food trays are approximately 4.3 cms x 4.3 cms, and are located in the middle of the same metal wall 2.5 cms above the grid floor. Chambers 3 and 4 have cue lights are located on the top left

of one of the metal walls 8.5 cms above the grid floor, and 2.5 cms above the food tray. The lever is located in the middle of the same wall as the cue light 9 cms above the grid floor. The food trays are approximately 5 cms x 5 cms, and are located in the left (2.5 cms away from plastic wall) of the same metal wall 1 cm above the grid floor. All four chambers were installed with a retractable bottle mechanism from Med Associates on the plastic wall closest to the food tray. A hole in the plastic wall that received the bottle sipper tube was approximately 2.5 cms from the grid floor. The bottle was retracted between trials. During CS presentation, the bottle was advanced so that the sipper tube was flush with the plastic wall so that the rat could lick the sipper tube but not touch it with its paw. This permitted the monitoring of licks. The rats' approach to the US in the food tray (i.e., head pokes) were recorded with sensors from Med Associates that are attached to the clear sides of the food tray. Thermometers from Med Associates that were connected to the bottle sipper tubes and also to the grid floor were used to monitor licks.

Holding Cages

Each day, prior to testing in the sign tracking chambers the rats were placed in suspended stainless steel mesh cages (20.3 cms x 20.3 cms x 22.9 cms) in the sign tracking room for a waiting period of about 5 minutes. These cages were also used for acceptance and preference tests by mounting on (one acceptance tests) or two (preference tests) bottles to the front of the mesh cages.

Procedure

Rats were weighed daily and tested 5 days a week, Monday to Friday, during the early afternoon. The rats were tested in square boxes. The rats were handled to the testing room and placed in the holding cages for approximately 5 minutes before being transferred to the sign tracking chambers. The bottles used in the sign tracking procedures were weighed before and after a session to determine the rats' intake in grams. The start of a session was signaled by the onset of a white noise. At the end of the session, the white noise was turned off and the rats were returned to their home cages.

Phase 1 – Adaptation and magazine training

In order to adapt the rats to the chambers, the rats were placed in the chambers for 15 minutes with five 45 mg sucrose pellets (P.J. Noyes Company, Lancaster, PA.) in their food trays. If all of the pellets were not consumed, the rats would be exposed to a day of magazine training. In the magazine training, the rats would be placed in their chambers for 15 minutes with pellets being dispersed after each minute. This magazine training would train the rat to associate the magazine's click with the presentation of food. If the rats were having trouble making the association, the rats would be exposed to another day of magazine training. The rats received 2 days of adaptation training before being introduced to sign track training.

Phase 2 - Induction of sign tracking and goal tracking

All rats were initially exposed to 10 days of sign track training with water in the bottle. During training, the bottle (CS) was presented for 10 seconds followed immediately by the disbursement of a 45 mg sucrose pellet (US). After an intertrial

interval (ITI) of 60 seconds, the CS-US was presented again for a total of 30 trials. Since the standard-housed rats took longer to develop sign tracking behavior, they completed 10 additional days of sign track training with water (total of 20 days) before being switched to EtOH.

Phase 3 – Introduction of Ethanol

In the next phase water was replaced with EtOH for 4 rats in the enriched condition and 4 rats in the standard condition. The other half of the enriched and standard-housed rats would continue with water to serve as controls. Because it was unclear how sign tracking performance would proceed, and we were interested in getting the EtOH rats to consume as much EtOH as possible, the four most efficient sign trackers were given EtOH and the remaining rats were given water. EtOH started at 1% concentration, and gradually increased to 9% concentration in one to three day increments dependent on rat performance. The enriched rats reached 9% concentration, while the standard rats stopped at 6% concentration. The enriched rats were then reduced to 6% concentration for direct comparisons of 7 days of sign tracking performance. During this phase some additional minor manipulations were introduced as pilot tests of dishabituation (4 days) and spontaneous recovery (4 days). Dishabituation trials consisted of a single presentation of a stimulus change (e.g. room lights off) prior to the 23rd trial of a session. Spontaneous recovery involved testing the animals twice in the same day with varying delay intervals between tests. These pilot manipulations did not affect sign tracking performance and will not be reported in this thesis.

Acceptance and Preference Tests

After the completion of Phase 3 all rats were tested in one bottle, 20 minute acceptance tests within the holding cages. To test the rats to drinking in these cages they were given several days to drink a highly palatable sucrose solution from 100 ml plastic graduated cylinders (results will not be reported) followed by 1 day with 3% EtOH solution, 1 day with 6 % EtOH solution, and 1 day with 9% EtOH solution. The acceptance tests were followed by 4 days of 20 minute two-bottle preference tests. The preference test assesses the rats' choice and consumption of either a water solution or an EtOH solution. Greater preference for EtOH suggests that ethanol has gained rewarding value. There were 2 days with 3 % EtOH solution followed by 2 days with 6 % EtOH solution. The position of the bottle with EtOH was alternated across days.

Phase 4 – Negative-Feature Discrimination

A negative-feature discrimination task was introduced as a potential measure of the differences in impulsivity between the different rat conditions and as a second measure of the rewarding properties that may have accrued to the EtOH. The sign tracking procedure was continued during this phase, but with two changes made to the procedure. First, pellets were omitted on half of the days and a cue (the "negative-feature") would be added to signal the absence of the pellet US. Second, the trials were reduced from 30 trials to 15 trials in order to limit the possibility of behavioral inclusion. On the days of food omission, an odor stimulus was added to signal the omission of food. This odor stimulus was a vanilla dryer sheet that was placed in the tray below the grid floor. Days with food are designated A+, while days without food are designated A-.

Results and Discussion

Starting with the first 10 days of sign tracking acquisition with water, the enriched rearing condition had begun to show an impact in sign tracking acquisition. As seen in Figure 1, the sign tracking performance as demonstrated by licks (or approaches to CS) show performance differences which began at Day 5 training. A Rearing Condition (2) x Days (10) mixed factorial ANOVA revealed a significant interaction of Days x Rearing Condition, $F(9,135) = 8.023, p < .001$. Thus, the findings suggest that enriched rats acquired and demonstrated more pronounced sign tracking behavior than standard rats.

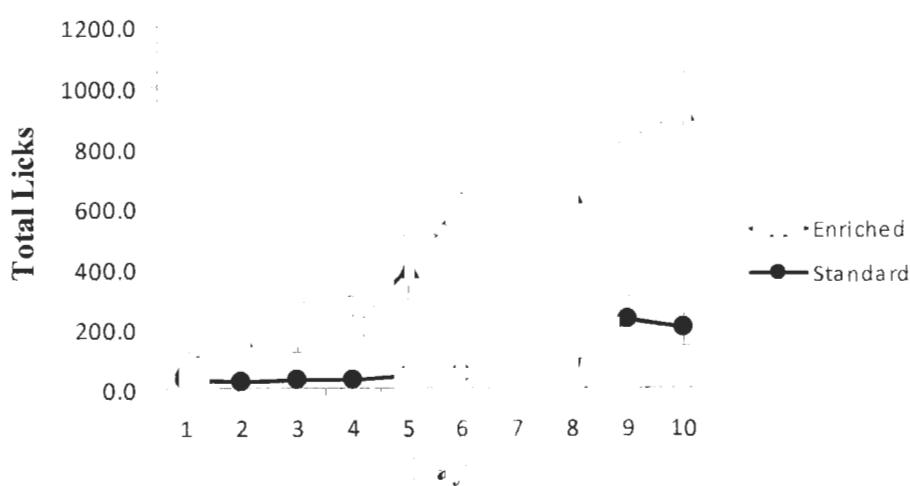
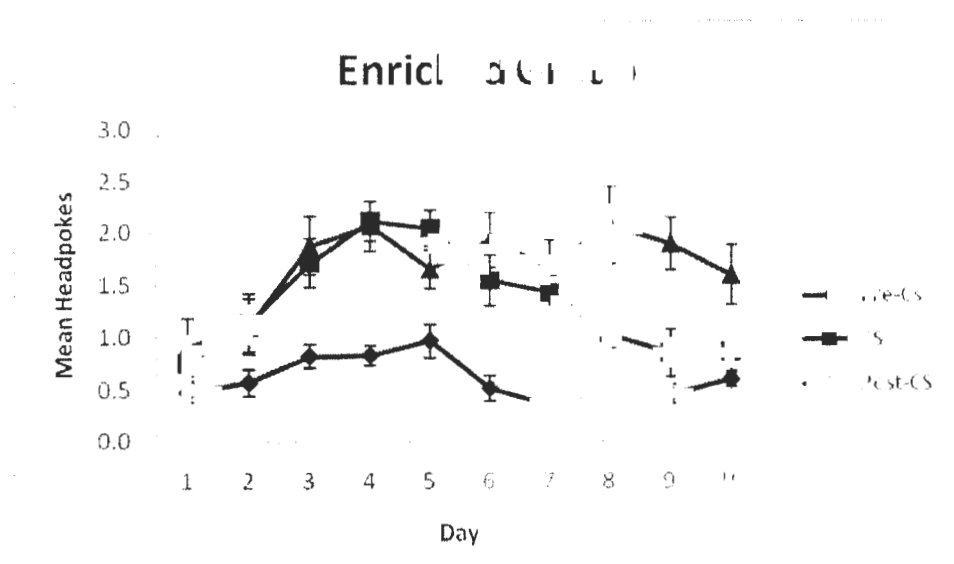


Figure 1. Phase 2- Acquisition of Sign Tracking with Water in the Bottle

Concurrently, with sign tracking acquisition the rats also showed evidence of classical conditioning as demonstrated by licks into the food tray during the presentation of the bottle CS as shown in Figure 2. This conditioning is seen by comparing head poking 10 seconds prior to CS (Pre-CS), during the CS, and the 10 second period following the CS (Post-CS). The results show that the bottle CS was associated

with the food pellet US is indicated by greater rearing during the CS compared to the Pre-CS period. Typically conditioned responding continues into the Post-CS period before declining later in the ITI. A Rearing \times Rearing (2) \times Time (3) \times Day (10) mixed factorial ANOVA revealed a significant interaction, $F(18,270) = 2.572, p < .001$. This interaction was evaluated with t-tests for each day for interpretation.

