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Characterizing the Function of PAS kinase in Cellular Metabolism and

Neurodegenerative Disease

Jenny Adele Pape

A dissertation submitted to the faculty of Brigham Young University in partial fulfillment of the requirements for the degree of

Doctor of Philosophy

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ABSTRACT

Characterizing the Function of PAS kinase in Cellular Metabolism and

Neurodegenerative Disease

Jenny Adele Pape Department of Microbiology and Molecular Biology, BYU Doctor of Philosophy

PAS kinase 1 (Psk1) is a sensory protein kinase responsible for activating and deactivating many pathways in the cell. Dysregulation of PAS kinase can lead to a variety of diseases, ranging from obesity to cancer to neurodegenerative disease. Herein, we provide an indepth analysis of two known interacting partners of PAS kinase, Centromere binding factor 1 (Cbf1) and poly(A)- binding protein binding protein 1 (Pbp1). PAS kinase phosphorylates Cbf1 inhibiting its function and decreasing respiration in yeast. In agreement, CBF1-deficient exhibit decreased respiration. Although the number of mitochondria is not altered by CBF1-deficiency, a mitochondrial proteomics analysis revealed an altered mitochondrial composition. Through betagalactosidase assays and western blot, we showed direct transcriptional control of Atp3 (a subunit of the mitochondrial F1-ATP synthase complex), and the yeast lipid genes Lac1 and Lag1 by Cbf1. Furthermore, we confirmed the human homolog of Cbf1, USF1, as a substrate of PAS kinase in vitro and provided the first evidence for the role of USF1 in respiration. Our model suggests that PAS kinase decreases respiration through the inhibition of Cbf1, partitioning glucose away from respiration and towards lipid synthesis. We expanded on the role of PAS kinase in glucose regulation through a mouse study including wild-type and PAS kinase deficient mice on either a normal chow or high-fat-high-sugar diet. Our results showed increased respiration in PAS kinase deficient males only on a normal chow diet. PAS kinase-deficiency was not shown to protect against weight gain when on a high-fat high-sugar diet, but it did significantly protect from liver triglyceride accumulation. Interestingly, females were protected from triglyceride accumulation regardless of genotype. This suggests that sex may be masking the effects of PAS kinase.

The second identified substrate of PAS kinase discussed is Pbp1. The human homolog of Pbp1 is ataxin-2, mutations in which are a known risk factor for amyotrophic lateral sclerosis (ALS). As diet and sex have been shown to be important factors regarding PAS kinase function, they also are strong contributing factors to ALS and are extensively reviewed herein. Pbp1 is known to be sequestered by PAS kinase under glucose depravation, and it can sequester additional proteins along with it to regulate different cellular pathways. To shed light on the pathways affected by Pbp1, we performed a yeast two-hybrid assay and mass spectrometry, identifying 32 novel interacting partners of Pbp1 (ataxin-2). We provide further analysis of the direct binding partner Ptc6, measuring mitophagy, mitochondrial content, colocalization, and respiration. This work elucidates novel molecular mechanisms behind the function of PAS kinase and yields valuable insights into the role of PAS kinase in disease.

Keywords: PAS kinase, Cbf1, USF1, respiration, glucose allocation, ALS, neurodegenerative, ataxin-2, Pbp1, stress granules, Ptc6, mitophagy

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CHAPTER 1: PAS kinase Works through its Substrates to Regulate Metabolism and Neurodegenerative Disease

1.1 Introduction

A cells ability to appropriately sense and allocate nutrients in their environment is essential to the health of the cell. Without proper maintenance, metabolic disease such as diabetes, heart disease, and cancer may develop. Sensory protein kinases are key regulators of metabolic processes, with the ability to sense nutrients in the environment and respond by activating and deactivating many different pathways within the cell. By developing drugs that target specific protein kinases, it may be possible to restore healthy cellular pathways that have developed due to disease.





The protein PAS (Per-Arnt-Sim) kinase is a nutrient sensory protein kinase that responds to glucose and regulates its allocation throughout the cell. PAS kinase contains both a serine/threonine catalytic kinase domain and a regulatory PAS (Per-ARNT-Sim) domain [2]. In the model for PAS kinase regulation and function, the N-terminal of the PAS domain binds and inhibits the serine/threonine c-terminal kinase domain in cis. To activate the kinase, it is hypothesized that small metabolites bind to the PAS domain, releasing and thereby activating the catalytic kinase domain (Figure 1.1) [3]. This suggests that PAS kinase may work to modulate cellular growth based on nutrient availability.

PAS kinase is highly conserved between yeast, mice, and man. Initial studies in mice revealed no significant differences in development, growth or reproduction between wild-type (WT) and PAS kinase knockout (KO) mice. However, when placed on a high fat diet, PAS kinase knockout mice exhibited weight gain (Figure 1.2), increased triglyceride accumulation, glucose tolerance and insulin sensitivity comparable to their wild-type littermates. Each of these levels were significantly elevated in the wild-type mice on a high fat diet. [4].



Figure 1.2 WT mice on a HFD gain significantly more weight than KO mice on a HFD [4].

Despite its importance, little is known about the molecular mechanisms of PAS kinase function including the substrates it acts on. Yeast two hybrid assays and co-purification were performed to better understand the specific molecular pathways being utilized by PAS kinase. These experiments revealed 93 putative binding partners of PAS kinase. Of these 93 partners, a remarkable 73% appeared to have a human homolog, whereas only 20-30% of the yeast proteome is reportedly conserved in humans [5]. This supports the evolutionary conservation of PAS kinase and its critical role in regulating central metabolic pathways. One protein of the two proteins that were collected from both the yeast two hybrid assay and co-purification was Pbp1. Pbp1 is a largely uncharacterized a poly(A)-binding protein (Pab1)-binding protein associated with stress granule formation. In-vitro kinase assays revealed PAS kinase dependent phosphorylation of Pbp1 as well as PAS kinase dependent phosphorylation of Pbp1's human homolog, Ataxin-2. Pbp1 is the yeast homolog of human ataxin-2 (Figure 1.3) [6].



Figure 1.3 Evidence for direct phosphorylation of Pbp1 by PAS kinase [6].

In 2010, it was found that mutations in ataxin-2 significantly increased the risk for amyotrophic lateral sclerosis (ALS) [10]. ALS is a neurodegenerative disorder that causes muscle weakness, disability, and eventually fatal paralysis normally within 3-5 years of diagnosis. The etiology of the disease is still unknown, with only about 10% of ALS cases being familial, the rest being sporadic [7]. Riluzole is the only drug has been developed and shown to have an impact on survival in ALS, yet it is still unclear how it works with ALS [8, 9]. Currently the mainstay treatment for ALS is symptomatic management through multidisciplinary care, such as respiratory management, counseling, pain management, and communication therapy [10]. It therefore is imperative to identify and understand disease related genes to develop effective treatment for ALS.

Ataxin-2 is thought to increase one's risk for ALS through its association with TAR DNA binding protein (TDP-43). [11]. TDP-43 has recently been identified as the major disease causing protein in ALS [12]. TDP-43 positive ubiquinated neuronal cytoplasmic inclusions have been found in the spinal motor neurons in 97% of all ALS cases [13]. It has been shown that lowering ataxin-2 levels in both yeast and flies will protect against TDP-43 aggregation and toxicity [11]. In TDP-43 transgenic mice, complete loss of ataxin-2 extended the survival of mice by over 80% (Figure 1.4) [13].



Figure 1.4 Reducing the level of ataxin-2 extends lifespan in TDP-43 transgenic mice [13].

As mentioned above, PAS kinase directly phosphorylates and activates the yeast ataxin-2 homolog, Pbp1 [6, 14]. Under normal conditions, PAS kinase causes overexpression of Pbp1 or ataxin-2 in yeast. However, PAS kinase deficiency decreases toxicity due to the inability to overexpress Pbp1. In addition, PAS kinase decreases the amount of Pbp1 and ataxin-2 localization to stress granules. Pbp1 and PAS kinase were recently shown to be required for the sequestration of the nutrient sensing TORC1 at stress granules in yeast and there is some evidence for this conservation of function in mammalian cells (Figure 1.5) [15]. TORC1 is a central regulator of cell growth and proliferation and is essential for cell survival. Together, these results suggest that PAS kinase inhibition may reduce the activity and/or levels of ataxin-2, and rescue TORC1 inhibition. PAS kinase could be an ideal target to lower levels of ataxin-2.



Figure 1.5 A model for PAS kinase dependent phosphorylation and activation of Pbp1/ataxin-2 which leads to inhibition of TORC1 through its sequestration at stress granules [6].

1.2 Summary of research chapters

Chapter 2 outlines our efforts to characterize a novel substrate of PAS kinase, Centromere binding factor 1 (Cbf1). We show that while PAS-kinase deficient yeast exhibit increased respiration, Cbf1-deficient yeast exhibit decreased respiration. We identify ATP3, a subunit of the mitochondrial F1-ATP synthase complex, as a contributing factor to the decrease in respiration. We also discover a Cbf1 dependent regulation of Lac1 and Lag1, two genes involved in the synthesis of ceramides in yeast. Finally, we also show that the human homolog of Cbf1, Upstream transcription factor 1 (USF1), behaves similarly to Cbf1.

In Chapter 3 we provide further characterization of PAS kinase deficient mice. Typically, male mice are used to study PAS kinase as they present with more intense phenotypes. However, in our study we included both male and female mice, and while some phenotypes were similar, we saw many unexpected differences. In addition, our mice were put on either a normal chow (NC) diet or a high-fat high-sugar (HFHS) diet that more accurately reflects the Western Diet found in today's society. We show PAS kinase dependent changes in respiration via respiration, western blot, ATP assays, and weight analysis. In addition, we provide an in-depth hepatic triglyceride profiling that verifies PAS kinase deficiency can protect against triglyceride accumulation.

Chapter 4 is a review paper discussing how diet and metabolic health influence ALS risk, onset, progression, and survival time. In addition, we highlight various sex differences seen in ALS. PAS kinase has been shown to regulation Ataxin-2, a risk factor for ALS. Due to the sexdependent changes reported in chapter 3, this review provides insight into how diet, metabolic health, and sex may influence molecular pathways in ALS and helps to understand how to better design experiments in ALS models in order to uncover novel phenotypes.

Chapter 5 is an unpublished study focused on identifying the interacting partners of Pbp1 as well as the characterization of an interacting partner, Ptc6, that regulates mitochondrial health in the cell.

6

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CHAPTER 2: The Regulation of Cbf1 by PAS kinase is a Pivotal Control Point for Lipogenesis vs. Respiration in Saccharomyces cerevisiae

The following chapter is taken from an article published in Genes, Genomics, and Genetics Journal. All content and figures have been formatted for this dissertation but it is otherwise unchanged.

2.1 Abstract

PAS kinase 1 (Psk1) is a key regulator of respiration in Saccharomyces cerevisiae. Herein the molecular mechanisms of this regulation are explored through the characterization of its substrate, Centromere binding factor 1 (Cbf1). CBF1-deficient yeast displayed a significant decrease in cellular respiration, while PAS kinase-deficient yeast, or yeast harboring a Cbf1 phosphosite mutant (T211A) displayed a significant increase. Transmission electron micrographs showed an increased number of mitochondria in PAS kinase-deficient yeast consistent with the increase in respiration. Although the CBF1-deficient yeast did not appear to have an altered number of mitochondria, a mitochondrial proteomics study revealed significant differences in the mitochondrial composition of CBF1-deficient yeast including altered Atp3 levels, a subunit of the mitochondrial F₁-ATP synthase complex. Both beta-galactosidase reporter assays and western blot analysis confirmed direct transcriptional control of ATP3 by Cbf1. In addition, we confirmed the regulation of yeast lipid genes LAC1 and LAG1 by Cbf1. The human homolog of Cbf1, Upstream transcription factor 1 (USF1), is also known to be involved in lipid biogenesis. Herein, we provide the first evidence for a role of USF1 in respiration since it appeared to complement Cbf1 in vivo as determined by respiration phenotypes. In addition, we confirmed

USF1 as a substrate of human PAS kinase (hPASK) in vitro. Combined, our data supports a model in which Cbf1/USF1 functions to partition glucose towards respiration and away from lipid biogenesis, while PAS kinase inhibits respiration in part through the inhibition of Cbf1/USF1.

2.2 Introduction

Proper resource allocation is fundamental to the success of any system. In cellular organisms, it is crucial to sense available nutrients and astutely allocate them among several pathways including growth, storage and energy metabolism. If nutrients are not properly allocated, e.g. when too many nutrients are diverted to one pathway, it comes at the expense of another important pathway and often leads to diseases such as obesity, diabetes and cancer. One of the mechanisms that cells have evolved to help coordinate resource allocation are nutrient sensing protein kinases.

PAS kinase is a highly conserved sensory kinase with both a sensory PAS (Per-ARNT-Sim) domain and a serine/threonine kinase domain [1]. It is a key player in sensing and allocating glucose in eukaryotic cells (reviewed in [2-8]). Additionally, PAS kinase is activated both in yeast and mammalian cells under conditions that activate respiratory metabolism [9, 10]. This occurs in yeast when cells are grown on carbon sources other than glucose and in mammalian cells under conditions of high glucose.

PAS kinase is not only activated by respiratory conditions, but is also implicated in regulating respiratory metabolism itself. PAS kinase-deficient mice (PASK^{-/-}) have a hypermetabolic phenotype in that they consume more oxygen and give off more CO₂ and heat when placed on a high-fat diet [11]. In contrast, PASK^{-/-} mice also accumulate significantly less hepatic lipids when placed on the high-fat diet and PAS kinase knockdown or inhibition also

decreases triglyceride in hepatic cell lines. These data suggest that PAS kinase is allocating glucose away from respiration towards lipid storage in wild type mice. However, the mechanisms behind these phenotypes are largely unknown. We recently identified a novel substrate of yeast PAS kinase 1 (Psk1), Centromere binding factor 1 (Cbf1), that could be an important player in the mechanisms behind these phenotypes [12].

Cbf1 is a general transcription factor conserved from yeast to man [13-15]. Its human homolog, Upstream transcription factor 1 (USF1), is a key regulator of genes involved in lipid homeostasis and USF1 mutations are strongly correlated with hyperlipidemia [16-20]. In yeast, transcriptome data suggests that Cbfl regulates a wide variety of genes including those involved in respiration and lipid biogenesis, as well as amino acid biosynthesis [15, 21, 22]. We recently provided evidence for decreased respiration in CBF1-deficient yeast and for the PAS kinasedependent phosphorylation and inhibition of Cbf1 [12]. The altered respiration observed in yeast lacking CBF1 or PAS kinase may be due to many effects within the cell such as 1) effects on total mitochondrial mass or 2) electron transport chain expression or activity. Here we further characterized the mechanisms behind PAS kinase and Cbf1 respiratory function in yeast. Specifically, we report the differences observed in mitochondrial area between wild type, CBF1deficient and PAS kinase-deficient yeast and present the mitochondrial proteomes of these yeast. In addition, we confirm the role of CBF1 in regulating the yeast lipid genes LAC1 and LAG1 and provided evidence that they are downregulated by CBF1 under the same conditions that ATG3 is upregulated. Evidence is also provided for USF1 being a conserved PAS kinase substrate through in vitro kinase assays as well as yeast complementation assays. Combined, our data supports a model in which Cbf1/USF1 partitions glucose towards respiration at the expense of lipid biogenesis, while PAS kinase inhibits Cbf1/USF1 favoring lipid biogenesis.

2.3 Materials and methods

2.3.1 Growth assays and vector construction

A list of strains, plasmids and primers used in this study are provided in Table 2.1. All

plasmids constructed for this study were made using standard polymerase chain reactions (PCR)

followed by restriction digests using enzymes from New England Biolabs [23]. Human USF1

was PCR amplified using primers 3456/3457 from plasmid pCMV6-USF1 (OriGene, SC

1227700). *CBF1*-deficient yeast acquire suppressors at a rapid rate. Therefore, all cultures were streaked fresh from frozen and used as quickly as small colonies appeared.

| Strain | Backgr | ound | Genotype | | Abbrevia | ation | a/α | Reference or source |
|---------|--------|------|--|---|-----------------|-------|------|------------------------------------|
| JGY1 | W303 | | his3, leu2, lys2, met15, trp | 1, ura3 | WT | i | а | David Stillman, University of Utah |
| JGY4 | W303 | | psk1::his3, psk2::kan-MX4 met15, trp1, ura3 | , leu2, lys2, | psk1psk | 2 | a | [9] |
| JGY43 | BY474′ | | his3-1, leu2-0, met15-0, un | a3-0 | WT | | а | [51] |
| JGY1227 | BY474′ | | <i>cbf1:</i> :kan-MX4, <i>his3-1, leu</i> <i>ura3-0</i> | 2-0, met15-0, | cbf1 | i | а | [51] |
| JGY1244 | BY474′ | | psk1::hph-MX4, psk2::nat- leu2-0, met15-0, ura3-0 | MX4, his3-1, | psk1psk | 2 | а | This study |
| JGY1261 | BY474′ | l | psk1::hph-MX4, psk2::nat- MX4, his3-1, leu2-0, met15 | MX4 <i>, cbf1∷</i> kan- 5-0 <i>, ura3-</i> 0 | psk1psk | 2cbf1 | а | This study |
| JGY1348 | BY474′ | | psk1::kan-MX4, his3-1, leu ura3-0 | 2-0, met15-0, | psk1 | ; | а | [51] |
| JGY1349 | BY474′ | | psk2::kan-MX4, his3-1, leu ura3-0 | 2-0, met15-0, | psk2 | i | а | [51] |
| JHG504 | BL21DI | Ξ3 | F ⁻ ompT hsdSB(rB ⁻ mB ⁻) ga | l dcm (DE3) | BL21 | | | Novagen |
| Plasmid | Gene | Desc | ription | Backbone | Yeast Origin | Selec | tion | Reference or source |
| pJG121 | EV | Emp | ty pRS415 plasmid | pRS415 | CEN | LEU | | (Simons et al, 1987) |
| pJG173 | PSK2 | pGA | _1-10-PSK2-HIS/HA | pRS426 | 2u | URA | | (Grose et al., 2007) |
| pJG210 | UGP1 | Ugp1 | -HIS | pHIS-parallel | | AMP | | (Smith et al, 2007) |
| pJG725 | EV | pAdh | i-myc | pRS416 | CEN | URA | | [12] |
| pJG858 | PSK1 | pGA | _1-10-PSK1-HIS/HA | pRS426 | 2u | URA | | (DeMille et al., 2014) |
| pJG1009 | EV | pET1 | 5b with James Y2H MCS | pET15b | | AMP | | [12] |
| pJG1025 | IPP1 | IPP1 | into pET15b (pJG1009) | pET15b | | AMP | | [12] |
| pJG1031 | CBF1 | CBF | 1 into pET15b | pET15b | | AMP | | [12] |
| pJG1232 | USF1 | USF | 1 in pCMV | pCMV6-XL5 | | AMP | | OriGene |
| pJG1233 | USF1 | USF | 1 into pET15b | pET15b | | AMP | | This study |
| pJG1246 | USF1 | USF | 1 into pJG725 | pRS415 | CEN | URA | | This study |
| pJG1314 | LACZ | LAC | Z into pJG121 | pRS415 | CEN | LEU | | This study |
| pJG1315 | ATP3 | ATP | 3-LACZ | pRS415 | CEN | LEU | | This study |
| pJG1316 | COX4 | COX | 4-LACZ | pRS415 | CEN | LEU | | This study |
| pJG1317 | HAP4 | HAP | 4-LACZ | pRS415 | CEN | LEU | | This study |

Table 2.1 Strains, plasmids and primers used in this study

| pJG1318 | NDI1 | NDI1-LACZ | pRS415 | CEN | LEU | This study |
|---------|-------|--------------------------------|------------|--------|------|------------|
| pJG1320 | QCR6 | QCR6-LACZ | pRS415 | CEN | LEU | This study |
| pJG1321 | LAC1 | LAC1-LACZ | pRS415 | CEN | LEU | This study |
| pJG1322 | LAG1 | LAG1-LACZ | pRS415 | CEN | LEU | This study |
| pJG1335 | CBF1 | T211A-Cbf1 into pJG725 | pRS416 | CEN | URA | This study |
| pJG1336 | CBF1 | T212A-Cbf1 into pJG725 | pRS416 | CEN | URA | This study |
| Primer | Seque | ence | | | | |
| JG3440 | GGC | CTCGAGCATTTTCTGTCGCTCTT | ATGATCC | | | |
| JG3441 | GGCA | AGCTTTGTCCACATAGCTCTTG | TTTATTGA | | | |
| JG3442 | GGC | CTCGAGCCTCTTGTCCATTATCT | TCGGGA | | | |
| JG3443 | GGCA | AGCTTTGATGTCATGTTGTCGT | TATTTCTTC | | | |
| JG3457 | GGC | CTCGAGGTTGCTGTCATTCTTGA | TGACG | | | |
| JG3458 | CGAA | TTCATGAAGGGGCAGCAGAAAA | ACAGCTG | | | |
| JG3652 | GGC | CTCGAGGTATAATGTACCTTTGT | TCCCTACAC | | | |
| JG3683 | GGCA | AGCTTATGACCATGATTACGGA | TTCACTGG | | | |
| JG3684 | GGC | <u>GGATCCTTTTTGACACCAGACCA</u> | ACTGGTAAT | G | | |
| JG3669 | GGCA | AGCTTTAGAAAAGTCTTTGCGG | TCATGATTC | | | |
| JG3670 | GGC | CTCGAGTTTCATCAAGGACTAAA | GTTTTCTTAT | ſG | | |
| JG3671 | GGCA | AGCTTTGATACAATTCTTGACAA | ACATGACTAC | 2 | | |
| JG3672 | GGC | CTCGAGGGCAAGCTTGACCTTTA | ACTTTCCTCT | CTAAAA | NGCC | |
| JG3673 | GGCA | AGCTTTTCCAACATGCCCATTT | TCTATTTC | | | |
| JG3674 | GGC | CTCGAGCGAACAGCACAAGACG | CGTATCAC | | | |
| JG3675 | GGCA | AGCTTTAGTGAAAGCATTGTGC | TTGTTATC | | | |
| JG3676 | GGC | CTCGAGGCGGATTCCAAAGGCG | TCCTTC | | | |
| JG3679 | GGCA | AGCTTCTTCGATAGCATAGTGG | TTTTTAG | | | |
| JG3680 | GGC | CTCGAGGACCGGCGCTACCCGG | STTAAG | | | |
| JG3741 | GGCA | AGCTT GATGTAGGGCATTACT | CTTTGATG | | | |
| JG3799 | GGAA | AGAAATGTTTATCACCAGATGGA | GAACCAATG | AGCGG | | |
| JG3800 | CCG | CTCATTGGTTCTCCATCTGGTGA | TAAACATTTO | CTTCC | | |
| JG3801 | GTCC | GTATTATTGAGTCACCAGCTTTAT | TCCATGGC | GGG | | |
| JG3802 | CCCC | GCCATGGAATAAAGCTGGTGACT | CAATAATAC | GAC | | |

2.3.2 In vitro kinase assays

Full-length HIS-tagged yeast Psk1 (pJG858), Psk2 (pJG173) and Ugp1 (pJG210) proteins were purified from yeast (JGY4), while Cbf1 (pJG1031) and USF1 (pJG1233) proteins were from BL21DE3 *E. coli* (JHG504) as previously described [24] using Ni-NTA (Qiagen, Chatsworth, CA) chromotography. hPASK was expressed in Sf9 insect cells using the BAC-to-BAC baculovirus expression system (GIBCO/BRL) as previously described (Rutter et al. 2001) and purified using Ni-NTA (Qiagen, Chatsworth, CA) chromatography.

For yeast in vitro kinase assays, purified proteins were incubated with and without Psk1

in a 30 uL reaction containing 1x kinase buffer as previously described (DeMille et al., 2014).

For in vitro kinase assays using purified USF1 and hPASK proteins, reactions were run similar to

the yeast proteins except for the following: 1 mM ATP was used and reactions were incubated for 30 minutes. Ipp1 (expressed from plasmid pJG1025) was purified similarly as Cbf1 and USF1, and was used as a negative control to show specificity of hPASK with USF1.

2.3.3 Mitochondrial respiration

Yeast strains not transformed with a plasmid (wild type (JGY43), psk1psk2 (JGY1244), psk1 (JGY1348) and psk2 (JGY1349)) were grown in YPAD overnight, diluted 1:100 in YPAGly/EtOH and grown for 13 hours. Wild type yeast (JGY43) transformed with an empty vector (pJG725), or *CBF1*-deficient yeast (JGY1227) transformed with either empty vector (pJG725), wild type Cbf1 (pJG1125), T211A-Cbf1 (pJG1335), T212A-Cbf1 (pJG1336), or USF1 (pJG1246) were grown in selective SD-Ura media until saturated, diluted 1:100 in SGly/EtOH-Ura and grown an additional 24-26 hours. The OD600 was taken to ensure equal growth among strains. In experiments requiring the CBF1-deficient yeast, yeast were freshly streaked from the freezer 48 hours prior to use to avoid selection of suppressors which were commonly seen. High-resolution O₂ consumption was determined at 37°C using the Oroboros O₂K Oxygraph (Innsbruck, Austria). Samples were centrifuged at 5000 x g for 5 min and resuspended in warm mitochondrial respiration buffer 05 (MiR05; 0.5 mM EGTA, 10 mM KH2PO4, 3 mM MgCl2-6 H2O, 60 mM K-lactobionate, 20 mM HEPES, 110 mM sucrose, 1 mg/ml fatty acid free BSA, pH 7.1). After addition of sample, the chambers were hyperoxygenated to ~350 nmol/ml. Following this, routine respiration was determined by measuring O₂ consumption in the absence of any substrate (routine). Next, EtOH was added and then the uncoupler carbonyl cyanide p-(trifluoromethoxy)phenylhydrazone (FCCP; 70 µM) as a measure of maximal electron transport system capacity (E). Finally, respiration was inhibited by the addition of the cytochrome c oxidase inhibitor, azide (20 mM) eliciting a state of residual

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oxygen consumption (ROX), which provided a control for all values. Samples were run in triplicate and averaged.

2.3.4 TEM imaging

Wild type (JGY43), *cbf1* (JGY1227) and *psk1psk2* (JGY1244) yeast were grown overnight in YPAD then diluted into YPAraffinose and grown until OD600 ~0.5. Cell size was measured using a Moxi Flow micro cytometer (ORFLO Technologies, Hailey, ID). Permanganate fixation protocol described by Perkins and McCaffery (Perkins and McCaffery, 2007) was followed. Samples were sectioned at 80 nm using a RMC MTX ultramicrotome with a diamond knife then post stained with Reynold's Lead Citrate for 10 min. Cells were observed in a Tecnai T-12 transmission electron microscope and images recorded digitally. Mitochondrial quantification was determined using AxioVision Rel 4.8 Software (Zeiss) as described by Braun et al. (Braun et al., 2006). Each strain was examined in duplicate with wild type n=74, *cbf1* n=73, *psk1psk2* n=69 images total per yeast strain obtained with the following criteria: 1. the image of the cell must be at least 3 um across to ensure the slice included a majority of the cell 2. the cell image must bear a visible nucleus 3. the cell image must appear to have an intact cell wall and 4. the cell image must be fairly uniform in shape to exclude cells that are budding.