T-tests revealed no significant difference between the Pre-CS and CS head pokes on Day 1 with the enriched, $t(7) = -2.317, p > .05$ or standard, $t(7) = -1.627, p > .05$ rat groups. But, by Day 2 the CS head pokes were significantly greater than Pre-CS head pokes with the enriched, $t(7) = -2.768, p < .05$ and standard, $t(7) = -3.022, p < .05$ rat groups indicating conditioned head poking. With respect to day, head poking in the CS declined in the enriched rats, but not the standard rats. By Day 10 the head pokes no longer differed between the Pre-CS and the CS periods in enriched rats, $t(7) = -1.231, p > .05$ but continued to differ in the standard rats, $t(7) = -4.277, p < .05$. This decline in the enriched rats was due to the much greater inter-trial tracking in the enriched rats compared to the standard rats.



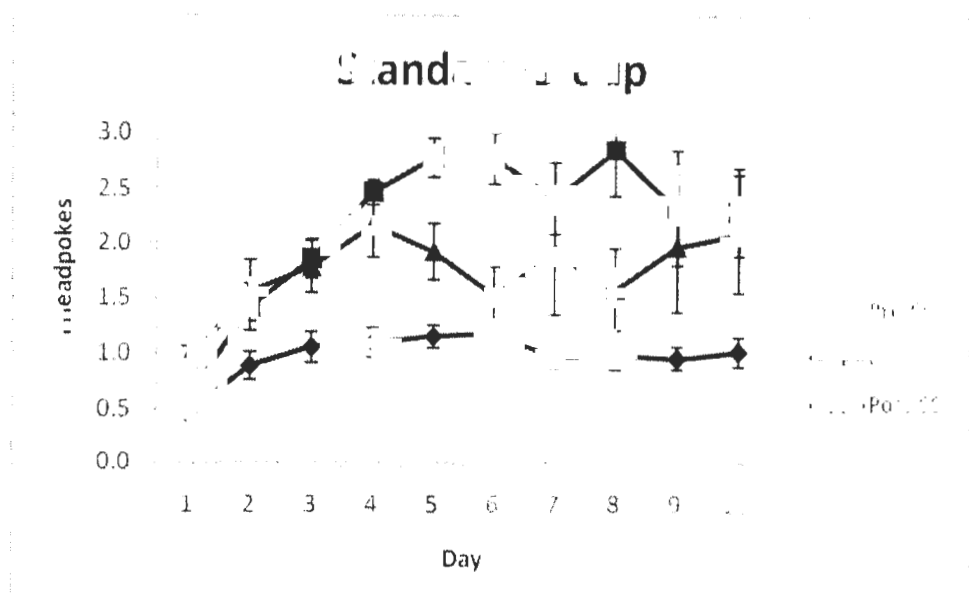


Figure 2. Phase 2 - Acquisition of Sign Tracking

Figure 3 shows the mean consumption of food or water in minutes for the rats raised in both rearing conditions in Phase 3 when the EtOH rats were receiving gradually increasing concentrations of EtOH. This figure shows EtOH concentrations as blocks, which are composed of the mean intakes on the days of the same EtOH concentration. This concentration is then compared to the same portion of days as the controls that consumed water. The EtOH concentration is compared via days of training in the sign tracking procedures since with each increasing concentration the rats had more experience in the sign tracking procedure. In order to facilitate the presentation of the data the days were averaged by EtOH concentration because the standard rats received fewer days of training in this phase and therefore received only up to 6% EtOH, only the first 6 concentrations were analyzed in a Rearing Condition (2) x Solution (2) x Concentration (6) mixed factorial ANOVA. The analysis found an interaction of Concentration x Rearing Condition, $F(5, 60) = 2.02$, $p < .05$, and an interaction of

Concentration x Solution, $F(5, 60) = 6.354, p < .01$. The difference between the standard rats tracking EtOH and the standard rats tracking EtOH was pronounced early in Phase 3 when EtOH was 1%, $t(6) = 2.835, p < .05$, but was no longer significant at the end of the phase when the EtOH rats were drinking 5% EtOH, $t(6) = -.012, p > .05$. This lack of difference was due to the rats sign tracking water (who were initially poor sign trackers) increasing their sign-tracking behavior with increasing EtOH. The difference when EtOH was 1%, $t(6) = 2.470, p < .05$, also tended to favor the enriched rats tracking EtOH and the enriched rats tracking water, and the 5% EtOH groups no longer differed, $t(6) = -.333, p > .05$. This analysis suggests that the observed differences between the EtOH drinking and water drinking groups was due to strength of sign tracking performance and not influenced by the availability of EtOH. Essentially, consumption rates were higher in the enriched rats than the standard rats, and EtOH consumption was higher than water consumption in both conditions. However, this does not indicate that the EtOH sign tracking rats experienced EtOH as a reward. Therefore, we decided to introduce another manipulation within the differential task to look for a hint of reward.

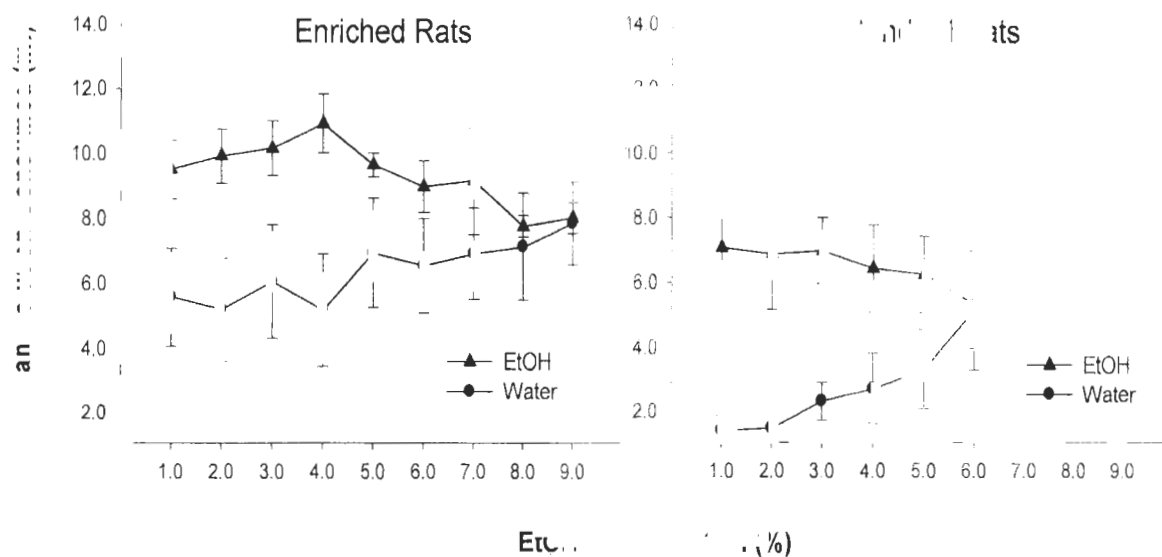


Figure 3. Phase 3 - The Introduction of Ethanol. The solution consisted of groups sign tracking water or gradually increasing concentration of EtOH. Intakes were averaged across days with the same EtOH concentration available for the 5-7 day groups.

Figure 4 shows the mean EtOH consumption as grams of EtOH consumed per kilogram of body weight. This figure shows only the rats that received EtOH during sign track training. For analysis, by controlling for body weight and removing water sign trackers it is possible to see that enriched rats consumed more EtOH relative to body weight than standard housed rats. A Rearing Condition (2) x Concentration (6) mixed factorial ANOVA supports this finding with a main effect of Concentration x Rearing Condition, $F(5, 30) = 6.072, p < .05$. Additionally, there was no difference in consumption over the 7% to 9% EtOH concentration in the enriched rats as revealed by a one way repeated measures ANOVA, $F(2, 6) = .253, p > .05$. This means that EtOH concentrations of 7-9% do not appear to further increase the mean consumption of EtOH with enriched rats. These findings suggest that enriched environments generate

more pronounced sign tracking behavior which in turn generates higher EtOH consumption thereby increasing vulnerability to relapse.

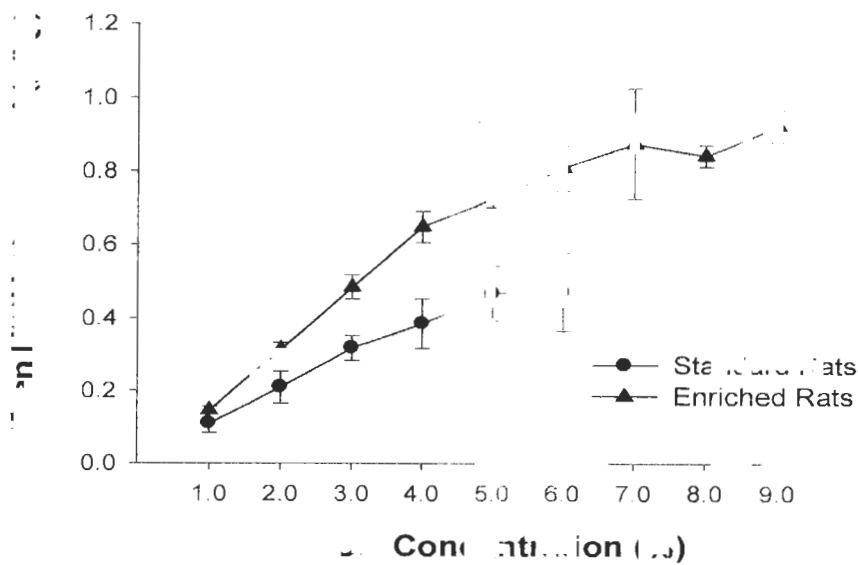


Figure 4. Phase 3 – The Introduction of Ethanol – EtOH intake (g/kg) as grams of EtOH consumed per kg of body weight

Enriched rats were found to drink more EtOH than standard rats at higher concentrations than standard rats within the sign tracking procedure. Thus, this finding does not translate to mean that enriched rats are addicted to EtOH. The data suggests that the sign tracking procedure was generating the drinking behavior and the addition of EtOH did not affect drinking behavior. In order to determine whether or not EtOH had become at all reinforcing to these rats, EtOH was provided during the sign tracking procedure.

A one bottle acceptance test was used as a preliminary procedure to determine if the rats voluntarily accept the solution. Within this test, the greater intake means the greater acceptance of solution. This experiment used acceptance tests with 3%, 6%, and 9% EtOH solutions. This procedure was then followed by 3% and 6% EtOH solutions.

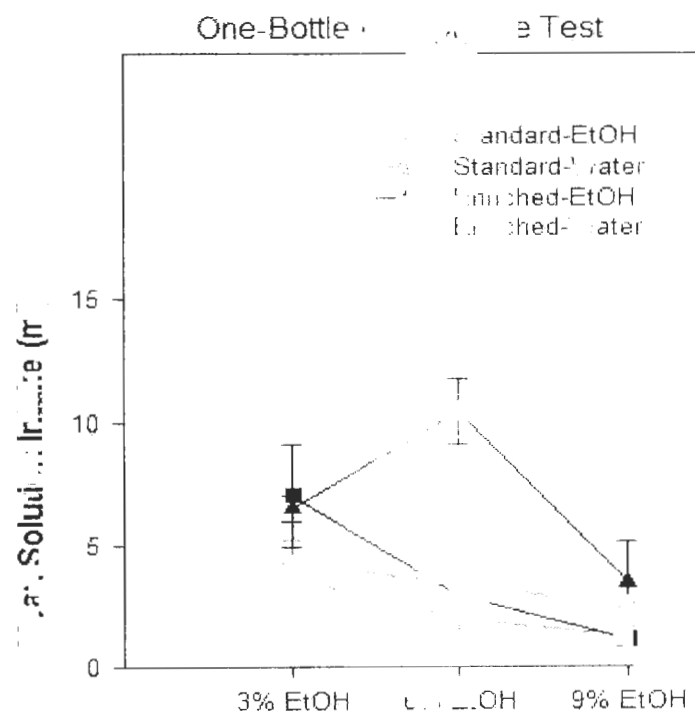
preference tests. The two bottle preference test was utilized to assess drug seeking behavior which is associated with addiction. Rats that find EtOH to be rewarding will seek the EtOH and drink more of it over water. Figure 5 shows the results of the acceptance (top) and preference tests (bottom) that occurred at the end of phase 3. A mixed factorial ANOVA of Rearing Condition (2) x Ethanol Concentration (2) x Ethanol Concentration (3) revealed an interaction of Rearing Condition x Solution within the acceptance tests, $F(2, 24) = 4.597, p < .05$. This interaction was due to the enriched rats that sign tracked EtOH showing a greater preference for 5% than the other groups, but no group differences at other concentrations. Additionally, there was an effect of concentration, $F(2, 24) = 10.818, p < .001$. This supports the overall declining trend seen in Figure 5 of decreasing consumption within the higher concentrations.

The preference tests were calculated as percent EtOH consumed using the formula:

$$\frac{\text{mls of EtOH}}{\text{(mls of EtOH + mls of water)}} \times 100$$

A score of 50% indicates no preference for either, a score above 50% indicates a preference for EtOH, and a score less than 50% indicates a preference for water. The graphs (see Figure 5) show that the groups generally demonstrated no preference for EtOH. Although the figure suggests a preference for 5% EtOH in the standard rats, a mixed factorial ANOVA of Rearing Condition (2) x Ethanol Concentration (2) calculated

on the preference data revealed a non-significant interaction of Concentration x Rearing Condition, $F(1,12) = 1.76, p > .05$. All other interactions and main effects were also not significant. The results from the acceptance test suggest that despite the considerable consumption of EtOH during the sign tracking task, the EtOH did not become sufficiently rewarding to establish a preference for it. The fact that the enriched rats drinking EtOH while sign tracking drank more of the 9% EtOH than the other groups during the acceptance test may reflect some habituation to the aversive taste quality of EtOH, since these animals consumed the most 9% during Phase 3 of sign tracking (see Figure 3).



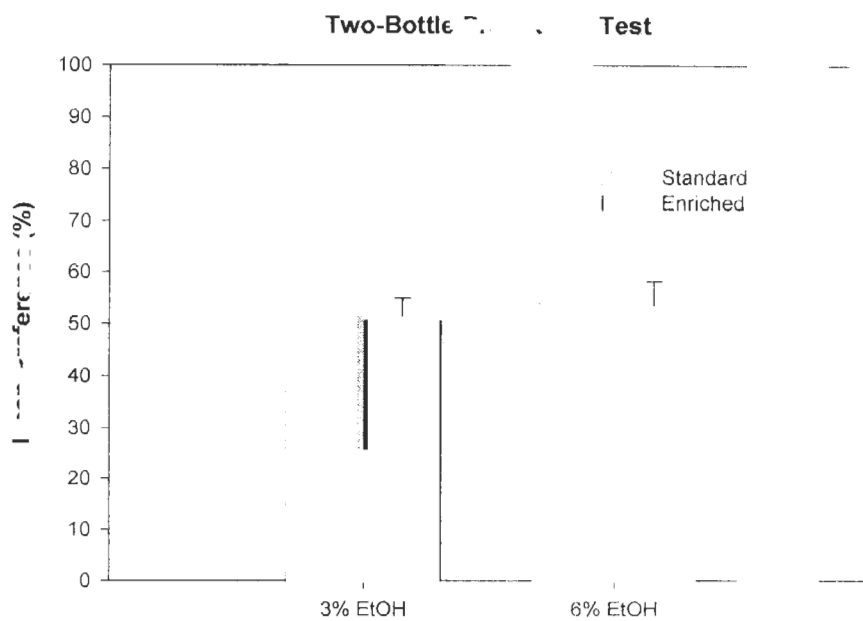


Figure 5. One-bottle acceptance tests (top graph) and two-bottle preference tests (bottom graph) following the 21-day Phase 3.

Thus, the accumulated evidence suggests that because the enriched rats are better sign trackers, they consume more EtOH. However, because the enriched rats showed no preference for EtOH compared to the standard rats, there is no evidence that enriched rats are addicted to EtOH. While this data does not provide a complete picture of addiction, the data does suggest a lack of drug seeking behavior within the two-bottle preference task.

Because the enriched rats consume more water than standard rats within the sign tracking procedures, it is possible that the enriched rats are engaging in more impulsive responding toward the bottle. For that reason, a negative-feature discrimination procedure was introduced as a potential impulsivity measure. Within the negative-feature discrimination, impulsive responding might be demonstrated in two potential ways. First, as in the previous test, the enriched rats might respond more

controls on A+ days in which the negative-feature (the vanilla odor) is not present and they receive a US, would suggest an impulsive response. Second, impulsivity might also be demonstrated by slower acquisition of the information learning. That is, impulsive rats should have greater difficulty learning to avoid responding despite non-reinforcement (A.B.).

It is possible to use the negative-feature discrimination task to further evaluate the rewarding quality of EtOH. It may be that the two-bottle test was not sufficiently sensitive to detect the rewarding properties of EtOH. If the EtOH became rewarding to the rats sign tracking EtOH they should also show discrimination learning because the solution in the bottle is motivating their drinking, not just the bottle as a signal for the food pellet US. Thus rats sign tracking water should show discrimination since water is not reinforcing to non-thirsty rats, but sign tracking EtOH should not show discrimination if the EtOH is itself rewarding. To evaluate the effectiveness of this strategy, Polycose was added to the bottles of half the rats sign tracking water (Polycose) and half of the rats sign tracking 7% EtOH (EtOH-Polycose), the remaining half of the original group continued to receive water or EtOH. Therefore, rats sign tracking a Polycose solution should not show discrimination since drinking from the bottle is motivated by the Polycose and not just the food pellet US.

Based on an initial analysis, rats exposed to 7% EtOH and water solutions responded similarly within negative-feature discrimination tests. There was no apparent EtOH effect or interaction of Polycose and EtOH, but analysis is limited to the low numbers of rats per condition (N=4). Thus, the rats were divided into two groups for further analysis. The rats sign tracking EtOH or Polycose were combined to form the Group

Non-Polydose and the rats exposed to the Polydose conditions were combined to form the Group Polydose. The negative-feature discrimination task was analyzed as a mixed factor ANOVA of Group (Polydose / Non-Polydose) x Learning Condition (Enriched vs. standard) x Discriminative Stimulus (SD) (A+ vs. A-) x Days (5). Figure 3 depicts the responding (sign tracking licks) within the negative-feature discrimination tests. First, ANOVA showed an interaction of Days x SD x Learning Condition, $F(4, 48) = 3.417, p < .05$. The enriched and standard groups significantly did not show an effect of discrimination, $F(1, 6) = 66.887, p > .05$, which supports the argument that when a rewarding solution is in the bottles the rats will not show discrimination. It does not matter that the Polydose group is not getting a US on A- trials, they drink because they like what is in the bottle. Additionally, the Non-Polydose rats did show an effect of discrimination, $F(1, 6) = 37.434, p < .05$, and they learned it very quickly. This means 2 things. First, the Non-Polydose group does not get food or water rewarding, which confirms the preference tests with regards to EtOH. Second, enriched rats are not impulsive. Even though they are sign tracking at very high levels the discrimination task suggests that the enriched rats are not impulsive. Third, the enriched rats' discrimination was better with the Non-Polydose solution than the standard rats, suggesting that they may be less impulsive than the standard rats.

Rats in the Polydose groups showed the highest overall responding, with greater responding demonstrated on the days in which the bottle preceded the sugar pellet. Additionally, standard Polydose drinking rats showed the highest responses, with enriched EtOH responders generating higher responses than standard EtOH responders. The negative-feature discrimination findings support these interpretations. First,

discrimination was learned by the standard and enriched rats in the Non-Polycose group). Second, the findings support the rewarding properties of polycose. Third, there was higher overall responding and better discrimination in enriched rats in the negative-feature discrimination tests.

To sum up these findings from Experiment 1, enriched rats showed greater acquisition of sign tracking and thus consumed more ethanol than standard rats. Nevertheless, the consumption of EtOH during sign tracking did not establish a preference for EtOH in either housing group. Negative feature discrimination tests revealed that the enriched rats were not impulsive as they readily reduced responding when the sugar pellet reward was not present on 20 trials. Food discrimination performance also confirmed that the EtOH administration was not reinforcing during sign tracking, since the Polycose conditions demonstrated that when a rewarding solution is in the bottle, rats do not display discrimination learning. Finally, although the enriched rats were more vulnerable to the effects of EtOH than standard rats because they drank sign tracking more, increased impulsivity as measured by the discrimination task and an “addiction to alcohol” does not adequately explain their drinking behavior.