2.3.5 Mitochondrial isolation

Wild type (JGY 43), *cbf1* (JGY1227) and *psk1psk2* (JGY1244) yeast were grown in triplicate overnight in YPAD, diluted 1:100 into YPAGly/EtOH, and grown until OD600 ~1.0-2.0. Preparation of Isolated Mitochondria by Differenting Centrifugation (Diekert et al., 2001) was followed with the exception of Lyticase (Sigma) being used in place of Zymolase. Mitochondria were quantified using the Bradford assay. For mass spectrometry analysis, 10 uL of sample were diluted with 6X SDS sample buffer to a final concentration of 1X, and samples were separated on 12% SDS-PAGE until the loading dye had migrated approximately 1 cm. Bands were then obtained using a razor blade, and submitted to the UCSD Biomolecular and Proteomics Mass Spectrometry Facility for in-gel digestion and mass spectrometry analysis. One sample from JGY1227 failed to give data and was resubmitted for mass spectrometry analysis in solution (without being run on SDS-PAGE).

2.3.6 In gel digest of MS samples

Gel slices were cut to 1 mm by 1 mm cubes and destained 3 times by first washing with 100 ul of 100 mM ammonium bicarbonate for 15 minutes, followed by addition of the same volume of acetonitrile (ACN) for 15 minutes [25]. The supernatant was removed and samples were dried in a speedvac. Samples were then reduced by mixing with 200 µl of 100 mM ammonium bicarbonate-10 mM DTT and incubated at 56°C for 30 minutes. The liquid was removed and 200 ul of 100 mM ammonium bicarbonate-55 mM iodoacetamide was added to gel pieces and incubated at room temperature in the dark for 20 minutes. After the removal of the supernatant and one wash with 100 mM ammonium bicarbonate for 15 minutes, the same volume of ACN was added to dehydrate the gel pieces. The solution was then removed and samples were dried in a speedvac. For digestion, enough solution of ice-cold trypsin (0.01 ug/ul) in 50 mM ammonium bicarbonate was added to cover the gel pieces and set on ice for 30 min. After complete rehydration, the excess trypsin solution was removed, replaced with fresh 50 mM ammonium bicarbonate, and left overnight at 37°C. The peptides were extracted twice by the addition of 50 µl of 0.2% formic acid and 5% ACN and vortex mixing at room temperature for 30 min. The supernatant was removed and saved. A total of 50 µl of 50% ACN-0.2% formic acid was added to the sample, which was vortexed again at room temperature for 30 min. The supernatant was removed and combined with the supernatant from the first extraction. The

combined extractions were analyzed directly by liquid chromatography (LC) in combination with tandem mass spectroscopy (MS/MS) using electrospray ionization.

2.3.7 Preparation of MS samples in solution

Protein samples were diluted in TNE (50 mM Tris pH 8.0, 100 mM NaCl, 1 mM EDTA) buffer. RapiGest SF reagent (Waters Corp.) was added to the mix to a final concentration of 0.1% and samples were boiled for 5 min. TCEP (Tris (2-carboxyethyl) phosphine) was added to 1 mM (final concentration) and the samples were incubated at 37°C for 30 min. Subsequently, the samples were carboxymethylated with 0.5 mg/ml of iodoacetamide for 30 min at 37°C followed by neutralization with 2 mM TCEP (final concentration). Proteins samples prepared as above were digested with trypsin (trypsin:protein ratio - 1:50) overnight at 37°C. RapiGest was degraded and removed by treating the samples with 250 mM HCl at 37°C for 1 h followed by centrifugation at 14000 rpm for 30 min at 4°C. The soluble fraction was then added to a new tube and the peptides were extracted and desalted using C18 desalting columns (Thermo Scientific, PI-87782) [25-27].

2.3.8 LC-MS/MS analysis

Trypsin-digested peptides were analyzed by ultra high pressure liquid chromatography (UPLC) coupled with tandem mass spectroscopy (LC-MS/MS) using nano-spray ionization. The nano-spray ionization experiments were performed using a TripleTof 5600 hybrid mass spectrometer (ABSCIEX) interfaced with nano-scale reversed-phase UPLC (Waters corporation nano ACQUITY) using a 20 cm-75 micron ID glass capillary packed with 2.5-µm C18 [130] CSHTM beads (Waters corporation). Peptides were eluted from the C18 column into the mass spectrometer using a linear gradient (5–80%) of ACN (Acetonitrile) at a flow rate of 250 µl/min for 1 h. The buffers used to create the ACN gradient were: Buffer A (98% H₂O, 2% ACN, 0.1%

formic acid, and 0.005% TFA) and Buffer B (100% ACN, 0.1% formic acid, and 0.005% TFA). MS/MS data were acquired in a data-dependent manner in which the MS1 data was acquired for 250 ms at m/z of 400 to 1250 Da and the MS/MS data was acquired from m/z of 50 to 2,000 Da. The Independent data acquisition (IDA) parameters were as follows; MS1-TOF acquisition time of 250 milliseconds, followed by 50 MS2 events of 48 milliseconds acquisition time for each event. The threshold to trigger MS2 event was set to 150 counts when the ion had the charge state +2, +3 and +4. The ion exclusion time was set to 4 seconds. Finally, the collected data were analyzed using Protein Pilot 4.5 (ABSCIEX) for peptide identifications for in gel samples, or Protein Pilot 5.0 (ABSCIEX) for the single sample submitted in solution.

2.3.9 Mitochondrial protein western blot

Mitochondria was isolated from wild type (JGY 43), *cbf1* (JGY1227) and *psk1psk2* (JGY1244) yeast using the same method listed previously. Protein concentration was determined using the Bradford protein assay. An equal amount of protein was loaded to each well of a 10% SDS-PAGE gel, separated, then transferred onto a nitrocellulose membrane. After incubation with 5% nonfat milk in TBST, the membrane was washed two times with TBS and probed with the selected antibody: Atp3 (the gamma subunit of the F_1 sector of the F_0F_1ATP synthase, 1:5000, Invitrogen), Qcr7 (Subunit 7 of ubiquinol cytochrome-c reductase, complex III, 1:5000, a generous gift from Dr. Martin Ott, (Gruschke S., et al., 2012)), Cox13 (Subunit VIa of cytochrome c oxidase, complex IV, 1:1000, a generous gift from Dr. Martin Ott, unpublished), and porin (1:5000, Abcam). Membranes were washed two times with TBST and once with TBS then incubated with a 1:1000 dilution of horseradish peroxidase-conjugated anti-mouse or anti-rabbit antibodies for 2 hours. Blots were rinsed and then developed using the WesternBright ECL kit (Advansta Inc) according to the manufacturer's protocol. Each blot was stripped by

washing the blot in Amresco gentle-review stripping buffer for 30 minutes and probed a second time with a different antibody following the steps listed above. We ensured data was collected for each antibody on both a fresh blot and a stripped blot, except for Atp3 which was only done on a fresh blot due to sensitivity to the stripping buffer. Each biological replicate ($n=\geq4$) was run in duplicate as a technical control. Bands were quantified using the ImageJ software.

2.3.10 β-galactosidase reporter assays

A LacZ reporter plasmid (pJG1314) was constructed by amplifying LacZ from BL21DE3 *E. coli* with primers JG3683 and JG3684, digesting with HindIII/BamHI and ligating into a similarly digested pRS415 vector (pJG121). Promoter regions (*LAC1* (JG3440/JG3441), *LAG1* (JG3442/JG3443), *ATP3* (JG3671/JG3672), *COX4* (JG3675/JG3676), *HAP4* (JG3669/JG3670), *NDI1* (JG3679/JG3680), and *QCR6* (JG3673/JG3674)) were amplified from wild type yeast template (JGY43) and cloned into the XhoI/HindIII sites of pJG1314. Yeast strains (wild type (JGY43), *cbf1* (JGY1227) *psk1psk2* (JGY1244) and *psk1psk2cbf1* (JGY1261)) were transformed with LacZ fusion plasmids containing each promoter region (pJG1321, (p*LAC1*-LacZ), pJG1315 (*pATP3*-LacZ), pJG1316 (*pCOX4*-LacZ), pJG1317 (*pHAP4*-LacZ), pJG1318 (*pND11*-LacZ), pJG1320 (*pQCR6*-LacZ), grown in selective SD-Leu media for 2 days, diluted 1:50 in fresh media and grown until OD600 ~0.5-1.0. β-galactosidase assays were performed as previously described by Stebbins and Triezenberg (Stebbins et al, 2004). Cell extracts were normalized by the Bradford assay to ensure equal amounts of total protein were used. Each strain was analyzed six times and averages were determined.

2.3.11 Gel shift assays

Promoter regions for *LAC1 (*JG3440/JG3441), *LAG1* (JG3442/JG3443), *ATP3* (JG3671/JG3672), and *PSK1* (JG3741/JG3652) were PCR amplified from wild type yeast

template (JGY43). *ATP3** and *PSK1** promoter binding mutants were made by site-directed mutagenesis at the Cbf1 binding site using oligos JG3799/JG3800 (*ATP3**) and JG3801/JG3802 (*PSK1**) and were PCR amplified. Reaction mixes (20 ul) contained the PCR amplified promoter region, either 0 ul, 3 ng, or 6 ng of purified Cbf1 protein, and gel shift binding buffer (10 mM tris (pH 7.4), 1 mM EDTA, 50 mM KCl). Reaction mixes were incubated at room temperature for 20 minutes and analyzed by electrophoresis using 2% agarose gels.

2.3.12 ATP assays

Wild type (JGY43), *cbf1* (JGY1227) and *psk1psk2* (JGY1244) yeast were grown overnight in YPAD at 30°C, then shifted to room temperature for 24 hours (to avoid suppressor accumulation in the *cbf1* strain through prolonged growth at 30°C) before dilution 1:50 into fresh YPAD and grown for 2 hours. Cultures were then centrifuged and resuspended in 5 mL YPA-Glycerol/EtOH and grown until OD600 ~0.3-0.5, about 4 hours. ATP was then measured using the Promega Bac-titer Glo bioluminescent assay. A standard was generated using a known concentration of ATP provided in the kit. ATP levels were normalized to viable cell counts by plating diluted cells on YPAD.

2.3.13 ROS assays

Flow cytometry was utilized to quantify the total intracellular reactive oxygen species (cell-ROS) and mitochondrial total reactive oxygen species (mit-ROS) adapted from (Perez et al., 2014). The oxidant sensitive, cell permeant fluorescent probes H₂DCFDA(Invitrogen) and dihydrohodamine 123 (DHR123, Invitrogen) were used to measure cell-ROS and mit-ROS respectively. Strains were grown in 2% YPAD overnight and then diluted 1:50 in YPAraffinose and grown for 4 hours. Samples were aliquoted and immediately, loaded with either H₂DCFDA or DHR123 and incubated at 30°C for 2 hours in the dark. Cells were then diluted with PBS

buffer and immediately quantified by flow cytometry. The fluorescence was monitored in the emission fluorescence channel FL1. The populations of cells were gated in the forward scatter and side scatter dot plots to eliminate dead cells and cellular debris. Flowjo analytical software was used in order to quantify ROS levels between the strains.

2.3.14 Respiration plate assays

Wild type yeast transformed with an empty vector (pJG725) or *cbf1* yeast (JGY1227) transformed with plasmids containing wild type Cbf1 (pJG1125), the empty vector, or USF1 (pJG1246) were grown 2 days in SD-Ura liquid media. Cultures were serially diluted (1/10) in water and spotted to both selective synthetic glycerol/EtOH, raffinose, or glucose plates (control) and incubated for 2-3 days at 30°C.

2.4 Results

2.4.1 Psk1 inhibits respiration through phosphorylation of Cbf1 at T211

In our recent publication, the combination of threonines 211 and 212 of Cbf1 were important for Psk1 phosphorylation and inhibition of respiration [12]. We further investigated each of these two sites individually (T211A and T212A) through in vitro kinase assays. Mutation of the T211 site dramatically reduced the ability of Psk1 to phosphorylate Cbf1, suggesting that it is the critical site for Psk1 phosphorylation (Figure 2.1A). Additionally, *CBF1*-deficient yeast transformed with the T211A mutant displayed a higher respiratory rate in vivo compared to both wild type *CBF1* and the T212A phosphomutant (Figure 2.1B). Both phosphomimetic forms of T211 (T211D and T211E) were not significantly different from the controls (data not shown), suggesting that the phosphomimetic mutations do not mimic Psk1 phosphorylation. The phosphomimetic form of UDP-glucose pyrophosphorylase (Ugp1), a well-characterized substrate of yeast PAS kinase, also did not mimic phospho-Ugp1 [7]. 2.4.2 Evidence for respiratory control as a specialized function of PAS kinase 1 (Psk1)

In budding yeast there are two orthologs of PAS kinase, Psk1 and Psk2 [1], which have high sequence similarity and are partially redundant in function [28]. Many duplicated genes arose from a whole genome duplication event that occurred in an early ancestor of yeast [29-33]. From this, duplicated proteins either gained accessory functions allowing for their selection and maintenance, or were selected against and lost. The conservation of both Psk1 and Psk2 suggests differential functions for these proteins, however, both proteins phosphorylate the well-characterized substrate Ugp1 (Smith et al., 2017). To test whether Cbf1 is a substrate of both Psk1 and Psk2, in vitro kinase assays were performed (Figure 2.1C). Only weak phosphorylation of wild type Cbf1 by Psk2 was observed (lower band) suggesting that Psk1 is the major intracellular regulator of Cbf1. Note that Psk1 and Psk2 autophosphorylation was observed (upper ³²P bands) and Psk2-dependent phosphorylation of Ugp1 (its known substrate) was observed, indicating that the Psk2 protein was active. No phosphorylation of Cbf1 was seen previously when using the kinase dead mutant of PAS kinase as control (Demille *et al.*, 2014).

In vitro kinase assays, however, can be artifactual due to misfolded protein, the presence of protein contaminants, differential activities due to purification artifacts etc, making in vivo assays for Psk2 respiratory function a necessary verification (Figure 2.1D). We recently showed that *PSK1PSK2*-deficient yeast have an increased respiration rate, while *CBF1*-deficient yeast display a significant decrease when compared to wild type yeast [12]. To determine whether this respiratory control is a specialized function of Psk1, we assayed respiration rates in the individual mutant yeast (*psk1* and *psk2*) compared to wild type and the double mutant (*psk1psk2*) (Figure 2.1D). Both *psk1psk2* and *psk1* yeast had significantly higher maximal respiration rates (respiration in the presence of the uncoupler FCCP) compared to wild type. There was no

significant difference between *psk2* and wild type yeast. These in vivo results are consistent with the apparent decrease of Psk2 protein under respiratory conditions [9] as well as the decreased in vitro phosphorylation of Cbf1 by Psk2 (Figure 2.1C), and support Psk1 as the primary ortholog responsible for regulating respiration in yeast.

2.4.3 PAS kinase-deficient yeast have increased mitochondrial area

The observed effects on respiration could be due to several different alterations in the cell including changes in mitochondrial mass. To test the hypothesis that PAS kinase decreases respiration by down-regulating mitochondrial biogenesis pathways, mitochondria were viewed by transmission electron microscopy and both the number and total area of mitochondria were quantified in wild type, *cbf1* and *psk1psk2* yeast (Figure 2.1E & 2.1F). *PSK1PSK2*-deficient yeast showed a significant increase in both the number of mitochondria per cell as well as average mitochondrial area per total cell. These PAS kinase effects are consistent with the respiration phenotype; however, Cbf1 only trended towards a decreased number of mitochondria per cell without reaching significance. Thus, PAS kinase appeared to affect respiration by additional Cbf1-independent pathways in both the assays for mitochondrial area and the respiration assays (Figure 2.1D & 2.1F, and DeMille et al., 2014).


Figure 2.1 Psk1-dependent phosphorylation of Cbf1 at T211 controlled respiration. (A & C) In vitro kinase assays using purified Psk1 or Psk2, and Cbf1 wild type (WT) or mutant proteins incubated with radiolabeled-ATP. Ugp1 was a positive Psk2 control and Cbf1 purification yielded two bands visible in the Coomassie Brilliant Blue (CB) panel. Kinase reactions were separated by SDS PAGE, stained CB and imaged using autoradiography (32P). Black arrow in C indicates Cbf1. (B) WT or CBF1-deficient (cbf1) yeast transformed with indicated plasmids were grown in S-glycerol/EtOH media and respiration rates measured using an Oroboros O2K Oxygraph. Routine respiration was measured, then ethanol added, and finally, an uncoupler (FCCP) was added to represent maximal respiration. (D) WT, psk1psk2, psk1 or psk2 yeast were grown in YPAglycerol/EtOH and respiration measured as in B. (E) Representative pictures from transmission electron microscopy of WT, cbf1 and PAS kinase-deficient (psk1psk2) yeast. Each yeast strain was grown in duplicate, fixed with permanganate (Perkins and McCaffery, 2007), stained with Reynold's Lead Citrate, then observed in a Technai T-12 transmission electron microscope. White arrows indicate mitochondria. Scale bars= 1uM. (F) guantification of electron micrographs was determined using AxioVision Software (74 images were used for WT, 73 for cbf1, and 69 for psk1psk2). Error bars represent SEM. Significant p-values of data analyzed using pair wise Student's T-Test(*) and one-way analysis of variance (ANOVA) with Tukey's HSD post hoc test (**) are shown.

2.4.4 Mass spectrometry reveals a dramatically altered mitochondrial proteome in CBF1-

deficient yeast

The fact that there was no obvious, statistical difference between mitochondrial number or area in the wild type and *CBF1*-deficient yeast suggests other mechanisms of respiratory regulation. In order to assess the major differences in the mitochondrial proteome of *CBF1*deficient yeast, mitochondria were purified from wild type, *CBF1*-deficient, and *PSK1PSK2*deficient yeast in triplicate, and subjected to analysis by mass spectrometry (see supplementary data 1 files for all total proteins retrieved). Surprisingly, although no difference in mitochondrial area was seen on a per cell basis when assessed by electron microscopy, the total amount of mitochondrial protein harvested per 0.5 liter yeast cultures was greatly reduced, consistent with the previously observed growth defects on respiratory carbon sources [12]. In fact, normalizing to total cells using a flow cytometer appeared not to control for this difference because the *CBF1*-deficient yeast culture contains a large proportion of alive but very sick yeast. That is, when *CBF1*-deficient and wild type yeast are grown in glycerol/ETOH for six hours, normalized by OD600 and then plated on YPAD, at 48 hours there is huge decrease in *CBF1*-deficient colonies that arise. Thus, the 'sick' *CBF1*-deficient yeast may have more fragile mitochondria.

This led to decreased detection of mitochondrial proteins in the *CBF1*-deficient samples when assessed by mass spectrometry, with the total number of proteins detected for wild type yeast (598+/-30.6 proteins) and PSK1PSK2-deficient yeast (580 +/- 62.4 proteins) being over seven times that from the *CBF1*-deficient yeast (79.7 \pm - 11.5 proteins). Thus, a direct comparison of the total proteins retrieved from the three strains is hampered by the lower yield (the CBF1-deficient yeast lacked a majority of the mitochondrial proteins detected in the wild type and PSK1PSK2-deficient samples). To try to compensate for this discrepancy, we matched the number of proteins retrieved from the wild type and PSK1PSK2-deficient yeast directly to the *CBF1*-deficient yeast by comparing the same number of total proteins from the wild type and *PSK1PSK2*-deficient yeast (proteins were chosen starting with the highest confidence proteins until the same number of proteins were retrieved). This approach revealed several key differences between the strains. Although there are 51 proteins common to all three strains (42 of which are directly involved in respiration, Table 2S.1), there are 50 additional proteins (26 directly involved in respiration) common to both the wild type and *PSK1PSK2*-deficient yeast that are not found in the *CBF1*-deficient yeast (this analysis is provided in Table 2S.1).

Volcano plots were also used to analyze the mass spectrometry data by plotting the ANOVA p-value and log2(ratio) of the fold difference of all proteins retrieved (Figure 2.2A). Forty-three proteins were identified as significantly different between the samples and their changes are presented as a heat map in Fig. 2.2B. Of these 43 proteins, five were TCA cycle enzymes (Cit1, Idh1, Kdg1, Fum1 and Mdh1), two were ATP synthase Subunits (Atp3 and Atp15), several are mitochondrial transporters of small molecules (such as Ald4, Mcy1, Pda1, Lpd1), and two are involved in mitochondrial protein import (Tim44 and Ssc1). There were also several involved in the maintenance of mitochondrial DNA and reactive oxygen species (ROS)

production and defense. The porin (Por1) protein, often used as an indication of total mitochondria, was also selectively reduced. In addition to these classic mitochondrial proteins, several glycolytic enzymes as well as enzymes known to associate with the outer mitochondrial membrane were found. A few enzymes associated with the peroxisome, cytosolic ER and nucleus were also reported. A figure representing the location, and in some cases the function, of each of these 43 hits is provided in Fig. 2.2C. Of the 43 proteins, 40 appeared to have increased expression in the wild type versus *CBF1*-deficient yeast (they are decreased in the knockout strain), while three appeared to have decreased expression.



Figure 2.2 Comparison of the mitochondrial proteomes from WT, *cbf1* and *psk1psk2* yeast by mass spectrometry revealed 43 proteins with significantly altered expression (A) Volcano plot identified 43 proteins whose peptides were significantly different when quantified by LC-MS/MS of purified mitochondria extracted from three independent samples of wild type (WT), *CBF1*-deficient (*cbf1*) and PAS kinase-deficient (*psk1psk2*) yeast grown in S-glycerol/EtOH media. Significance determined by ANOVA is provided on the y-axis, while log2(ratio) is given on the x-axis of the volcano plot. (B) A heat map of the 43 proteins with the protein sequence GI number provided on the left and the *S. cerevisiae* common protein name provided on the right. C) A figure representing the cellular location, and in some cases the function, of each of these 43 significantly altered proteins. Function and cellular localization were obtained from the *Saccharyomyces* Genome Database.

Combined with the electron microscopy results, these results suggest that the respiration defect observed in CBF1-deficient yeast is in specific enzymes (such the TCA cycle and ATP synthase subunits) rather than in an equal reduction of total mitochondrial proteins. To verify these findings, we performed western blot analysis of several common mitochondrial proteins and compared this to the levels of Atp3 (the gamma subunit of the F_1 sector of the F_0F_1ATP synthase) and the porin protein, both predicted to have decreased expression from the mass spectrometry analysis. The western blot was normalized to total mitochondrial protein because mass spectrometry revealed many differences in proteins commonly used for normalization (such as porin). For each strain, the mitochondria was isolated ($n \ge 4$ independent isolations), total protein was quantified and the same amount of total protein was analyzed in technical duplicates to check loading. The Atp3 and porin protein levels appeared significantly reduced while electron transport proteins ubiquinol cytochrome-c reductase (Complex III) subunit 7 (Qcr7) and cytochrome c oxidase subunit VIa (Cox13) were not significantly altered (Figure 2.3). These results are consistent with the mass spectrometry analysis and suggest altered mitochondrial function rather than proportional reduction in mitochondrial area.



Figure 2.3 Quantification of Atp3, Qcr7, Cox13, and porin (Por1) protein in WT, cbf1, and psk1psk2 isolated mitochondria . Each biological replicate (n=>4) was run in duplicate to control for technical issues. Representative western blots for each protein are shown below each graph. An equal amount of protein was loaded per sample as determined by Bradford assay with bovine serum albumin as a protein standard. Error bars represent SEM. Data was analyzed using the one-way analysis of variance (ANOVA) with Tukey's HSD post hoc test. *P<0.05

2.4.5 Cbf1 regulates transcription of ATP3 and PSK1

Large-scale transcription factor profiling [21, 34] has suggested Cbf1 as a potential player in respiratory control, potentially identifying the direct means by which Cbf1 controls respiration. We chose five of the respiration-associated genes reported as Cbf1-regulated in these large-scale transcriptome studies (ATP3, COX4, HAP4, NDI1, OCR6) and cloned their promoter regions into a LacZ fusion plasmid to test transcriptional control in vivo. Of the five genes tested, the gene encoding F_1 -ATP synthase complex (ATP3) was the only one that appeared to have increased expression due to Cbf1 under these growth conditions (Figure 2.4A). Notably, this was also the only protein of the five previously reported respiration genes that was also retrieved from the mass spectrometry proteome analysis discussed above. As a control for the assays, two ceramide synthase promoters (LAC1 and LAG1) that were previously shown through β -galactosidase assays to be regulated by Cbf1 were also tested (Kolaczkowski et al., 2004). The LAC1 and LAG1 behaved similarly to what Kolaczkowski et al. have reported, giving support that the assays were working properly. However, the lack of observing effects on the other four putative targets (COX4, HAP4, NDI1, or QCR6) may be due to unforeseen issues with the constructs, the yeast strain used, or growth condition differences. Taken together, these results are consistent with Cbf1 upregulating respiration (through transcriptional regulation of genes such as ATP3) and downregulating lipid biosynthesis (through regulation of genes such as LAC1 and LAG1).

In addition to these five genes involved in respiration, *PSK1* was identified as a putative Cbf1 target from among the hundreds of putative targets identified in the large-scale transcription factor studies (Petti et al., 2012). This suggested a feedback loop, where Psk1 phosphorylates and inhibits Cbf1, and Cbf1 in turn upregulates Psk1. The *PSK1* promoter was cloned into the LacZ fusion

plasmid and also displayed CBF1-dependent regulation (Figure 2.4A). These results support an important interplay between the *CBF1* and *PSK1* and solidifies the evolutionary link between them.

To test for direct binding of Cbf1 to the *ATP3* and *PSK1* promoters, gel shift assays were performed with purified promoters (DNA) and purified Cbf1 protein. As shown in Fig. 2.4C, Cbf1 appears to bind the *ATP3*, *PSK1*, and *LAC1* promoters, but not the control (*LAG1*, which was previously shown to be regulated by Cbf1 in an indirect manner [22]). The predicted Cbf1 consensus site (CACGTG) was then mutated as shown in Fig. 2.4B in order to confirm specificity of binding. Reduced binding was observed for both the mutated *ATP3* and *PSK1* promoters, supporting direct Cbf1 binding (Figure 2.4C).



Figure 2.4 Evidence for the transcriptional regulation of *ATP3*, *LAC1*, *LAG1* and *PSK1* by Cbf1. (A) ß-galactosidase assays of yeast transformed with LacZ fusion plasmids (to the *ATP3*, *LAC1*, *LAG1* or *PSK1* promoters) grown in synthetic minimal media. LacZ activity was used as a readout of transcriptional regulation. (B) A diagram of the Cbf1 consensus binding site found in *LAC1*, *ATP3* and *PSK1* upstream regions. *LAG1* does not harbor a Cbf1 binding site, therefore, the sequence is not shown. Mutant versions of the Cbf1 consensus in the *ATP3* and *PSK1* promoters were created by site-directed mutagenesis and are shown in red. (C) Gel shifts were carried out by PCR amplifying the promoter regions of *LAC1*, *LAG1*, *ATP3* and *PSK1* (top), as well as promoter regions with Cbf1 binding site alterations as controls (*ATP3** and *PSK1**) (bottom), then incubated with either 0 ng, 3 ng, or 6 ng of purified Cbf1 protein followed by agarose gel electrophoresis. Error bars represent SEM. Significant p-values for condition versus WT are shown. Data was analyzed using one-way analysis of variance (ANOVA) and Tukey's HSD *post hoc* test. Each strain was tested six times and averaged for ß-galactosidase assays.

2.4.6 Altered ATP and ROS generation in *CBF1*-deficient cells

The transcriptional regulation results, in conjunction with the mass spectrometry findings, strongly suggest that Cbf1 upregulates *ATP3* to promote respiration. Therefore, we monitored ATP production in wild type, *CBF1*-deficient and *PSK1PSK2*-deficient yeast. Unexpectedly, the *CBF1*-deficient yeast displayed a drastically higher ATP level per cell when compared to the wild type or *PSK1PSK2*-deficient yeast when using OD600 to normalize the cell count (Figure 2.5A). This effect, however, appeared to be due to a large proportion of dead/unhealthy cells as seen with the mass spectrometry mitochondrial preparation above because there was no significant alteration in ATP when we normalized to total viable cell count determined by plating (Figure 2.5B). Next we investigated whether the altered respiratory metabolism of CBF1-deficient yeast resulted in reactive oxygen species (ROS) generation (Figure 2.5C & D). The *CBF1*-deficient strain appeared to have a lower level of ROS generation than wild type yeast, consistent with decreased respiration in these yeast and supporting the altered mitochondrial proteome discussed above.