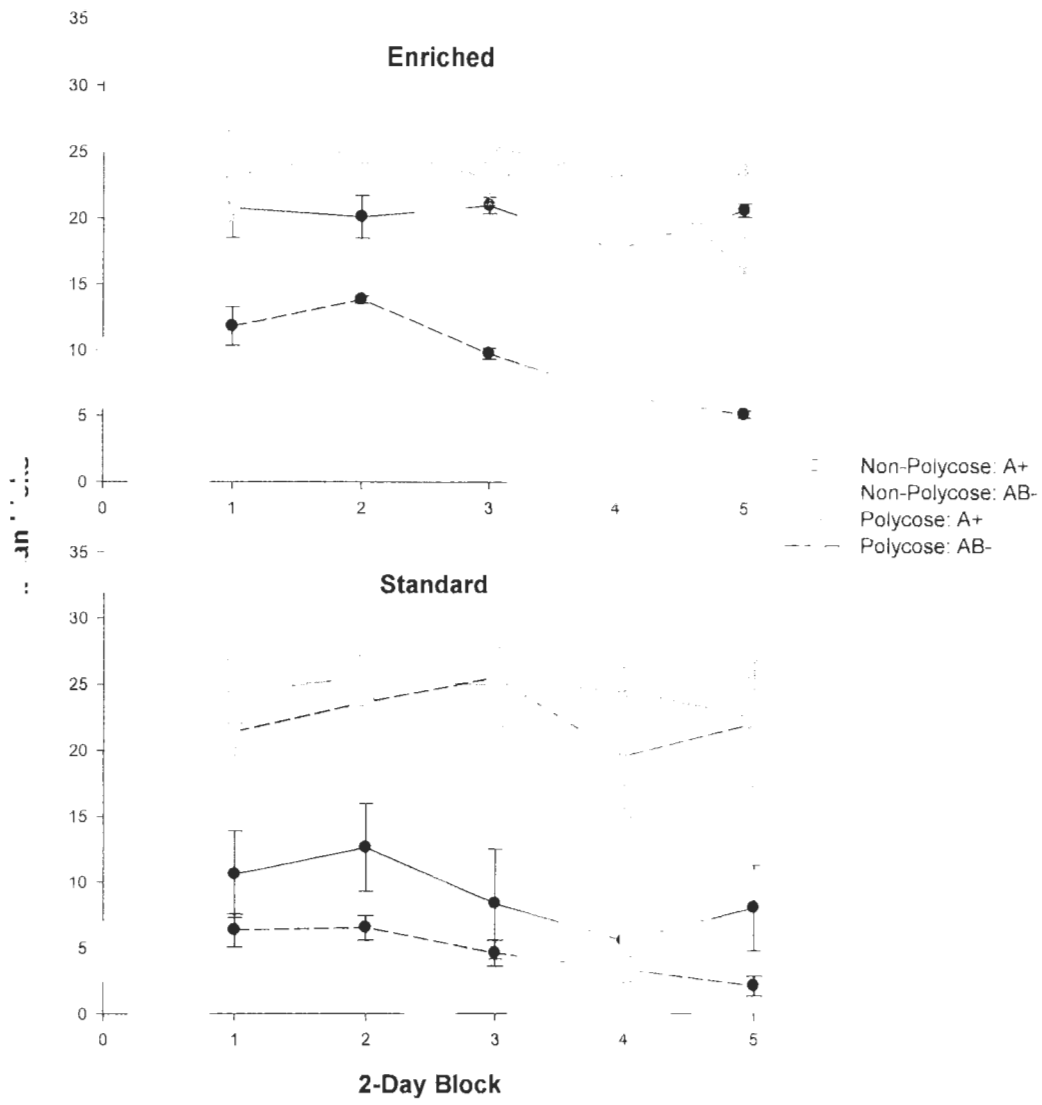


Figure 6. Phase 4 – Negative-feature discrimination task. A+ denotes the trials in which the bottle is followed by the sugar pellet. AB- denotes the trials in which the bottle is not followed by the sugar pellet.

Experiment 11

Environmental Activation of the Immune System

In the past two decades researchers from diverse fields of study have discovered that the nervous system and the immune system interact intimately in response to foreign substances entering the body including viruses, bacteria, and drugs of abuse. This discovery has led to a new interdisciplinary field called *Neuroimmune Pharmacology* (Ikuzu & Gandelman, 2008) Thus the neuro-immune response to drugs of abuse may share characteristics similar to the neuro-immune response to bacterial infection, suggesting that immune system activation by one type of invader (e.g., bacteria) may affect the subsequent neuro-immune response to another foreign invader (e.g., alcohol). Since the nervous system is involved, some of the response alterations may be behavioral. One way to investigate activation of the immune system is to expose subjects to lipopolysaccharides (LPS) rather than to actual bacteria.

LPS are large molecules consisting of a protein toxin and a polysaccharide that are found in the outer membrane of gram-negative bacteria (Raetz & Whitfield, 2002). LPS serves as a physical barrier that provides bacteria protection from its surroundings and is recognized by the immune system as a marker for the detection of bacterial pathogen invasion. LPS is responsible for the development of inflammatory responses and in extreme cases, endotoxic shock (Rosenthal & Tsai, 2006). In the brain, LPS act as endotoxins that elicit strong immune reactions in the brain.

LPS stimulates production of inflammatory cytokines in the brain and blood serum. Cytokines are small proteins, peptides, or glycoproteins that are secreted by cells

of the immune system that are used extensively in molecular communication including tumor necrosis alpha (tnf- α), interleukin-1beta (IL-1 β), and interleukin-6 (IL-6) (Stavros, Malellari & Chang, 2008).

LPS have been found to cause acute sickness in rats with such features as hyperthermia, reduced food intake, or inactivity. Exposure to LPS may have a long-term impact on the nervous system which may generate nervous system pathology and behavioral changes and in turn produce enhanced susceptibility to drugs of abuse. Rodent models could accommodate a better understanding of the immune-nervous system interactions. In Blednov et al's (2011) LPS study with mice they found that exposure to LPS caused alcohol-preferring mice to drink more alcohol as long as 3 months after a single injection. Experiment 2 examines if the preference for EtOH on subsequent alcohol intake is also observed in rats that were not shown to prefer alcohol. However, there are several substantial differences between the Blednov et al study and the present experiment. Whereas Blednov measured the preference for EtOH in 24-hour two-bottle tests, in the sign tracking procedure the rats are exposed to small volumes of EtOH in brief daily sessions. Tomie et al (2004) and the results of Experiment 1 show that although rats will consume EtOH while sign tracking they do not develop preference for alcohol as measured by separate two-bottle tests. Thus, although the sign tracking procedure induces alcohol consumption, the short-term daily exposure to EtOH is not sufficient to induce a preference for alcohol over water. Therefore, in Experiment 2 EtOH was introduced in the home cage to provide 24-hour access. This addition to the experimental procedure permitted an evaluation of the effects of LPS on compulsive ethanol consumption in the sign tracking procedure and 24-hour two bottle preference

tests in the home cage, and in short-term two-bout preference tests in a test cage. The rat strain was changed to Long Evans rats because they are suggested to be better sign trackers and are the exclusive strain used in this study (Levine, 2008).

Method

Subjects

The subjects were 24 male, 40 day old, Long Evans rats from Marlan (Indianapolis) raised in pairs within shoebox cages. The rats were given food and water ad libitum. These rats were maintained on a 12 hr light-dark cycle. The light turning on at 8 am. This experiment was approved by the University of Illinois at Urbana-Champaign's Institutional Animal Care and Use Committee. All guidelines for the humane use of rats set by the United States Public Health Service were firmly followed.

Apparatus

This experiment used the same apparatus as Experiment 1, with the following modification. For the negative-feature discrimination task, a buzzer sound was used as the signal for non-reward instead of the vanilla odors used in Experiment 1. A Piezo-buzzer (RadioShack 273-0066) was mounted on the top of the ceiling of all four chambers.

Procedure

L1 Treatment

At the age of 55 days, 12 rats were injected intraperitoneally with 1 ml/mg/kg of L12 (from *Salmonella enterica*, Cat#L6511, Sigma, St. Louis, MO) dissolved in saline,

while the other 12 rats were injected with the equivalent amount of saline. Injections were aligned with rat pairing (each cage-mate received the same injection treatment) to minimize confounds, and for ease of measurement all rats were given 1 week of recovery time prior to the progression of acute alcohol training. Additionally, rat body weights were recorded from 1 day prior to injection and the following 15 days.

Phase 1 – Adaptation and magazine training

This procedure was the same as Experiment 1. All rats within this group initially experienced 2 days of adaptation before continuing to phase 2.

Phase 2 - Induction of sign tracking and goal tracking

This procedure was the same as Experiment 1. All rats experienced 9 days of sign track training prior to Phase 3.

Phase 3 – Introduction of Ethanol

Water was replaced with EtOH for 7 rats in the 13 injected condition and 7 rats in the saline injected condition. The other 10 sign tracking rats continued with water to serve as controls. With the exception of two pairs (one EtOH-treated pair and one saline-treated pair), the rats were housed with a partner that drank the same solution within the sign tracking chamber. EtOH started at 1% concentration and worked up to 10% concentration in one to three days increments depending on rat preference. This procedure continued for 58 days. Concurrently, starting on Day 28 and continuing for the duration of the sign tracking of EtOH procedure, a second bottle which contained EtOH was introduced into the rats' home cage which followed a similar concentration

progression as the sign track training. The EtOH and water bottle positions were alternated daily. This was followed by 5 days of 20 minute preference tests without the holding cages. There were 3 days with 6% EtOH solution followed by 2 days with 9% ethanol solution with the left/right position of the bottles alternating across days. The same bottles as Experiment 1 were used. Thus, the procedural sequence for this phase was: 30 days of sign tracking with ethanol, 28 days with ethanol in the testing chamber and home cage, 3 days at 6% EtOH solution preference tests, and 2 days at 9% EtOH solution preference tests.

Phase 4 – Negative-Feature Discrimination and Extinction Training

There were several changes made to the negative-feature discrimination procedure that was used in Experiment 1, for the purpose of exploring alternative methods of administration. In the previous experiment, the reinforced (A+) and the non-reinforced (AB-) trials were given on alternating days with the same trial type within a day. In the present experiment, the two types of discrimination trials were given in the same day. The A+ and AB- trials would occur in 5-trial blocks, with the AB- block starting a session on a random half of the negative-feature training days. This negative-feature discrimination task was run for 9 days with a 10% ethanol solution in the bottles of the EtOH groups and water in the other group. The negative-feature training was followed by 4 days of extinction training in which the sucrose pellet would appear each trial within its typical schedule, but without the pairing with the sucrose pellet. The water bottle remained available for only the first 5 trials of each feature training. Thus, the negative-feature discrimination procedure sequence was 5 days of training with

concurrent home cage EtOH followed by 4 days of training without home cage EtOH and then 4 days of extinction training.