Figure 2.5 Cellular reactive oxygen species appeared to decrease in *CBF1*-deficient yeast while ATP assays revealed no significant change. ATP levels were measured in WT, cbf1, and psk1psk2 yeast strains grown under respiratory conditions (Gly/EtOH) using Promega's BactTiter-Glo Microbial Cell Viability Assay, a bioluminescent assay used for ATP quantification of bacterial or yeast cells. Yeast strains were normalized to either total cell count determine by OD600 (A) or by viable colonies from plating (B). Assays were run in technical duplicate and biological triplicate and results were averaged. Flow cytometry was utilized to quantify the (C) total intracellular reactive oxygen species (cell-ROS) and (D) mitochondrial reactive oxygen species (mit-ROS) in WT, cbf1, and psk1psk2 yeast strains. The fluorescence was monitored in the emission fluorescence channel FL1. Error bars represent SEM. Significant p-values for condition versus WT are shown with asterisks. *p-value was determined using one-way analysis of variance (ANOVA) and Tukey's HSD post hoc test.

2.4.7 Human USF1 protein is a conserved substrate of PAS kinase in vitro and affects respiration in vivo

Just as Cbf1 regulates lipids in yeast through transcriptional control of LAC1 and LAG1, it's human homolog Upstream transcription factor 1 (USF1) is a major contributor to familial combined hyperlipidemia (FCHL) [16-20, 35-46]. These studies have provided strong evidence for the role of USF1 in lipid regulation, but a role in respiratory regulation has not been shown. Cbf1 and USF1 have homology in the region of the PAS kinase phosphorylation site on Cbf1, just upstream of the conserved basic helix-loop-helix domain (Figure 2.6A). To determine if USF1 is a conserved substrate of human PAS kinase (hPASK) in vitro kinase assays were performed (Figure 2.6B). USF1 was phosphorylated in vitro a hPASK-dependent manner. The effects of USF1 on respiration were then assessed in yeast through both respiration chamber assays (Figure 2.6C) as well as plate assays (Figure 2.6D). The results from both assays gave supporting evidence that USF1 can complement the respiration phenotype of *CBF1*-deficiency in yeast, suggesting that Cbf1/USF1 play a conserved role in the partitioning of glucose towards respiration and away from lipid biogenesis.



Figure 2.6 Evidence for the phosphorylation of human USF1 by hPASK and for a conserved role in the regulation of respiration. (A) Clustal Omega (Goujon et al., 2010; Sievers et al., 2011) alignment of the bHLH domain region for functional orthologs of Cbf1 obtained from the Isobase database (Liao et al., 2009; Park et al., 2011; Singh et al., 2008): *S. cerevisiae* (*Sc*Cbf1), *H. sapiens* (*Hs*USF1), *M. musculus* (*Mm*USF1), and *C. elegans* (*Ce*MXL-1). (B) Kinase assays using purified hPASK and USF1 proteins were run on 12% SDS page, stained with Coomassie Brilliant Blue (CB), then imaged using autoradiography (³²P). lpp1, retrieved from a previous screen for PAS kinase interactors (DeMille et al., 2014), was used as a negative control. (C) For respiration assays, overnights in selective S-glucose media were switched to selective S-galactose media and respiration rates were measured using an Oroboros O₂K Oxygraph. (D) Wild type and *cbf1* yeast transformed with an empty vector, Cbf1 or USF1 were grown in selective S-glucose media. Overnights in selective S-glucose plates and incubated for 2-3 days at 30°C. Significant p-values for data was analyzed using pair wise Student's T-Test (*) and one-way analysis of variance (ANOVA) with Tukey's HSD *post hoc* test (**) are shown.

2.5 Discussion

As the primary source of cellular energy, the regulation of mitochondrial metabolism is key in proper glucose allocation. As such, mitochondrial dysfunction has come to the forefront of a wide variety of disease, including diabetes, obesity, Alzheimer's and cancer [47-49]. Despite their clear importance, there is still much unknown about mitochondrial regulation. This study provides novel molecular mechanisms behind the regulation of mitochondrial metabolism by PAS kinase and its substrate Cbf1/USF1. Our results suggest that PAS kinase and Cbf1 function at a pivotal point for partitioning glucose to respiration or to lipid biosynthesis (Figure 2.7).



Figure 2.7 A model for function of Cbf1 and PAS kinase as a key point in the partitioning of glucose for respiration or for lipogenesis. (A) When PAS kinase is inactive, Cbf1 upregulates pathways involved in respiration and inhibits PAS kinase expression. (B) When PAS kinase is active, Cbf1 is phosphorylated at T211 and upregulates pathways involved in lipogenesis.

First, PAS kinase-dependent phosphorylation of Cbf1 at the critical threonine 211 site appears to reduce cellular respiration (Figure 2.1A-D). The mechanisms behind this respiratory phenotype were characterized by looking at mitochondrial area and the mitochondrial proteome. No significant decrease of mitochondrial area was observed by transmission electron microscopy of *CBF1*-deficient yeast (Figure 2.1E & F), suggesting alternative methods for regulating respiration. In contrast, PAS kinase-deficient yeast did display an increased mitochondrial area, suggesting additional targets that may control mitochondrial biogenesis as supported by the additional affects observed in the respiration assays (Figure 2.1 and DeMille et al., 2014). This approximately one-third increase in area may help account for the increase in respiration, however it is difficult to know how much the mitochondrial area can directly correlate to function since the effects on mitochondrial proteins reported in this paper show that they may not be evenly regulated.

Although the effects of CBF1 on respiration did not appear to be on mitochondrial area, an apparent significant effect on the mitochondrial proteome was detected by mass spectrometry, with 43 proteins that appeared significantly altered in *CBF1*-deficient yeast (Figure 2.2). These results indicated altered levels of key electron transport chain proteins, including a decrease in Atp3 (F_1 ATP synthase) and porin levels which were confirmed by western blot (Figure 2.3).

Due to the presence of a conserved Cbf1-binding site in the ATP3 promoter, promoter βgalactosidase and gel shift assays were performed in parallel with genes (*LAC1*, *LAG1*) involved in lipid biosynthesis previously shown to be CBF1-regulated [22, 50]. Atp3 appeared to have *CBF1*dependent increased expression and Cbf1 bound the *ATP3* promoter in the in vitro gel shift assays (Figure 2.4). Thus, Cbf1 appears to upregulate respiration through *ATP3* (Figure 2.2-4), and to downregulate lipid biogenesis through *LAC1* and *LAG1* (Figure 2.4).

The *CBF1*-dependent increase of *ATP3* expression suggested that ATP levels may be lower in *CBF1*-deficient yeast. However, we found that while *CBF1*-deficient yeast had lower ROS generation consistent with decreased respiration, no significant difference in ATP levels were observed when levels were normalized to cell count (Figure 2.5). These results suggest that *CBF1*deficient yeast may produce a majority of the ATP in alternative pathways. Since 40 of the 43 high confidence hits from mass spectrometry displayed decreased expression in *CBF1*-deficient yeast, ATP could be produced by pathways not localized to the mitochondria (such as increased glycolysis).

In addition to Atp3, we confirmed PAS kinase 1 (*PSK1*) as a direct transcriptional target of Cbf1, solidifying the importance of their interaction (Figure 2.4). From promoter β-galactosidase assays, *CBF1*-deficiency led to an almost five-fold increase in Psk1 expression, and Psk1 in turn inhibits Cbf1 activity through phosphorylation (DeMille et al., 2014). In addition, the activation of PAS kinase by respiratory growth conditions, and its subsequent inhibition of respiration appears contradictory. In each of these cases, PAS kinase and/or Cbf1 appears to be providing a feedback mechanism for delicately controlling metabolism, partitioning glucose to competing pathways and ensuring, for example, that some lipids are produced from glucose breakdown even during times when respiration is favored. This interplay between the two indicates a long evolutionary history, suggesting the pathway may be conserved in higher eukaryotes.

The human homolog of Cbf1, USF1, has been associated with lipid biogenesis and hyperlipidemia in many studies [16-20, 35-46]. Combined with our results herein Cbf1/USF1 may play a conserved role in partitioning glucose towards respiration at the expense of lipid metabolism. In support of this hypothesis, USF1 appears to regulate respiration in yeast (Figure 2.6C & D). The role of PAS kinase in inhibiting Cbf1 also appears to be conserved, in that hPASK can phosphorylate USF1 in vitro (Figure 2.6B). The conservation of the USF1/PAS kinase pathway may aid in explaining the most dramatic phenotypes reported for PAS kinase-deficient mice, namely an increased O₂ uptake and decreased liver triglyceride accumulation [11]. Further study of how PASK is regulating the many activities of USF1 may provide additional insight into the role of PAS kinase in human diseases including hyperlipidemia, obesity and diabetes.

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2.6 Acknowledgements

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2.7 Supplementary materials

Table 2.S1 Mitochondrial proteins identified by mass spectrometry from mitochondrial extracts of wild type (JGY43) and PAS kinase-deficient yeast (JGY1244), but not CBF1-deficient yeast. Proteins are divided into functional categories and are listed by protein name, accession number, the number of times the protein was retrieved (out of three biological replicates), the average retrieval number of the protein as well as the standard deviation of the retrieval number for strains 43 and 1244, and the description of the protein. Retrieval numbers are included as an indication of confidence Protein functions were based off of their gi description in NCBI, or the description in the Saccharomyces Genome Database (Cherry et al., 2012; Engel et al., 2014).

| Gene/ protein | Accession # | # strain 43 | Ave. # strain 43 | Std. dev. strain 43 | # strain 1244 | Ave. # strain 1244 | Std. dev. strain 1244 | Description | | | |
|----------------------------|----------------|-------------------|------------------------|------------------------------|---------------------|--------------------------|--------------------------------|----------------------------|--|--|--|
| TCA/Respiration/Metabolism | | | | | | | | | | | |
| ldh2 | gi 6324709 | 3 | 20.3 | 3.2 | 3 | 24.7 | 9.0 | isocitrate | | | |
| | | | | | | | | dehydrogenase | | | |
| Nde1 | gi 6323794 | 3 | 56.0 | 31.5 | 3 | 64.0 | 18.4 | Mito. external NADH | | | |
| Leu4 | gil6324225 | 3 | 26.3 | 72 | 3 | 43.3 | 20.6 | aciiyaro. | | | |
| Lou | 910024220 | U | 20.0 | 1.2 | Ŭ | 40.0 | 20.0 | synthase | | | |
| Pda1 | gi 6321026 | 3 | 38.7 | 4.6 | 3 | 49.0 | 23.4 | α -subunit pyruvate | | | |
| 14 10 | | <u> </u> | | 40.0 | | = | | dehydro. | | | |
| Kgd2 | gi 6320352 | 3 | 35.0 | 10.8 | 3 | 50.3 | 8.4 | α-ketoglutarate | | | |
| 0.11 | | 0 | 74.0 | 07.7 | 0 | 000 7 | 0115 | denydro. subunit | | | |
| Cyt1 | gi 6324639 | 3 | 71.3 | 27.7 | 3 | 320.7 | 214.5 | Cytochrome c1 | | | |
| Lat1 | gi 6324258 | 3 | 61.3 | 28.0 | 3 | 80.7 | 20.5 | pyruvate dehydro. | | | |
| AIdE | ail6220017 | 2 | FE 7 | 2.5 | 2 | 71.0 | 10.6 | Aldebude debudre | | | |
| | gil6320917 | <u>১</u> | 50.7 | 3.0 | 3 2 | /1.3 65.7 | 10.0 | Aldenyde denydro. | | | |
| | gil0320930 | 2 | 67.7 | 0.0 | 3 | 00.7 | 10.0 | D arabinana 1 | | | |
| | gil6310270 | 2 | 110 7 | 19.4 | 3 | 40.0 | 10.0 | D-arabinono-i | | | |
| Eat2 | gil6310600 | 2 | 170.7 | 105.2 | 3 | 40.0 51.7 | 20.2 | Probable AMP | | | |
| Faiz | 910319099 | 5 | 170.7 | 195.2 | 5 | 51.7 | 30.2 | binding protein | | | |
| llv6 | gi 6319837 | 3 | 53.0 | 11.5 | 3 | 76.3 | 28.3 | Acetolactate | | | |
| | | | | | | | | synthase reg.subunit | | | |
| Sdh2 | gi 6322987 | 3 | 77.7 | 32.9 | 3 | 219.3 | 176.8 | Succinate dehydro. | | | |
| | | | | | | | | subunit | | | |
| Lys4 | gi 6320440 | 3 | 88.3 | 20.6 | 3 | 192.0 | 96.1 | homoaconitase | | | |
| Adh1 | gi 6324486 | 3 | 129.3 | 49.0 | 3 | 89.7 | 27.4 | Alcohol dehydro. | | | |
| Ccp1 | gi 6322919 | 3 | 61.7 | 26.9 | 3 | 48.3 | 18.6 | Cytochrome-c peroxidase | | | |
| Pdc1 | gi 6323073 | 3 | 132.0 | 101.8 | 3 | 88.3 | 48.2 | pyruvate | | | |
| | 01 | | | | | | | decarboxylase | | | |
| Gpd1 | gi 6320181 | 3 | 151.7 | 131.9 | 3 | 64.3 | 22.2 | glycerol-3-phosphate | | | |
| Dalla 1 | | 2 | 047 | 0.4 | 2 | 202.0 | 0.0 | denyaro. | | | |
| Pan'i | gilo325258 | 3 | 94.7 | 8.1 | 2 | 203.0 | 0.0 | putative 2- | | | |
| | | | | | | | | debydrotooo | | | |
| Enc? | ail6321069 | 2 | 201.0 | 120.2 | 3 | 72.0 | 32.0 | enclase | | | |
| Aim45 | gil0321900 | 2 | 201.0 | 35.0 | 1 | 60.0 | 00 | | | | |
| | 910323201 | 5 | 33.1 | 55.5 | ' | 03.0 | 0.0 | FTF-a ortholog | | | |

| Cdc48 | gi 6320077 | 2 | 167.0 | 0.0 | 3 | 71.0 | 26.5 | microsomal ATPase | | |
|-----------------------|----------------------|---|-------|------------|-----------|--------|-------|--|--|--|
| Gpm1 | gi 6322697 | 3 | 158.0 | 80.9 | 3 | 81.0 | 48.9 | Phosphoglycerate mutase | | |
| Gsy2 | gi 6323287 | 2 | 139.0 | 99.0 | 2 | 57.0 | 26.9 | Glycogen synthase | | |
| Cyb2 | gi 6323587 | 2 | 79.0 | 8.5 | 2 | 97.0 | 0.0 | Cytochrome b2 | | |
| | | | | Protein E | xpression | า | | | | |
| Mss51 | gi 6323232 | 3 | 91.3 | 18.5 | 2 | 128.5 | 75.6 | involved mRNA maturation of COX1 | | |
| Rps3 | gi 6324151 | 3 | 103.3 | 43.2 | 3 | 74.3 | 13.3 | Ribosomal protein S3 | | |
| Eft1 | gi 6324707 | 3 | 108.3 | 81.1 | 3 | 49.0 | 14.7 | translation elongation factor2 | | |
| Eft2 | gi 6320593 | 3 | 108.3 | 81.1 | 3 | 49.0 | 14.7 | translation elongation factor 2 | | |
| Ssb1 | gi 6319972 | 3 | 90.7 | 21.2 | 3 | 62.3 | 15.5 | cytoplasmic HSP70 family member | | |
| Scp160 | gi 6322381 | 2 | 408.5 | 122.3 | 2 | 99.0 | 17.0 | G-protein receptor of mating | | |
| Mrpl1 | gi 6320321 | 1 | 72.0 | 0.0 | 1 | 394.0 | 0.0 | Mito.large subunit ribosomal protein | | |
| | • | | Se | ecretion/E | xport/Imp | ort | | | | |
| Mic60 | gi 6322868 | 3 | 99.7 | 70.1 | 2 | 172.0 | 0.0 | Component of the MICOS complex | | |
| Kar2 | gi 6322426 | 3 | 89.0 | 30.3 | 3 | 188.7 | 118.3 | mammalian BiP (GPR78) homolog | | |
| Tom70 | gi 6324208 | 3 | 60.7 | 11.9 | 3 | 45.3 | 8.1 | mito. specialized | | |
| Tim44 | gi 6322167 | 3 | 96.0 | 14.2 | 3 | 188.7 | 96.5 | 48.8 kDa mito. | | |
| Yeast Growth/Division | | | | | | | | | | |
| Mmd1 | gi 6322138 | 3 | 51.7 | 14.4 | 3 | 78.3 | 33.4 | Deoxyhypusine hydroxylase | | |
| Cdc12 | gi 6321899 | 2 | 87.0 | 1.4 | 3 | 133.3 | 103.9 | 10nm filaments of septin component | | |
| | 1 | | | Stru | ctural | | | | | |
| Om45 | gi 6322055 | 3 | 29.0 | 18.0 | 3 | 64.7 | 20.6 | mito. outer membrane protein | | |
| Pex11 | gi 6324425 | 2 | 67.5 | 7.8 | 3 | 150.7 | 95.8 | Peroxisomal membrane protein | | |
| | | | Stres | ss Respor | nse/Sporu | lation | | | | |
| Ssb2 | gi 6324120 | 3 | 90.7 | 21.2 | 2 | 70.0 | 11.3 | Heat shock protein of HSP70 family | | |
| Hsp82 | gi 6325016 | 3 | 207.3 | 224.0 | 3 | 60.0 | 8.9 | 82 kDa heat shock protein | | |
| Hsc82 | gi 6323840 | 3 | 207.3 | 224.0 | 3 | 60.0 | 8.9 | constitutive heat shock protein | | |
| Ssa1 | gi 6319314 | 3 | 93.7 | 41.8 | 3 | 30.0 | 21.8 | Heat shock protein of HSP70 family | | |
| Signal Transduction | | | | | | | | | | |
| Rho1 | gi 6325423 | 2 | 99.5 | 36.1 | 3 | 85.3 | 51.0 | GTP-binding ras-like protein | | |
| | Amino Acid Synthesis | | | | | | | | | |
| Erg6 | gi 6323635 | 3 | 86.3 | 41.6 | 3 | 52.0 | 10.1 | Delta(24)-sterol C- methyltransferase | | |

| Bat1 | gi 6322002 | 3 | 81.0 | 7.8 | 3 | 135.0 | 73.0 | branched-chain amino acid trans. | |
|-------------------------------|------------|---|------|------|---|-------|------|-------------------------------------|--|
| DNA Replication/Recombination | | | | | | | | | |
| Abf2 | gi 6323717 | 1 | 94.0 | 0.0 | 1 | 189.0 | 0.0 | HMG-1 homolog | |
| Unknown | | | | | | | | | |
| Aim9 | gi 6320924 | 3 | 60.3 | 11.5 | 3 | 85.0 | 48.5 | Yer080wp | |

Abbreviations include dehydrogenase (dehydro.), regulatory (reg.), mitochondrial (mito), transaminase (trans.), methyltransferase (methyl.).

Table 2.S2 Mitochondrial proteins identified by mass spectrometry from mitochondrial extracts of CBF1deficient yeast but not wild type (JGY43) and PAS kinase-deficient yeast (JGY1244). Proteins are divided into functional categories and are listed by protein name, accession number, the number of times the protein was retrieved (out of three biological replicates), the average retrieval number of the protein as well as the standard deviation of the retrieval number, and the description of the protein. Retrieval numbers are included as an indication of confidence. Protein functions were based off of their gi description in NCBI, or the description in the Saccharomyces Genome Database (Cherry et al., 2012; Engel et al., 2014).

| Gene/ | Accession | # | Ave. | Std. | Description | | | | |
|----------------------------|------------|---|------|--------|--|--|--|--|--|
| Protein | # | | # | dev. | Becomption | | | | |
| TCA/Respiration/Metabolism | | | | | | | | | |
| Ale1 | gi 6324749 | 1 | 63 | 0 | Lysophospholipid acyltransferase | | | | |
| Sdh1 | gi 6322416 | 1 | 24 | 0 | Succinate dehydrogenase | | | | |
| Pgi1 | gi 6319673 | 1 | 85 | 0 | Glucose-6-phosphoate isomerase | | | | |
| Glt1 | gi 6320030 | 1 | 95 | 0 | Glutamate synthase | | | | |
| | | | | Prote | ein Expression | | | | |
| Aim10 | gi 6320931 | 1 | 40 | 0 | protein with similarity to tRNA synthetases | | | | |
| Rps25b | gi 6323365 | 1 | 89 | 0 | Ribosomal protein S25B (S31B) (rp45) (YS23) | | | | |
| Rps25a | gi 6321464 | 1 | 89 | 0 | Ribosomal protein S25A (S31A) (rp45) (YS23 | | | | |
| Hsh155 | gi 6323944 | 1 | 90 | 0 | U2-snRNP associated splicing factor | | | | |
| Secretion/Export/Import | | | | | | | | | |
| Sna1 | gi 6320482 | 3 | 53 | 0.7 | Hypothetical transmembrane protein | | | | |
| Structural | | | | | | | | | |
| Mas6 | gi 6324344 | 1 | 40 | 0 | Mitochondrial inner membrane protein of the Tim23 | | | | |
| | | | | | complex | | | | |
| Mdm20 | gi 6324497 | 1 | 96 | 0 | Subunit of the NatB N-terminal acetyltransferase | | | | |
| | | | Stro | ess Re | sponse/Sporulation | | | | |
| Ynl194cp | gi 6324135 | 2 | 60 | 0 | sporulation and plasma membrane sphingolipid content | | | | |
| | | | | Signa | I Transduction | | | | |
| Yel043wp | gi 6320792 | 1 | 98 | 0 | Cytoskeleton protein involved in intracellular signaling | | | | |
| Ypr097wp | gi 6325354 | 1 | 94 | 0 | Contains a PX domain and binds phoshoinositides | | | | |
| | | | • | Vesicl | es/Endocytosis | | | | |
| Pal1 | gi 6320555 | 1 | 91 | 0 | Protein of unknown function maybe involved in | | | | |
| | | | | | endocytosis | | | | |

Table 2.S3 Mitochondrial proteins identified by mass spectrometry from mitochondrial extracts of wild type (JGY43) yeast but not CBF1-deficient (JGY1277) or PAS kinase-deficient yeast (JGY1244). Proteins are divided into functional categories and are listed by protein name, accession number, the number of times the protein was retrieved (out of three biological replicates), the average retrieval number of the protein as well as the standard deviation of the retrieval number, and the description of the protein. Retrieval numbers are included as an indication of confidence. Protein functions were based off of their gi description in NCBI, or the description in the Saccharomyces Genome Database (Cherry et al., 2012; Engel et al., 2014).

| Gene/ Protein | Accession # | # | Ave. # | Std. dev. | Description | | | | |
|----------------------------|----------------|---|--------|--------------|---|--|--|--|--|
| TCA/Respiration/Metabolism | | | | | | | | | |
| Mcx1 | gil6319704 | 2 | 331.5 | 6.4 | mitochondrial ClpX | | | | |
| Oac1 | gil6322729 | 2 | 346.0 | 162.6 | mitochondrial oxaloacetate transport protein | | | | |
| Afa1 | ail6320783 | 2 | 353.5 | 252.4 | ATPase family gene | | | | |
| Leu9 | gi 6324682 | 2 | 357.0 | 7.1 | isopropylmalate synthase | | | | |
| Pos5 | gi 6325068 | 2 | 371.5 | 2.1 | mitochondrial NADH kinase | | | | |
| Pex22 | gi 6319263 | 2 | 386.0 | 36.8 | peroxisomal membrane protein | | | | |
| Wbp1 | gi 6320835 | 3 | 387.3 | 22.4 | oligosaccharyl transferase glycoprotein complex | | | | |
| Ecm31 | gi 6319653 | 2 | 402.0 | 106.1 | 3-methyl-2-oxobutanoate hydroxymethyltransferase | | | | |
| Oar1 | gi 6322795 | 2 | 414.0 | 7.1 | 3-oxoacyl-[acyl-carrier-protein] reductase | | | | |
| Rpn7 | gi 6325365 | 2 | 415.5 | 106.8 | subunit of the regulatory particle of the proteasome | | | | |
| Coa1 | gi 6322034 | 2 | 419.5 | 38.9 | assembly of the cytochrome c oxidase complex | | | | |
| Gif1 | gi 6322215 | 2 | 430.0 | 26.9 | (putative) involved in cell cycle control; Gif1p | | | | |
| Lip5 | gi 6324770 | 2 | 448.5 | 122.3 | lipoic acid synthase | | | | |
| Pkp1 | gi 6322147 | 2 | 457.5 | 99.7 | mitochondrial protein kinase | | | | |
| | | | | Prote | in expression | | | | |
| Cbp6 | gi 6319596 | 2 | 205.0 | 48.1 | translational activator of COB mRNA | | | | |
| Mrp20 | gi 6320613 | 2 | 244.0 | 169.7 | mitochondrial ribosomal large subunit protein | | | | |
| Mrpl22 | gi 6324152 | 3 | 271.3 | 127.2 | mitochondrial ribosomal large subunit protein | | | | |
| Mrpl49 | gi 6323472 | 3 | 297.7 | 123.1 | mitochondrial 60S ribosomal protein L4 | | | | |
| Mrpl31 | gi 6322711 | 2 | 298.0 | 130.1 | 15.5 kDa mitochondrial ribosomal protein YmL31 | | | | |
| Det54 | | 2 | 210.0 | 100.0 | translational activator of cytochrome c oxidase subunit | | | | |
| Pelo4 | gil6322253 | 2 | 310.0 | 190.0 | III mitochondrial nuclease | | | | |
| | gil0322255 | 2 | 3/1 0 | 200.8 | cell surface divcontation 115, 120 kDa | | | | |
| Mrpl36 | gil0323907 | 2 | 360.0 | 171 5 | mitochondrial ribosomal protein MRPI 36 (VmI 36) | | | | |
| Rml2 | gil0319390 | 2 | 375.0 | 120.2 | mitochondrial protein of the large ribosomal subunit | | | | |
| Cox11 | gil6325125 | 2 | 403.5 | 105.4 | required for delivery of copper to Cox1p | | | | |
| Msw1 | gi 6320474 | 3 | 400.0 | 134.8 | mitochondrial tryptophanyl-tRNA synthetase | | | | |
| Mtf2 | gil6320160 | 2 | 429.5 | 64.3 | involved in mRNA splicing | | | | |
| Ydr370c | gil6320578 | 2 | 505.5 | 21.9 | mRNA 5'-end-capping guality-control protein | | | | |
| | 9.100-0010 | | | Secretio | pn/Export/Import | | | | |
| Mdl2 | gi 6324985 | 2 | 309.5 | 70.0 | ATP-binding cassette (ABC) transporter family member | | | | |
| Tim21 | gi 6321470 | 2 | 348.0 | 80.6 | component of the TIM23 complex | | | | |
| Cpr6 | gi 6323246 | 2 | 362.0 | 223.4 | cyclophilin related to the mammalian CyP-40 | | | | |
| Bfr1 | gi 6324772 | 2 | 421.0 | 110.3 | involved in secretion | | | | |
| Spc3 | gi 6323095 | 3 | 433.0 | 46.4 | signal peptidase subunit | | | | |
| | • | | | S | Structural | | | | |
| Aim24 | gi 6322540 | 2 | 288.0 | 162.6 | functions in determining mitochondrial architecture | | | | |
| Prp12 | gi 6323960 | 2 | 363.0 | 4.2 | Integral membrane mitochondrial protein | | | | |
| Snl1 | gi 6322173 | 2 | 403.5 | 82.7 | 18.3 kD integral membrane protein | | | | |

| Signal transduction | | | | | | | | | |
|---|------------|---|-------|-------|--|--|--|--|--|
| Srp54 | gi 6325345 | 2 | 490.0 | 9.9 | Signal recognition particle subunit | | | | |
| Endocytosis | | | | | | | | | |
| Erv25 gi 6323630 2 391.5 119.5 vesicle coat component | | | | | | | | | |
| Unknown | | | | | | | | | |
| Ypr063c | gi 6325320 | 2 | 379.0 | 43.8 | ER-localized protein of unknown function | | | | |
| Ydl157c | gi 6320044 | 2 | 395.0 | 228.1 | unknown function | | | | |
| Ykl053c- | | | | | | | | | |
| а | gi 6322797 | 2 | 399.0 | 4.2 | dubious ORF | | | | |
| Yil077c | gi 6322113 | 2 | 425.5 | 53.0 | unknown function | | | | |

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CHAPTER 3: Per-Arnt-Sim Kinase (PASK) Deficiency Increases Cellular Respiration on a Standard Diet and Decreases Liver Triglyceride Accumulation on a Western High-Fat High-Sugar Diet

The following chapter is taken from an article published in Nutrients Journal. All content and figures have been formatted for this dissertation but it is otherwise unchanged.

3.1 Abstract

Diabetes and the related disease metabolic syndrome are epidemic in the United States, in part due to a shift in diet and decrease in physical exercise. PAS kinase is a sensory protein kinase associated with many of the phenotypes of these diseases, including hepatic triglyceride accumulation and metabolic dysregulation in male mice placed on a high-fat diet. Herein we provide the first characterization of the effects of western diet (high-fat high-sugar, HFHS) on Per-Arnt-Sim kinase mice (PASK^{-/-}) and the first characterization of both male and female PASK^{-/-} mice. Soleus muscle from the PASK^{-/-} male mice displayed a 2-fold higher oxidative phosphorylation capacity than wild type (WT) on the normal chow diet. PASK^{-/-} male mice were also resistant to hepatic triglyceride accumulation on the HFHS diet, displaying a 2.7-fold reduction in hepatic triglycerides compared to WT mice on the HFHS diet. These effects on male hepatic triglyceride were further explored through mass spectrometry-based lipidomics. The absence of PAS kinase was found to affect many of the 44 triglycerides analyzed, preventing hepatic triglyceride accumulation in response to the HFHS diet. In contrast, the female mice showed resistance to hepatic triglyceride accumulation on the HFHS diet regardless of genotype, suggesting the effects of PAS kinase may be masked.

3.2 Introduction

Diabetes and the related disease metabolic syndrome are an ever-increasing epidemic in today's society. In 2015, 9.4% of the United States population had diabetes and the estimate for metabolic syndrome was much higher at 30% [1,2,3]. Characterized by having a combination of increased blood pressure, high blood sugar, excess body fat around the waist, and abnormal triglyceride levels, metabolic syndrome increases one's risk for heart disease, stroke, and diabetes [1]. The increasing rates of these diseases are in part due to a global shift toward energy-dense, high-fat, low nutrient foods, combined with a decrease in physical activity [4]. As these changes affect the body as a whole, they also challenge the cellular processes in the body as it attempts to adapt to the new nutrient and activity levels. Nutrient sensors play a critical role in adapting to these new levels by constantly monitoring cellular nutrients and regulating cellular pathways to maintain homeostasis [5,6]. When dysregulation in nutrient-sensing pathways occurs, many human diseases such as diabetes and metabolic syndrome develop.

PAS kinase is a nutrient-sensing protein kinase that is conserved from yeast to man [7]. It has been reported to regulate many of the phenotypes associated with metabolic syndrome and/or diabetes. PAS kinase deficiency decreases insulin production, insulin resistance, body weight, and hepatic triglyceride accumulation, while leading to increased glycogen storage as well as metabolic rate (for research articles and associated recent reviews see

[8,9,10,11,12,13,14,15,16,17,18,19,20,21]). For example, PAS kinase-deficient (PASK^{-/-}) male mice are resistant to weight gain, hepatic triglyceride accumulation and insulin resistance when placed on a high-fat (HF) diet [18]. Without a change in food-intake or exercise, these PASK^{-/-} male mice also exhibit a hypermetabolic phenotype, giving off more CO₂ and taking in more O₂. In addition, several mRNA's involved in lipid biosynthesis are downregulated in PASK^{-/-} male mice such as stearoyl-

CoA desaturase 1 (SCD1), long-chain fatty-acid elongase, fatty-acid transporter (CD36) and the lipid-responsive nuclear hormone receptor peroxisome proliferator-activated receptor γ. This PAS kinase-dependent decrease in hepatic triglycerides on a HF diet has been confirmed in Sprague-Dawley rats treated with pharmacological inhibitors [13]. Furthermore, the genetic and pharmacological inhibition of PAS kinase in cultured cells suggests that these effects are in part due to the inhibition of SREBP-1c proteolytic maturation [13]. PAS kinase itself is also regulated by cellular nutrient status. PAS kinase activity and/or mRNA expression increases under conditions of increasing nutrients, specifically upon feeding in mice [13] or at high glucose concentrations in mammalian cells [14].

Herein we characterize the molecular effects of PAS kinase on respiration and triglyceride metabolism, as well as how PAS kinase alters these pathways in response to diet and sex. This study utilized cellular respiration assays, western blots for electron transport chain protein abundance, and triglyceride metabolomics approaches. To determine the effect of diet in PASK^{-/-} mice, we investigated the addition of sugar to the previously reported HF diet (a high-fat high-sugar diet, HFHS diet). This diet provides conditions where PAS kinase may be more active (high-sugar) while also more accurately reflecting the Western Diet of today's society (high-sugar and high-fat [22]). In addition, we consider sex (female versus male mice) when characterizing the molecular effects of PAS kinase, which has been not been previously reported. These findings will aid in understanding the effects of PAS kinase as well as a HFHS diet on metabolism, shedding light on the pathways that contribute to diseases such as metabolic syndrome and diabetes.

3.3 Materials and methods

3.3.1 Animals

C57BL/6 (Charles River Laboratories Wilmington, MA, USA) PASK^{-/-} mice were generously donated by Jared Rutter (University of Utah) and were described previously [18]. Wild type C57BL/6 were obtained from Charles River Laboratories Wilmington, MA. Age-matched male and female wild type and PASK^{-/-} mice, generated by breeding PASK^{+/-} mice, were placed on a HFHS diet (D12266Bi Condensed Milk Diet from Research Diets—16.8% kcal protein, 31.8% kcal fat, 51.4% kcal carbs—primarily sucrose, lactic casein and corn starch) or normal chow (NC) diet (Teklad Rodent Diet 8604 from Envigo—32% protein, 14% fat, 54% carbs—primarily dehulled soybean meal) at 12 weeks old and maintained on the diet for a total of 25 weeks. Mice were cohoused at no more than 5 mice/cage according to sex, genotype and assigned diet in a conventional animal house. Food and water were freely available, and mice were on a 12-h light/dark cycle. All procedures were approved by the Brigham Young University Institutional Animal Care and Use Committee (protocol numbers 13-1003 submitted by L.C.B.).

3.3.2 Study design

The design was based on the characterization of PASK^{-/-} male mice on the HF diet wherein mice were placed on the HF diet at 12 weeks, and 12–24 mice of each group were used to obtain statistical significance of several phenotypes including body weight [18]. The study herein contains 8 experimental groups including male and female WT NC diet, WT HFHS diet, PASK^{+/-} NC diet, PASK^{+/-} HFHS diet that were kept on the HFHS diet for 25 weeks prior to tissue harvest. More male then female mice were required due to limited tissues (such as liver tissue for triglyceride assay versus oxygen consumption assay). An account of all animals used in this study is provided in Figure S1.

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3.3.3 Respiration assays

Liver tissue and soleus muscle was harvested and immediately used for respiration assays. O₂ consumption was determined using an O2K oxygraph (Oroboros Instruments Corp, Innsbruck, Austria) as previously described [23]. Tissues were minced with a scalpel and permeabilized with saponin (50 ug/ml). A baseline respiration rate was determined in each respiration chamber and then the samples were added. Respiration was measured by following the substrate-uncoupler-inhibitortitration (SUIT) protocol: glutamate, malate, and succinate (GMS) were added to assess complex I and II electron flow. ADP (2.5 mM) was then added to determine oxidative phosphorylation capacity (GMSD). Following data collection, three-factor Analysis of Variance (ANOVA) was performed using JMP Pro14 software with Tukey post-hoc test for three-factor and two-factor comparisons and students t-test for one-factor comparisons.

3.3.4 Western blot analysis

Muscle tissue was homogenized using the Bullet Blender Storm 24 (Next Advance) in RIPA Lysis and Extraction buffer (ThermoFisher Scientific, Waltham, MA, USA catalog number 89900) with Halt Protease Inhibitor Cocktail (ThermoFisher Scientific, Waltham, MA, USA, catalog number 78438) using 2 mm Zirconium oxide beads. Protein concentration was determined using the Pierce Coomassie Plus (Bradford) Assay Reagent (ThermoFisher Scientific, Waltham, MA, USA). An equal amount of protein (2 ug) was loaded on a 12% SDS-PAGE gel, separated, then transferred onto a nitrocellulose membrane. After incubation with 5% nonfat milk in tris-buffered saline with Tween 20 (TBST), the membrane was rinsed 2 times with tris-buffered saline (TBS) and then probed with the OxPhosBlue Native WB Antibody Cocktail (ThermoFisher Scientific, Waltham, MA, USA) containing mouse monoclonal NDUFA9, SDHA, UQCRC2, COX IV, and ATP5A antibodies for 2 days (these correspond to subunits of complex I, II, III, IV and V). Membranes were rinsed twice with TBST, once with TBS then incubated with a 1:1000 dilution of horseradish peroxidaseconjugated anti-mouse antibodies for 2 h. Blots were rinsed and then developed using the WesternBright ECL HRP substrate (Advansta Inc., San Jose, CA, USA, catalog number K-12045-D50) according to the manufacturer's protocol. Bands were quantified using the ImageJ software version 1.50i (National Institute of Health, Bethesda, MD, USA) [24]. Two-factor ANOVA was performed using JMP Pro14 (version 14.0) software (SAS Institute, Cary, NC, USA) with student's t-test for one-factor analysis.

3.3.5 Triglyceride assays

Mouse liver samples were homogenized in 110 µL of PBS-Triton. Hepatic triglyceride levels were measured using the BioVision (Milpitas, CA, USA) Triglyceride Quantification Colorimetric/Fluorometric Kit (K622) according to manufacturer's protocol, and absorbance was measured at 530–590 nm. Protein concentration was determined using the Pierce Coomassie Plus (Bradford) Assay Reagent (ThermoFisher Scientific, Waltham, MA, USA). Three-factor ANOVA was performed using JMP Pro14 software with Tukey post-hoc test for three-factor and two-factor interaction analysis and students t-test for one-factor analysis.

3.3.6 Liquid chromatography-mass spectrometry (LC/MS) lipidomics

Forty-four triglycerides were analyzed by LC/MS at the University of Utah Metabolomics Core Facility. Triglycerides were extracted from frozen tissue in 225 μ L ice-cold MeOH containing internal standards (Avanti 860902 TG (16:0/18:1/16:0-d5) 100 μ g/mL, 10 μ L each/sample; cholesterol-d7, 100 μ g/mL, 20 μ L each/sample) 750 μ L of ice-cold MTBE (methyl tert-butyl ether) in bead mill tubes (1.4 mm ceramic, QIAGEN, Venlo, Netherlands, catalog number 13113-50). The sample was homogenized in one 30 s cycle, rested on ice for 15 min, then 300 μ L of water was added to induce phase separation. Samples were then centrifuged at 20,000 g for 5 min at 4 °C, the upper phases are collected separately and evaporated to dryness under vacuum. Triglyceride samples are reconstituted in 200 µL ACN:H2O:IPA (1:1:2) + 0.1% formic acid and transferred to an LC/MS vial with insert for analysis. A pooled QC sample were prepared by taking 40 µL aliquots from each sample. Concurrently a process blank sample was brought forward. Triglyceride extracts were separated on a Waters (Milford, MA, USA) Acquity UPLC CSH C18 1.7 µm 2.1 × 100 mm column maintained at 60 °C connected to an Agilent (Santa Clara, CA, USA) HiP 1290 Sampler, Agilent 1290 Infinity pump, equipped with an Agilent 1290 Flex Cube and Agilent 6530 Accurate Mass Q-TOF dual ESI mass spectrometer. For positive mode, the source gas temperature was set to 200 °C, with a gas flow of 11 L/min and a nebulizer pressure of 50 psig. VCap voltage was set at 5000 V, fragmentor at 100 V, skimmer at 85 V and Octopole RF peak at 750 V. For negative mode, the source gas temperature was set to 270 °C, with a drying gas flow of 8.5 L/min and a nebulizer pressure of 40 psig. VCap voltage is set at 3000 V, fragmentor at 247.5 V, skimmer at 57.5 V and Octopole RF peak at 750 V. Reference masses in positive mode (m/z 121.0509 and 922.0098) were infused with nebulizer pressure at 2 psig, and in negative mode (1033.988, 966.0007, 112.9856 and 68.9958) were infused with a nebulizer pressure at 5 psig. Samples were analyzed in a randomized order in both positive and negative ionization mode in separate experiments acquiring with the scan range between m/z 100 and 1700. Mobile phase A consisted of ACN:H2O (60:40 v/v) in 10 mM ammonium formate and 0.1% formic acid, and mobile phase B consisted of IPA:ACN:H2O (90:9:1 v/v) in 10 mM ammonium formate and 0.1% formic acid. The chromatography gradient for both positive and negative modes started at 15% mobile phase B then increased to 30% B over 2 min, it then increased to 52% B from 2 to 2.5 min, then increased to 82% B from 2.5 to 11 min, then increased to 95% B from 11 to 11.5 min, then increased to 99% B from 11.5 to 13.5 min. From 13.5 to 20 min it was held at 99% B, then decreased to 15% B from 20 to 20.2 min and held there from

20.2 to 25 min. Flow was 0.35 mL/min throughout, injection volume was 1 μ L for positive mode and 5 μ L for negative mode. Tandem mass spectrometry was conducted using the same LC gradient at a collision energy of 40 V. Results from LC/MS QQQ experiments were collected using Agilent Mass Hunter Workstation and analyzed using the software packages Mass Hunter Qual and Mass Hunter Quant. Results from MHQuant were exported to Excel, then normalized to internal standard, background subtracted and divided by the tissue mass.

3.3.7 Statistical analysis

Three-factor ANOVA was used throughout the study to analyze the effects of sex, genotype, and diet, with specific differences listed for each method. Where only male mice were use, twofactor ANOVA was used to analyze the effects of genotype and diet. Factorial ANOVA was performed using JMP Pro14 (version 14.0) software with Tukey post-hoc test used for three-factor (sex, genotype, and diet) and two-factor (sex and genotype, sex and diet, genotype and diet) analysis and students t-test used for one-factor (sex, genotype, or diet) analysis. Analysis of combined factors is indicated by "*". For example, "sex and genotype" is written is sex*genotype.

3.4 Results

3.4.1 PAS kinase-deficient mice exhibit increased respiration when on a normal chow (NC) diet

Previous studies have reported a hypermetabolic phenotype for PASK^{-/-} mice on a HF diet, including increased whole-animal O₂ intake and CO₂ output [9]. This phenotype may be due to increased respiration in peripheral tissues. Therefore, we measured cellular oxygen consumption rates in female and male soleus muscle, a muscle primarily composed of slow oxidative fibers, as well as in female and male liver tissue (Figure 3.1). The soleus tissue of both female and male PASK^{-/-} mice displayed a trending increase in basal respiration rate on the NC diet when compared to WT mice upon three-factor (sex, diet, genotype) analysis. Two-factor and one-factor analysis were
used to determine if any factors were significantly contributing to this trending increase. Two-factor analysis using combined factors such as sex and genotype (sex*genotype, sex*diet, or genotype*diet) revealed no significant interaction of factors, but further one-factor analysis revealed that the PASK^{-/-} genotype was mainly responsible for significantly increasing respiration (a ~1.5fold increase), with sex or diet having no significant effect (Figure 1A,D, GMS). In addition, a dramatic effect in oxidative phosphorylation capacity (GMSD) was observed in soleus tissue of the male NC diet PASK^{-/-} mice, which showed a 2-fold increase when compared to the WT in soleus tissue (Figure 3.1A, GMSD). A three-factor ANOVA followed by two-factor analysis indicate sex*genotype as well as genotype*diet as the main contributing factors to this increase, suggesting a complex interaction of these factors (Figure 1C,D). Combined, the soleus muscle results are consistent with whole-body oxygen consumption increases in PASK^{-/-} mice reported for the wholeanimal on a HF diet [9]. In comparison, the liver oxygen consumption rates displayed small differences when compared to the soleus. The WT mice showed decreased basal respiration in response to the HFHS diet, with main dependence on the genotype*diet interaction in the two-factor analysis (Figure 3.1E). In addition, there were main dependences on sex (an increase in male) and diet (a decrease on HFHS) in the one-factor analysis for liver oxidative phosphorylation capacity (Figure 3.1F).

Adenosine triphosphate (ATP) assays were performed to determine if the increased capacity for oxidative phosphorylation observed in the soleus tissue of PASK^{-/-} mice translates to increased ATP (Figure 3S.2). Soleus tissue from male mice was used due to the increased respiration rates observed in this tissue on the NC diet; however, no significant differences were observed. This inability to observe a difference may in part be due to the necessity to use mice from a later cohort of the same breeding colony (see Figure 3S.2 legend).



Figure 3.1 PAS kinase-deficient mice (PASK^{-/-}) exhibit increased respiration on a normal chow diet. (A–F) Soleus muscle and liver tissue mitochondrial O₂ consumption determined according to the protocol in Materials and Methods. Results shown are a basal respiration rate (GMS) and oxidative phosphorylation capacity (GMSD). (A,B) three-factor analysis (sex, genotype, and diet) for (A) soleus and (B) liver tissue. (C,E) two-factor analysis (sex and genotype, sex and diet or genotype and diet) for (C) soleus and (E) liver tissue. (D,F) one-factor analysis (sex, genotype, or diet) for (D) soleus and (F) liver tissue. NC is Normal Chow, HFHS is High-Fat High-Sugar diet. For all figures, error bars represent standard error of the mean (SEM). Three-factor ANOVA was performed using JMP Pro14 software. Significant differences were further analyzed by Tukey post-hoc test for three-factor and two-factor comparisons and students t-test for one-factor comparisons. *p < 0.05 are reported.

3.4.2 Decreased complex I protein is observed on the HFHS diet

To investigate the molecular mechanisms behind the increased basal and oxidative phosphorylation capacity in PASK^{-/-} mice soleus tissue, western blot analysis was used to quantify central electron transport chain protein subunits including NDUFA9 (complex I), SDHA (complex II, 70), UQCRC2 (complex III, core II), COX IV (complex IV, subunit IV), and ATP5A (complex V alpha subunit) (Figure 2). Male mice were used due to the increased magnitude of respiration effects observed (see Figure 3.1). Quantification of these 5 electron transport chain complexes reveals one significant difference in the HFHS PASK^{-/-} mice compared to the NC WT for complex I (Figure 3.2A). Further one-factor ANOVA analysis revealed that this difference is due to diet and not genotype, with the HFHS diet decreasing complex I (Figure 3.2B). Thus, the effects of PAS kinase on basal respiration or oxidative phosphorylation capacity in the male mice may not be detectable by our western blot assay. For example, the effects may be on other subunits of these complexes or in other pathways, or they may be post-translational modifications as can often be expected for a protein kinase.



Figure 3.2 Quantification of 5 electron transport chain complexes using homogenized soleus muscle reveals no significant differences in the PAS kinase-deficient male (PASK^{-/-}) mice compared to the WT. (A) Soleus tissue was homogenized and analyzed by western blot using the OxPhosBlue Native WB Antibody Cocktail (ThermoFisher Scientific, Waltham, MA, USA) containing mouse monoclonal NDUFA9 (complex I), SDHA (complex II), UQCRC2 (complex III, core II), COX IV (complex IV, subunit IV) and ATP5A (complex V alpha subunit) antibodies. Protein concentration was determined before loading using the Pierce Coomassie Plus (Bradford) Assay Reagent (ThermoFisher Scientific, Waltham, MA, USA). The same control sample (cntrl) was loaded on each gel for normalization between gels. (B) Plots of one-factor (genotype or diet) analysis of complex I. (C) Representative western blots for each complex are shown. Each biological replicate n > 4 was run in duplicate. Error bars represent SEM. Two-factor (genotype and diet) ANOVA was performed using JMP Pro14 software with students t-test performed on significant differences, * p < 0.05 is shown.

3.4.3 Male PASK^{-/-} mice displayed resistance to accumulation of hepatic triglyceride when placed on a HFHS diet

Total body weight was measured over 25 weeks, with fat pads measured at week 25 (Figure 3.3A–C). Female PASK^{-/-} mice displayed a trend for decreased starting weight (Figure 3.3A, week 1 of diet) on the standard diet. Further factorial ANOVA analysis revealed the decreased female PASK^{-/-} starting weight was mainly due to independent effects of sex, genotype, and diet (Figure 3.3F, Figure 3.S3A–C). Male mice weighed significantly more than the female mice after 25 weeks on the HFHS diet. The two-factor interaction analysis suggested these effects were due to interactions between sex*diet and genotype*diet (Figure 3.3F and Figure 3.S3A-C). No significant difference in weight was observed at 25 weeks when comparing the WT and PASK^{-/-}mice on the HFHS diet. This result is contrary to the resistance to weight gain on a HF diet reported for PASK^{-/-} male mice [9]. These differences could be due to the HF versus HFHS diet, statistical analysis differences, or experimental differences since these were not performed on the same cohort. In male HFHS mice, there was a higher percentage of both retroperitoneal and gonadal fat that was not seen in female mice (Figure 3.3B,C). The two-factor interaction analysis suggested the main contributing factors to be a significant interaction between sex*diet for both retroperitoneal and gonadal fat, but not sex*genotype or genotype*diet (Figure 3.3F and Figure 3.S3D-I). Thus, no significance was seen for the PASK^{-/-} genotype. When liver weight was measured as a percentage of body weight, a trending decrease in weight was seen in both male and female mice on a HFHS diet regardless of genotype (Figure 3.3D). The two-factor interaction revealed no major contributions from interaction, while the one-factor interaction analysis revealed diet as the only main contributing factor (Figure 3.3F and Figure 3.S3J–L). In summary, the most significant effects on weight due to PAS kinase deficiency appear to be decreased starting weights of female mice. Additionally, females

do not display the same magnitude of body weight difference on the HFHS diet compared to the NC diet as the males do, while both male and female on the HFHS diet have decreased relative liver weight.



Figure 3.3 PAS kinase deficiency protects against HFHS-induced accumulation of hepatic triglycerides. (A) Body weight of male and female mice at the start of the diet (week 1, 12-week-old mice) and the end of the diet (week 25). (B) Retroperitoneal fat, (C) gonadal fat and (D) liver weight as a percentage of Body Weight (BW). (E) Hepatic triglyceride quantification for female and male mice using BioVision Triglyceride Quantification kit. (F) Factorial ANOVA analysis (sex, genotype, and diet) results for the data presented in (A– E). NC is Normal Chow diet, HFHS is High-Fat High-Sugar diet. For all figures, error bars represent SEM. Three-factor ANOVA was performed using JMP Pro14 software with Tukey post-hoc test for three-factor and two-factor (sex and genotype, sex and diet, or genotype and diet) comparisons and students t-test for onefactor (sex, genotype, or diet) comparisons. * p < 0.05 are shown in (A–E) for the three-factor analysis. Both PASK^{-/-} male mice [18] and rats [13] were previously shown to be resistant to hepatic triglyceride accumulation when placed on a HF diet. The effect of PAS kinase in male mice on the HFHS diet appeared to be similar when we assayed total hepatic triglycerides with an enzymatic kit (Figure 3.3E). Hepatic triglycerides increased in WT male mice placed on the HFHS diet, while no significant increase occurred in PASK^{-/-} male mice on the same diet (there was a 2.7-fold reduction in total triglycerides when compared to the WT mice on the HFHS diet). This trend was not reflected in the female mice, as they appeared to be resistant to hepatic triglyceride accumulation on a HFHS diet. Factorial ANOVA revealed that male WT HFHS mice had elevated triglycerides when compared to all other mouse groups, and indicated this difference was due to a complex, three-factor interaction between sex, genotype, and diet (Figure 3.3F and Figure 3.S3M–O).

3.4.4 Male PASK^{-/-} mice resist hepatic triglyceride accumulation in a relatively non-specific manner

To determine if the PAS kinase-associated protection from triglyceride accumulation was specific for particular triglycerides, LC/MS lipidomic analysis was performed on 6 male mice from each of the 4 mouse groups by the University of Utah Metabolomics Core Facility. When all 44 of the triglycerides analyzed were totaled the mice displayed a similar pattern to the enzymatic total triglyceride quantification performed in our laboratory (which may represent far more than 44 triglycerides). An analysis of each of the triglycerides quantified in the LC/MS lipidomic study is presented in a heat map (Figure 3.4A). PAS kinase appears to regulate triglycerides almost indiscriminately, with the pattern of most triglycerides mimicking that which was seen in the total triglycerides. Twenty-five triglycerides were significantly elevated in the WT mice (p < 0.05) but not the PASK^{-/-} mice in response to HFHS diet, 10 others are close to significance (p < 0.1). Examples of 2 of these 25 triglycerides are shown (Figure 3.5A). The false discovery rate (FDR) *q*-value was

less than 8.22% for all these 25 indicating that ~2 (2.05) may be false positives. To achieve a predicted rate of only one false positive, a FDR *q*-value of <0.06 must be chosen, leaving 18 triglycerides as significant. A few triglycerides were not elevated in WT HFHS mice, suggesting that diet did not affect the accumulation of these triglycerides. Examples from 2 of these non-affected triglycerides are shown (Figure 3.5B). One triglyceride to note is TG (15:0_18.2_18.2) (Figure 3.5C). This triglyceride is elevated in the WT HFHS as can be expected, but it is also significantly elevated in the PASK^{-/-} HFHS. When the side chains of the 44 triglycerides were analyzed and quantified as saturated fatty acid (SFA), monounsaturated fatty acid (MUFA), and polyunsaturated fatty acid (PUFA), PAS kinase appeared to more specifically regulate SFA (Figure 3.5D–I). The two-factor interaction analysis indicated that the SFA significance was mainly due to an interaction between diet and genotype. In support of this effect, the 25 PAS kinase-dependent triglycerides (*q*-value < 0.0822%) represented 90% of the 44 triglycerides by abundance.



Figure 3.4 LC/MS triglyceride analysis of WT and PASK^{-/-} male mice on NC and HFHS reveal significant changes in individual triglycerides. A heat map LC/MS triglyceride analysis from male WT and PASK^{-/-} mice placed on a NC and HFHS diet (n = 6 for each of 4 sample groups) *, #, or X, p < 0.05 when analyzed by two-factor ANOVA and Tukey post-hoc test. Two-factor (genotype and diet) and one-factor (genotype or diet) interaction analysis is provided in a table on the right with *p*-values and false discovery rates (FDR) given. Significant *p*-values (p < 0.05) are shown in red, with alternative FDR *q*-value cutoff (p < 0.0599) provided in red for comparison.