Data Analysis

The primary independent variables in each phase were the LPS treatment (LPS or saline) and days of training. The dependent variables were licks and milliliters of solution consumed for measures of sign tracking, while the dependent variables were head pokes for measures of goal tracking. The dependent variables for each phase were analyzed by separate ANOVAs followed by post hoc comparisons. The Phase 2 and Phase 3 dependent variables were analyzed with an immune system Condition (2) x Days or Concentration (10) x Solution (2) mixed factor ANOVA. Immune system condition and Solution are between subject variables and Days or Concentrations (i.e., days at EtOH concentration vs. same combination of days and concentration) are within subject variables. Additional ANOVAs as described in Experiment 1 will be conducted, except that LPS Treatment replaces rearing condition as the primary independent variable.

Results and Discussion

Body weights of LPS treated and saline treated rats were recorded from one day prior to injection, to 2 weeks after injection to assess the effects of LPS on subsequent body weight change. A mixed factorial ANOVA of Injection Condition (2) x Days (2) revealed only an effect of days on the body weight change from the day prior and the day of injections, $F(1, 22) = 6.822, p < .05$. However, a mixed factorial ANOVA of Injection Condition (2) x Days after injection (11) revealed a main effect of Days x Injection Condition, $F(10, 220) = 3.137, p < .001$. As evident in Figure 7, the

injection resulted in lower mean body weight change and continued weight loss with the weight changes being approximately the same by the end of the two weeks. Thus LPS was effective in inducing weight change, and a period of acute illness as a result of immune system activation.

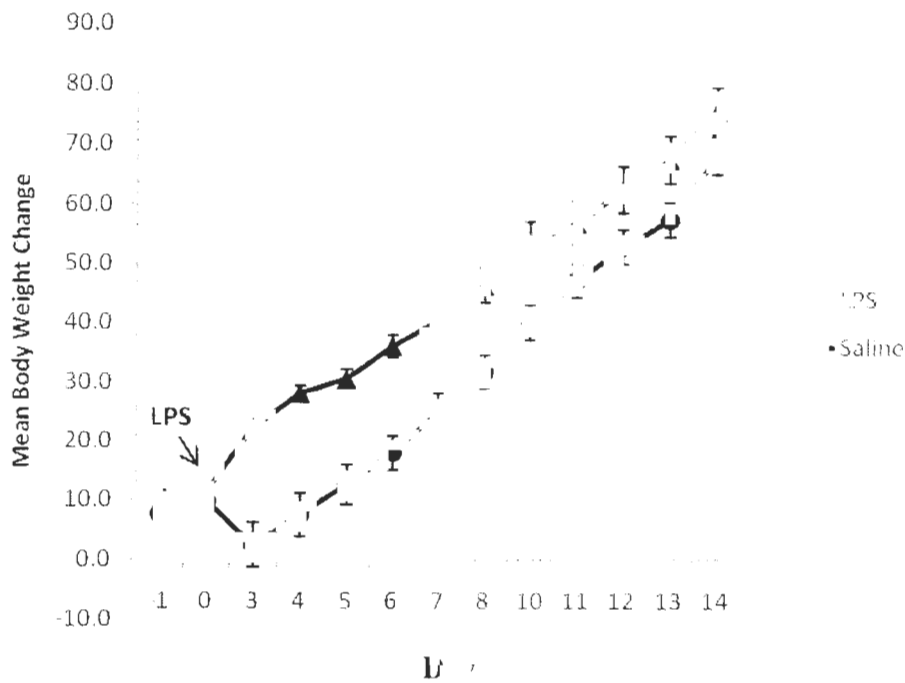


Figure 7. Mean body weight change following treatment with LPS or Saline (Day 0). Body weight was not recorded on days 1, 2, and 9.

Classical conditioning was demonstrated by head pokes to the food tray during the presentation of sucrose pellets, as seen in Figure 8. As a reminder, this conditioning is seen by comparing the time point of 10 seconds of head poking prior to CS (Pre-CS), to the head poking during CS, and the 10 seconds of head poking following the CS (Post-CS). An Injection Condition (2) x time Period (3) x days (9) mixed factorial ANOVA revealed a significant interaction between Injection Condition, $F(16, 352) = 2.20, p < .05$. Additionally, there was an effect of Period [$F(2, 44) = 13.771, p < .001$], a non-

significant three-way interaction [$F(16,352) = 1.15, p > .05$], and non significant main effect of injection condition [$F(2, 44) = .186, p > .05$]. These results indicate that classical conditioning does not appear to be affected by IU injections.

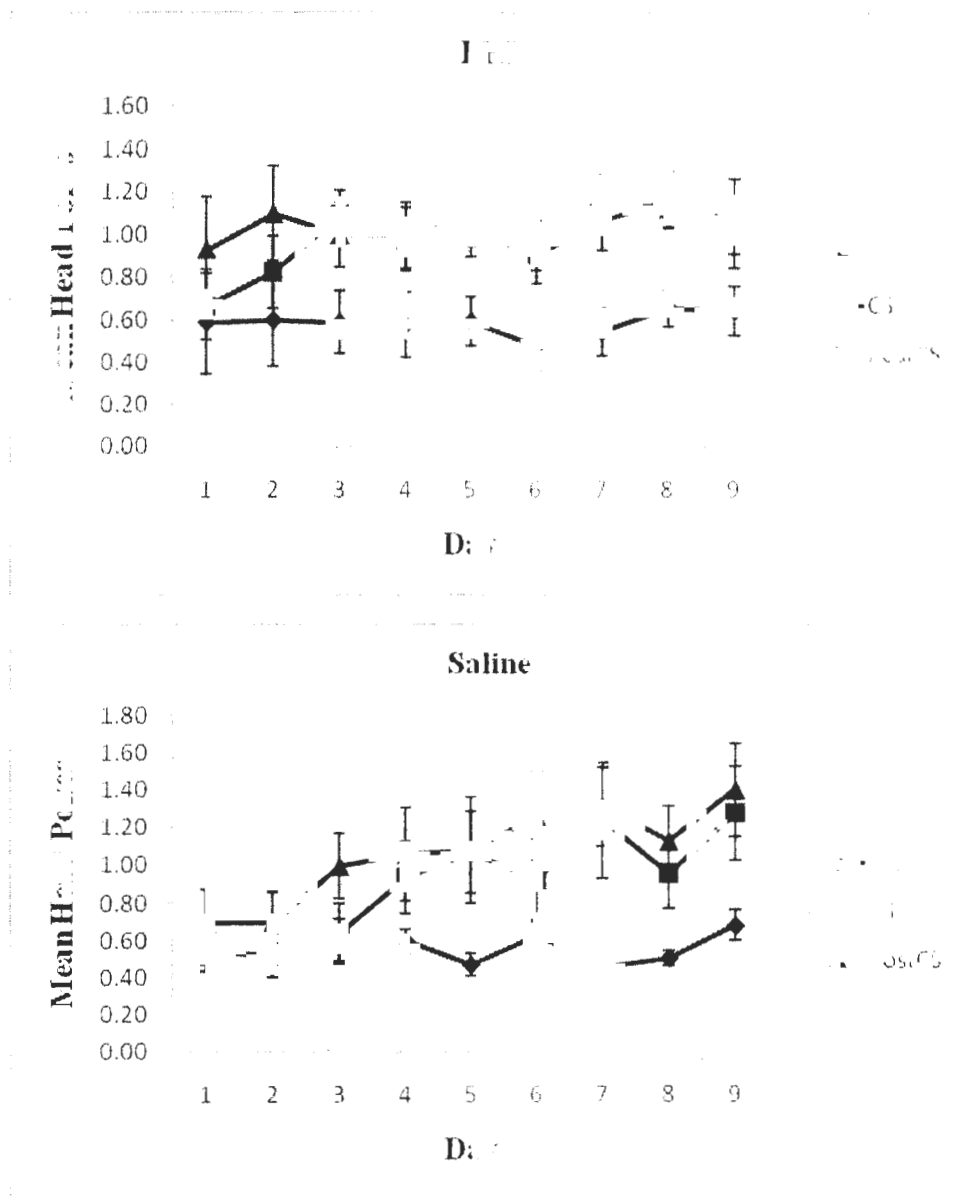


Figure 8. Phase 2 - Acquisition of Head pointing

Sign tracking acquisition is shown in Figure 9. There were no significant differences between sign tracking acquisition performance with water between the

Injection Conditions, $F(8, 160) = 1.079, p > .05$. There was only an effect of sign tracking performance over Days, $F(8,160) = 3.30, p < .05$, confirming the acquisition of sign tracking in both groups.

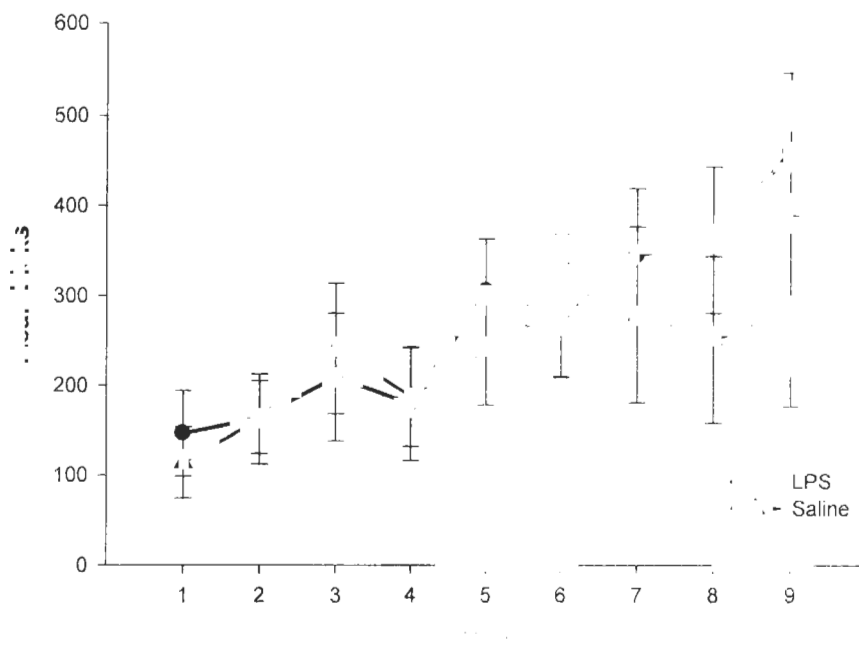


Figure 9. Phase 2 - Acquisition of Sign Tracking with Water in the Bottle

An Injection Condition (2) x Solution (2) x Concentration blocks (10) mixed factorial ANOVA on the sign tracking data during the introduction of PUF (Phase 3) revealed significant interactions of EtOH concentration by Injection Condition, $F(9, 180) = 2.758, p < .05$, and of Solution x EtOH Concentration, $F(9,180) = 2.064, p < .05$. Yet, the expected three way interaction failed to be significant, $F(9,180) = .257, p > .05$. Thus, interpretation of these data is complicated with the overall “improvement” in sign tracking performance. Figure 10 shows the injection condition by EtOH concentration interaction, with the 4 groups on separate plots. EtOH concentration blocks are depicted on the x-axis

that the rats received a given EtOH concentration (1%-10%). These concentrations were compared to the same combination of days as the control rats that consumed water. Inspection of the graph suggests that EtOH may have increased sign tracking in the saline-treated rats, but not the LEJ-treated rats. Note that although the LEJ-treated rats showed similar lick rates at all concentrations, the mean lick rate of the saline-treated rats was increasing in the beginning of Phase 3 when the EtOH concentrations were low, which most likely reflects increased sign tracking with practice.