Figure 3.5 Saturated fatty-acid side chains are elevated in WT male mice on the HFHS diet but not PASK-/- male mice on the HFHS diet . (A) Examples of PAS kinase-dependent protection from triglyceride accumulation. (B) Examples of triglycerides that were not significantly affected by the HFHS diet. (C) One triglyceride that increased in response to the HFHS diet in the PASK^{-/-} mouse. Bars represent SEM. * p < 0.05 when analyzed by two-factor ANOVA and Tukey post-hoc test. (D–F) Data in Figure 4 was analyzed for saturated fatty acid (SFA), monounsaturated fatty acid (MUFA), and polyunsaturated fatty acid (PUFA) side chains within each triglyceride. Side-chain abundance was calculated using mole percent ratio (percentage of moles of each fatty-acid side chain compared to total mole concentration). p < 0.1 when analyzed by two-factor ANOVA to total mole concentration). p < 0.1 when analyzed by two-factor ANOVA is to total mole concentration. p < 0.05 when analyzed by two-factor ANOVA is to total mole concentration. p < 0.1 when analyzed by two-factor ANOVA is to total mole concentration. p < 0.05 when analyzed by two-factor ANOVA is to total mole concentration. p < 0.1 when analyzed by two-factor ANOVA is to total mole concentration. p < 0.1 when analyzed by two-factor ANOVA is the test.

3.5 Discussion

The regulation of respiratory and triglyceride metabolism lies at the center of several prevalent diseases including heart disease, obesity, diabetes, metabolic syndrome, and cancer. Previous studies have shown PASK^{-/-} mice to be resistant to hepatic triglyceride accumulation and to have a whole-body hypermetabolic phenotype when placed on a HF diet [18]. In support of these observations, we have shown PAS kinase to play a pivotal role in regulating cellular respiration in yeast as well [25,26]. Herein we build upon these studies by performing the first characterization of cellular respiration, quantification and analysis of hepatic triglyceride accumulation, and body weight changes in both male and female PASK^{-/-} mice (previous reports were solely in male mice). Furthermore, this is the first report of these mice on a HFHS diet, a diet that may more accurately reflect the western diet [22]. PAS kinase has been previously shown to be activated by high glucose in mammalian tissue [14]. Due to the presence of sugar in this HFHS diet, we expected PAS kinase to be more active and the related phenotypes to be more pronounced.

We observed increased oxygen consumption rates in PASK^{-/-} mice in soleus muscle tissue that was dependent on genotype (Figure 3.1). This is consistent with the whole-body hypermetabolism (increased O₂uptake and CO₂ output) in PASK^{-/-} mice placed on a HF diet [18] as well as the increased cellular respiration rate in PAS kinase-deficient yeast [25,26]. This increase, however, was often seen on the NC diet and was blunted on HFHS (Figure 1). Male PASK^{-/-} mice also displayed significant increases in the oxidative phosphorylation capacity in soleus tissue. ANOVA analysis revealed this difference to be mainly due to complex interactions between sex*genotype as well as genotype*diet. Overall, the effects of PAS kinase on respiratory function were detectable on the NC diet but not the HFHS, in contrast to the whole-body hypermetabolic phenotype reported on the HF diet [18]. This result is opposite of what we expected due to previous reports of PAS kinase activation by high glucose [14]. These differences may be due to many experimental variables including single cell respiration versus whole-animal metabolism, feed and the metabolism of feed, age of animal, in vitro versus in vivo respiration assay conditions, generations from F0 parent, compensation by alternate pathways, etc. However, the trend of PASK^{-/-} displaying increased metabolism is conserved wherever we do see a difference in respiration.

In contrast to the respiratory function, the role of PAS kinase in regulating hepatic triglyceride accumulation is most evident in male mice on the HFHS diet (Figure 3.3E). The WT male mice displayed a dramatic increase in hepatic triglyceride levels when placed on the HFHS diet, whereas the PASK^{-/-} male mice did not show any appreciable increase. This effect was similar to that reported for the PASK^{-/-} mice on the HF diet [18]. The female mice, in contrast, appeared to be more resistant to liver triglyceride accumulation in response to the HFHS diet (Figure 3.3E). Our results are consistent with previous reports that female WT mice are more resistant to triglyceride accumulation on the HFHS diet [27]. This suggests that sex differences may be overshadowing the role of PAS kinase in females.

LC/MS lipidomic analysis of 44 hepatic triglycerides from male mice revealed that almost all (40/44) were elevated in response to the HFHS diet in WT mice (p < 0.05). PASK^{-/-} mice were resistant to accumulation of 25 of these 40 triglycerides (p < 0.05, FDR q-value < 0.0822), with another 10 close to significance. ANOVA analysis revealed that this resistance was mainly due to the interaction of genotype*diet rather than sex*diet or diet*genotype. Further analysis of these 44 triglycerides revealed that PAS kinase preferentially regulates saturated fatty-acid side chains (SFA) (Figure 3.5D–I). The 25 PAS kinase-dependent triglycerides represented 90% of the 44 triglycerides by abundance, indicating the side-chain analysis of all 44 may reveal PAS kinase-dependent effects.

As predicted from the triglyceride data, male mice displayed an increase in total body weight as well as retroperitoneal and gonadal fat pad (% of body weight) on the HFHS diet, while we saw no significant increase in female mice (Figure 3.3). However, PAS kinase deficiency did not affect body weight or fat pad weight as it did triglyceride accumulation. When looking at the combined data for female mice (which displayed only very small changes in total body mass, fat accumulation, or hepatic triglyceride accumulation) it appears that the HFHS diet is having a very limited effect on female metabolism. This study highlights how diet and genetic effects may be masked by sex differences, making it critical to continue studies of PAS kinase in both male and female mice to truly understand how it is functioning in both sexes.

PAS kinase has been shown to be activated by high glucose in cultured human pancreatic islet cells [14] and to be regulated by glucose levels in yeast as well [28], stimulating our interest in the HFHS diet which more closely approximates the western diet and tends to abundant in high fructose corn-syrup and milk products [22]. In this study, the respiratory effects observed in PASK^{-/-} versus WT mice occurred on the NC diet, whereas the triglyceride effects were most significant on the HFHS diet. In addition to the experimental variabilities discussed above, these results may indicate differential regulation of PAS kinase functions, consistent with protein kinases regulating tens of substrates with alternate functions. They may also reflect redundant pathways that mask PAS kinase deficiency, or genetic adaptations that have occurred in these knockout mice [29,30,31]. Such adaptations are less likely to be obscuring our triglyceride data because pharmacological PAS kinase inhibition has also been shown to protect against HF diet-inducted hepatic triglyceride accumulation in rats [13].

The molecular substrates of PAS kinase that elicit the effects on respiration and triglyceride accumulation are just beginning to be uncovered. Wu et al. recently reported PAS kinase as essential

for SREBP-1c maturation in cultured hepatic cells [13]. SREBP-1 is clearly an important transcription factor that drives hepatic fatty acid and triglyceride biosynthesis (for reviews see [32,33,34] and articles therein); however, it is not the only one. Upstream stimulation factors (USFs) are bHLH-leucine zipper transcription factors that bind as homo- or heterodimers to promoter E boxes with the DNA sequence CANNTG and have been associated with hyperlipidemia in many studies [35,36,37,38,39,40,41,42,43,44,45,46,47,48]. Several studies have provided evidence for the direct regulation of fatty-acid synthase expression by USF1 and USF2 [49,50,51]. We have recently provided evidence that PAS kinase phosphorylates and inhibits the yeast homolog of USF1 (Cbf1), which in turn controls both cellular respiration and lipid biosynthesis in yeast [25,26]. Its mammalian homolog, USF1, complements the respiratory defect of CBF1-deficient yeast and is phosphorylated by hPASK in vitro [26]. USF1 and SREBP-1 have been reported to have both synergistic, direct binding [52,53] and independent modes of action [51,54], thus PAS kinase may control triglyceride biosynthesis through the regulation of both proteins. Our ongoing studies are focused on the role of PAS kinase in regulating USF1 function in mammalian cells, including both respiratory and lipid roles.

3.6 Conclusions

Herein we investigated the effects of a HFHS diet, sex and PAS kinase-deficiency on respiratory metabolism, body, fat and liver weight, as well as hepatic triglyceride accumulation. PAS kinase-deficiency resulted in increased basal respiration (~1.5-fold) in soleus tissue, and for male mice, an increased oxidative phosphorylation capacity (2-fold) when on a NC diet. For WT mice, the HFHS diet decreased basal respiration in liver tissue. Although PAS kinase-deficiency did not appear to protect male mice from weight gain, it did decrease hepatic triglyceride accumulation significantly on the HFHS diet, with PASK^{-/-} male mice having a 2.7-fold decrease when compared to the WT mice. Female mice appeared to be protected from both weight gain and liver triglyceride accumulation on the HFHS diet, which may mask the effects of PAS kinase in these pathways. These results solidify PAS kinase as a regulator of cellular respiration and hepatic triglyceride accumulation, phenotypes associated with diabetes and metabolic syndrome.

3.7 Supplementary materials

| Mouse # | Sex | Genotype | Diet | OCR Soleus | OCR Liver | ETC WB | Week 1 BW | Week 25 BW | Retro Fat | Gonadal Fat | Liver Weight | Total TG | TG MS |
|-------------------|-----|----------|------|---------------|--------------|-----------|-----------------|------------------|--------------|----------------|-----------------|-------------|----------|
| 4-3 | F | WT | NC | + | - | - | - | + | - | - | - | - | - |
| 9-3 | F | WT | NC | + | - | - | - | + | - | - | - | - | - |
| 32-7 | F | WT | NC | + | - | - | + | + | + | + | + | - | - |
| 44-5 | F | WT | NC | + | + | - | + | + | + | + | + | + | - |
| <mark>46-1</mark> | F | WT | NC | + | - | - | + | + | + | + | + | + | - |
| <mark>46-6</mark> | F | WT | NC | + | - | - | + | + | + | + | + | + | - |
| <mark>60-1</mark> | F | WT | NC | - | - | - | + | + | + | + | + | + | - |
| 60-6 | F | WT | NC | - | - | - | + | + | + | + | + | + | - |
| 71-2 | F | WT | NC | - | + | - | + | + | + | + | + | + | - |
| 84-4 | F | WT | NC | - | - | - | + | + | + | + | + | + | - |
| 20-4 | F | PASK -/- | NC | + | - | - | + | + | + | + | + | - | - |
| <mark>25-2</mark> | F | PASK -/- | NC | + | - | - | + | + | + | + | + | + | - |
| <mark>25-3</mark> | F | PASK -/- | NC | + | - | - | + | + | + | + | + | - | - |
| 34-5 | F | PASK -/- | NC | + | - | - | + | + | + | + | + | - | - |
| <mark>41-3</mark> | F | PASK -/- | NC | + | + | - | + | + | + | + | + | + | - |
| <mark>45-8</mark> | F | PASK -/- | NC | + | + | - | + | + | + | + | + | + | - |
| <mark>46-8</mark> | F | PASK -/- | NC | - | - | - | + | + | + | + | + | + | - |
| <mark>68-1</mark> | F | PASK -/- | NC | - | + | - | + | + | + | + | + | - | - |
| 71-7 | F | PASK -/- | NC | - | + | - | + | + | + | + | + | + | - |
| <mark>76-3</mark> | F | PASK -/- | NC | - | + | - | + | + | + | + | + | + | - |
| 77-1 | F | PASK -/- | NC | - | + | - | + | + | + | + | + | + | - |
| 77-4 | F | PASK -/- | NC | - | + | - | + | + | + | + | + | + | - |
| 13-4 | F | WT | HFHS | + | - | - | - | + | - | - | - | - | - |
| <mark>28-6</mark> | F | WT | HFHS | + | - | - | + | + | + | + | + | + | - |
| <mark>32-4</mark> | F | WT | HFHS | + | - | - | - | + | - | - | - | - | - |
| 33-7 | F | WT | HFHS | + | - | - | + | + | + | + | + | + | - |
| 41-1 | F | WT | HFHS | + | + | - | + | + | + | + | + | + | - |
| 44-3 | F | WT | HFHS | + | + | - | + | + | + | + | + | + | - |
| 53-6 | F | WT | HFHS | - | - | - | + | + | + | + | + | + | - |
| 57-2 | F | WT | HFHS | - | + | - | + | + | + | + | + | + | - |
| 86-3 | F | WT | HFHS | - | - | - | + | + | + | + | + | + | - |

| <mark>88-4</mark> | F | WT | HFHS | - | - | - | + | + | + | + | + | + | - |
|-------------------|---|----------|------|---|---|---|----|---|---|---|---|---|---|
| 7-7 | F | PASK -/- | HFHS | + | - | - | - | + | - | - | - | - | - |
| 19-3 | F | PASK -/- | HFHS | + | - | - | - | + | - | - | - | - | - |
| 21-6 | F | PASK -/- | HFHS | + | - | - | - | + | - | - | - | - | - |
| 44-7 | F | PASK -/- | HFHS | + | + | - | + | + | + | + | + | + | - |
| 45-6 | F | PASK -/- | HFHS | + | + | - | - | + | - | - | - | - | - |
| 45-9 | F | PASK -/- | HFHS | + | + | - | + | + | + | + | + | + | - |
| 46-4 | F | PASK -/- | HFHS | + | - | - | + | + | + | + | + | + | - |
| 53-3 | F | PASK -/- | HFHS | - | - | - | + | + | + | + | + | + | - |
| 54-5 | F | PASK -/- | HFHS | - | + | - | + | + | + | + | + | + | - |
| 57-1 | F | PASK -/- | HFHS | - | + | - | + | + | + | + | + | + | - |
| 76-1 | F | PASK -/- | HFHS | - | + | - | + | + | + | + | + | + | - |
| 98-7 | F | PASK -/- | HFHS | - | - | - | + | + | + | + | + | + | - |
| 4-4 | М | WT | NC | + | - | - | - | + | - | - | - | + | - |
| 8-3 | М | WT | NC | + | - | - | - | + | - | - | - | + | + |
| 9-2 | М | WT | NC | + | - | - | - | + | - | - | - | + | - |
| 17-2 | М | WT | NC | + | - | + | + | + | + | + | + | + | - |
| 18-1 | М | WT | NC | + | - | - | + | + | + | + | + | + | - |
| 21-2 | М | WT | NC | + | - | - | + | + | + | + | + | + | + |
| 31-6 | М | WT | NC | + | - | - | + | + | + | + | + | + | + |
| 40-4 | М | WT | NC | + | - | - | + | + | + | + | + | - | - |
| 42-7 | М | WT | NC | + | + | + | + | + | + | + | + | - | + |
| 43-7 | М | WT | NC | + | + | - | + | + | + | + | + | - | - |
| 46-3 | М | WT | NC | + | + | - | + | + | + | + | + | - | - |
| 46-7 | М | WT | NC | + | + | - | + | + | + | + | + | - | + |
| 55-5 | М | WT | NC | - | + | - | + | + | + | + | + | - | - |
| 58-1 | М | WT | NC | - | + | + | + | + | + | + | + | - | - |
| 59-4 | М | WT | NC | - | + | - | - | - | - | - | - | - | - |
| 63-1 | М | WT | NC | - | + | + | + | + | + | + | + | - | - |
| 76-2 | М | WT | NC | - | + | - | + | + | + | + | + | - | + |
| 77-2 | М | WT | NC | - | + | - | + | + | + | + | + | - | - |
| 5-9 | М | PASK -/- | NC | + | - | - | - | + | - | - | - | + | - |
| 9-5 | М | PASK -/- | NC | + | - | - | - | + | - | - | - | - | + |
| 32-1 | М | PASK -/- | NC | + | - | - | + | + | + | + | + | + | - |
| 34-4 | М | PASK -/- | NC | + | - | + | + | + | + | + | + | - | - |
| 36-1 | М | PASK -/- | NC | + | - | - | + | + | + | + | + | - | - |
| 38-5 | М | PASK -/- | NC | + | - | - | + | + | + | + | + | - | + |
| 41-5 | М | PASK -/- | NC | + | + | - | + | + | + | + | + | - | - |
| 43-2 | М | PASK -/- | NC | + | + | + | + | + | + | + | + | - | + |
| 44-4 | М | PASK -/- | NC | + | + | + | + | + | + | + | + | - | - |
| 55-6 | М | PASK -/- | NC | - | + | - | + | + | + | + | + | + | + |
| 62-1 | М | PASK -/- | NC | - | + | + | + | + | + | + | + | + | - |
| 68-5 | М | PASK -/- | NC | - | + | + | + | + | + | + | + | + | - |
| 75-1 | М | PASK -/- | NC | - | + | + | + | + | + | + | + | + | - |
| | | | | | | | 76 | | | | | | |

| 75-3 | М | PASK -/- | NC | - | + | - | + | + | + | + | + | + | + |
|------|---|----------|------|---|---|---|---|---|---|---|---|---|---|
| 75-6 | М | PASK -/- | NC | - | + | - | + | + | + | + | + | + | + |
| 7-1 | М | WT | HFHS | + | - | - | - | + | - | - | - | + | - |
| 8-1 | М | WT | HFHS | + | - | - | - | + | - | - | - | + | + |
| 8-4 | М | WT | HFHS | + | - | - | - | + | - | - | - | + | - |
| 12-1 | М | WT | HFHS | + | - | + | - | + | - | - | - | + | - |
| 14-1 | М | WT | HFHS | + | - | - | + | + | + | + | + | - | + |
| 18-4 | М | WT | HFHS | + | - | - | + | + | + | + | + | + | - |
| 21-4 | М | WT | HFHS | + | - | - | + | + | + | + | + | + | + |
| 22-1 | М | WT | HFHS | - | - | - | + | + | + | + | + | - | - |
| 23-3 | М | WT | HFHS | + | - | - | + | + | + | + | + | - | - |
| 28-7 | М | WT | HFHS | + | - | - | + | + | + | + | + | - | + |
| 41-2 | М | WT | HFHS | + | + | + | + | + | + | + | + | - | - |
| 42-3 | М | WT | HFHS | + | + | - | + | + | + | + | + | - | - |
| 45-4 | М | WT | HFHS | + | + | - | + | + | + | + | + | - | + |
| 61-1 | М | WT | HFHS | - | - | + | + | + | + | + | + | - | - |
| 63-3 | М | WT | HFHS | - | + | + | + | + | + | + | + | - | - |
| 69-2 | М | WT | HFHS | - | + | + | + | + | + | + | + | - | - |
| 71-6 | М | WT | HFHS | - | + | - | + | + | + | + | + | - | - |
| 77-6 | М | WT | HFHS | - | + | + | + | + | + | + | + | - | + |
| 5-2 | М | PASK -/- | HFHS | + | - | - | - | + | - | - | - | + | - |
| 5-5 | М | PASK -/- | HFHS | + | - | - | - | + | - | - | - | + | + |
| 14-2 | М | PASK -/- | HFHS | + | - | - | + | + | + | + | + | + | + |
| 19-2 | М | PASK -/- | HFHS | + | - | + | + | + | + | + | + | + | - |
| 21-3 | М | PASK -/- | HFHS | + | - | + | + | + | + | + | + | - | - |
| 21-7 | М | PASK -/- | HFHS | + | - | + | + | + | + | + | + | - | - |
| 23-1 | М | PASK -/- | HFHS | + | - | + | + | + | + | + | + | - | - |
| 31-5 | М | PASK -/- | HFHS | + | - | - | + | + | + | + | + | - | - |
| 35-1 | М | PASK -/- | HFHS | + | - | - | + | + | + | + | + | - | - |
| 36-2 | М | PASK -/- | HFHS | + | - | - | + | + | + | + | + | - | - |
| 38-6 | М | PASK -/- | HFHS | + | - | - | + | + | + | + | + | - | - |
| 43-8 | М | PASK -/- | HFHS | + | + | - | + | + | + | + | + | - | - |
| 59-3 | М | PASK -/- | HFHS | - | + | + | + | + | + | + | + | - | - |
| 62-6 | М | PASK -/- | HFHS | - | + | - | + | + | + | + | + | + | + |
| 72-6 | М | PASK -/- | HFHS | - | + | - | + | + | + | + | + | + | + |
| 75-2 | М | PASK -/- | HFHS | - | - | - | + | + | + | + | + | + | + |
| 75-7 | М | PASK -/- | HFHS | - | + | - | + | + | + | + | + | + | + |

Figure 3.S1 An account of all mice used in this study. Includes mouse number for this study, genotype, sex, diet, Oxygen Consumption Rates in soleus tissue (OCR soleus), Oxygen Consumption Rates in liver tissue (OCR liver), electron chain western blot (ETC WB), week 1 and week 25 BW (Body Weight), Liver Weight, Retroperitoneal Fat weight (RetroFat), Gonadal Fat weight, total triglycerides (Total TG), triglyceride mass spectrometry (TG MS). Mice from supplementary Figure 2 are not included because they are not otherwise used in the study.



Figure 3.S2 ATP levels of soleus tissue isolated from WT and PASK-/- mice on a normal chow (NC) or high fat high sugar (HFHS) diet suggest no significant differences. Mice were from the same breading colony but an alternate immunology study that had the same genotypes and treatments due to technical difficulties with variability in the flash frozen samples (samples were originally flash frozen for use in both western blot or ATP assay). To overcome these technical variabilities, soleus muscle was harvested and stored at -80°C in ATP Assay buffer (Sigma-Aldrich Adenosine 5'-triphosphate (ATP) Bioluminescent Assay Kit (FLAA-1KT)) prior to the assay. Soleus muscle was homogenized using the Bullet Blender Storm 24 (Next Advance) with 2mm Zirconium oxide beads then deproteinized using the BioVision Deproteinizing Sample Preparation Kit (K808). Due to small amount of protein (0.01ug/ul) the PCA and neutralization buffer in the kit were diluted (1:10 and 1:20 respectively) to prevent excessive PCA or neutralization buffer being added. ATP assays were run using the Sigma-Aldrich Adenosine 5'- triphosphate (ATP) Bioluminescent assay kit (FLAA-1KT) according to manufacturer's protocol. Luminescence was measured using the BioTek Synergy HT Multi-mode microplate reader. Protein concentration was determined using the Pierce Coomassie Plus (Bradford) Assay Reagent (ThermoFisher Scientific, catalog number 23236).





Figure 3.S3 Figures of analysis for three-factor ANOVA of mouse body weights and triglycerides. (A) Body weight of male and female mice at the start of the diet (week 1, 12-week-old mice) and the end of the diet (week 25). Retroperitoneal fat (D), Gonadal fat (G) and Liver weight (J) as a percentage of body weight (BW). (M) Hepatic triglyceride quantification for male and female mice using BioVision Triglyceride Quantification kit. (B, E, H, K, N) two-way interaction analysis of (A, D, G, J, M) respectively. (C, F, I, L,O) one-factor analysis of (A,D, G,J, M). NC is Normal Chow diet, HFHS is High-Fat High-Sugar diet. For all figures, error bars represent SEM. Three-factor ANOVA was performed using JMP Pro14 software with Tukey post-hoc test for three-factor and two-factor comparisons and students t-test for onefactor comparisons. *p < 0.05 is shown.

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CHAPTER 4: The Effect of Diet, Metabolic Health, and Sex in Amyotrophic Lateral Sclerosis

The following chapter is taken from an article submitted to Nutrients Journal. All content and figures have been formatted for this dissertation but it is otherwise unchanged.

4.1 Abstract

Amyotrophic lateral sclerosis (ALS) is a devastating neurodegenerative disease with no known cure. Being as 90% of ALS cases are sporadic, there are many behavioral factors hypothesized to affect ALS onset, progression, and survival. These behavioral factors include but are not limited to cannabis use, acupuncture, functional therapy, diet, and nutritional supplements. Many metabolic alterations occur during ALS progression including hypermetabolism, lowered BMI, and hyperlipidemia making diet and nutritional supplements attractive treatments. Taken together, the implications of diet and metabolic health are important to understand in ALS as these are behavioral factors that may be modified. Interestingly, as these factors have been studied sex-dependent differences have also been discovered, shedding light on the importance of not only understanding the molecular pathways altered by diet and metabolic health, but understanding how sex can influence these pathways, particularly through endogenous and exogenous sex hormones. This will provide more effective therapeutic targets for both males and females. This review will highlight how diet, metabolic health, and sex affect the risk and progression of ALS.

4.2 Introduction

Amyotrophic lateral sclerosis (ALS) is a devastating neurodegenerative disease, with approximately fifteen new cases being diagnosed every day [1]. ALS is caused by progressive degeneration of the motor neurons in the brain and spinal cord. This degeneration eventually leads to an inability to perform voluntary movements and typically leads to death by respiratory paralysis within 2 to 5 years. ALS gained attention in the early 1940's when legendary Yankee baseball player Lou Gehrig was diagnosed and eventually succumbed to the disease. As such, ALS is often referred to as Lou Gehrig's disease. Although ALS has been an important topic of scientific research for almost a century, few advancements have been made in terms of treatment. In fact, only one drug has been FDA approved for ALS patients (Riluzole) and it has the potential to extend life by only a few months [2]. This speaks to the complexities of the disease as safe and effective therapies are slow in the making.

Approximately 10% of ALS cases are familial while the remaining 90% of cases are sporadic. This means that there is likely not a single causative genetic mutation of the disease. In 1993, a mutation in superoxide dismutase 1 (SOD1) was identified in about 20% of familial ALS cases, allowing for the development of a model to represent the disease [3]. Since its discovery, many other genes associated with ALS have been identified, including but not limited to TARDBP, FUS, and ATXN2. These genes have been shown to display functional overlap with mutations in sporadic cases of ALS, making work in disease models applicable to both sporadic and familial forms of the disease. Disease models are a breakthrough in ALS research, allowing for the study of many factors that contribute to ALS.

Due to the largely sporadic nature of most ALS cases, behavioral factors have been considered in ALS risk, age of onset, progression and survival time. These factors include but are not limited to cannabis, acupuncture, diet, and nutritional supplements [for further information regarding behavioral factors that may affect ALS, see [4]]. Diet and nutritional supplements are particularly interesting because many ALS patients struggle to sustain a healthy weight, leading to exacerbated disease symptoms and shorter lifespans [5]. By implementing specific dietary programs, ALS patients can possibly slow disease progression and improve their quality of life. Furthermore, altered metabolic states have been detected in ALS mouse models before physical symptoms are noticeable [6]. This has led to many studies focused on understanding how the patient's metabolic health before and after disease onset affects ALS and what alterations are taking place on a molecular level. Researches have set out to identify therapies to ameliorate these metabolic alterations and restore healthy metabolism. These studies are not only highlighting potential therapies for ALS patients, but also how other therapies may prove detrimental to ALS patients if they negatively alter metabolism.

As diet and metabolic health have been more extensively studied, sex-specific differences have been noticed with certain therapies. This isn't too surprising as men are reported to be 2-3 times more susceptible to ALS [74-77]. However, it wasn't until 2016 that the NIH established a requirement for sex to be reported as an important biological variable. This has led to many prior studies being conducted in only one gender, more often males than females, potentially overshadowing important findings that may only be present in one gender. It is important not only to understand why ALS presents differently between the sexes, but also how different therapies may be working between the sexes to establish a treatment that is most beneficial for each patient. This review is focused on highlighting how diet, metabolic health, and sex factor into the risk, onset, progression, and survival time of ALS patients and why each of these factors should be considered when designing and analyzing therapies for ALS.

4.3 The effect of diet in ALS (summary in Table 1)

4.3.1 High-fat diet

ALS patients often present with metabolic abnormalities that increase the energy required for their body to function. This combined with physical changes, including the inability to swallow and changes in appetite, can lead to malnutrition as the body attempts to maintain healthy energy balance. Diet is a behavioral factor that can potentially compensate for the irregular energy homeostasis and influence how the disease progresses in the individual. Diets high in fat have been widely studied as this type of diet typically causes weight gain in healthy individuals. To determine the benefits of a high-fat diet, a study done with over three-hundred participants revealed that a high intake of PUFAs decreased the risk of ALS development by 50-60% [7]. A later study with over one million participants revealed that a diet high in PUFAs decreased the risk of ALS development by 34% and suggested that it may be protective against ALS onset [8].

Beyond decreasing the risk of ALS, it is thought that a high-fat diet is beneficial in ALS patients because it can help negate the effects of hypermetabolism, a trait prevalent in 25-68% of sporadic ALS cases [9]. The source of hypermetabolism is largely unknown, but results suggest an increased resting energy expenditure in ALS patients contributes to the decline in patient health [10, 11]. In TDP-43A315T and SOD-G93A ALS mouse models it has been shown that a high-fat diet can extend lifespan by increasing fat stores and improving motor function [12, 13]. In agreement, low-fat diets and caloric restriction hasten clinical onset and shorten lifespan [12]. One report did find that caloric restriction improved motor function in SOD-G93A mice [14], but it also hastened clinical onset. The contrasting diets and the resulting lifespan show that a high-fat diet can act as an essential element in relieving hypermetabolic stress in ALS mouse models.

It is possible that hypermetabolism presents in ALS patients before neurodegeneration. In a SOD1^{G86R} mouse model, it was suggested that before neurodegeneration begins skeletal muscles are in a hypermetabolic state, and they remain in a hypermetabolic state after neurodegeneration occurs [6]. To offset this energy imbalance, a fat-enriched high-energy diet was fed to the mice after disease onset, effectively increasing body mass and adipose tissue and extending the mean survival time by

20% [6]. Thus, most studies support the idea of caloric supplementation rather than restriction in ALS patients.

However, this simple statement must be taken with caution because different fats may have different effects in ALS patients. A study done in a SOD1^{G93A} transgenic mouse model showed exposure to the omega-3 polyunsaturated fatty acid eicosapentaenoic acid upon onset of disease did not affect the progression or presentation of the disease. In fact, pre-symptomatic exposure to eicosapentaenoic acid significantly decreased lifespan [15]. This suggests further studies are needed to understand how different fatty acids are working in these metabolic pathways of ALS and which ones will be most beneficial for ALS patients. It also suggests the need for careful understanding of how different diets are affecting ALS patients before disease onset so as not to hasten symptoms.

A deeper understanding of the molecular mechanisms behind a high fat diet may provide for effective combination with drug therapies. One study reported benefits when using a calorie energy supplemented diet (CED, a normal chow diet supplemented with fat and cholesterol) combined with a multifunctional monoamine oxidase (MAO). The effects were additive and positively affected motor performance as well as mouse survival in a SOD1^{G93A} model [16]. This study suggests that an optimized diet may be combined with a drug therapy to significantly improve patient life.

4.3.2 Glucose, sucrose, and phenols

In addition to diets focused on fats, other energy sources have been shown to improve ALS symptoms. One study including 24 ALS patients used both a high-fat hypercaloric diet (HF/HC) and a high-carbohydrate hypercaloric diet (HC/HC) [22]. Their results indicated that patients on a HF/HC diet were unable to gain weight, even when consuming 174% of their estimated energy requirements. In addition, patients on the HF/HC diet noticed uncomfortable gastrointestinal side-effects. In contrast, patients on a HC/HC diet gained weight. Overall, they suggested a HC/HC diet as a safe

and beneficial diet for ALS patients over a HF/HC diet [17]. Due to the small sample size, this study would need to be replicated to confirm their results. However, the data is promising and suggests that a high carbohydrate diet may be even more beneficial than a high fat diet and bring with it fewer negative side-effects.

The molecular mechanisms behind the role of carbohydrates in ALS remain largely unstudied. C. elegans models of neurodegeneration, including mutant polyglutamine, TDP-43, FUS, and amyloid- β toxicity have been developed to study both glucose and sucrose function. It was found that glucose and sucrose could extend lifespan of C. elegans in a dose-dependent manner by reducing the amount of misfolded proteins. Importantly, excessive glucose in healthy controls still exhibited its typical negative effects on lifespan, fertility, and dauer formation, highlighting the necessity of applying the aforementioned diets only in regards to ALS therapy [18]. Furthermore, study done in a mutant TDP-43 C. elegans model observed the effect of maple syrup on TDP-43 proteotoxicity. Maple syrup was chosen because it was a natural product that had a very high sugar content along with other compounds such as antioxidants and phenols. Their study showed that maple syrup could in fact protect against TDP-43 proteotoxicity and that two specific phenols were protective in addition to sucrose [19]. These phenols protected against hypoxic stress was well as amyloid-B and alpha-synuclein proteotoxicity and are found in other natural products in addition to maple syrup. This suggests that supplementation of these phenols in the diet of those with ALS may help protect against TDP-43 proteotoxicity and extend lifespan.

A known diet that is high in phenols is the Mediterranean diet, which has also been shown to reduce neurodegeneration through its high olive oil content [20]. SOD1^{G93A} mice exposed to a diet high in extra virgin olive oil showed an extended lifespan and increased motor performance [21]. A second supportive study showed that an extra virgin olive oil extract acted as a neuroprotective agent

in cultures obtained from a SOD1^{G93A} mouse model [22]. The extract reduced neurodegeneration by downregulating the amount of nitric oxide released from activated glia stimulated by the SOD1 mutation. In addition, the TLR4 signaling pathway, a known pathogenic pathway in ALS, was inhibited by the olive oil extract. These advances in understanding may allow for extraction of beneficial phenols from natural products such as maple syrup and olive oil that can then be easily added to complement ALS patient's diets, instead of replacing their preferred dietary regiment.

4.3.3 Ketogenic diet

The ketogenic diet has been considered for ALS patients as a high-fat, low-carb diet that works to mimic carbohydrate starvation, replacing carbohydrates with ketone bodies as the main source of energy. Initially, the ketogenic diet was employed to help those with pharmacoresistant epilepsy. It was later applied to neurodegenerative diseases like ALS due to common metabolic abnormalities seen in the diseases [23]. Typically, when the SOD1 mutation is present, complex I activity of the electron transport chain and ATP production are decreased [24]. When on a ketogenic diet, the principle ketone body, D-β-hydroxybutyrate (DBH) can prevent rotenone mediated inhibition of complex I in a SOD1^{G93A} transgenic mouse model [25]. Furthermore, the diet was shown to increase total body weight and spinal cord motor neurons. This suggests that a ketogenic diet may be working to protect against ALS by restoring the function of complex I and promoting ATP synthesis.

A second study performed by the same group was conducted using caprylic triglyceride, also known as fractioned coconut oil, a substance metabolized into ketone bodies. This is an attractive substance because it could be used as an easily distributed supplement for ALS patients. They found that caprylic triglyceride restored healthy energy metabolism, thus improving motor function in SOD1^{G93A} ALS mice [26]. Combined, these studies suggest that a ketogenic diet may be beneficial to

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patients with a SOD1 mutation. However, there is little data exploring how the ketogenic diet could affect other forms of the disease, such as patients with FUS or ATXN2 mutations.

4.3.4 The Deanna Protocol

The Deanna Protocol is a nutritional supplement reported to prevent glutamate excitotoxicity and preserve healthy metabolic function. The supplement is essentially composed of arginine-alphaketoglutarate, gamma-aminobutyric acid, a medium chain triglyceride high in caprylic acid and Coenzyme Q10. In a SOD1^{G93A} mouse model, mice with Deanna Protocol supplementation exhibited improved neurological function, improved motor performance, and extended survival time when compared to controls [27]. This suggests that using the Deanna Protocol may extend patient lifespan as well as improve their quality of life. However, this is the only study published on the Deanna Protocol in an ALS model, and has yet to be replicated by another group.

4.3.5 Fruits and vegetables

Fruits and vegetables have a long history of being beneficial to health, so it comes as no surprise that they are proving to be beneficial to ALS patients as well. In a study including over 302 ALS patients, antioxidants, carotenes, fruits, and vegetables were associated with increased ALS function [28]. When looking at the benefits of fruits and beta-carotenes specifically, increased intake was associated with a decreased risk of sporadic ALS in a study done with seventy-seven Koreans. Furthermore, they identified that intake of beef, fish, and fast food were associated with an increased risk of ALS [29]. However, this is a small study and needs further verification.

One group focused on an antiocyanin-enriched extract from strawberries, a compound known for its antioxidant, anti-inflammatory, and anti-apoptotic properties. They found that hSODG93A mice supplemented with the extract exhibited delayed disease onset and extended survival. Improved motor function in these mice was seen both through increased grip strength as well as histological analysis, which revealed healthier neuromuscular junctions and reduced astrogliosis in the spinal cord [30]. Overall, these limited studies suggest that fruit and vegetable intake can be beneficial for ALS patients, with no known negative consequences. For a more in depth analysis of other various foods that affect ALS, from french fries to green tea, see [31]. In addition, dietary fiber intake has also been considered, with no significant association reported [32].

4.3.6 Gluten-free

A somewhat controversial diet thought to benefit some patients with ALS is a gluten-free diet. Initial studies reported a link between celiac disease or gluten insensitivity and ALS [33, 34]. However, many other studies have shown no link between the two diseases, and thus no benefit of a gluten-free diet [35, 36]. In addition, many neurologic manifestations that present with celiac disease may be misdiagnosed as ALS, suggesting that the link between ALS and celiac disease may not really exist [37]. A substantial amount of data will need to be presented for a gluten-free diet to be considered beneficial for those with ALS, unless the patient is diagnosed with gluten sensitivity or celiac disease in addition to ALS.

4.3.7 Vitamins

The study of how vitamins affect ALS patients is somewhat limited. Many ALS patients present with insufficient vitamin D levels, requiring vitamin D supplementation. Vitamin D supplementation has been associated with improved gross motor function both in human and mouse studies [38-40]. Vitamin D deficiency has had negative effects in patients and has been shown to significantly accelerate disease progression and shorten patient lifespan [41-44]. Thus, vitamin D supplementation may prove beneficial for ALS patients, especially when below a healthy level.

Vitamin E supplementation has been associated with a decreased risk for ALS, but studies have not shown it to slow disease progression or extend patient lifespan [45, 46]. As such, it has been

recommended to those with a history of familial ALS as a preventative measure [38]. For a more in depth review of these vitamins as well as additional vitamins and their effect on ALS development or progression see [38].

4.3.8 L-Serine

Dietary supplementation of the amino acid L-serine may also act as a neuro-protectant. Initial findings of Paul Cox correlated cyanobacterial toxin B-N-methylamino-L-alanine (BMAA), with the development of ALS in Guam populations [47]. This lead to further research that implicated BMAA in the formation of neurofibrillary tangles and beta-amyloid deposits in vivo, and suggested other at risk populations that near cyanobacterial reservoirs. This is one of the few studies on environmental factors, however the levels of BMAA required for these effects have remained controversial. Through this research, the supplementation of L-serine as a cellular protectant against BMAA poisoning has led to L-serine supplementation as a potential therapeutic treatment for ALS [48]. Phase 1 clinical trials were published in 2018 reporting a 34% reduction in progression slope [49, 50].

| Diet | Model | Sex | Outcome | Survival | Time to onset | Other notable results | Sour ce |
|--------------------------|---------------------------------|-----|---------|----------|------------------|---|------------|
| High fat (PUFA) | Humans | M/F | + | n.r. | n.r. | ↓ risk (50-60%.) | [7] |
| High fat | Humans | M/F | + | n.r. | n.r. | ↓ risk (34%.) | [8] |
| High fat | TDP-43 ^{A315T} mice | М | + | ↑ | n.r. | Delayed AMPK activation. | [13] |
| High fat | SOD1 ^{G93A} mice | М | + | ↑ | ↑ | ↑ fat storage, ↓ AMPK activity, ↑ motor function. | [12] |
| High fat | SOD1 ^{G86R} mice | М | + | ↑ | ↑ | ↑ body mass, ↑ adipose tissue | [6] |
| Caloric restriction | TDP-43 ^{G93A} mice | M/F | - | n.c. | \downarrow | \uparrow motor function | [14] |
| Caloric restriction | SOD1 ^{G93A} mice | М | - | Ļ | ↓ | ↓ fat storage, ↑ AMPK activity, ↓ motor function. | [12] |
| Eicosapentaenoic acid | SOD1 ^{G93A} mice | F | - | Ļ | ↑ | EPA administered before disease onset was | [15] |

Table 4.1 A summary of reported dietary effects on ALS onset, progression or development
| | | | | | | detrimental to the animal | |
|---|---|------|-----|------|------|---|------|
| HC/HC | Humans | M/F | + | n.r. | n.r. | ↑ weight gain | [17] |
| HF/HC | Humans | M/F | +/- | n.r. | n.r. | weight gain | [17] |
| Glucose | C. elegans ALS models | n/a | + | î | n.c. | ↓ autophagy, ER stress, and muscle damage. | [18] |
| Maple syrup | C. elegans (TDP-43) | n/a | + | ↑ | n.r. | Phenols GA and CA were responsible | [19] |
| Extra virgin olive oil | SOD1 ^{G93A} mice | F | + | ſ | n.c. | ↓autophagy, ER stress and muscle damage. | [21] |
| Extra virgin olive oil extract | HEK cells/motone urons/glia cultures from SOD1 ^{G93A} mice | n.r. | + | n.r. | n.r. | Neuroprotective and prevented nitric oxide release. | [22] |
| Ketogenic | SOD1 ^{G93A} mice | М | + | n.r. | n.r. | \uparrow complex I, \uparrow ATP synthesis. | [25] |
| Ketogenic | SOD1 ^{G93A} mice | М | + | n.c. | n.r. | ↑ healthy energy metabolism and ↓ disease progression | [26] |
| The Deanna Protocol | SOD1 ^{G93A} mice | М | + | 1 | n.r. | ↑ survival and motor function | [27] |
| Antioxidants, carotenes, fruits, vegetables | Humans | M/F | + | n.r. | n.r. | ↑function | [28] |
| Fruits and beta- carotene | Humans | M/F | + | n.r. | n.r. | ↓ risk | [29] |

(M) male, (F) female, (+) positive, (-) negative, (\uparrow) increased, (\downarrow) decreased, (n.r.) not reported, (n.c.) no change, (HC/HC) high carbohydrate/high caloric, (HF/HC) high fat/high caloric

4.4 Metabolic factors associated with ALS (summary in Table 2)

4.4.1 BMI

The influential role of diet in ALS has brought with it a need for understanding the metabolic health of ALS patients with respect to their Body Mass Index (BMI). It has been shown that an increased BMI corresponds to an increased survival time in ALS [51-55], while a decreased BMI may increase disease severity [5]. However, how BMI acts as a protecting factor is largely unknown. As researchers have delved into this topic, sex-dependent differences have been revealed. A study conducted in Western Europe including over five-hundred thousand individuals showed that increased pre-diagnostic body fat reduced the risk of ALS mortality [56]. These risk factors varied between the sexes. Underweight women were three times more likely to die from ALS, while women with increased waist/hip ratio had a decreased risk. Men, on the other hand, showed a significant linear relationship with increased body mass index and decreased risk.

Furthermore, sex differences were seen when body fat distribution was studied to determine the protecting effects of visceral and subcutaneous fat [57]. Overall fat content was unchanged between ALS patients and controls, but the composition of the fat was different. Both males and females with ALS showed an increase in visceral fat and a decrease in subcutaneous fat when compared to healthy controls. However, this visceral fat did not impact ALS clinical severity or survival. Subcutaneous fat did predict survival in males, but not females, with an increase in fat corresponding to increased survival.

The differences seen in fat composition suggest there could be an alteration in fat metabolism in ALS patients. One study looked at the effect of TDP-43 overexpression in mice to determine changes in metabolism [58]. They observed that when TDP-43 is knocked out of

mice post-natal, they exhibit decreased weight loss, fat depletion, and rapid death. When TDP-43 is overexpressed, mice exhibit increased fat accumulation, adipocyte hypertrophy, and altered responses to insulin in skeletal muscle. This suggests TDP-43 as a regulator of body mass composition and glucose homeostasis, suggesting that mutations in TDP-43 may be a contributing factor to the metabolic abnormalities seen in ALS [58]. Future studies could include an investigation on fat composition in these mice compared to healthy controls as well as how diet could affect fat composition in ALS.

4.4.2 Hyperlipidemia

It is well documented that patients with ALS present with a lowered BMI and hypermetabolism, but they also present with hyperlipidemia. It is largely unknown what is causing hyperlipidemia in ALS patients, but research suggests that it a positive prognostic factor for ALS patients. A study was done in 655 humans measuring different metabolic factors including blood concentrations of triglycerides, cholesterol, low-density lipoprotein (LDL) and high-density lipoprotein (HDL), with hyperlipidemia being measured by the amount of total cholesterol or LDL in the serum [59]. The results revealed that hyperlipidemia was present in two-times as many ALS patients compared to controls, with a high LDL/HDL ratio significantly extending patient lifespan. Moreover, elevated levels of both fasting triglycerides and cholesterol have been shown to be positive prognostic factors in ALS. Serum triglycerides above median levels have been shown to extend patient lifespan by 14 months [60] and elevated cholesterol levels correlated with 3.25 times improved survival time [61].

Another study considered biological changes that accompany percutaneous endoscopic gastrostomy (gastrostomy), a process beneficial for ALS patients who have trouble swallowing or eating enough to meet their nutritional needs. They measured levels of total cholesterol and

low-density lipoprotein in patients before, at the time of, and after percutaneous endoscopic gastrostomy. Their results indicated that increased variation of total cholesterol between the three time points were indicative of decreased survival. They suggest that a diet focused on healthy cholesterol supplementation, especially in patients with gastrostomy, may prove beneficial in extending patient lifespan [62].

It is possible that hyperlipidemia is the result of a compensatory mechanism used to meet the altered energy demands in ALS. SOD1^{G86R} mice were studied in the asymptomatic stage (65 days of age) and glycolytic muscles were shown to preferentially utilize lipids over glucose [63]. This may prove to be detrimental to the cell as an increase in lipid by-products can contribute to lipotoxicity and ROS production, eventually leading to denervation and having toxic effects on mitochondria. Interestingly, oxidative muscles such as the soleus showed no change.

In contrast, hyperlipidemia has been reported in SOD1^{G93A} mice in the pre-symptomatic stage, with hyperlipidemia being significantly greater in males than in females [64]. Although in contrast to many studies reporting hyperlipidemia, it still suggests metabolic alterations are occurring before disease onset involving lipid metabolism. Lipid metabolism has also been shown to be altered in the gastrointestinal tract in mSOD1 mice. Lipids were both absorbed and triglyceride-rich lipoproteins cleared in greater frequency, resulting in decreased level of triglyceride-rich lipoproteins after eating, also known as postprandial lipemia. When supplemented with a high-fat diet, these alterations were ameliorated and neuroprotection occurred [65]. A high-fat diet also protected against a decrease in postprandial cholesterolemia. This study is in agreement with previous studies, suggesting an increased lipid intake for ALS patients to compensate for the increased energy needs.

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Recently, a study was conducted to determine risk factors associated with ALS. LDL cholesterol and coronary heart disease were both identified as being causally linked to ALS, and further analysis showed that the link between ALS and coronary heart disease is due to elevated LDL cholesterol [66]. This agrees with the hyperlipidemia typically seen in ALS patients, but it brings into question if hyperlipidemia is a factor that is detectable before neurodegeneration occurs, and exactly why hyperlipidemia is promoted by ALS.

4.4.3 Type 2 diabetes mellitus

The contribution of type 2 diabetes to ALS development is under debate. Many studies have reported that type 2 diabetes protects against ALS development [67-70] and it may delay the onset of disease symptoms [71]. Others have reported that type 2 diabetes did not affect ALS phenotypes or prognosis [72]. These conflicting results may be because an increased BMI is often associated with type 2 diabetes and a high BMI is the underlying protecting factor. This had led scientists to delve deeper into specific phenotypes of the disease beyond an elevated BMI, specifically glucose homeostasis in ALS patients.

Glucose dysregulation is a common feature seen in both type 2 diabetes and ALS. A study done in 21 ALS patients and 21 control patients looked at the response of insulin to glucose using oral glucose tolerance tests. Those with ALS showed elevated blood glucose levels, impaired glucose tolerance, and elevated free-fatty acids [73]. Free-fatty acids are a known cause of insulin resistance, suggesting that ALS could be promoting type 2 diabetes-like phenotypes in humans. This result is contrary to mouse and human studies reported [6], but it suggested that because the patients in this study had non-SOD1 linked sporadic ALS they may exhibit different phenotypes than SOD1 linked ALS, highlighting a common found when studying ALS.

| Metabolic Factor | Model | Sex | Results | Reference(s) |
|--|------------------------------|-------------|---|--------------|
| BMI | Humans | Male/female | ∱BMI associated with ↑survival time. | [51-55] |
| BMI | Humans | Male/female | ↓BMI associated with ↑disease severity | [5] |
| BMI | Humans | Male/female | ↓ BMI females have ↑ ALS (3x) , ↑ waist/hip ratio females have ↓ risk, ↑ BMI males correlated to ↓ risk. | [56] |
| Fat Distribution | Humans | Male/female | ↑ subcutaneous fat ↑ survival in males only | [57] |
| Fat Metabolism | TDP-43 mice | Male | TDP-43 overexpression has ↑ fat accumulation, ↑ adipocyte hypertrophy, and altered insulin responses | [58] |
| Type 2 Diabetes Mellitus | Humans | Male/female | Protects against ALS development | [67-70] |
| Type 2 Diabetes Mellitus | Humans | Male/female | Delays onset of ALS symptoms | [71] |
| Type 2 Diabetes Mellitus | Humans | Male/female | Does not influence ALS phenotype or prognosis | [72] |
| Insulin sensitivity | Humans | Male/female | ALS patients had ↑ blood glucose levels, impaired glucose tolerance, and ↑ free fatty acids | [73] |
| LDL cholesterol | Humans | Male/female | Hyperlipidemia seen in 2x as many ALS patients, and ↑ LDL/HDL ratio extends patient lifespan. | [59] |
| Fasting triglycerides | Humans | Male/female | ↑ triglycerides extend patient lifespan by 14 months. | [60] |
| Fasting cholesterol | Humans | Male/female | ↑ cholesterol correlated with 3.25x improved survival | [61] |
| Cholesterol supplementation | Humans | Male/female | ↑ lifespan, particularly in patients with gastrostomy | [62] |
| Lipid metabolism by glycolytic muscles | SOD1 ^{G86R} mice | Male | Glycolytic muscles prefer lipids over glucose, while respiratory muscles show no change. | [63] |
| Hypolipidemia | SOD1 ^{G93A} mice | Male/female | Hypolipidemia observed in the pre-symptomatic stage, significantly greater in male mice. | [64] |
| LDL cholesterol | Humans | Male/female | ↑ LDL cholesterol and associated coronary heart disease correlated with ALS development | [66] |

| Table 4.2 A summary of reported metabolic factors associated with ALS onset, progres | sion or |
|--|---------|
| development | |

(M) male, (F) female, (+) positive, (-) negative, (\uparrow) increased, (\downarrow) (decreased), (BMI) body mass index, (LDL) low density lipoprotein, (HDL) high density lipoprotein

4.5 The effect of sex in ALS (summary in Table 3)

4.5.1 General sex differences

When reviewing diet and metabolic disease throughout this paper, it may be noticed that many of the in vivo experiments were performed in only one sex, usually male. In papers that included both sexes, sex specific differences were often seen [56, 57, 64]. Many studies state that because males are more susceptible to the disease and sometimes develop more severe disease symptoms they are a better model to study. However, differences between the sexes suggest that there is an underlying factor protecting females, and the application of various therapies may differ between sexes. This highlights both a need for understanding the mechanisms behind sexdependent changes in ALS as well as the need for studies to be conducted in both sexes when possible.

The sex dependent differences in ALS point to sex hormones as being strong contributing factors between the sexes. Many epidemiological studies have shown that women are less susceptible to developing ALS and exhibit less severe disease progression [74-77]. However, these differences become less significant as patients age, with reports showing post-menopausal women being just as likely to develop ALS as men [78]. These findings point towards sex hormones as the strong contributing factor to sex-dependent differences. Many in vivo studies support the role of sex hormones in ALS pathology. ALS disease development and progression is varied amongst the sexes in many ALS mouse models [79-81]. Males typically exhibit an earlier onset of disease and females typically live longer, despite have similar symptomatic stage durations. In addition, it has been reported that male TDP-43 transgenic mice develop a stronger phenotype than females [82]. Males will exhibit abrupt onset of the disease around day 14-18, while females won't exhibit symptoms until around day 30, with only gradual development of

disease beginning with a small tremor. It is believed that this difference is due to an approximate 2-3 fold increase in TDP-43 accumulation in the male. These sex-dependent differences seen in disease onset and progression strongly suggest a role of sex hormones in ALS.

Sex-dependent differences have also been seen in response to exercise. Exercise is a somewhat controversial topic in ALS, with some reports claiming benefits to the patient, others claiming harm, and yet others reporting no change [83]. These conflicting reports are in part due to the short lifespan following diagnosis, making the effects of exercise difficult to measure in humans. A few groups have overcome this issue by studying the effect of exercise in mice. In SOD1^{G93A} mice, high-intensity endurance training was beneficial for females only, with females having an increased survival time [84]. Male mice exhibited a hastened decrease in motor performance and death following clinical onset. It is unknown why the females are protected from the deleterious effects of exercise, but it is hypothesized that estrogen could be playing a role. It is also possible that female SOD1^{G93A} mice live longer regardless of exercise, as has been reported [79, 80]. A second study measuring the effects of exercise in low-copy and high-copy human SOD1^{G93A} mice found that exercise hastened clinical onset in males only [85]. In agreement with the previous study, exercise extended the lifespan of high-copy hSOD1 female mice only. They suggest that because non-exercising females had more irregular estrous cycles, they were exposed to less estrogen, and as such estrogen was acting as a protective factor in exercising female mice.

As mentioned previously, metabolism is altered in ALS. The effect of sex-hormones on metabolism in ALS is supported by an article showing leptin dependent changes in SOD1 mice [86]. Leptin is a hormone that regulates satiety and energy expenditure, changing the overall metabolic state of the organism. SOD1 mice typically exhibit hypermetabolism, but when placed

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in a leptin-deficient background they exhibit sex-dependent improvements in energy homeostasis and decelerated disease progression [86]. Females exhibited a significant increase in survival and motor function and a decreased energy expenditure, while males showed similar changes but were much less drastic. Leptin is known to be affected by various hormones, including sex hormones, suggesting that the changes seen in this study are dependent upon the sex hormones present in the mice [86]. Further testing on how specific hormones are affecting these changes have not been conducted but would provide significant insight into how sex hormones are affecting metabolism in the SOD1 mouse model of ALS.

4.5.2 Endogenous estrogen

Estrogen and progesterone are the two most abundant female sex hormones. Estrogen is primarily an ovarian sex hormone, yet it has many functions outside of those related to reproduction. It has been reported to play a significant role in lipid and carbohydrate metabolism, electrolyte balance, and the central nervous system [87]. The higher prevalence of ALS in males points towards a protective effect of female sex hormones, primarily estrogen and progesterone. In epidemiological studies, a longer exposure to endogenous estrogen combined with a longer reproductive time-span significantly increases survival time in post-menopausal women with ALS [88].

Decreasing the amount of endogenous estrogen has proven to have deleterious effects on female mice. In SOD1^{G93A} transgenic mice, ovariectomy led to acceleration of the disease, making disease progression and lifespan comparable to male mice [89, 90]. In addition, ovariectomy attenuated the anti-inflammatory and anti-apoptotic actions of estrogen [91]. When supplemented with a high dose of 17beta-estradiol (E2), a form of estrogen, ovariectomized females exhibited extended lifespan [89, 90]. In addition, male mice treated with E2 exhibited significantly improved motor function in addition to inflammasome activity being ameliorated [92]. Combined, these data strongly suggest that estrogen is having a neuroprotective effect on disease onset and progression.