Although Tomie (2008) found that the addition of EtOH to the bottle can increase sign tracking in Long Evans rats, it seems unlikely to explain the apparent difference between the LEJ and water drinking saline-treated rats because the difference was observed at the very beginning of this phase, and the EtOH concentrations were very low and unlikely to produce significant pharmacological effects.

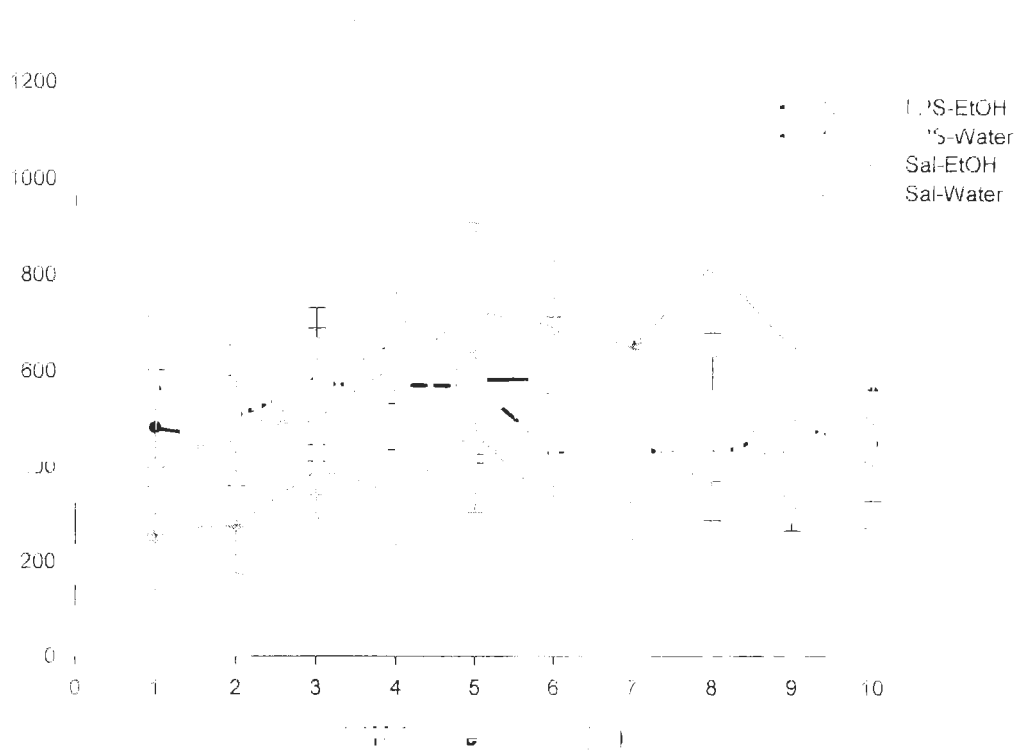


Figure 10. Phase 1 of the Introduction of Salt. Effect of LPS on the performance of rats to learn a sign tracking task. The graph shows the percentage of correct responses over 10 trials for four groups with different combinations of LPS concentration and EtOH concentration available during the 10 trials.

To further evaluate the data from Figure 10, a 2 (LPS) x 2 (EtOH) x 10 (Concentration blocks) x 10 (Concentration blocks) ANOVA were conducted on the LPS- and Sal- groups. For the LPS-treated groups there was no effect of LPS concentration, $F(9, 90) = 0.59, p > .05$, or EtOH concentration, $F(9, 90) = 0.16, p > .05$, and there was no interaction between LPS and EtOH factors, $F(2, 20) = 0.71, p > .05$. The data show a greater than chance level performance of the LPS- groups as learned stable during both 10 trials and 10 gradual introduction of EtOH trials. In contrast, for the saline-treated group, the results were more complex. A significant main effect of Concentration blocks, $F(2, 20) = 4.71, p < .001$, and a non-significant three-way interaction of EtOH concentration x concentration blocks, $F(2, 20) = 1.645, p > .05$, revealed that the performance of saline-treated rats was significantly more impaired in the phase 1 introduction

of the bottle was consumed. Moreover, the main effect of solution failed to be significant ($F(2,10) = 1.09, p > .05$). Thus, as with the first experiment, it is not sufficient to place an additional amount of water in the bottle significantly in order to significantly increase the amount of water consumed. It may be that there is a subtle effect of thirst but it is not enough to significantly increase the amount of water consumed in this group. This possibility is supported by the significant effect of solution by itself ($F(2,10) = 1.94, p = .16, \eta^2_p = .16$) ($F(2,10) = 2.09, p < .05$) indicated above when the analysis is conducted as an $ln(\text{volume consumed}) (2) \times \text{solution} (2) \times \text{Concentration blocks} (10)$ mixed factorial ANOVA. Figure 11 shows that concentration blocks that greater licking is apparent at the lowest concentration (H₂O) and at the highest concentration (10% sucrose) but that the moderately high concentration (i.e., 6, 7, 8, 9%), especially 6 and 7, are the most effective. Therefore, at these concentrations, it is likely that the subjects are drinking in response to tracking water rather than drinking in response to licking water. This is similar to what is observed at the highest concentration (10% sucrose) where the levels of the total water licking are similar to the levels of the total water drinking.

It is clear that the compulsive drinking in response to the licking procedure is driven primarily by the Pavlovian conditioning schedule. Moreover, the effect of the concentration blocks indicates that compulsive drinking is at its highest when

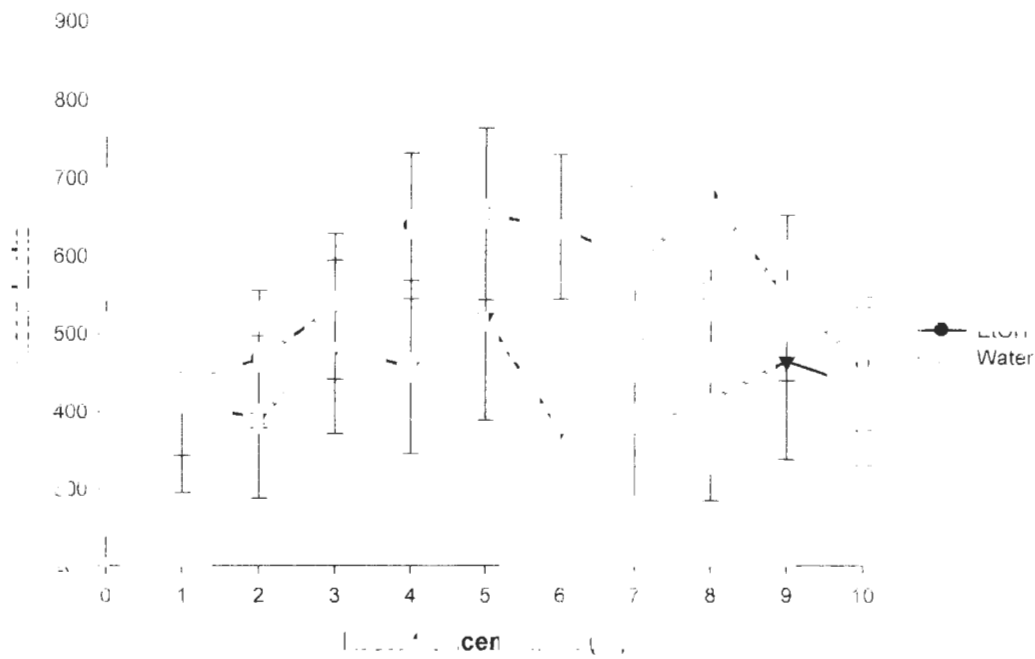


Figure 11. Ethanol concentration (mg/ml) over time in Figure 3

To further explore the differences in ethanol concentration over time for Saline and Ethanol, both injection conditions were compared in milliliters consumed in grams (ml) and percentage of body weight (g) (Figure 12). Overall, the Ethanol and Saline CBT group checkers were compared to determine if there was a significant difference in ethanol concentration ($F(9, 28) = .677, p > .05$) as to the effect of factor 1 (A) (57A of rejection criterion (2) of concentration blocks (10) of the study) compared to the Ethanol and Saline CBT group checkers (Ethanol, $F(9, 108) = 19.37, p < .001$).