4.5.3 Endogenous progesterone

In both men and women, elevated endogenous progesterone levels show a positive correlation with survival time and time to diagnosis [93]. Few studies have been performed examining the effect of progesterone in an in vivo model. One study hypothesized that progesterone may be acting to delay neurodegeneration by activating autophagy in a SOD1^{G93A} transgenic mouse model [94]. Although the onset of disease was not shown to be affected by progesterone, the progression of motor dysfunction was significantly delayed. After histological examination, it was clear that the progesterone treated group exhibited reduced spinal motor neuron death.

The effects of progesterone are reflected in the Wobbler mouse model of ALS, where progesterone is upregulated likely as a neuroprotective response to neurodegeneration [95]. There have been many studies conducted in Wobbler mice looking at the protective effects of progesterone (see [95-100]). However, it is important to note that the VPS54 mutation responsible for the Wobbler mouse has not been found in ALS patients, as such the specifics on these studies have not been included in this review [101]. It would be very interesting to replicate the experiments performed in the Wobbler mice in different ALS mouse models.

4.5.4 Endogenous testosterone

Testosterone is primarily a male sex hormone, but altered levels of testosterone have been reported in females with ALS. In one study, testosterone levels were elevated in females, and as the patient aged they remained elevated instead of declining with age as they do in healthy

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controls [102]. A second study done in 92 patients reported no change in total testosterone in either males or females with ALS. However, they did report a significant decrease in free testosterone in those with ALS. They suggest that this difference is a result of testosterones inability to cross the blood brain barrier in its unbound form and that it is free testosterone impacts ALS development [103].

Interestingly, prenatal levels of testosterone may be an influencing factor in the development of sporadic ALS. There is some evidence suggesting that by measuring and comparing the lengths of the index finger and the ring finger (2D:4D ratio) you can crudely estimate the exposure of testosterone in utero for both males and female, with a reduced ratio associating with increased testosterone. In ALS patients, the 2D:4D ratio was lower than controls, suggesting increased prenatal testosterone levels were influencing ALS development [104]. These studies show that testosterone levels may be associated with ALS, but further understanding is needed to truly understand how testosterone is affecting ALS patients.

4.5.5 Exogenous sex hormones

In addition to endogenous hormones affecting ALS, exogenous hormones are also an important factor to consider, as approximately 80% of women in the United States use hormonal contraceptives to prevent pregnancy [105]. However, there is limited research into how exogenous hormones affect ALS onset and progression in females. In one epidemiological study consisting of 653 patients and 1,217 controls, exogenous estrogens and progestogens were shown decrease the chance of developing ALS in the female population [106]. In contrast, a study of 193 postmenopausal women reported oral contraceptive use was not associated with ALS risk [107]. It is important to note that this study did not consider the other various hormonal contraceptives, such as intrauterine devices or vaginal rings. Although inconclusive, the results of these epidemiological studies have pushed for a deeper understanding of the function of

exogenous sex hormones in ALS development and progression.

| Hormone | Treatment | Sex | Model | Out- come | Sur- vival | Time to Onset | Other notable results | Source |
|-------------------------|---|-----|-------------------------------|--------------|---------------|---------------------|--|----------|
| General sex hormones | Observa- tional | M/F | TDP-43 transgenic | +F -M | n.r. | n.r. | Abrupt disease onset in M ↑ TDP-43 accumulation | [82] |
| General sex hormones | High- endurance exercise | M/F | SOD1 ^{G93A} mice | +F -M | ↑ F ↓ M | ↑ F ↓ M | Exercise beneficial for F, deleterious for M | [84] |
| General sex hormones | Exercise | M/F | hSOD1 mice | +F -M | n.r. | ↑ F ↓ M | Exercise benefit for F likely due to ↑ estrogen | [85] |
| Leptin | Leptin deficiency | M/F | SOD1 mice | +F +M | +F +M | ↑ F ↑ M | ↑ survival and motor function ↓ energy, stronger phenotypes in F | [86] |
| Estrogen | Lifelong exposure and reproductive timespan | F | Post- menopausal humans | + | Ţ | n.c. | ↑ lifelong exposure ↑ reproductive timespan associated with ↓ risk | [88] |
| Estrogen | Ovariectomy | F | SOD1 ^{G93A} mice | - | \downarrow | n.c. | ↓ lifespan | [89, 90] |
| Estrogen | Ovariectomy + estrogen supplement ation | F | SOD1 ^{G93A} mice | + | Î | n.c | ↓ ALS motor neuron progression, ↑ lifespan | [89, 90] |
| Estrogen | Estrogen supplement ation | М | SOD1 ^{G93A} mice | + | Î | n.c | ↑ motor function ↓ neurodegeneratio n and ↓ inflammasome activity | [92] |
| N/A | Ovariectomy | F | hSOD1 ^{G93A} mice | - | ↓ | ¢ | ↓ estrogen- dependent anti- inflammation and anti-apoptosis | [91] |
| Progesterone | Elevated pro- gesterone | M/F | Humans | + | ↑ | Ļ | ↑ hypothalamic- pituitary-adrenal axis activation? | [93] |
| Progesterone | Pro- gesterone supplemen- tation | М | SOD1 ^{G93A} mice | + | 1 | n.c. | ↓ disease progression ↓ spinal motor neuron death | [94] |
| Testosterone | Obser- vational | M/F | Humans | n.r. | n.r. | n.r. | ↑ testosterone levels in F ALS | [102] |
| Testosterone | Obser- vational | M/F | Humans | n.r. | n.r. | n.r. | ↓ free testosterone in ALS | [103] |

Table 4.3 A summary of reported sex-related differences associated with ALS onset, progression or development

| In utero testosterone | Obser- vational | M/F | Humans | - | n.r. | n.r. | ↓ lower 2D:4D ratio in ALS, suggesting ↑ exposure to testosterone in utero contributed | [104] |
|---|-----------------------------|-----|------------------------------|------|------|------|---|-------|
| Exogenous estrogen and progesterone | Obser- vational | F | Humans | + | n.r. | n.r. | Exogenous estrogens and progestogens contributed to a ↓ risk | [106] |
| Exogenous sex hormones | Oral contra- ceptive use | F | Post- menopausal women | n.c. | n.r. | n.r. | Oral contraceptive use did not impact ALS risk. | [107] |

(M) male, (F) female, (+) positive, (-) negative, (\uparrow) increased, (\downarrow) decreased, (n.r.) not reported, (n.c.) no change, (N/A) not applicable

4.6 Concluding remark

ALS is a devastating neurodegenerative disease with few treatments and no cure. Although the cause of ALS is largely unknown, different factors have been studied in an effort to reduce disease risk, slow disease progression, and extend survival time (Figure 1). Three of these factors have been discussed in this review: diet, metabolic health, and sex. Diet and metabolic health go hand in hand. ALS patients often present with altered metabolic phenotypes, including altered fatty acid metabolism, which may be combated with the healthy dietary interventions discussed in this review. Furthermore, metabolic health both before and after disease onset has been shown to affect how the disease presents in the patient, with a higher BMI being associated with decreased risk and decreased disease progression. Consistent with this finding, diets that increase weight or contain certain poly unsaturated fatty acids (PUFAs) have been shown to decrease disease progression both in humans an mice. Combined, these studies review both current holistic therapies that can be applied to benefit ALS patients as well as molecular pathways that can be targeted for future drug development.

Sex is the third factor discussed in this review. Sex hormones play an important role in ALS independent of diet and metabolic health, with females protected from ALS development

and more severe disease progression. In addition, this review highlighted sex discrepancies seen in many studies involving diet and metabolic health. Unfortunately, most studies involving diet and metabolic health only include the male population. In cases where both sexes are included, differences between the sexes were seen which could be obstructing clear results from studies and contributing to contradictory reports. The impact of these findings is twofold: first, it highlights the importance of studying potential molecular pathways for drug development in both sexes, as they may be influenced by sex-dependent factors. It would be devastating to develop a drug intended for both sexes only to find it behaves very differently in males and females. Second, it suggests that the metabolic abnormalities seen in ALS may differ between sexes. This becomes important when applying holistic therapies altering diet or metabolism in both males and females. By considering each of these factors individually, and together, it will allow for more effective and safe therapies for ALS patients.



Figure 4.1 Diet, metabolic health, and sex are important contributing factors to ALS onset, progression and/or survival time . However, it is important to understand understand that each of these factors is linked to the other and that by altering one factor it may cause repercussions in another. This suggests mindfulness when developing models for the study of ALS.

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CHAPTER 5: Pbp1 Regulates Mitophagy through the Novel Binding Partner Ptc6

The following chapter is taken from a study currently in progress. All content and figures have been formatted for this dissertation.

5.1 Abstract

Mutations in ataxin-2 have recently been associated with an increased risk for Amyotrophic Lateral Sclerosis (ALS), yet little is known about the molecular pathways behind Ataxin-2 activity. Recently, PAS kinase was identified as a novel regulator of ataxin-2 function. In depth studies of the yeast homolog of ataxin-2, poly(A)- binding protein binding protein 1 (Pbp1), revealed that under glucose depravation, the nutrient sensing protein kinase PAS kinase phosphorylates and activates Pbp1. This activation inhibits TORC1 function through sequestration to stress granules, though the mechanism behind the Pbp1 and TORC1 interaction remains unclear. In this study, 32 novel interaction partners of Pbp1 were identified. Most the interacting partners were involved in RNA processing, but others were involved in DNA damage response, mitophagy, and the misfolded protein response respectively. Ptc6 was identified by yeast two-hybrid assay as a direct binding partner of Pbp1. Colocalization revealed sequestration of Ptc6 with Pbp1 to the stress granules under nutrient depravation. Mitophagy assays showed an expected decrease in Ptc6-deficient yeast, while Pbp1-deficient yeast exhibited a significant increase, suggesting Pbp1 activates Ptc6 to regulate mitophagy. In the absence of Pbp1, Ptc6 is hyperactive and the cell has increased levels of mitophagy. Quantification of total mitochondria revealed a significant increase in Ptc6-deficient yeast, suggesting that the decreased level of mitophagy is causing an accumulation of mitochondria. This is supported by plate respiration

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assays that show increased colony size in Ptc6-deficient yeast. Further studies are needed to identify the health of the mitochondria in Ptc6-deficient yeast. Overall, this study provides further characterization of the ataxin-2/pbp1 pathways and yields valuable insight into the role of ataxin-2 in the development of ALS.

5.2 Introduction

Amyotrophic lateral sclerosis (ALS) is a devastating neurodegenerative disease. With no known cure and only a handful of known genetic components, treatment options for patients typically revolve around symptomatic management, such as physical therapy, pain relievers, and dietary supplementation [1, 2]. As such, there is a desperate need for an effective drug to be developed that will ameliorate disease symptoms and extend patient lifespan. Recently, intermediate-length ataxin-2 polyQ repeat expansions were identified to be significantly associated with susceptibility of ALS in humans [3]. While little is known about ataxin-2, initial studies have revealed that reducing ataxin-2 levels in an ALS mouse model (TDP-43 mutant mice) increases longevity [4]. These studies suggest that higher levels or altered activity of ataxin-2 are associated with ALS progression, while lower levels of ataxin-2 appear to be protective. Using ataxin-2 as a therapeutic target is promising, though not without side-effects, especially when considering complete inhibition of ataxin-2. Deletion of ataxin-2 in mice has been shown to have adverse side-effects, including obesity, insulin resistance, and hyperlipidemia [5, 6], suggesting that the deletion significantly impairs healthy cellular metabolism. It is unclear what other pathways are being altered in response to ataxin-2 deficiency, making regulation of ataxin-2 (restoring healthy function) an attractive therapeutic goal.

A newly identified regulator of ataxin-2 is PAS kinase. PAS kinase is a nutrient sensing protein kinase that is conserved between yeast, mice, and humans [7]. In yeast, PAS kinase has been shown directly phosphorylate and activate ataxin-2 as well as the yeast homolog of ataxin-2, Pbp1 (Choksi et al, *submitted*). Under cellular stress, PAS kinase phosphorylates and activates ataxin-2/Pbp1, sequestering it to the stress granule. This function is not surprising, as ATXIN-2/Pbp1 are both known to localize to stress granules. When ataxin-2/Pbp1 are phosphorylated and activated by PAS kinase in yeast, they also can sequester other proteins to stress granules. This model has been verified by monitoring the known interaction of Pbp1 and TORC1 (Figure 5.1). ataxin-2/Pbp1 overexpression in yeast causes caffeine sensitivity, resulting in inhibition of cellular growth through the sequestration of TORC1 to stress granules [10]. In PAS kinase, thus preventing the sequestration of TORC1 to stress granules and activated by PAS kinase, thus are proventing the sequestration of TORC1 to stress granules and promoting cellular growth on caffeine (11, Choksi et al, *submitted*).

Despite the clear importance of ataxin-2/Pbp1, only four binding partners have been identified (Pab1, Lsm12, Pbp4, and Dhh1, which are all thought to have roles in stress granule formation and mRNA regulation [12]. The aim of this study was to further characterize ataxin-2/Pbp1 through a Pbp1 interactome performed in yeast. Identifying additional binding partners will shed light onto the role of ataxin-2/Pbp1 in the cell, including pathways by which it may be affecting neurodegeneration and contributing to disease phenotypes.



Figure 5.1 PAS kinase phosphorylates and activates Pbp1/ataxin-2, causing sequestration of Pbp1/ataxin-2. Pbp1/ataxin-2 also influences the sequestration of other proteins to the stress granules.

5.3 Materials and methods

5.3.1 Growth assays

Lists of strains, plasmids, and primers used in this study are provided in table 1. For plasmid construction, standard PCR-based cloning methods were used. Restriction enzymes were purchased from New England BioLabs (Ipswich, MA).

Yeast two-hybrid bait plasmid was made by PCR amplification of Pbp1 and subsequent cloning into the EcoRI/SalI sites of pGBD-C1 yeast two-hybrid Gal4 bait vector (pJG424) [13] (pJG1386 [JG2916/3163]). Yeast two-hybrid libraries are described in an earlier work [14]. Yeast two-hybrid Gold cells (Clontech, Mountain View, CA) were used to transform in bait and prey plasmids for interaction studies. For serial dilution growth assays, spot-dilutions were performed by growing yeast in overnight liquid culture, serially diluted 1:10 in water and spotted on selective plates as well as control plates. Plates were incubated at 30°C for 7–10 d until colonies were apparent.

| Strain | Background | Genotype | Abbreviation | a/ α | Reference or source |
|-----------------------|------------|--|--------------|------|--|
| JGY1 | W303 | ade2-1 can1-100 his3-11,15 leu2-3112 trp1-1 ura3-1 | wт | а | David Stillman (University of Utah, Salt Lake City, UT) |
| JGY2 | W303 | Psk1::his3 ade2-1 can1-100 his3-11,15 leu2-3112 trp1-1 ura3-1 | PSK2psk1 | а | Grose <i>et al.</i> (2007) |
| JGY3 | W303 | psk2::kan-MX4 ade2- 1 can1-100 his3- 11,15 leu2-3112 trp1- 1 ura3-1 | PSK1psk2 | а | Grose <i>et al.</i> (2007) |
| JGY4 | W303 | psk1::his3 psk2::kan- MX4 ade2-1 can1-100 his3-11,15 leu2-3112 trp1-1 ura3-1 | psk1psk2 | а | Grose <i>et al.</i> (2007) |
| JGY299 | S288C | PSK2-TAPtag::kanMX ura3-0 trp1-0 SUC2 mal mel gal2 CUP1 flo1 flo8-1 | WT | α | Jared Rutter (University of Utah, Salt Lake City, UT) |
| Y2H Gold (JGY1031) | | LYS2::GAL1UAS- GAL1TATA-His3, GAL2UAS- Gal2TATA-Ade2 URA3::MEL1UAS- MEL1TATA, AUR1- CMEL1, ura3-52 his3- 200 ade2-101 trp1- 901 leu2-3, 112 gal4del gal80del met- | Y2H Gold | а | Clontech |
| Y187 (JGY1073) | | URA3::GAL1-GAL1- LacZ, MEL1, ura3-52, his3-200, ade2-101, trp1-901, leu2-3, 112, gal4del, gal80del, met- | Y187 | α | Clontech |
| JGY1074 | | pGADT7 Mate and Plate stationary phase | YPAD library | α | DeMille <i>et</i> <i>al.</i> (2014) |

Table 5.1 Yeast strains used in this study

| | | YPAD library in | | | |
|---------|--------|--|-------------------|---|--|
| JGY1098 | | pGADT7 Mate and Plate mid-log YPAGal library in JGY1073 | YPAGal library | α | DeMille et al. (2014) |
| JGY1122 | BY4743 | <i>Pbp1::KanMx4</i> His3-1, leu2-0, lys2- 0,ura3-0 | pbp1 | α | Janet Shaw (University of Utah, Salt Lake City, UT) |
| JGY1161 | S288C | psk1::hygro psk2::NAT ura3-0 trp1-0 SUC2 mal mel gal2 CUP1 flo1 flo8-1 | psk1psk2 | α | DeMille et al. (2015) |
| JGY1383 | | <i>pJG1386 Pbp1 in</i> <i>Y2H bait</i> ura3-52, his3-200, ade2-101, trp1- 901,leu2-3,112, gal4del | PBP1-Y2H Gold | а | This study |
| JGY43 | BY4741 | His3d1, leu2DO, met15DO, ura3DO | WT | | Jared Rutter (University of Utah, Salt Lake City, UT) |
| JGY1244 | BY4741 | Psk2::NAT, psk1::hygro, his3D1, leu2DO, met15DO, ura3DO. | psk1psk2 | | Jared Rutter (University of Utah, Salt Lake City, UT) |
| JGY1598 | BY4741 | Ptc6::kanMX, his3D1, leu2Do, met15DO, ura3DO | ptc6 | | Tim Formosa (University of Utah, Salt Lake City, UT) |
| JGY1603 | BY4741 | PTC6- GFP::HIS3MX6, his3- 1, leu2-0, met15-0, ura3-0 | ptc6-GFP | | O'shea collection (Thermo- Fisher) |
| JGY1591 | BY4741 | OM45-GFP::His, leu2DO, met15DO, ura3DO | WT | | This study |
| JGY1593 | BY4741 | OM45-GFP::His, leu2DO, met15DO, ura3DO | pbp1 | | This study |

| JGY1624 | BY4741 | OM45-GFP::His, leu2DO, met15DO, ura3DO | ptc6 | This study |
|---------|--------|--|--------------|------------|
| JGY1594 | BY4741 | OM45-GFP::His, psk1::hygro, psk2::nat, leu2DO, met15DO, ura3DO | psk1psk2 | This study |
| JGY1608 | BY4741 | OM45-GFP::His, psk1::hygro, psk2::nat, pbp1::kanMX, leu2DO, met15DO, ura3DO | psk1psk2pbp1 | This study |
| JGY1623 | BY4741 | OM45-GFP::His, psk1::hygro, psk2::nat, ptc6::kanMX, leu2DO, met15DO, ura3DO | psk1psk2ptc6 | This study |
| JGY1625 | BY4741 | OM45-GFP::His, atg32::kanmx, leu2DO, met15DO, ura3DO | atg32 | This study |

Table 5.2 Plasmids used in this study

| Plasmid | Gene | Description | Backbone | Yeast | Selection | Reference |
|-----------|---------|-------------------|-----------|--------|-----------|--------------------|
| 1 lasinia | Gene | Description | Backbolle | origin | Gelection | or source |
| n IG9 | PSK1 | Psk1 in nRS424 | nRS424 | 20 | Trn | Jared |
| p000 | 1 0/(1 | | profize | 24 | пр | Rutter |
| n IG173 | PSK2 | Psk2 in n IR1765B | n IR1765B | 20 | Ura | Jared |
| p30173 | 1 5/12 | | portroop | Zu | ola | Rutter |
| nIC174 | PSK2 | Psk2 K870R kinase | n IR1765B | 211 | Liro | Jared |
| p3G174 | 1 5/12 | dead mutant | PULLIOD | Zu | Ula | Rutter |
| nIC421 | EV | pGAD-C1 empty | | 211 | المل | James <i>et</i> |
| p30421 | | Y2H prey vector | TEP-GAD | Zu | Leu | <i>al.</i> (1996) |
| nIC424 | | pGBD-C1 empty | | 211 | Trn | James <i>et</i> |
| p3G424 | ΕV | Y2H bait vector | тер-ово | Zu | пр | <i>al.</i> (1996) |
| nIC429 | Librony | pGAD-C2 genomic | | 2 | | James <i>et</i> |
| pJG420 | Library | library | TEP-GAD | Zu | LEU | <i>al</i> . (1996) |
| nIC420 | Library | pGAD-C3 genomic | | 211 | | James <i>et</i> |
| p3G429 | Library | library | TEP-GAD | Zu | LEU | <i>al</i> . (1996) |
| n IC508 | DSK1 | ΔN692Psk1 in | | 211 | Trn | DeMille <i>et</i> |
| h1G290 | FSKI | pJG425 | тер-бво | Zu | пр | <i>al.</i> (2014) |
| n IC725 | EV | | pDQ116 | | Liro | David |
| pJG725 | EV | радн-мус | pr.3410 | CEN | Ula | Stillman |
| nIC724 | | ADH AN420Pbp1- | pDS/16 | CEN | Uro | David |
| pJG734 | | Мус | μιζ3410 | | Ula | Stillman |
| n IC 959 | DSK1 | pGAL1-10, Psk1- | pBS426 | 2 | Uro | DeMille et |
| h10000 | FSNI | HIS/HA | μκ.5420 | Zu | Ula | al. (2014) |

| pJG859 | EV | pGAL1-10, HIS/HA | pRS426 | 2u | Ura | DeMille et al. (2014) |
|---------|-------------------|--|--------|-----|-----|----------------------------|
| pJG925 | PBP1 | Full-length Pbp1 in pJG859 | pRS426 | 2u | Ura | DeMille et al. (2015) |
| pJG1250 | PBP1 | pGAL1-10, ∆N419Pbp1-Myc | pRS426 | 2u | Ura | DeMille et al. (2015) |
| pJG1251 | PBP1 | pGAL1-10, Full length Pbp1-Myc | pRS426 | 2u | Ura | DeMille et al. (2015) |
| pJG1271 | PSK1 | Psk1-D1230A kinase dead mutant | pRS426 | 2u | Ura | DeMille et al. (2014) |
| pJG1331 | ATXN2 | Full length ATXN2 | pGEM-T | 2u | Ura | Sino Biological Inc. |
| pJG1359 | ATXN2 | ∆N379 ATXN2 in pJG859 | pRS426 | 2u | Ura | This Study |
| pJG1360 | ATXN2 | ∆N554 ATXN2 in pJG859 | pRS426 | 2u | Ura | This Study |
| pJG1361 | ATXN2 | ∆N700 ATXN2 in pJG859 | pRS426 | 2u | Ura | This Study |
| pJG1386 | PBP1 | ∆N419Pbp1 in pJG424 | pRS416 | CEN | Ura | This Study |
| pJG1409 | PBP1 | Full length Pbp1 in pJG725 | pRS416 | CEN | Ura | This Study |
| pJG1542 | PBP1 | Pbp1 with mutations: S106A, T193A, S436A, S479A,T708A,T718A made with pJG1251 | pRS416 | CEN | Ura | This Study |
| pJG1523 | PBP1 | Pbp1 with mutations: S106A, T193A, T355A, S436A, S479A,T708A made with pJG1251 | pRS416 | CEN | Ura | This Study |
| pJG1544 | PBP1 | Pbp1 with mutations: S106A, T215A, T355A, S436A, S479A,T708A,T718A made with pJG1251 | pRS416 | CEN | Ura | This Study |
| pJG1546 | PAT1 | PTA1 in Y2H bait | | | Leu | DeMille et al. (2014) |
| pJG1548 | Hypothetical gene | Hypothetical gene in Y2H bait | | | Leu | DeMille et al. (2014) |
| pJG1549 | YEN1 | YEN1 in Y2H bait | | | Leu | DeMille et al. (2014) |
| pJG1560 | PBP1 | Full length Pbp1 in pJG859 | pRS426 | 2u | Ura | This Study |
| pJG1561 | PBP1 | Pbp1 with mutations: S106A, T193A, S436A, S479A,T708A,T718A made with pJG12560 | pRS426 | 2u | Ura | This Study |
| pJG1562 | PBP1 | Pbp1 with mutations: S106A, T193A, T355A, S436A, | pRS426 | 2u | Ura | This Study |

| | | S479A,T708A made with pJG1560 | | | | |
|---------|-------|--|--------|----|-----|--------------------------|
| pJG1563 | PBP1 | Pbp1 with mutations: S106A, T215A, T355A, S436A, S479A,T708A,T718A made with pJG1560 | pRS426 | 2u | Ura | This Study |
| pJG1572 | SEC61 | SEC61 in Y2H bait | | | Leu | DeMille et al. (2014) |
| pJG1573 | PTC6 | PTC6 in Y2H bait | | | Leu | DeMille et al. (2014) |
| pJG1574 | MUM2 | Mum2 in Y2H bait | | | Leu | DeMille et al. (2014) |
| pJG1575 | PKH1 | PKH1 in Y2H bait | | | Leu | DeMille et al. (2014) |
| pJG1669 | PBP1 | PBP1-RFP | pRS426 | 2u | Ura | This Study |
| pJG1690 | SEC63 | Sec63-RFP | | | Ura | Katrina Cooper |

Table 5.3 Primers used in this study

| Primer | Sequence |
|--------|---------------------------------------|
| JG2335 | TTCGATGATGAAGATACC |
| JG2761 | CTATTCGATGATGAAGATACCCCACC |
| JG2762 | AGATGGTGCACGATGCACAG |
| JG2916 | GCCTCGAGGTTTATGGCCACTGGTACTACTATTATGG |
| JG2917 | GGCGAATTCATGAAGGGAAACTTTAGGAAAAGAG |
| JG2953 | GAAGGAAGGAAAGCTCAATTGGGAG |
| JG2954 | GATTGAAATACTGATTACTTAAAATTTGC |
| JG2993 | CGCCAGGGTTTTCCCAGTC |
| JG3037 | CAACCATAGGATGATAATGCGATTAG |
| JG3136 | GGCGAATTCTCGTTGCCTCCAAAACCGATCAGC |
| JG3384 | GGCGAATTCATGTCGTTGCCTCCAAAACCGATCAGC |
| JG3704 | GGCGTCGACTTACAACTGCTGTTGGTGGTGGGC |
| JG3758 | GGCCAATTGATGCGCTCAGCGGCCGC |
| JG3759 | GGCCAATTGATGACCCCCAGTGGGCCAGTTCTTG |
| JG3760 | GGCCAATTGATGTCGCCTTGCCCATCTCCTTCC |
| JG3761 | GGCCAATTGATGCTCACAGCCAATGAGGAACTTGAG |
| JG3854 | GGCGTCGACGCAACTGCTGTTGGTGGTGGGC |

5.3.2 Yeast 2-Hybrid screening

A yeast 2-hybrid system was used to look for a protein-protein interaction. The yeast 2hybrid modifies the transcription factor for the Gal4 promoter. The transcription factor has a DNA binding domain and an activation domain that recruits RNA polymerase. The yeast 2hybrid system cleaves the activation and binding domain and fuses them with a protein that will either serve as the bait (bound to binding domain) or prey (bound to activation domain). When
the two proteins interact in the cell it now allows for the Gal4 transcription factor binding domain and activation domain to become close enough to each other to recruit RNA polymerase to the promoter region and allow for expression of the reporter genes [15]. Pbp1 was cloned into binding domain (pJG1386) and the library was previously cloned into activation domain [14] (pJG428, pJG429, JGY1079 and JGY1098). Yeast containing both plasmids were selectively grown on SD-Leu-Trp. Colonies were then streaked onto selective media SD-Leu-Trp-His-Ade, where growth indicates a protein-protein interaction due to expression of reporter genes.

5.3.3 Yeast 2-Hybrid screening by mating

For cDNA library screens, α haploid yeast harboring a cDNA Y2H prey library (JGY1074 and JGY1098) [14] was mated to a haploid yeast harboring ΔN419Pbp1 Bait (JGY1383) in 2X YPAD for 24 hours at 30°C. Yeast cells where then pelleted and diluted using 10mL of SD-Leu-Trp media followed by plating 100uL on 100 SD-Leu-Trp-His-Ade plates.

5.3.4 Yeast 2-Hybrid screening by transformation

For genomic library screens, the Y2HGold (Clontech) strain bearing ΔN419Pbp1 Bait (JGY1383) was transformed with genomic libraries (pJG428, or pJG429) obtained from David Stillman, University of Utah [13]. Yeast cells where then pelleted and diluted using 10mL of SD-Leu-Trp media followed by plating 100uL on 100 SD-Leu-Trp-His-Ade plates.

5.3.5 Colony check and dependency assay

Colonies that arose on Y2H selection plates (SD-leu-trp-his-ade) were again patched on SD-leu-trp-his-ade plates for validation. The library plasmid inserts were then identified by colony PCR with subsequent sequencing (Brigham Young University DNA sequencing center) and national center for biotechnology information (NCBI) BLAST [16] analysis (an unambiguous hit with e-value of \geq 10e–45). For verification and elimination of false positives,

library plasmids were purified from yeast [17], amplified in Escherichia coli (genelute plasmid mini-prep kit, sigma-aldrich, st. Louis, mo), and transformed into clontech matchmaker gold yeast with either the Pbp1 bait plasmid (pJG1386) or the empty bait plasmid (pJG424). Colonies arising on the SD-leu-trp transformation plates were then streaked onto SD-leu-trp-his-ade in duplicate and allowed to grow for 3–5 d to test for Pbp1 dependence. The strength of growth was determined by comparing growth of yeast on SD-leu-trp-his-ade plates, which is an indication of the interaction strength (s, strong; m, medium; w, weak) (Figure 5.2).

5.3.6 Mass spectrometry

Full length Pbp1 (pJG1560) into HIS expression under the GAL1-10 promoter was made by PCR amplifying Pbp1 with primers JG2916/2917 and cloning into the EcoRI/XhoI sites of pJG859. The protein was purified, run on 10% SDS PAGE, stained with coommassie blue and 78 kDa protein purified with it was cut from protein gel using a sterile razorblade. The gel slice was flash frozen at -80°C and sent to Majid Ghassemian, Department of Chemistry and Biochemistry, University of California, San Diego, for phosphosite mapping.

5.3.7 PTC6 colocalization

Ptc6-GFP fusion yeast (JGY1603) was obtained from the O'shea collection (ThermoFisher). Pbp1-RFP was transformed into JGY1603 to monitor colocalization of Pbp1 and Ptc6 to stress granules. Overnight samples were grown according to Demille *et al.* Briefly, samples were grown in in SD-Ura medium overnight, pelleted and re-suspended in SGal-Ura to induce expression of Pab1-RFP. Cultures were then grown 4 days, pelleted, washed, and resuspended in synthetic complete medium. Cultures were grown for an additional hour at 30°C. Confocal fluorescent imaging stacks were acquired using an Olympus FV1000 confocal microscope. A 60x lens was used with 10x zoom, 0.4 µm step size and resolution of 640x640 pixels/frame for image acquisition. Deconvolution of images was performed using cellSens (Olympus).

5.3.8 Mitophagy assay

Mitophagy assays were performed via the method outlined by Kanki *et al.* Briefly, Om54-GFP DNA fragment was amplified from JGY1586 using JG4522 and JG4523. PCR product was transformed into JGY43, JGY1122, JGY 1598, and JGY1244 using standard yeast transformation methods. Correct integration was verified through fluorescence microscopy and PCR analysis of the genomic DNA (JG4524/JG4525).

Single colonies were picked and used to inncoluate 5mL YPD and grown to mid-log phase. Aliquots equal to OD~0.1 were collected for t=0, and the remaining cultures were centrifuged and re-suspended in a flask containing YPL (OD ~0.2). Cultures were grown shaking for 48 hours at 30°C, then aliquots equal to OD~0.1 were collected by centrifugation, resuspended in 50 μ L of 10% TCA, incubated on ice for 10 minutes, and frozen until ready to be broken open for SDS-Page. To break open, samples were thawed on ice and pelleted by centrifugation at 21,000xg for 10 minutes. Supernatant was removed, pellets were washed twice with 500 uL of cold acetone, and air dried. Samples were then re-suspended in 50 μ L sample buffer (150 mM Tris-HCl, pH 8.8, 6% SDS, 25% glycerol, 6 mM EDTA, 0.5% 2-mercaptoethanol, and 0.05% bromophenol blue), disrupted by vortex with an equal amount of glass beads for 3 minutes, and incubated at 100°C for 3 minutes.

5 μL of sample was loaded on a 12% polyacrylamide gel and resolved. Transfer was completed using the TurboBlot program, 2 midi-gel mixed MW program, transferring onto a nitrocellulose membrane. Membranes were blocked with 5% milk, then probed with anti-GFP antibody (1:5000 TBST) at 4°C overnight, washed, then probed with HRP-conjugated antimouse (1:10,000 TBS) for 1 hour at room temperature. Membranes were developed using the WesternBright ECL HRP substrate (Advansta Inc., San Jose, CA, USA, catalog number K-12045-D50) according to the manufacturer's protocol. Membranes were then striped and probed with anti-UGP1 to ensure equal loading between samples. Bands were quantified using the ImageJ software version 1.50i (National Institute of Health, Bethesda, MD, USA).

5.3.9 Plate respiration assays

Cultures were grown overnight in YPAD growth media. 1:10-fold serial dilutions were performed and 5 μ L of each dilution tube was plated onto both SD-Ura and S-Gly-EtOH-Ura. Plates were grown for 2-3 days at 30°C and images acquired.

5.4 Results

5.4.1 A screen for Pbp1 binding partners reveals novel putative functions

Human ataxin-2 plays a pivotal role in the development of human ataxias (3, 4, 18), yet little is known about its function. A sensitive and reliable approach for identifying protein binding partners is copurification followed by quantitative mass spectrometry (MS). Full-length Pbp1 fused with a HIS epitope was affinity purified in triplicate, and samples were subjected to quantitative liquid chromatography (LC)–tandem MS. Twenty-five putative binding partners were identified for Pbp1 when compared with the empty HIS vector control also performed in triplicate (Table 5.4). Copurification screens retrieved both expected and novel binding partners. The copurification screen retrieved several proteins known to regulate Pbp1.

To further elucidate the function of this proteins, the yeast two-hybrid (Y2H) approach was employed utilizing the yeast ataxin-2 homolog, Pbp1 as bait. A truncation of Pbp1 (ΔN419Pbp1) was previously identified as active in Y2H screens and was screen against two yeast genomic libraries (pJG428, and pJG429) [13] and two cDNA libraries (JGY1098 and JGY1074) [14]. From ~10 million transformants and mated yeast screened, seven Pbp1 binding partners were

identified (Table 5.5).

| Gene | Human Homolog | Name description | Local- ization | # of times retrieved | | | | | | |
|-----------------------------|------------------|--|-------------------|----------------------|--|--|--|--|--|--|
| RNA Processing | | | | | | | | | | |
| IMP | IMP4 | snoRNA-binding rRNA-processing protein | N | 2 | | | | | | |
| SSD1 | N/A | mRNA-binding translational repressor | N/C | 1 | | | | | | |
| Protein T | | | | | | | | | | |
| TRS31 | TRAPPC5 | Core component of transport protein particle (TRAPP) complexes I-III | C/G | 1 | | | | | | |
| VPS29 | VPS29 | Vacuolar Protein Sorting | ES/ V | 1 | | | | | | |
| SSY1 | N/A | Component of the SPS plasma membrane amino acid sensor system | РМ | 1 | | | | | | |
| SEC24 | SEC24 | COPII vesicle coat component | ER/G/C | 1 | | | | | | |
| TIM9 | TIMM9 | Mitochondrial inner membrane translocase | М | 1 | | | | | | |
| Cell Cycle | | | | | | | | | | |
| CDC50 | TMEM30 | Cell division control protein 50 | ES | 1 | | | | | | |
| MCM5 | MCM5 | MiniChromosome maintenance protein 5 | Ν | 1 | | | | | | |
| APC9 | N/A | Anaphase Promoting Complex subunit 9 | CD | 1 | | | | | | |
| BNR1 | FMNL1 | BNI1-related protein 1 | CD | 1 | | | | | | |
| CYR1 | PHLPP2 | Adenylate Cyclase & magnesium ion binding | CD | 1 | | | | | | |
| CDC3 | SEPT7 | component of 10 nm filaments of mother-bud neck | CD | 1 | | | | | | |
| SPR28 | SEPT1 | Septin-related protein expressed during sporulation | W/S | 1 | | | | | | |
| FUN19 | TADA2A | SWIRM domain-containing protein | С | 1 | | | | | | |
| Other | | | | | | | | | | |
| INA22 | N/A | Inner membrane assembly complex subunit 22 | М | 2 | | | | | | |
| RAD33 | N/A | Nucleotide excision repair | Ν | 1 | | | | | | |
| APE3 | ERMP1 | Aminopeptidase Y | V | 1 | | | | | | |
| FRE7 | CYBB | Ferric reductase PM | PM | 1 | | | | | | |
| NIT1 | N/A | Nitrilase | | 1 | | | | | | |
| ZRT2 | N/A | low-affinity Zn(2+) transporter | PM | 1 | | | | | | |
| MOT3 | N/A | Involved in cellular adjustment to osmotic stress | N/C | 1 | | | | | | |
| Protein of Unknown function | | | | | | | | | | |
| YHR131 CP | N/A | Protein of Unknown function | С | 1 | | | | | | |
| FRT1 | N/A | Tail-anchored ER membrane protein of unknown function | ER | 1 | | | | | | |
| SYG1 | XPR1 | Signal Transduction | PM/ER/ G | 1 | | | | | | |

Table 5.4 Pbp1 binding partners identified by mass spectrometry

For localization: C, cytoplasm; M, mitochondrion; N, nucleus; ER, endoplasmic reticulum; PM, plasma membrane; W, cell wall; G, golgi; SG, stress granule; S, meiotic spindle; ES, Endosome; CD, cell division sites.

| Gene | Human Homolog | Description | Loc. | # hits | Pray library | Construct (total aa) | Growth strength | | | | |
|---|------------------|---|------------|-----------|-----------------|------------------------------|--------------------|--|--|--|--|
| RNA Processing | | | | | | | | | | | |
| MUM2 | ERC2 | mRNA methylation | N/C | 3 | cDNA | aa170 to aa298 (aa366) | W | | | | |
| PAT1 | SLC36A1 | Deadenylation- dependent mRNA- decapping factor | N/C | 1 | Gen | aa2 to aa192 (aa796) | S | | | | |
| PKH1 | Pdpk1 | Cytoplasmic mRNA processing body assembly | C/V | 1 | cDNA | aa649 to aa741 (aa766) | М | | | | |
| Hypoth etical Protein (SGDI D:S00 00034 82) | - | Putative RNA binding protein | C/SG | 2 | Gen | aa509 to aa718 (aa718) | w | | | | |
| Other Functions | | | | | | | | | | | |
| YEN1 | GEN1 | Response to DNA damage stimulus | N/C | 2 | Gen | aa504 to aa759 (aa759) | W | | | | |
| PTC6 | PPM1K | mitochondrion degradation, macroautophagy | М | 1 | Gen | aa1 to aa120 (aa442) | S | | | | |
| SEC61 | SEC61A2 | misfolded protein transport | ER/ MEM | 1 | Gen | aa407 to aa480 (aa480) | М | | | | |

Table 5.5 Pbp1 binding partners identified by yeast two-hybrid

C corresponds to cytoplasm, MEM to membrane, M to mitochondrion, N to nucleus, ER to endoplasmic reticulum, V to vacuole and SG to stress granule. S, strong; M, medium; W, weak

Advantages of the Y2H approach include the identification of direct protein–protein interactions and sensitivity due to transcriptional amplification of an interaction [14]. However, the yeast two-hybrid can also yield false positives that allow growth independent of the bait. To minimize false positives, the Y2HGold strain was used, which harbors four different reporters control (Clontech Matchmaker Gold Yeast Two-hybrid System) [13], and each of these binding partners was verified by purifying the prey plasmid from yeast and retransforming into naive Y2HGold along with the ΔN419Pbp1 bait or an empty bait plasmid. The strength of growth is an indication of strength (Figure 5.2). The Y2H screen retrieved all novel binding partners including four involved in RNA processing. Although a role for Pbp1 in mRNA regulation was known, these direct binding partners may reveal a more precise function through future study. The Y2H screen also revealed three additional proteins (YEN1, PTC6 and SEC61) all involved in stress response, specifically DNA damage response, mitophagy, and the misfolded protein response respectively.



Figure 5.2 Dependency assay and growth comparison. For verification and elimination of false positives, library plasmids were purified and transformed into Clontech Matchmaker Gold yeast with either the bait plasmid (pJG1386) or the empty bait plasmid (pJG424). Colonies arising on the SD-Leu-Trp transformation plates were then streaked to SD-Leu-Trp-His-Ade in duplicate and allow growing for 3–5 d to test for Pbp1 dependence. The strength of growth was determined by comparing growth of yeast on SD-Leu-Trp-His-Ade plates, which is an indication of the interaction strength. (a) SEC61: Medium growth; Hypothetical Protein: Weak growth. (b) PAT1 and PTC6: Strong Growth.

5.4.2 Pbp1 sequesters Ptc6 at stress granules

Due to the metabolic alterations seen in ALS patients, as well as the role of mitophagy in ALS patients [19], Ptc6 was chosen for further study. Previous studies have revealed localization of Pbp1 to stress granules along with the Pbp1-dependent sequestration TORC1 at stress granules. To determine if Pbp1 is regulating Ptc6 activity via sequestration to stress granules, confocal microscopy was performed using Ptc6-GFP and Pbp1-RFP. Stress granule formation was induced by glucose deprivation. As shown in figure 5.3, Pbp1 and Ptc6 were shown to colocalize within the cell to cytoplasmic foci. This suggests that Pbp1 is sequestering Ptc6 to stress granules when the cell is under carbon starvation stress.



Figure 5.3 Colocalization of Pbp1 and Ptc6. Ptc6-GFP fusion yeast (ThermoFisher) was transformed with Pbp1-RFP (JG1669), grown under glucose deprivation, and imaged using an Olympus Fluoview confocal microscope.

5.4.3 Pbp1-deficient yeast exhibit increase mitophagy and mitophagy is restored in

Pbp1/Ptc6-deficient yeast

Mitophagy is the process of clearing damaged mitochondria from the cell. It is thought

that improper mitophagy can lead to the accumulation of dysfunctional or damaged

mitochondria, contributing to neurodegeneration in ALS [19]. Ptc6 was chosen for further

characterization as an interacting partner of Pbp1 because Ptc6 has been reported to be essential

for mitophagy. Mitophagy assays were used to test our hypothesis that Pbp1 is inactivating Ptc6

by sequestration assays, just as it inactivates TORC1. If Pbp1 is absent from the cell, it is potentially not sequestering Ptc6 to stress granules allowing for increased mitophagy.

Mitophagy was induced through 48 hours growth in YPL and mitophagy was quantified by the amount of degraded OM45-GFP, measured through western blot. ATG1 was included as a control, as it should block mitophagy pathways. The level of mitophagy seen in *Ptc6* matched what has been reported in previous studies, with mitophagy being lowered in this strain (Figure 5.4). Pbp1-deficient yeast (*pbp1*) showed significantly elevated levels of mitophagy, suggesting a novel role of Pbp1 in regulating mitophagy within the cell. In addition, *pbp1ptc6* yeast showed mitophagy levels similar to wild-type consistent with elevated levels *pbp1* yeast due to increased activity of Ptc6. The return to wild type levels was, however, unexpected as Ptc6 has been reported as an essential gene necessary for mitophagy and suggests upregulation of unknown pathways in the Ppb1 knockout. The remaining strains tested revealed no significant changes. One-way ANOVA was performed using JMP Pro14 (version 14.0) software (SAS Institute, Cary, NC, USA) with Tukey's post-hoc test.



Figure 5.4 *Pbp1* yeast display increased levels of mitophagy . Mitophagy assays were conducted using the OM45-GFP processing assay developed by Kanki *et al.* Mitophagy was induced through growth in YPL and the amount of degraded GFP was measured as a marker for mitophagy. Bands were quantified using ImageJ. Significance was determined by one-way ANOVA and Tukey's post-hoc test. n=2.

5.4.4 PTC6-deficient yeast exhibit mitochondrial alterations

Due to the significant increase in mitophagy in Pbp1-deficient yeast and the significant decrease in mitophagy in Ptc6-deficient yeast, mitochondria health was measured in each of the strains tested for the mitophagy assay. First, mitochondria content was quantified using flow cytometry. Mitochondria were tagged with OM45-GFP and endoplasmic reticulum was tagged with RFP. Endoplasmic reticulum was used as a cellular control. Consistent with a defect in mitophagy, our results show that PTC6-deficient yeast contain significantly more mitochondria (Figure 5.5A). However, PTC6/Pbp1-deficient yeast show levels similar to WT. One-way ANOVA was performed using JMP Pro14 (version 14.0) software (SAS Institute, Cary, NC, USA) with Tukey's post-hoc test.

This change in mitochondria content suggested that a change in respiration may also be seen due to the elevated mitochondrial content. The ability of each strain to grow on respiratory carbon source was utilized to determine if any noticeable respiratory differences could be detected. Each strain was grown up overnight and 1:10-fold serial dilution were performed and plated 1:100-fold serial dilutions were performed from the overnight and plated onto both glucose (a fermentative carbon source) and glycerol/ethanol (a respiratory carbon source). Following two days of growth, it was revealed that Ptc6-deficient yeast showed increased colony mass (Figure 5.5B), consistent with the increased mitochondria we observed (Figure 3A).





5.5 Discussion

There are approximately 16,000 Americans living with ALS at any given moment. With a typical survival time of only 2-5 years, it can be a grim diagnosis with few treatment options. Fortunately, advances in technology have allowed for a more in-depth understanding of the pathways involved in the disease and subsequent potential drug targets [20]. Recently, ataxin 2 has been identified as a promising therapeutic target for ALS. It has been shown that intermediate-length polyglutamine expansions in the ataxin 2 gene increases the risk of ALS. Furthermore, it has been shown that by lowering the levels of ataxin 2 it is possible to mitigate disease caused by TDP-43 proteinopathy in yeast, flies, and mice. As such, the regulation of ataxin 2 is a promising target for ALS treatment. PAS kinase has been identified as a protein kinase that regulates ataxin 2 activity. This is an extremely fortunate discovery as PAS kinase inhibitors have already been identified and are starting to be developed, making regulation of ataxin 2 through PAS kinase a very feasible task. PAS kinase is responsible for phosphorylating and activating ataxin-2, causing sequestration of various proteins to stress granules. As such, development of a PAS kinase inhibitor would result in a decreased ataxin-2 activity and resulting sequestration of proteins to stress granules. This study is focused on identifying proteins that interact with ataxin-2 through a study of its binding partners in yeast.

We performed a large-scale yeast interactome to identify Pbp1 binding partners through yeast-two hybrid and mass spectrometry. We identified 32 novel putative binding partners (7 from yeast two-hybrid and 25 from mass spectrometry). This has largely expanded the role of Pbp1 in yeast, which includes 6 proteins that are involved in RNA processing, 5 proteins involved in protein transportation, 8 cell cycle proteins, and 13 proteins with other unknown functions. In addition, 21 of the 32 identified binding partners have a homolog, suggested a possible conserved function between yeast and man.

Through the yeast two-hybrid assay we identified Ptc6 as a novel interacting partner of Pbp1. Ptc6 (also referred to as Aup1 or PPP2 in yeast) is a serine/threonine phosphatase that is localized to the mitochondria. Ptc6 was previously reported to be necessary for efficient mitophagy and cell survival in yeast [21]. This role in mitophagy was validated herein through the OM45-GFP processing assay, as *PTC6* yeast demonstrated decreased levels of mitophagy (Figure 5.4). Interestingly, *pbp1* yeast exhibited significantly increased levels of mitophagy. This result combined with our colocalization assays creates a model for how Pbp1 is interacting with

Ptc6. We hypothesize that when Pbp1 is activated, it sequesters Ptc6 to the stress granule, effectively deactivating Ptc6 function in the cell and decreasing mitophagy pathways (Figure 5.6). When Pbp1 is absent from the cell, Ptc6 is not sequestered to the stress granules, resulting in an increase in Ptc6 function and increased mitophagy. This result is especially interesting when looking at the context of ALS. In ALS, mitophagy pathways are often blocked, allowing for the accumulation of damaged mitochondria in the cell and contributing to neurodegeneration [19]. Elevated mitophagy in *Pbp1* yeast suggests yet another benefit of targeting Pbp1/ataxin-2 for ALS therapy, as lowering levels of Pbp1/ataxin-2 will result in increased mitophagy and decreased accumulation of damaged mitochondria. The regulation of mitophagy in ALS may be through the mammalian Ptc6 homolog PPM1K.



Figure 5.6 A model of Pbp1/ataxin-2 sequestration of Ptc6 to stress granules. (a) Pbp1 activation by PAS kinase results in sequestration of both Pbp1 and Ptc6, thus decreasing the function of Pbp1. (b) When Pbp1 is absent from the cell, Ptc6 is no longer sequestered to stress granules, remaining functional and possibly contributing to the increased mitophagy seen in Pbp1 yeast.

The defect of mitophagy in *ptc6* yeast prompted a deeper understanding of the

mitochondria in these yeast strains. Flow cytometry assays revealed elevated mitochondria in

PTC6 yeast. This is supported by the mitophagy assays, as an inability to perform mitophagy would result in elevated levels of mitochondria in the cell. Furthermore, *PTC6* yeast appear to have increased respiration as shown by plate assay. As such, further characterization of the mitochondria is needed to determine if the yeast is accumulating damaged and dysfunctional mitochondria in the cell. This includes viewing mitochondrial morphology via confocal microscopy and measuring mitochondrial respiration via the Seahorse XF Cell Mito Stress Test. In addition to the mitochondrial phenotypes seen in *Ptc6* yeast, *Ptc6* yeast has been shown to be sensitive to rapamycin. This is very interesting because TORC1 is also sensitive to rapamycin. It



Figure 5.7 Possible models of Ptc6 dependent sequestration of TORC1 to stress granules . (a) Ptc6 is required for TORC1 sequestration to stress granules. In its absence, TORC1 is not sequestered to stress granules. (b) Ptc6 is not required for TORC1 sequestration to stress granules.

is known that Pbp1 sequesters TORC1 to stress granules, but it is unknown how that happens. It is possible that Pbp1 directly binds Ptc6 (as suggested by the yeast 2-hybrid assay, Table 3), and that Pbp1 is working through Ptc6 to sequester TORC1 to stress granules. This would also suggest that the *Ptc6* sensitivity to rapamycin could in part be due to it sequestering TORC1 to

stress granules. To test this theory, TORC1-GFP could be transformed into *Ptc6* yeast with Pabp1-RFP allowing for sequestration of TORC1 to stress granules to be monitored. If Ptc6 is responsible for sequestration, then TORC1 will not colocalize with Pab1-RFP in the stress granules (Figure 5.7A). If TORC1 does colocalize to the stress granules, it would suggest that Pbp1 is regulating the Ptc6 and TORC1 pathways separately (Figure 5.7B).

Through the identification of these 32 novel interacting partners of Pbp1 and the characterization of Ptc6, we have further solidified the importance of understand the role of Pbp1/ataxin-2 in ALS. By understanding both its upstream and downstream pathways, it will become more apparent how to best utilize it as a therapeutic target to help individuals with the disease.

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CONCLUSIONS

Herein we characterized two novel substrates of PAS kinase, Cbf1 and Pbp1. First, we identified a novel role of Cbf1 in cellular respiration. In the absence of PAS kinase, Cbf1 is not inhibited by phosphorylation and shifts glucose towards respiration and away from lipogenesis. We further studied this shift in a mouse model of PAS kinase deficiency on either a normal chow diet or a high-fat high-sugar diet. We found that PAS kinase deficiency will shift glucose towards respiration and away from lipogenesis, just as it did in our yeast model. This was shown through respiration assays and through lipidomics analysis. These studies have deepened our understanding of how PAS kinase is functioning in both yeast and mice.

Next, we provided further characterization of the function of Pbp1. Pbp1 has a human homolog called ataxin-2. Mutations in ataxin-2 have been associated with amyotrophic lateral sclerosis (ALS), and removal of ataxin-2 in an ALS mouse model significantly increases the lifespan of the animal. ALS is a neurodegenerative disease, but it presents with many metabolic abnormalities that can be affected by diet, metabolic health, and sex. These changes were reviewed in-depth within this dissertation.

We furthered the understanding of Pbp1 function by identifying 32 interacting partners of Pbp1. We further characterized one of these partners identified by yeast-two hybrid assay, Ptc6. We provided evidence of Pbp1 regulation of Ptc6 by sequestration to stress granules. Initial studies show Pbp1 and Ptc6 regulation of mitophagy, and Ptc6 deficiency affecting mitochondrial content and function. These studies have provided insight into the interaction of Pbp1 and Ptc6 while also opening up exciting new questions about how Pbp1 and Ptc6 are involved in mitochondrial function, from respiration to mitophagy. The following experiments are suggested in order to answer these questions in the future:

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Question 1: Is Pbp1 responsible for Ptc6 sequestration to stress granules

Experiment 1.1 Tag Ptc6 with GFP and Pabp1 (a known stress granule marker) with RFP.
Transform these into Pbp1-deficeint yeast and view via confocal microscopy using the steps outlined in chapter 5. If Pbp1 is responsible for Ptc6 sequestration to stress granules, the in its absence we expect that Ptc6 will not be localized to stress granules.

Question 2. Is Ptc6 required for TORC1 sequestration to stress granules?

Experiment 2.1: Growth Assays to determine if TORC1 can be sequestered to stress granules in the absence of Ptc6. Spot wild-type, Ptc6-deficient, and Ptc6-deficient with Pbp1 overexpressing on a plasmid to caffeine plates. If the yeast can grow on caffeine in the absence of Ptc6, it suggests that Ptc6 is essential for TORC1 sequestration to stress granules.

Experiment 2.2 Colocalization analysis to determine of TORC1 can be sequestered to stress granules in the absence of Ptc6. Tag TORC1 with GFP in a Ptc6 knockout yeast strain. Follow the procedure outlined for colocalization analysis. Localization of TORC1 to the stress granules in the absence of Ptc6 suggests that Ptc6 is not responsible for the sequestration of TORC1 to stress granules.

Question 3: Do Ptc6-deficient yeast collect damaged mitochondria

Experiment 3.1 Our plate assays suggest that Ptc6-deficient yeast have increased respiration because of the increased colony size. We suggest performing respiration assays on the Seahorse XF Analyzer. We suggest performing this experiment in the strains shown in the spot dilutions, with the addition of the Pbp1/Ptc6 double knockout. This will help determine if the increased colony size is due to increased respiration.

Experiment 3.2 Our flow cytometry assays show Ptc6 deficient yeast have increased mitochondria. However, because Ptc6-deficient yeast show decreased mitophagy it is possible that damaged mitochondria is being collected. We suggest tagging the mitochondria with an RFP tag to determine morphological changes via confocal microscopy.

Ultimately, these experiments will shed light into how PAS kinase, Pbp1, and Ptc6 are interacting to regulate mitophagy and overall mitochondrial health within the cell. This pathway, along with the pathways mentioned throughout this dissertation, are promising targets for future drug development for metabolic and neurodegenerative disease. Further understanding of these pathways will provide for the most safe and effective therapies for patients.