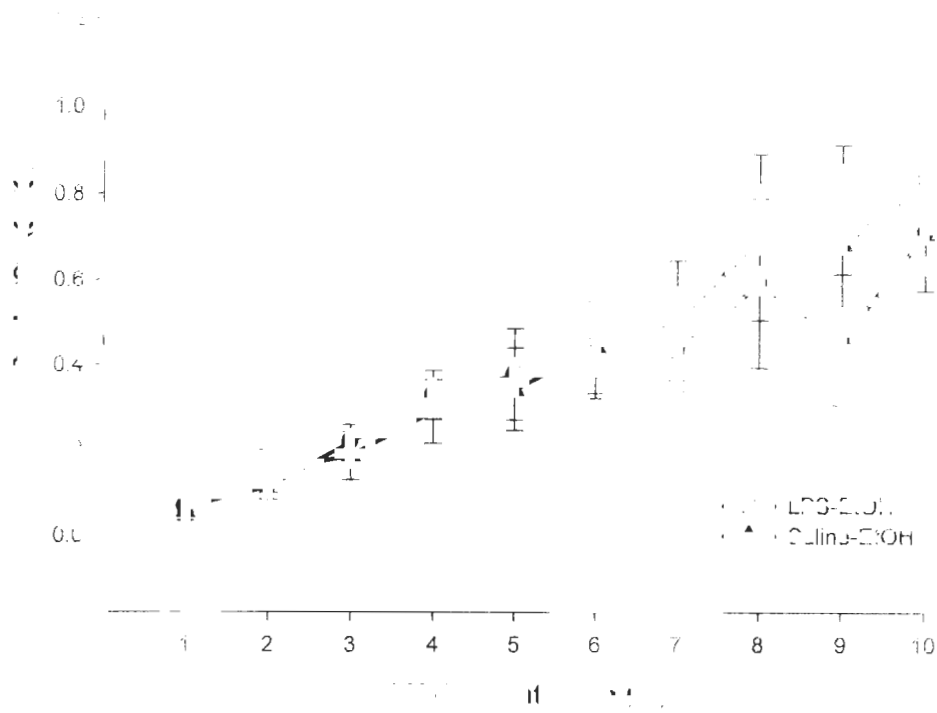


Fig. 12.11.11.3 – The Introduction of Ethanol to Mice and Rats. The amount of EtOH consumed per day is given in g.

To further explore the relationship between ethanol preference (LTP) and injury, we first tested ethanol consumption by the rats in their home cages. Our animals were housed in their home cages. The amount of ethanol consumed was recorded for each individual rat consumed. However, when we introduced ethanol, all rats were housed with rats that had the same preference for ethanol during sign training. The 2 pairs that drank different amounts were not included in this analysis. Unfortunately, 2 rats had to be separated from their partners to complete the task based on the averages of the 3 trials. The preference for ethanol was one or two days from the initial, but it is still in the range and we also did the same for the 2 pairs. For the individual rats to confirm the preference, the preference was tested for 3 days and the preference for each concentration was tested for 3 days.

(µg/ml) were measured as percent EtOH concentration, using the formula [(100 - EtOH/initial EtOH concentration) x 100]. A mixed model ANOVA of EtOH (2) x Time (10) was performed on the percent EtOH. The ANOVA indicated a main effect of time, $F(9, 90) = 11.10, p < 0.001$. In addition, there was a significant interaction between EtOH (2) x Time (10) = 8.415, $p < 0.01$, indicating that increasing EtOH concentration for 10 days with a 4% EtOH concentration. Inspection of Figure 13 shows that the animals that were initially severely depressed (a greater percentage of total (at Day 0) than 50% of EtOH) than the saline-treated animals. When the animals were treated with one of the final concentrations (15%) at the end of the 10 days, the animals that had been initially severely depressed (greater than EtOH, $t(6) = 2.475, p < 0.05$).

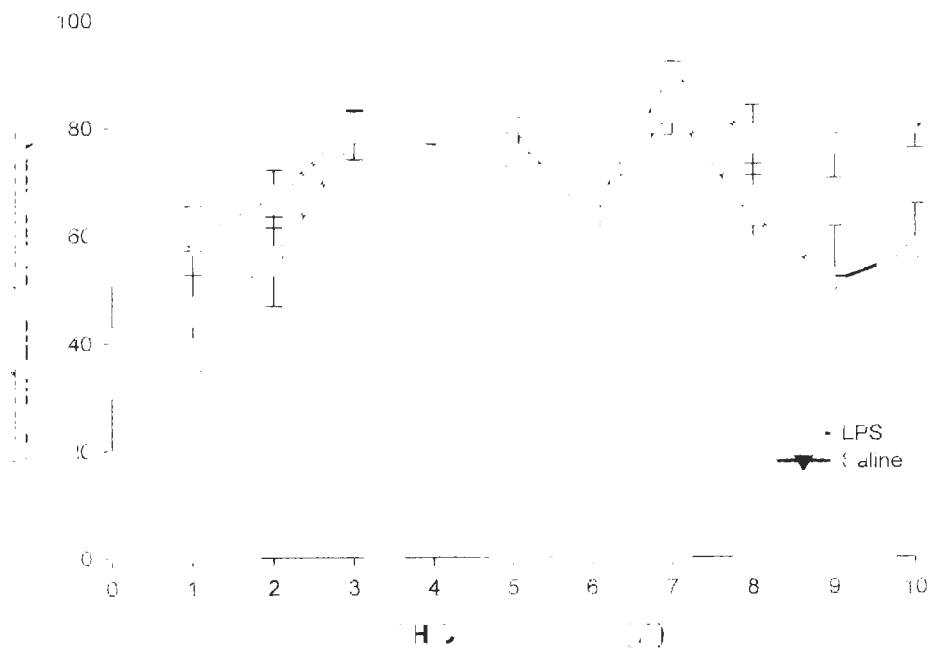


Figure 13. (a) 13-11 Introduction of EtOH (15%) at EtOH concentrations with 10% EtOH were immediately available in the presence of 4% EtOH concentration was not available.

As the end of the 3-gal. track during which the 1000 ml. solution was distributed in 200 ml. portions, the subjects with 6% and then 9% alcohol solutions. A 2x2x2 factorial ANOVA of treatment (Condition (2) x prior treatment (2) x concentration (2)) within the preference treatment revealed a significant interaction of concentration x Treatment (Condition, $F(1,20) = 10.11, p < .05$). There was not a significant interaction of Solution x Concentration ($F(1,20) = .515, p > .05$). This result is supported by One Way ANOVAs of the 2x2x2 factorial ANOVA (2) x prior Solution x concentration (2), revealing a significant treatment effect for 6% alcohol solution, $F(1,20) = 10.11, p < .05$, while the 9% treatment effect was not significant, $F(1,20) = 24.429, p < .001$. The results can be seen in Figure 14. The subjects did not show a higher preference for EtOH than for water to such a great extent in any cases of solution experienced during the track during.

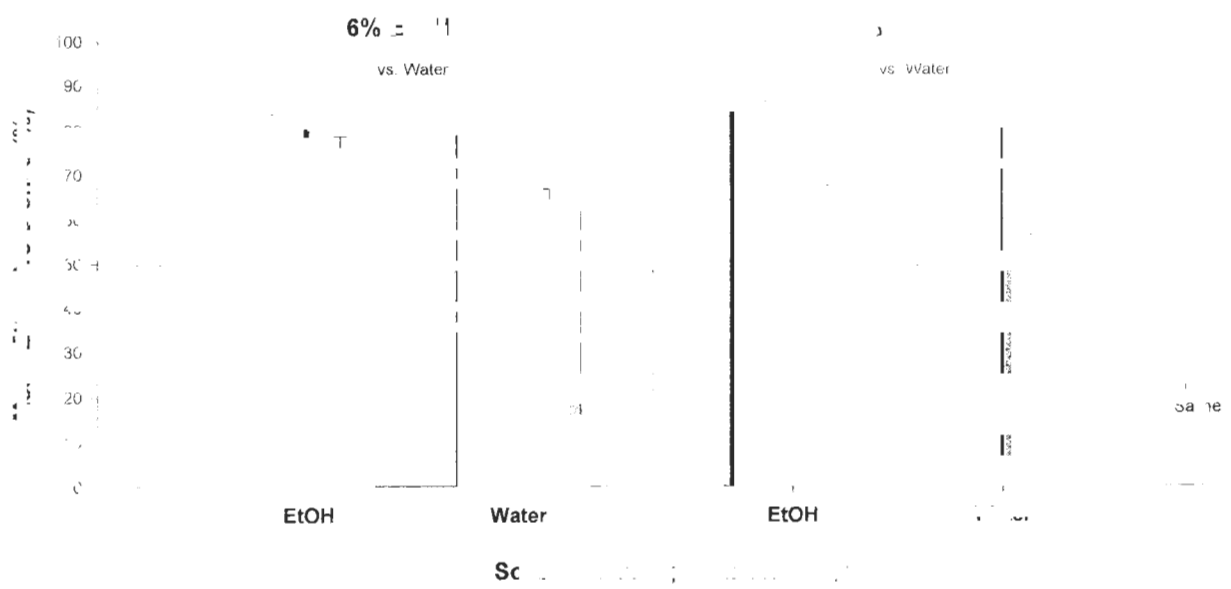


Figure 14. Two-bottle preference for EtOH and Water, the control phase 3

... body of evidence suggests that the effect of EtOH is not a bet-
... of EtOH during sign trials. It is noted a similar preference for
... by daily home-cage ... etc. (impulse control ...
...).

... has been associated with ... for that reason, the negative-
... task was used to look for ... impulsivity in ...
... and L ... increased in ...
... negative-future discrimination, ... might be
... potential ways. First, ... than ... on ...
... stimulus (buzzer noise) ... suggest an
... . Second, impulsivity ... that ... a
... that continues over trials, with ... for ...
...).

The ... effect of EtOH on ...
... within the rats' home cage ... of negative-future
... for the following ... negative-future discrimination
... days with a 10% EtOH ... the negative-
... was followed by 4 days of ... in which ... would
... its typical schedule, ...

The ... of future discrimination ...
... inhibitory effect of ...
... not occur in the presence of ... (ii), but they should

To analyze the extinction data, the number of trials (number of trials of each day) was compared at the 4 days of extinction (Day 5 to Day 8) by a 2x4x2x2 ANOVA with extinction being treated by the day. Analysis of the extinction data with a 2x2x2x2 factorial design (Treatment (2) x Day (4) x Trial (2) x Day (2) x Trial (2)) yielded a highly significant effect of Day, $F(3,12) = 3.316, p < 0.05$. In other trials, the number of trials on the days of extinction, Day 5 to Day 8 was significantly more than on Day 1 ($p < 0.05$) since the main effect of Trial ($F(1,20) = 0.243, p > 0.05$) is affected due to greater response on the extinction trials. In addition, regarding trials, there was no evidence of a significant effect of Trial.

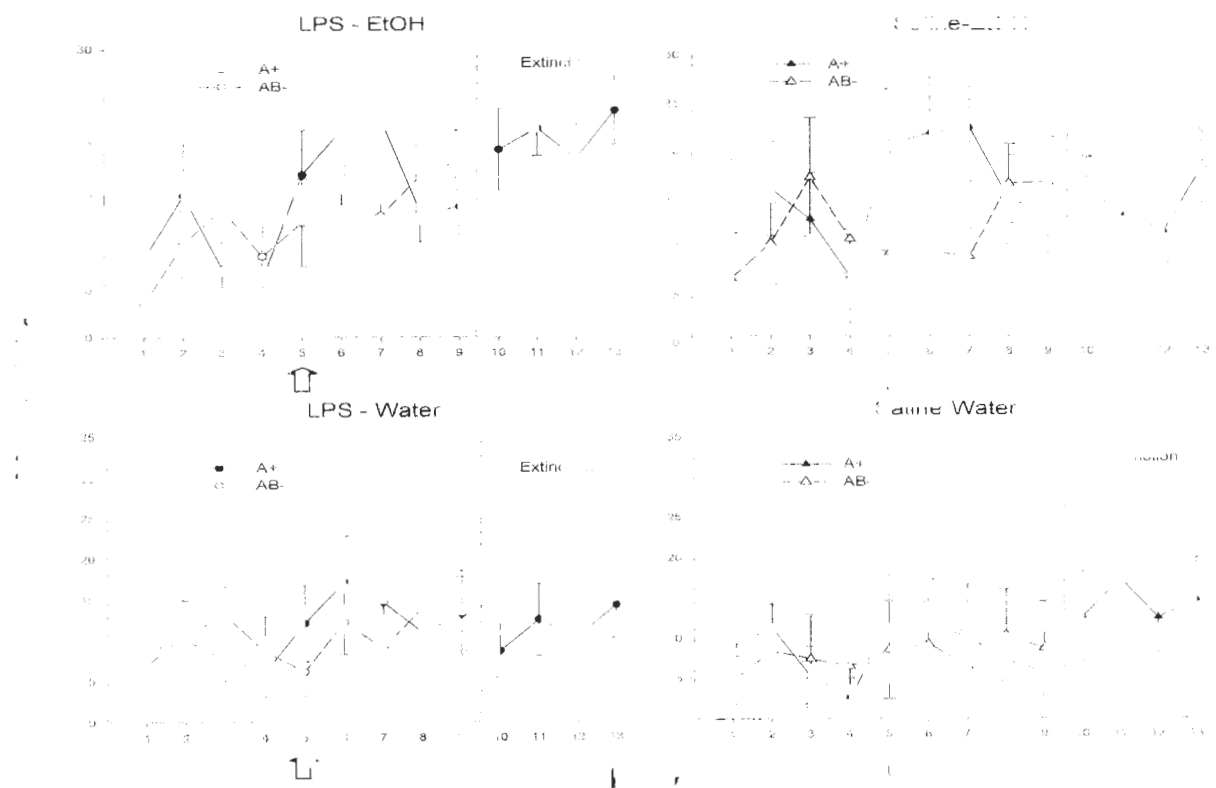


Figure 15. Phase 4- Negative-feature discrimination paradigm. A+ trials are the trials in which a response is followed by the sugar pellet. AB- trials are trials in which the bottom pellet is followed by no sugar pellet. On Day 5, subjects were moved from trials to home cages.

Consequently, the results of the last 4 days of the first 2 trials (both with sugar pellet) were also compared against the 4 days of the second 2 trials (both with water pellet) being learned by the rats. ANOVA for ALB (A) was run on the 2nd and 3rd session (2) x bottle solution (2) x trial (2) x day (4). There was a significant main effect of Phase, $F(1, 20) = 81.1, p < 0.001, \eta^2 = 0.80$. Significant differences were distinguished when the food pellet was changing from water to sugar. The difference in learning was significant to sign-t (5) (see figure 4) further supporting the hypothesis that gas-lacking behavior (but not gas-lacking behavior) and long-term memory formation are both responding.

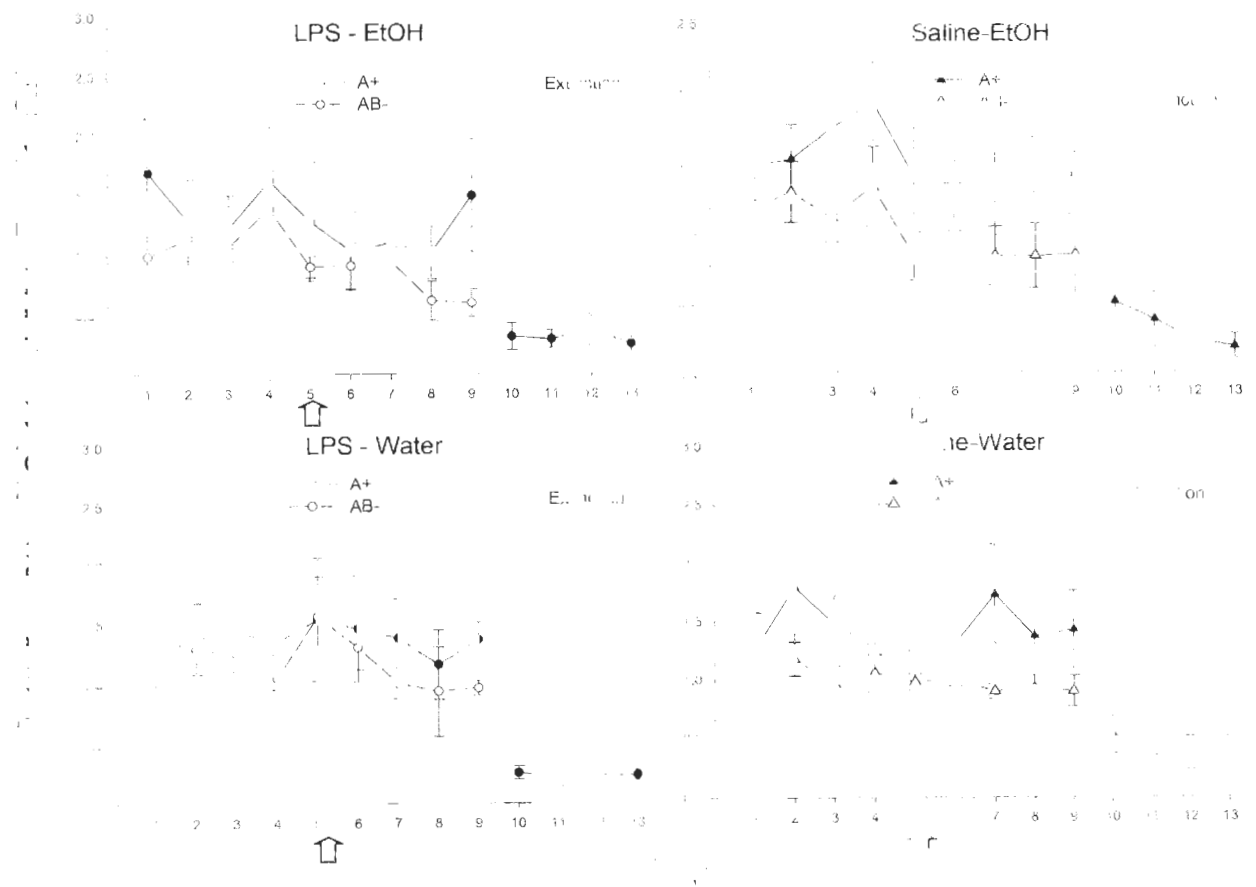


Figure 4: Last 4 – Significant feature learning trials (red) and the trials that were not significant (black) were allowed by the sugar pellet. A+ group was trained with a water pellet and AB- by a sugar pellet. On Day 5 trial 5 was changed from water to sugar pellet.

Overall, the results of Experiments 1 and 2, in which Long-Evans rats are more impulsive than the Sprague Dawley rats.

There is some debate concerning the role of the 5-HT_{1A} receptor in the regulation of the serotonin (5-HT) system in impulsivity. Some reports of impulsivity have suggested that impulsivity is a trait that is related to its regulation of the serotonergic system (Winstanley et al., 2007; 2009). Some data from human volunteers with a mutation in the 5-HT_{1A} receptor (variation in the 5-HT_{1A} gene that affects brain functioning) found increased impulsive actions, but not in impulsivity (Winstanley et al., 2007). This data suggest that behavioral impulsivity is related to the 5-HT_{1A} receptor in humans. Humans are sensitive to alterations in the serotonergic system due to the role of 5-HT in the executive discrimination task in the 5-HT_{1A} receptor mutant mice in terms of executive dysfunction.

Overall, the Sprague Dawley rats showed a preference for EtOH in the 2-choice test, while the Long-Evans rats showed a preference for EtOH. The results do not support the role of EtOH in the brief delay tests to establish a preference. Thus in Experiment 2 ethanol preference was reversed by providing 24 hours of ethanol in the home cage concentrations of EtOH in the home cage. The results of the 2-choice test in a 2-choice test showed a preference for EtOH. Yet despite the preference for EtOH the number of choices of EtOH was not increased in the 2-choice test compared to the rats that were not treated with saline.

Overall, the activation of the 5-HT_{1A} receptor in the brain is related to the preference for EtOH (Bledowski et al., 2011) in the 2-choice test to rats.

of drug use may occur as a result of increased neurodevelopmental maturity and the resulting changes in the processes that regulate it (Dingemans, 2007). In addition, other neurobiological processes are also involved (Dingemans, 2007). However, it is as the glutamate system develops that the effects of cocaine are most pronounced. Cocaine blocks dopamine re-uptake, leading to a sustained increase in dopamine levels. This was found with the use of PET scans.

It has also been found to increase dopamine levels in the nucleus accumbens (NAC) (Cilia, 1998). Cocaine blocks dopamine re-uptake, leading to a sustained increase in dopamine levels. This was found with PET scans (Dingemans, 2007). Pregnant female rats exposed to cocaine during pregnancy show alterations in the male offspring, including a decrease in the number of sperm cells in a sperm count test (Cilia vs. Cocaine) (Cilia, Yee, Lee, Cilia, & Cilia, 2004). Additionally, heavy alcohol consumption during pregnancy is associated with fetal damage (Cilia, 2007).

However, other studies have shown that cocaine does not increase dopamine levels in the nucleus accumbens (NAC) in rats exposed to cocaine during pregnancy (Cilia, 2007). Cocaine consumption in rats. Most studies report that cocaine increases dopamine levels in rats with a uniform response to cocaine. However, the effects of cocaine on rats consume Ecstasy during pregnancy are less clear. Cocaine-induced dopamine release has also been reported in the nucleus accumbens (Cilia et al., 2001).

Cocaine also negatively impacts the dopamine system in the nucleus accumbens (NAC) and may affect dopamine release in the nucleus accumbens (Cilia et al., 2001).

of the acute intoxication in rats. It appears that the effect of amphetamine may be to shift the distribution of the sign trading, have to do with the specific effects of the drug on the

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